

Oherwydd yr achosion diweddar o Covid 19, mae rhai gwasanaethau wedi cael eu tynnu oddi ar yr amserlen hon dros dro. I gael yr amserlenni diweddaraf, defnyddiwch ein cynllunydd teithiau ar-lein, ewch i trc.cymru

Due to the recent Covid 19 outbreak some services in this timetable have been temporarily withdrawn. For up to date timetables please use our online journey planner, visit tfw.wales



Amserau Trenau | Train Times

12 Rhagfyr 2021 - 14 Mai 2022 | 12 December 2021 - 14 May 2022

**Caerdydd - Henffordd -
Amwythig - Crewe -
Manceinion**

Cardiff - Hereford -
Shrewsbury - Crewe -
Manchester

Manceinion Piccadilly
Manchester Piccadilly

Stockport

Wilmslow

Alderley Edge

Crewe

Yr Heledd Wen Nantwich

Wrenbury

Yr Eglwys Wen Whitchurch

Prees

Wem

Yorton

Amwythig Shrewsbury

Church Stretton

Craven Arms

Llwydlo Ludlow

Llanllieni Leominster

Henffordd Hereford

Y Fenni Abergavenny

Pontypwl a New Inn Pontypool & New Inn

Caerdydd Canolog
Cardiff Central

Casnewydd
Newport

Cwmbrân

Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i trc.cymru

Services are subject to change, check before you travel, visit tfw.wales



Teithio'n saffach

Gwisgwch orchudd
wyneb oni bai eich bod
wedí'ch eithrio

Travel safer

Wear a face covering
unless exempt



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, ewch i trc.cymru/gwiriwr-capasiti

Find trains with space: use our Capacity Checker and Travel Safer, visit tfw.wales/capacity-checker

TTB02_DLB_V5_02/22



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Paid â chael dy ddal!

Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.*

If you don't, you risk prosecution and fines of up to **£1000**.

* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

*National Rail Conditions of Travel and Railway Byelaws 2005



Teithio'n Saffach Travel Safer

Rhaid i chi wisgo gorchudd
wyneb ar y trên trwy gydol
eich taith.

You must wear a face
covering on the train
for the duration of your
journey.



Cywir | Correct



Gwenu | The smiler



Ffroeni | The sniffer



Cynhesu'r gwddf | The neck warmer



Band gwallt | The headband



Clustdlws | The earring

O beidio â gwisgo gorchudd
wyneb, mae'n bosib na ganiateir i
chi barhau â'ch taith.

Os ydych wedi'ch eithrio rhag
gwisgo gorchudd-wyneb, gallwch
gyfathrebu hyn i'n staff trwy
ddefnyddio nodyn eithrio, sydd ar
gael yn www.trc.cymru
/gorchuddion-wyneb

Not wearing a face covering could
result in refusal to travel.

If you're exempt from wearing
a face covering, you can
communicate this to our staff by
using our exemption note, available
at www.tf.wales/face-coverings



Defnyddiwch y biniau.
Please use the bins provided



 @tfwrail
www.trc.cymru
www.tf.wales

Y siwrnai ddefrydol

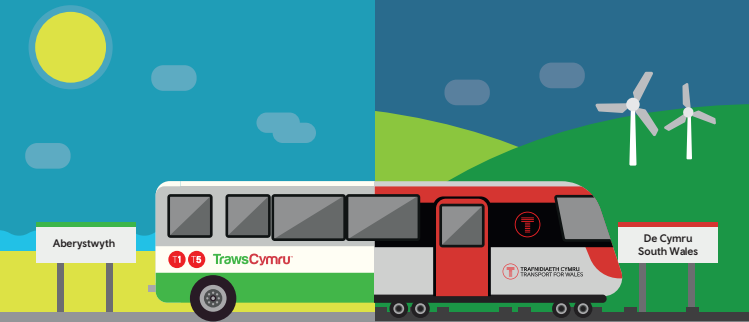
Bellach, gallwch deithio rhwng Aberystwyth a De Cymru trwy Gaerfyrddin gan ddefnyddio ein gwasanaeth trên a gwasanaeth bws T1 TrawsCymru, gydag un tocyn hawdd i deithio'n rhatach ac yn gyflymach.*

Prynwch eich tocynnau ar **ap TrC**, **trc.cymru** neu mewn gorsafoddedol a manwerthwyr dethol.

