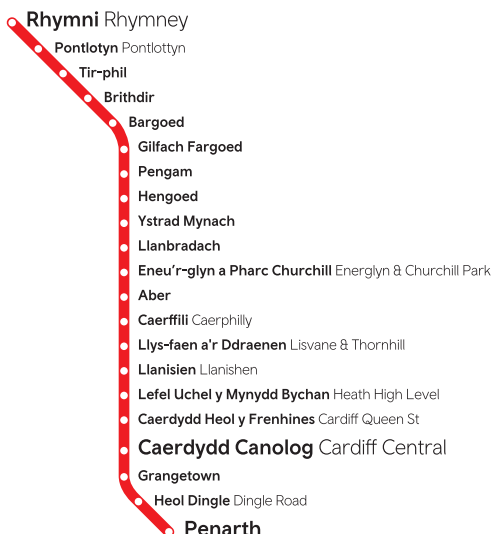


Amserau Trenau | Train Times

13 Medi 2021 - 11 Rhagfyr 2021 | 13 September - 11 December 2021

Cwm Rhymni - Caerffili - Caerdydd Canolog - Penarth Rhymney Valley - Caerphilly - Cardiff Central - Penarth



Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio. www.trc.cymru
Services are subject to change, check before you travel.
www.tfw.wales



Teithio'n saffach
Gwisgwch orchudd
wyneb oni bai eich bod
wedi'ch eithrio

Travel safer
Wear a face covering
unless exempt



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach www.trc.cymru/gwiriwr-capasiti
Find trains with space: use our Capacity Checker and Travel Safer
www.tfw.wales/capacity-checker



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW H	TfW SO	TfW SX	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d						0612	0632		0700	
Pontlotyn / Pontlottyn	d						0615	0635		0703	
Tir-phil	d						0619	0640		0708	
Brithdir	d						0622	0642		0710	
Bargoed	d						0627	0646		0715	
Gilfach Fargoed	d						0629			0718	
Pengam	d						0632	0651		0720	
Hengoed	d						0636	0654		0724	
Blackwood	d									0645	
Ystrad Mynach	a						0639	0657		0726	
Ystrad Mynach	d						0639	0657		0727	
Llanbradach	d						0644	0701		0731	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d						0648	0705		0735	
Aber	d						0650	0707		0738	
Caerffili / Caerphilly	d			0609			0654	0710		0740	
Llysfen / Llysfen & Thornhill	d			0613			0658	0714		0745	
Llanishen	d			0615			0700	0716		0747	
Llefel Uchel / Heath High Level	d			0618			0703	0719		0750	
Heol y Frenhines / Cardiff Queen St	a			0624	0650d	0650d	0710	0725		0756	
Bae Caerdydd / Cardiff Bay	a			0640	0735			0805		0835	
Caerdydd Canolog / Cardiff Central	a			0629	0656	0656	0715	0731		0801	
Caerdydd Canolog / Cardiff Central	d	0546	0616	0636	0640	0701	0701	0717	0732	0746	0802
Grangetown	d	0550	0620	0640	0644	0705	0705	0721	0736	0750	0807
Rhws a Maes Awyr / Rhoose & Airport	a				0711	0812					0911
Heol Dingle / Dingle Road	d	0554	0624	0644		0711	0711	0726	0742	0756	0811
Penarth	a	0559	0629	0649		0716	0716	0731	0746	0801	0815

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW SX	TfW	TfW	TfW	
Rhymini / Rhyrny	d	0724	0743			0833				0927	
Pontlotyn / Pontlottyn	d	0727	0746			0836				0930	
Tir-phil	d	0731	0751			0840				0935	
Brithdir	d	0734	0753			0843				0937	
Bargoed	d	0743	0758	0814	0832	0847	0900		0925	0944	
Gilfach Fargoed	d	0746		0817							
Pengam	d	0749	0803	0819	0837	0852	0904		0930	0949	
Hengoed	d	0753	0806	0823	0840	0855	0908		0934	0953	
Blackwood	d		0740	0740				0900			
Ystrad Mynach	a	0756	0809	0826	0843	0858	0911		0938	0956	
Ystrad Mynach	d	0756	0810	0826	0843	0858	0911	0928	0939	0956	
Llanbradach	d	0801	0814	0830	0848	0903	0915	0933	0944	1000	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0805	0818	0834			0919			1004	
Aber	d	0808	0821	0836	0852	0907	0921	0937	0949	1006	
Caerffili / Caerphilly	d	0810	0824	0840	0855	0910	0925	0940	0954	1010	
Llysfen / Llysfen & Thornhill	d	0815	0829	0844	0859	0914	0929	0944	0959	1014	
Llanishen	d	0818	0831	0846	0901	0916	0931	0946	1001	1016	
Llefel Uchel / Heath High Level	d	0821	0834	0849	0904	0919	0934	0949	1004	1019	
Heol y Frenhines / Cardiff Queen St	a	0827	0840	0855	0910	0925	0940	0955	1010	1025	
Bae Caerdydd / Cardiff Bay	a	0905		0935		1005		1035		1105	
Caerdydd Canolog / Cardiff Central	a	0831	0846	0901	0915	0931	0945	1001	1015	1031	
Caerdydd Canolog / Cardiff Central	d	0818	0833		0902	0916	0932	0948	1002	1016	1032
Grangetown	d	0822	0837		0906	0922	0937	0952	1007	1022	1037
Rhws a Maes Awyr / Rhoose & Airport	a			1011				1111			
Heol Dingle / Dingle Road	d	0827	0841		0911	0926	0941	0957	1011	1026	1041
Penarth	a	0830	0846		0916	0931	0946	1001	1016	1031	1046

Nodiadau

- H To Bridgend
- SO Saturday only
- SX Monday to Friday

Notes

- H I Pen-y-bont ar Ogwr
- SO Dydd Sadwrn yn unig
- SX Dydd Llun i ddydd Gwener

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhyrney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhyrni / Rhyrney	d			1027					1127	
Pontlotyn / Pontlottyn	d			1030					1130	
Tir-phil	d			1035					1135	
Brithdir	d			1037					1137	
Bargoed	d	1000		1025	1044				1125	1200
Gilfach Fargoed	d									
Pengam	d	1004		1030	1049				1130	1149
Hengoed	d	1008		1034	1053				1134	1153
Blackwood	d		1000					1100		
Ystrad Mynach	a	10 11		1038	1056				1138	1156
Ystrad Mynach	d	10 11	1028	1039	1056			1128	1139	1156
Llanbradach	d	10 15	1033	1044	1100			1133	1144	1200
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	10 19			1104					1204
Aber	d	1021	1037	1049	1106			1137	1149	1206
Caerffili / Caerphilly	d	1025	1040	1054	1110			1140	1154	1210
Llysaen / Llysaen & Thornhill	d	1029	1044	1059	1114			1144	1159	1214
Llanishen	d	1031	1046	1101	1116			1146	1201	1216
Llefel Uchel / Heath High Level	d	1034	1049	1104	1119			1149	1204	1219
Heol y Frenhines / Cardiff Queen St	a	1040	1055	1110	1125			1155	1210	1225
Bae Caerdydd / Cardiff Bay	a		1135		1205			1235		1305
Caerdydd Canolog / Cardiff Central	a	1045	1101	1115	1131			1201	1215	1231
Caerdydd Canolog / Cardiff Central	d	1046	1102	1116	1132	1146	1147	1202	1216	1232
Grangetown	d	1050	1106	1122	1137	1150	1151	1207	1222	1237
Rhws a Maes Awyr / Rhoose & Airport	a		1211					1311		
Heol Dingle / Dingle Road	d	1056	1111	1126	1141	1156	1157	1211	1226	1241
Penarth	a	1101	1116	1131	1146	1201	1159	1216	1231	1246

Cwm Rhyrni - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhyrney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhyrni / Rhyrney	d			1227				1327		
Pontlotyn / Pontlottyn	d			1230				1330		
Tir-phil	d			1235				1335		
Brithdir	d			1237				1337		
Bargoed	d		1225	1244	1300			1325	1344	1400
Gilfach Fargoed	d									
Pengam	d		1230	1249	1304			1330	1348	1404
Hengoed	d		1234	1253	1308			1334	1352	1408
Blackwood	d	1200				1300				
Ystrad Mynach	a		1238	1256	1311			1338	1355	1411
Ystrad Mynach	d	1228	1239	1256	1311	1328	1339	1355	1411	1428
Llanbradach	d	1233	1244	1300	1315	1333	1344	1400	1415	1433
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1304	1319			1404	1419	
Aber	d	1237	1249	1306	1321	1337	1349	1406	1421	1437
Caerffili / Caerphilly	d	1240	1254	1310	1325	1340	1354	1410	1425	1440
Llysaen / Llysaen & Thornhill	d	1244	1259	1314	1329	1344	1359	1414	1429	1444
Llanishen	d	1246	1301	1316	1331	1346	1401	1416	1431	1446
Llefel Uchel / Heath High Level	d	1249	1304	1319	1334	1349	1404	1419	1434	1449
Heol y Frenhines / Cardiff Queen St	a	1255	1310	1325	1343	1355	1410	1425	1440	1455
Bae Caerdydd / Cardiff Bay	a	1335		1405		1435		1505		
Caerdydd Canolog / Cardiff Central	a	1301	1315	1331	1348	1401	1415	1432	1445	1501
Caerdydd Canolog / Cardiff Central	d	1302	1316	1332	1349	1402	1416	1432	1446	1502
Grangetown	d	1307	1322	1336	1353	1406	1420	1436	1450	1506
Rhws a Maes Awyr / Rhoose & Airport	a	1411				1511				1611
Heol Dingle / Dingle Road	d	1311	1326	1341	1357	1411	1426	1441	1456	1511
Penarth	a	1316	1331	1346	1401	1416	1431	1446	1501	1516

Nodiadau

SO Saturday only
 SX Monday to Friday

Notes

SO Dydd Sadwrn yn unig
 SX Dydd Llun i ddydd Gwener

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
 For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn					
Rhyrny Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays					
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d	1427				1527				1627	
Pontlotyn / Pontlottyn	d	1430				1530				1630	
Tir-phil	d	1435				1535				1635	
Brithdir	d	1437				1537				1637	
Bargoed	d	1444	1500		1532	1544	1600	16 17	1632	1644	17 17
Gilfach Fargoed	d							16 19			17 19
Pengam	d	1449	1504		1537	1548	1604	1622	1637	1649	1722
Hengoed	d	1453	1508		1540	1552	1608	1625	1640	1653	1725
Blackwood	d			1500				1600			1700
Ystrad Mynach	a	1456	15 11		1543	1555	16 11	1628	1643	1656	1728
Ystrad Mynach	d	1456	15 11	1528	1543	1555	16 11	1628	1643	1656	1728
Llanbradach	d	1500	15 15	1533	1548	1600	16 15	1633	1648	1700	1733
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1504	15 19			1604	16 19			1704	
Aber	d	1506	152 1	1537	1552	1606	162 1	1637	1652	1706	1737
Caerffili / Caerphilly	d	15 10	1525	1540	1555	16 10	1625	1640	1655	17 10	1740
Llysaen / Lisvane & Thornhill	d	15 14	1529	1544	1559	16 14	1629	1644	1659	17 14	1744
Llanishen	d	15 16	153 1	1546	160 1	16 16	163 1	1646	170 1	17 16	1746
Lefel Uchel / Heath High Level	d	15 19	1534	1549	1604	16 19	1634	1649	1704	17 19	1749
Heol y Frenhines / Cardiff Queen St	a	1525	1540	1555	16 10	1625	1640	1655	17 10	1725	1755
Bae Caerdydd / Cardiff Bay	a	1605		1635		1705		1735		1805	1835
Caerdydd Canolog / Cardiff Central	a	153 1	1545	160 1	16 15	163 1	1645	170 1	17 15	173 1	180 1
Caerdydd Canolog / Cardiff Central	d	1532	1546	1602	16 16	1632	1646	1702	17 16	1732	1802
Grangetown	d	1536	1550	1606	1620	1636	1650	1706	1720	1736	1806
Rhws a Maes Awyr / Rhoose & Airport	a			17 11				18 11			19 11
Heol Dingle / Dingle Road	d	154 1	1556	16 11	1626	164 1	1656	17 11	1726	174 1	18 11
Penarth	a	1546	160 1	16 16	163 1	1646	170 1	17 14	173 1	1746	18 16

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn					
Rhyrny Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays					
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d	1727									
Pontlotyn / Pontlottyn	d	1730									
Tir-phil	d	1735									
Brithdir	d	1737									
Bargoed	d	1744					1849				
Gilfach Fargoed	d						185 1				
Pengam	d	1749					1854				
Hengoed	d	1753					1857				
Blackwood	d			1800							
Ystrad Mynach	a	1756					1900				
Ystrad Mynach	d	1756		1853			1900				
Llanbradach	d	1800					1905				
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1804									
Aber	d	1806					1909				
Caerffili / Caerphilly	d	18 10					19 12			1940	
Llysaen / Lisvane & Thornhill	d	18 14					19 16			1944	
Llanishen	d	18 16					19 18			1946	
Lefel Uchel / Heath High Level	d	18 19					192 1			1949	
Heol y Frenhines / Cardiff Queen St	a	1825	185 1d		19 16d		1927	195 1d	195 1d	1955	20 15d
Bae Caerdydd / Cardiff Bay	a	1905	1936				2004	2035			
Caerdydd Canolog / Cardiff Central	a	183 1	1856	19 16	1920		193 1	1956	1956	2000	2020
Caerdydd Canolog / Cardiff Central	d	1832	190 1		192 1	193 1		2003	2003		203 1
Grangetown	d	1836	1905		1925	1935		2007	2007		2037
Rhws a Maes Awyr / Rhoose & Airport	a		20 12					2 113	2 113		
Heol Dingle / Dingle Road	d	184 1	19 11		1929	194 1		20 11	20 11		204 1
Penarth	a	1846	19 16		1934	1946		20 16	20 16		2046

Nodiadau

FSO Friday and Saturday only

FX Monday to Thursday

Notes

FSO Dydd Gwener a ddydd Sadwrn yn unig

FX Dydd Llun i ddydd Iau

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymni - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	FX	FSO	FX	FSO	FX	FX	FX	FSO	FX	FSO
Rhymni / Rhymney	d			2000	2000					2046
Pontlotyn / Pontlottyn	d			2003	2003					2049
Tir-phil	d			2008	2008					2054
Brithdir	d			20 10	20 10					2056
Bargoed	d			20 15	20 15					2 10 1
Gilfach Fargoed	d			20 18	20 18					2 104
Pengam	d			2021	2021					2 107
Hengoed	d			2024	2024					2 110
Blackwood	d									
Ystrad Mynach	a			2027	2027					2 113
Ystrad Mynach	d			2027	2027					2 113
Llanbradach	d			2032	2032					2 118
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			2036	2036					2 122
Aber	d			2038	2038					2 124
Caerffili / Caerphilly	d	2026	2026	2042	2042					2 128
Llysfen / Llysfaen & Thornhill	d	2030	2030	2046	2046					2 132
Llanishen	d	2032	2032	2048	2048					2 134
Lefel Uchel / Heath High Level	d	2035	2035	2051	2051					2 137
Heol y Frenhines / Cardiff Queen St	a	2025d	2041	2041	2057	2057	2 12 1d	2 12 1d	2 143	2 15 1d
Bae Caerdydd / Cardiff Bay	a		2 112		2 138		2205			
Caerdydd Canolog / Cardiff Central	a	2030	2046	2046	2 104	2 104		2 126	2 126	2 148
Caerdydd Canolog / Cardiff Central	d	2031					2 106	2 131	2 132	2 156
Grangetown	d	2037					2 110	2 135	2 136	2200
Rhws a Maes Awyr / Rhoose & Airport	a			2211	2211					
Heol Dingle / Dingle Road	d	2041					2 114	2 141	2 141	2204
Penarth	a	2046					2 119	2 146	2 146	2209

Cwm Rhymni - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW				
	FX	Q			FX	FSO				
Rhymni / Rhymney	d		2 136							
Pontlotyn / Pontlottyn	d		2 139							
Tir-phil	d		2 144							
Brithdir	d		2 146							
Bargoed	d		2 150							
Gilfach Fargoed	d		2 153							
Pengam	d		2 155							
Hengoed	d		2 159							
Blackwood	d									
Ystrad Mynach	a		2202							
Ystrad Mynach	d	2 139	2202							
Llanbradach	d	2 143	2206							
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		22 10							
Aber	d	2 148	22 12							
Caerffili / Caerphilly	d	2 151	22 15	2229						
Llysfen / Llysfaen & Thornhill	d	2 155	22 19							
Llanishen	d	2 157	22 21							
Lefel Uchel / Heath High Level	d	2200	2224							
Heol y Frenhines / Cardiff Queen St	a	2 158d	2206	2230	2240	2257d	2254d			
Bae Caerdydd / Cardiff Bay	a	2243		23 10		2336				
Caerdydd Canolog / Cardiff Central	a	2202	22 10	2235	2246	2303	2304			
Caerdydd Canolog / Cardiff Central	d	2203	22 10	2236		23 11	23 11			
Grangetown	d	2207	22 14a	2240		23 15	23 15			
Rhws a Maes Awyr / Rhoose & Airport	a	23 13	23 13							
Heol Dingle / Dingle Road	d	22 11		2244		23 19	23 19			
Penarth	a	22 16		2249		2324	2324			

Nodiadau

- FX Monday to Thursday
- FSO Friday and Saturday only
- Q To Barry Island

Notes

- FX Dydd Llun i ddydd Iau
- FSO Dydd Gwener a dydd Sadwrn yn unig
- Q I Ynys y Barri

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrny Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhyrny / Rhyrny	d	0900		10 13		11 12		12 13		13 12
Pontlotyn / Pontlottyn	d	0903		10 16		11 15		12 16		13 15
Tir-phil	d	0908		10 21		11 19		12 21		13 19
Brithdir	d	09 10		10 23		11 22		12 23		13 22
Bargoed	d	09 15		10 28		11 26		12 28		13 26
Gilfach Fargoed	d									
Pengam	d	09 20		10 33		11 31		12 33		13 31
Hengoed	d	09 23		10 36		11 35		12 36		13 35
Blackwood	d									
Ystrad Mynach	3	09 27		10 40		11 38		12 40		13 38
Ystrad Mynach	3	09 27		10 40		11 38		12 40		13 38
Llanbradach	d	09 31		10 44		11 43		12 44		13 43
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	09 35		10 48		11 46		12 48		13 46
Aber	d	09 37		10 50		11 49		12 50		13 49
Caerffili / Caerphilly	d	09 40	10 10	10 53	11 10	11 52	12 10	12 53	13 10	13 52
Llysfaen / Lisvane & Thornhill	d	09 44	10 14	10 58	11 14	11 56	12 14	12 58	13 14	13 56
Llanishen	d	09 46	10 16	11 00	11 16	11 58	12 16	13 00	13 16	13 58
Lefel Uchel / Heath High Level	d	09 49	10 19	11 03	11 19	12 01	12 19	13 03	13 19	14 01
Heol y Frenhines / Cardiff Queen St	3	09 55	10 26	11 09	11 26	12 07	12 26	13 09	13 26	14 07
Bae Caerdydd / Cardiff Bay	a	10 42	11 04	11 37	12 04	12 43	13 04	13 37	14 04	14 43
Caerdydd Canolog / Cardiff Central	3	09 59	10 34	11 14	11 34	12 11	12 34	13 14	13 34	14 11
Caerdydd Canolog / Cardiff Central	3	09 16		11 16				13 16		
Grangetown	d	09 20		11 20				13 20		
Rhws a Maes Awyr / Rhoose & Airport	a	11 12				13 12				15 12
Heol Dingle / Dingle Road	d	09 26		11 24				13 24		
Penarth	a	09 31		11 29				13 29		

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrny Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhyrny / Rhyrny	d	14 13		15 13		16 13		17 12		18 13
Pontlotyn / Pontlottyn	d	14 16		15 16		16 16		17 15		18 16
Tir-phil	d	14 21		15 21		16 21		17 19		18 21
Brithdir	d	14 23		15 23		16 23		17 22		18 23
Bargoed	d	14 28		15 28		16 28		17 26		18 28
Gilfach Fargoed	d									
Pengam	d	14 33		15 33		16 33		17 31		18 33
Hengoed	d	14 36		15 36		16 36		17 35		18 36
Blackwood	d									
Ystrad Mynach	3	14 40		15 40		16 40		17 38		18 40
Ystrad Mynach	3	14 40		15 40		16 40		17 38		18 40
Llanbradach	d	14 44		15 44		16 44		17 43		18 44
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	14 48		15 48		16 48		17 46		18 48
Aber	d	14 50		15 50		16 50		17 49		18 50
Caerffili / Caerphilly	d	14 10	14 53	15 10	15 53	16 10	16 53	17 10	17 52	18 10
Llysfaen / Lisvane & Thornhill	d	14 14	14 58	15 14	15 58	16 14	16 58	17 14	17 56	18 14
Llanishen	d	14 16	15 00	15 16	16 00	16 16	17 00	17 16	17 58	18 16
Lefel Uchel / Heath High Level	d	14 19	15 03	15 19	16 03	16 19	17 03	17 19	18 01	18 19
Heol y Frenhines / Cardiff Queen St	3	14 26	15 09	15 26	16 09	16 26	17 09	17 26	18 07	18 26
Bae Caerdydd / Cardiff Bay	a	15 04	15 37	16 04	16 43	17 04	17 43	18 04	18 43	19 04
Caerdydd Canolog / Cardiff Central	3	14 34	15 14	15 34	16 14	16 34	17 14	17 34	18 11	18 34
Caerdydd Canolog / Cardiff Central	3	15 16		16 16		17 16				19 16
Grangetown	d	15 20		16 20		17 20				19 20
Rhws a Maes Awyr / Rhoose & Airport	a			17 12		18 12		19 12		
Heol Dingle / Dingle Road	d	15 24		16 24		17 24				19 24
Penarth	a	15 29		16 29		17 29				19 30

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Sul				
Rhyrnney Valley - Caerphilly - Cardiff - Penarth							Sundays				
	TfW	TfW	TfW	TfW	TfW						
Rhymini / Rhyrnney	d	1921			2012						
Pontlotyn / Pontlottyn	d	1924			2015						
Tir-phil	d	1929			2020						
Brithdir	d	1931			2022						
Bargoed	d	1936			2027						
Gilfach Fargoed	d										
Pengam	d	1941			2032						
Hengoed	d	1945			2035						
Blackwood	d										
Ystrad Mynach	a	1948			2039						
Ystrad Mynach	d	1948			2039						
Llanbradach	d	1953			2043						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1956			2047						
Aber	d	1959			2049						
Caerffili / Caerphilly	d	1910	2002	2010	2052	2110					
Llysfen / Lisvane & Thornhill	d	1914	2007	2014	2057	2114					
Llanishen	d	1916	2009	2016	2059	2116					
Lefel Uchel / Heath High Level	d	1919	2012	2019	2102	2119					
Heol y Frenhines / Cardiff Queen St	a	1926	2021	2028	2108	2125					
Bae Caerdydd / Cardiff Bay	a	2003	2042	2104	2134						
Caerdydd Canolog / Cardiff Central	a	1934	2028	2034	2112	2130					
Caerdydd Canolog / Cardiff Central	d		2032								
Grangetown	d		2036								
Rhws a Maes Awyr / Rhoose & Airport	a		2112								
Heol Dingle / Dingle Road	d		2041								
Penarth	a		2046								

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwyo ar drenau. Cyn teithio ewch i www.trctrenau.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfwrail.wales or call 03457 484 950.

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW G	TfW SX	TfW	TfW	TfW	TfW SO L	TfW SX	TfW SX	TfW	
Penarth	d	0601	0632	0702	0718	0734	0747	0747	0803	0817	
Heol Dingle / Dingle Road	d	0603	0634	0704	0720	0736	0749	0749	0805	0819	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			0605		0706					
Grangetown	d	0538	0607	0638	0708	0724	0740	0753	0754	0809	0823
Caerdydd Canolog / Cardiff Central	3 a	0544	0613	0646	0714	0730	0746	0800	0801	0815	0830
Caerdydd Canolog / Cardiff Central	3 d	0546	0621		0716	0731	0746	0805	0801	0816	0831
Bae Caerdydd / Cardiff Bay	d			0651	0721		0751			0821	
Heol y Frenhines / Cardiff Queen St	3 d	0550	0625a		0720	0735	0750	0809a	0805	0820	0835
Lefel Uchel / Heath High Level	d	0555			0725	0740	0755		0810	0825	0840
Llanishen	d	0558			0728	0743	0758		0813	0828	0843
Llysfan / Lisvane & Thornhill	d	0600			0731	0745	0800		0816	0830	0846
Caerffili / Caerphilly	d	0608a			0737	0751	0806		0822	0837	0853
Aber	d				0739	0753	0808		0824	0839	0855
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				0742				0827	0841	
Llanbradach	d				0746	0757	0812		0831	0845	0900
Ystrad Mynach	3 a				0752	0802	0817		0837	0850	0906
Ystrad Mynach	3 d				0752	0802	0817		0837	0850	0906
Blackwood	a					0856				0956	
Hengoed	d				0755	0805	0820		0840	0853	0909
Pengam	d				0758	0808	0823		0844	0856	0913
Gilfach Fargoed	d								0847		
Bargoed	a				0806	0814	0831		0852	0902	0920
Brithdir	d					0818				0905	
Tir-phil	d					0821				0908	
Pontlotyn / Pontlottyn	d					0825				0913	
Rhymni / Rhymney	a					0831				0918	









Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW L	TfW SX	TfW SO	TfW	TfW	
Penarth	d	0833	0848		0918	0933	0947	1003		1018	1033
Heol Dingle / Dingle Road	d	0835	0850		0920	0935	0949	1005		1020	1035
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	0806				0906					1006
Grangetown	d	0839	0854	0834	0924	0939	0953	1009	0934	1024	1039
Caerdydd Canolog / Cardiff Central	3 a	0845	0901		0930	0945	0959	1015		1030	1045
Caerdydd Canolog / Cardiff Central	3 d	0846	0901	0916	0931	0946	1005	1016	1016	1031	1046
Bae Caerdydd / Cardiff Bay	d		0851		0921					1021	
Heol y Frenhines / Cardiff Queen St	3 d	0850	0906	0920	0935	0950	1009a	1020	1020	1035	1050
Lefel Uchel / Heath High Level	d	0855	0911	0925	0940	0955		1025	1025	1040	1055
Llanishen	d	0858	0914	0928	0943	0958		1028	1028	1043	1058
Llysfan / Lisvane & Thornhill	d	0901	0916	0930	0946	1001		1030	1030	1046	1101
Caerffili / Caerphilly	d	0907	0922	0937	0953	1007		1037	1037	1053	1107
Aber	d	0909	0924	0939	0955	1009		1039	1039	1055	1109
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		0927	0941				1041	1041		
Llanbradach	d	0914	0931	0945	1000	1014		1045	1045	1100	1114
Ystrad Mynach	3 a	0921	0937	0950	1006	1021		1050	1050	1106	1121
Ystrad Mynach	3 d		0937	0950	1006			1050	1050	1106	
Blackwood	a				1056					1156	
Hengoed	d		0940	0953	1009			1053	1053	1109	
Pengam	d		0944	0956	1013			1056	1056	1113	
Gilfach Fargoed	d		0947								
Bargoed	a		0952	1002	1020			1102	1102	1120	
Brithdir	d			1005				1105	1105		
Tir-phil	d			1008				1108	1108		
Pontlotyn / Pontlottyn	d			1013				1113	1113		
Rhymni / Rhymney	a			1018				1118	1118		








Nodiadau

- G To Coryton
- SX Monday to Friday
- SO Saturday only

Notes

- G I Coryton
- SX Dydd Llun i ddydd Gwener
- SO Dydd Sadwrn yn unig

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
		TfW	TfW	TfW	TfW	TfW SO	TfW SX	TfW	TfW	TfW	TfW
Penarth	d	1048	1103	1118	1133	1148	1149	1203	12 18	1233	1248
Heol Dingle / Dingle Road	d	1050	1105	1120	1135	1150	115 1	1205	1220	1235	1250
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1006			1106					1206	
Grangetown	d	1054	1109	1124	1139	1154	1156	1209	1224	1239	1254
Caerdydd Canolog / Cardiff Central	 a	1100	1115	1130	1146	120 1	120 1	12 15	1230	1245	1300
Caerdydd Canolog / Cardiff Central	 d	1101	1116	1131	1146	120 1	120 1	12 16	123 1	1246	130 1
Bae Caerdydd / Cardiff Bay	d	105 1		112 1		115 1			122 1		125 1
Heol y Frenhines / Cardiff Queen St	 d	1105	1120	1135	115 1	1205	1205	1220	1235	1250	1305
Lefel Uchel / Heath High Level	d	1110	1125	1140	1155	12 10	12 10	1225	1240	1255	13 10
Llanishen	d	1113	1128	1143	1158	12 13	12 13	1228	1243	1258	13 13
Llysfen / Lisvane & Thornhill	d	1116	1130	1146	120 1	12 16	12 16	1230	1246	130 1	13 16
Caerffili / Caerphilly	d	1122	1137	1153	1207	1222	1222	1237	1253	1307	1322
Aber	d	1124	1139	1155	1209	1224	1224	1239	1255	1309	1324
Eneu'r-glyn a Pharc Churchill / Energylyn & Churchill Park	d	1127	114 1			1227	1227	124 1			1327
Llanbradach	d	1131	1145	1200	12 14	123 1	123 1	1245	1300	13 14	133 1
Ystrad Mynach	  a	1137	1150	1206	122 1	1237	1237	1250	1306	132 1	1337
Ystrad Mynach	  d	1137	1150	1206		1237	1237	1250	1306		1337
Blackwood	 a			1256					1356		
Hengoed	d	1140	1153	1209		1240	1240	1253	1309		1340
Pengam	d	1144	1156	12 13		1244	1244	1256	13 13		1344
Gilfach Fargoed	d	1147				1247	1247				1347
Bargoed	a	1152	1202	1220		1252	1252	1302	1320		1352
Brithdir	d		1205					1305			
Tir-phil	d		1208					1308			
Pontlotyn / Pontlottyn	d		12 13					13 13			
Rhymni / Rhymney	a		12 18					13 18			

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
		TfW	TfW	TfW SO	TfW SX	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d	1303	13 18	1333	1333	1348	1403	14 18	1433	1448	1503
Heol Dingle / Dingle Road	d	1305	1320	1335	1335	1350	1405	1420	1435	1450	1505
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1306					1406		
Grangetown	d	1309	1324	1339	1339	1354	1409	1424	1439	1454	1509
Caerdydd Canolog / Cardiff Central	 a	13 16	1330	1345	1347	1400	14 15	1430	1445	1500	15 15
Caerdydd Canolog / Cardiff Central	 d	13 16	133 1	1346	1348	140 1	14 16	143 1	1446	150 1	15 16
Bae Caerdydd / Cardiff Bay	d		132 1			135 1		142 1		145 1	
Heol y Frenhines / Cardiff Queen St	 d	1320	1335	1350	1352	1405	1420	1435	1450	1505	1520
Lefel Uchel / Heath High Level	d	1325	1340	1355	1357	14 10	1425	1440	1455	15 10	1525
Llanishen	d	1328	1343	1358	1400	14 13	1428	1443	1458	15 13	1528
Llysfen / Lisvane & Thornhill	d	1330	1346	140 1	1403	14 16	1430	1446	150 1	15 16	1530
Caerffili / Caerphilly	d	1337	1353	1407	1408	1422	1437	1453	1507	1522	1537
Aber	d	1339	1355	1409	14 10	1424	1439	1455	1509	1524	1539
Eneu'r-glyn a Pharc Churchill / Energylyn & Churchill Park	d	134 1				1427	144 1			1527	154 1
Llanbradach	d	1345	1400	14 14	14 14	143 1	1445	1500	15 14	153 1	1545
Ystrad Mynach	  a	1350	1406	142 1	142 1	1437	1450	1506	152 1	1537	1550
Ystrad Mynach	  d	1350	1406			1437	1450	1506		1537	1550
Blackwood	 a							1556			
Hengoed	d	1353	1409			1440	1453	1509		1540	1553
Pengam	d	1356	14 13			1444	1456	15 13		1544	1556
Gilfach Fargoed	d					1447				1547	
Bargoed	a	1402	1420			1452	1502	1520		1552	1602
Brithdir	d	1405					1505				1605
Tir-phil	d	1408					1508				1608
Pontlotyn / Pontlottyn	d	14 13					15 13				16 13
Rhymni / Rhymney	a	14 18					15 18				1620

Nodiadau

- SO Saturday only
- SX Monday to Friday

Notes

- SO Dydd Sadwrn yn unig
- SX Dydd Llun i ddydd Gwener

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
		TfW	TfW	TfW L	TfW	TfW	TfW L	TfW	TfW L	TfW	TfW
Penarth	d	15 18	1533	1548	1603	16 18	1633	1648	1703	17 18	1733
Heol Dingle / Dingle Road	d	1520	1535	1550	1605	1620	1635	1650	1705	1720	1735
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1506				1606				1706
Grangetown	d	1524	1539	1554	1609	1624	1639	1654	1709	1724	1739
Caerdydd Canolog / Cardiff Central	3 a	1530	1545	160 1	16 15	1630	1646	1700	17 16	1730	1745
Caerdydd Canolog / Cardiff Central	3 d	153 1	1546	1605	16 16	163 1	1705	170 1	1735	173 1	1746
Bae Caerdydd / Cardiff Bay	d	152 1		155 1		162 1	165 1		172 1		
Heol y Frenhines / Cardiff Queen St	3 d	1535	1550	1609a	1620	1635	1709a	1705	1739a	1735	1750
Lefel Uchel / Heath High Level	d	1540	1555		1625	1640		17 10		1740	1755
Llanishen	d	1543	1558		1628	1643		17 13		1743	1759
Llysfaen / Lisvane & Thornhill	d	1545	1600		1630	1645		17 15		1745	1802
Caerffili / Caerphilly	d	155 1	1606		1637	165 1		1722		1752	1808
Aber	d	1553	1608		1639	1653		1724		1754	18 11
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				164 1			1726		1756	18 14
Llanbradach	d	1557	16 12		1645	1657		1730		1800	18 18
Ystrad Mynach	3 a	1602	16 17		1650	1702		1736		1805	1823
Ystrad Mynach	3 d	1602	16 17		1650	1702		1736		1805	1823
Blackwood	3 a	1656				1756				1856	
Hengoed	d	1605	1620		1653	1705		1738		1808	1826
Pengam	d	1608	1623		1656	1708		1742		18 11	1830
Gilfach Fargoed	d							1745		18 14	1834
Bargoed	a	16 15	1630		1702	17 15		1749		18 18	1838
Brithdir	d				1705			1753		1822	184 1
Tir-phil	d				1708			1756		1825	1844
Pontlotyn / Pontlottyn	d				17 13			1800		1829	1849
Rhymni / Rhymney	a				17 18			1806		1835	1855

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
		TfW	TfW	TfW	TfW	TfW FSO	TfW FX	TfW	TfW	TfW	TfW
Penarth	d	1748		18 18	1848	19 18	19 18		1948	20 18	2048
Heol Dingle / Dingle Road	d	1750		1820	1850	1920	1920		1950	2020	2050
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d							1906			2006
Grangetown	d	1754	1734	1824	1854	1924	1924	1949	1954	2024	2054
Caerdydd Canolog / Cardiff Central	3 a	1800		1830	190 1	1930	1930	1955	2000	203 1	2 100
Caerdydd Canolog / Cardiff Central	3 d	180 1	18 16	183 1	190 1	193 1	193 1	200 1	2006	203 1	2 10 1
Bae Caerdydd / Cardiff Bay	d	175 1		182 1		192 1		195 1		202 1	205 1
Heol y Frenhines / Cardiff Queen St	3 d	1805	1820	1835	1905	1936	1936	2005	20 10a	2035	2 105
Lefel Uchel / Heath High Level	d	18 10	1825	1840	19 10	1940	1940	20 10		2040	2 111
Llanishen	d	18 13	1828	1843	19 13	1943	1943	20 13		2043	2 114
Llysfaen / Lisvane & Thornhill	d	18 15	1830	1845	19 15	1946	1946	20 16		2045	2 116
Caerffili / Caerphilly	d	182 1	1836	1852	1923a	1952	1952	2024a		205 1	2 122
Aber	d	1823	1838	1854		1954	1954			2053	2 124
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		184 1	1856		1957	1957			2055	2 126
Llanbradach	d	1827	1844	1900		2000	2000			2059	2 130
Ystrad Mynach	3 a	1832	1852	1905		2005	2005			2 104	2 138
Ystrad Mynach	3 d	1832		1905		2006	2006			2 104	
Blackwood	3 a										
Hengoed	d	1835		1908		2008	2008			2 107	
Pengam	d	1838		19 11		20 12	20 12			2 110	
Gilfach Fargoed	d	184 1		19 14		20 15	20 15			2 113	
Bargoed	a	1847		19 19		20 19	20 19			2 118	
Brithdir	d			1923		2023	2023			2 122	
Tir-phil	d			1926		2026	2026			2 125	
Pontlotyn / Pontlottyn	d			1930		2030	2030			2 129	
Rhymni / Rhymney	a			1935		2035	2035			2 135	

Nodiadau

- L To Treherbert
- FSO Friday and Saturday only
- FX Monday to Thursday and Saturday

Notes

- L I Treherbert
- FSO Dydd Gwener a dydd Sadwrn yn unig
- FX Dydd Llun i dydd Iau a dydd Sadwrn

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
		TfW	TfW	TfW	TfW	TfW FSO	TfW FX	TfW	TfW SX		
Penarth	d		2 124	2 148	2220			225 1	2326		
Heol Dingle / Dingle Road	d		2 126	2 150	2222			2253	2328		
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			2 106				2206			
Grangetown	d		2 130	2 154	2226			2257	2332		
Caerdydd Canolog / Cardiff Central	a		2 142	2200	2233			2303	2341		
Caerdydd Canolog / Cardiff Central	d	2 132		220 1		2235	2235	23 16			
Bae Caerdydd / Cardiff Bay	d	2 12 1				222 1		225 1			
Heol y Frenhines / Cardiff Queen St	d	2 136		2205		2239	2239	2320			
Lefel Uchel / Heath High Level	d	2 14 1		22 10		2244	2244	2325			
Llanishen	d	2 144		22 13		2247	2247	2328			
Llysfaen / Lisvane & Thornhill	d	2 146		22 15		2249	2249	2330			
Caerffili / Caerphilly	d	2 153		2223a		2256	2256	2336			
Aber	d	2 155				2258	2258	2338			
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2 157				2300	2300	2340			
Llanbradach	d	220 1				2304	2304	2344			
Ystrad Mynach	a	2206				2309	2309	2352			
Ystrad Mynach Blackwood	d	2206				2309	2309				
Hengoed	d	2209				23 12	23 12				
Pengam	d	22 12				23 15	23 15				
Gilfach Fargoed	d	22 15				23 18	23 18				
Bargoed	a	2220				2323	2323				
Brithdir	d	2224				2327	2327				
Tir-phil	d	2227				2330	2330				
Pontlotyn / Pontlottyn	d	2231				2334	2334				
Rhymni / Rhymney	a	2236				2339	2339				

Nodiadau

FSO Friday and Saturday only

FX Monday to Thursday and Saturday

SX Monday to Friday

Notes

FSO Dydd Gwener a dydd Sadwrn yn unig

FX Dydd Llun i dydd Iau a dydd Sadwrn

SX Dydd Llun i ddydd Gwener

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trctrenau.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfwrail.wales or call 03457 48 49 50.

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d	0947				1147				1347
Heol Dingle / Dingle Road	d	0949				1149				1349
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1006				1206		
Grangetown	d	0953		1034		1153		1234		1353
Caerdydd Canolog / Cardiff Central	a	1001				1201				1401
Caerdydd Canolog / Cardiff Central	d	0905	1005	1041	1106	1141	1205	1241	1306	1341
Bae Caerdydd / Cardiff Bay	d	0938	1010	1048	1117	1148	1217	1248	1317	1348
Heol y Frenhines / Cardiff Queen St	d	0909	1009	1046	1110	1146	1209	1246	1310	1346
Lefel Uchel / Heath High Level	d	0914	1014	1051	1115	1151	1214	1251	1315	1351
Llanishen	d	0917	1017	1054	1118	1154	1217	1254	1318	1354
Llysfaen / Lisvane & Thornhill	d	0919	1019	1057	1120	1157	1219	1257	1320	1357
Caerffili / Caerphilly	d	0925	1025	1104a	1126	1204a	1225	1304a	1326	1404a
Aber	d	0927	1027		1128		1227		1328	1427
Èneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0930	1030		1131		1230		1331	1430
Llanbradach	d	0933	1033		1134		1233		1334	1433
Ystrad Mynach	a	0939	1039		1140		1239		1340	1439
Ystrad Mynach Blackwood	d	0939	1039		1140		1239		1340	1439
Hengoed	d	0942	1042		1143		1242		1343	1442
Pengam	d	0945	1045		1146		1245		1346	1445
Gilfach Fargoed	d									
Bargoed	a	0953	1053		1154		1253		1354	1453
Brithdir	d	0956	1056		1157		1256		1357	1456
Tir-phil	d	0959	1059		1200		1259		1400	1459
Pontlotyn / Pontlottyn	d	1004	1104		1205		1304		1405	1504
Rhymni / Rhymney	a	1009	1109		1209		1308		1410	1508

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d				1547		1647		1747	
Heol Dingle / Dingle Road	d				1549		1649		1749	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1406				1606				1806
Grangetown	d	1434		1553		1653		1753		1834
Caerdydd Canolog / Cardiff Central	a			1601		1701		1801		
Caerdydd Canolog / Cardiff Central	d	1441	1506	1541	1605	1641	1705	1741	1805	1841
Bae Caerdydd / Cardiff Bay	d	1417	1448	1517	1548	1617	1648	1717	1748	1817
Heol y Frenhines / Cardiff Queen St	d	1446	1510	1546	1609	1646	1709	1746	1809	1846
Lefel Uchel / Heath High Level	d	1451	1515	1551	1614	1651	1714	1751	1814	1851
Llanishen	d	1454	1518	1554	1617	1654	1717	1754	1817	1854
Llysfaen / Lisvane & Thornhill	d	1457	1520	1557	1619	1657	1719	1757	1819	1857
Caerffili / Caerphilly	d	1504a	1526	1604a	1625	1704a	1725	1804a	1825	1904a
Aber	d		1528		1627		1727		1827	1928
Èneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1531		1630		1730		1830	1931
Llanbradach	d		1534		1633		1733		1833	1934
Ystrad Mynach	a		1540		1639		1739		1839	1940
Ystrad Mynach Blackwood	d		1540		1639		1739		1839	1940
Hengoed	d		1543		1642		1742		1842	1942
Pengam	d		1546		1645		1745		1845	1946
Gilfach Fargoed	d									
Bargoed	a		1554		1653		1753		1853	1953
Brithdir	d		1557		1656		1756		1856	1957
Tir-phil	d		1600		1659		1759		1859	2000
Pontlotyn / Pontlottyn	d		1605		1704		1804		1904	2004
Rhymni / Rhymney	a		1609		1709		1808		1908	2009

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Sul					
Penarth - Cardiff - Caerphilly - Rhymney Valley						Sundays					
	TfW	TfW	TfW	TfW							
Penarth	d	1947		2052							
Heol Dingle / Dingle Road	d	1949		2054							
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1906		2006							
Grangetown	d	1953		2058							
Caerdydd Canolog / Cardiff Central	a	2001		2105							
Caerdydd Canolog / Cardiff Central	d	1941	2005	2041	2111						
Bae Caerdydd / Cardiff Bay	d	1917	1948	2007	2048						
Heol y Frenhines / Cardiff Queen St	d	1946	2009	2046	2115						
Lefel Uchel / Heath High Level	d	1951	2014	2051	2120						
Llanishen	d	1954	2017	2054	2123						
Llysfaden / Lisvane & Thornhill	d	1957	2019	2057	2126						
Caerffili / Caerphilly	d	2005a	2025	2105a	2132						
Aber	d		2027		2134						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		2030		2137						
Llanbradach	d		2033		2140						
Ystrad Mynach	a		2039		2146						
Ystrad Mynach Blackwood	d		2039		2146						
Hengoed	d		2042		2149						
Pengam	d		2045		2152						
Gilfach Fargoed	d										
Bargoed	a		2053		2200						
Brithdir	d		2056		2204						
Tir-phil	d		2059		2208						
Pontlotyn / Pontlottyn	d		2104		2212						
Rhymni / Rhymney	a		2108		2217						

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trctrenau.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfwrail.wales or call 03457 484 950.

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.

This information was correct at the time of publication.

Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddfrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

Get in touch to:

- request other timetable formats, including large print
- report faults or damage to our trains and stations
- comment on our train services
- request other customer information including the passenger charter
- claim any compensation for delays of 15 minutes or more.



WhatsApp 07790 952507



0333 3211 202

Mae costau rhywydwaith safonol yn berthnasol. Gall pris galwadau o ffonau symudol fod yn uwch | Standard network charges apply. Calls from mobiles may be higher



trc.cymru

tfw.wales



Dilynwch ni: @tfwrail

Follow us: @tfwrail



I weld ein cynigion a'n bargeinion, cofrestrwch yn

www.trc.cymru/cofrestru

For offers and deals, register at www.tfw.wales/signup



Prynu Cyn Teithio. Archebwch ar ap TfW Rail www.trc.cymru neu

mewn gorsaf | Buy before you board. Book on the TfW Rail app,

www.tfw.wales or at a station



I archebu cymorth ac i gael cyngor ar hygyrchedd, cysylltwch â'n tîm Cymorth wrth Deithio: 033 30 050 501 (Testun y Genhedlaeth Nesaf 18001 0333 005 0501) ar agor 8am tan 8pm saith niwrnod yr wythnos neu i gael rhagor o wybodaeth ewch i www.trc.cymru/cy/cyn-eich-taith/teithio-hygyrch. Rydym yn argymhell gwneud cais am gymorth o leiaf 6 awr cyn i chi teithio (Os ydych chi'n dymuno archebu rhwng 10yh ac 8yb, defnyddiwch ein gwasanaeth archebu ar-lein).

To book assistance and for accessibility advice please contact our Assisted Travel team: 033 30 050 501 (Next Generation text 18001 0333 005 0501) open 8am to 8pm seven days a week or for more information visit www.tfw.wales/before-your-journey/accessible-travel. We recommend reserving assistance at least 6 hours before you travel (If you wish to make a booking between the hours of 10pm and 8am please use our online booking service).



Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd. Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên. | Accessible toilets are available on all our services, but not every carriage. Please check with railway staff or door signs to ensure you access the right part of the train.

Nodiadau safonol

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Amser cyrraedd

Amser ymadael

Yn aros i ollwng teithwyr yn unig

Yn aros i godi teithwyr yn unig

Yn aros ar gais. Rhaid i bobl sydd eisïau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisïau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr

Amser cysylltu a argymhellir

Great Western Railway

West Midlands Trains

Trafnidiaeth Cymru

Avanti West Coast

Standard notes

Times in **red type** indicate connecting services.

a Arrival time

d Departure time

s Stops to set down only

u Stops to pick up only

x Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver

10 Recommended connecting time

GW Great Western Railway

LM West Midlands Trains

TfW Transport for Wales

VT Avanti West Coast