That's the ticket

You can now travel between Aberystwyth and South Wales via Carmarthen using our rail service and TrawsCymru T1 bus service, with one easy ticket for cheaper, faster travel.*

Buy your tickets on the **TfW app**, **tfw.wales** or at selected stations and retailers.



*O'i gymharu â theithiau dethol ar gyfer rheilffyrdd yn unig. Yn seiliedig ar deithiau dethol trwy lwybr integredig yn erbyn trên yn unig, Gorffennaf 2021. Gellir prynu tocynnau o / i arosfannau bysiau T1 Aberaeron a Llanbedr Pont Steffan ar **trc.cymru**, trwy **ap TrC**, yn swyddfydd tocynnau gorsafoddedol trên, mewn peiriannau tocynnau hunanwasanaeth ac mewn manwerthwyr Payzone yn Aberaeron a Llanbedr Pont Steffan. Nid oes unrhyw newid i ddefnyddwyr Traws T1 sydd eisiau prynu eu tocynnau bws arferol ar fwrdd gwasanaethau TrawsCymru.

*In comparison to selected rail-only journeys. Based on selected journeys via integrated route versus train-only, July 2021. Tickets can be purchased from / to T1 bus stops Aberaeron and Lampeter on **tfw.wales**, via the **TfW app**, at train station ticket offices, at self-service ticket machines and at Payzone retailers in Aberaeron & Lampeter. There is no change for Traws T1 users wanting to purchase their usual bus tickets on board TrawsCymru services.

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
		MX								
Aberdaugleddau / Milford Haven	d									0554
Aberystwyth Traws	d									
Caerfyrddin / Carmarthen Traws	a									
Caerfyrddin / Carmarthen	d								0545	0652
Llanelli	d								0615	0722
Abertawe / Swansea	d				0341	0346	0528		0639	0749
Castell Nedd / Neath	d				0353	0358	0540		0653	0800
Parcfordd Port Talbot Parkway	d				0400	0405	0547		0705	0807
Pen-y-Bont ar Ogwr / Bridgend	d				0414	0427	0601		0719	0822
Caerdydd Canolog / Cardiff Central	d	0030		0435	0512	0537	0635	0645	0750	0850
Llundain Paddington / London Paddington	d									0712
Reading	d				0650	0650	0751			0739
Bryste Temple Meads / Bristol Temple Meads	d						0553		0653	0755
Casnewydd / Newport	d	0049		0453	0531	0556	0648	0659	0805	0904
Cwmbrân	d	0100		0505	0542	0606	0659	0710	0815	0914
Pontypwl a New Inn / Pontypool & New Inn	d	0106		0511	0548	0612		0718	0821	
Y Fenni / Abergavenny	d	0118		0522	0557	0621	0714	0729	0830	0927
Henffordd / Hereford	a	0151		0547	0622	0646	0739	0753	0855	0952
Henffordd / Hereford	d			0547	0625	0647	0739	0754	0857	0954
Llanllieni / Leominster	d			0600	0638	0700	0752		0910	1007
Llwydlo / Ludlow	d			0611	0649	0711	0803	0816	0921	1018
Craven Arms	d			0620	0657	0719	0812		0929	1026
Church Stretton	d			0629	0708	0728	0821		0938	1035
Amwythig / Shrewsbury	a			0644	0725	0743	0836	0846	0953	1051
Amwythig / Shrewsbury	d	0531		0647	0728	0746	0836	0850	0956	1051
Aberystwyth	a									1322
Wrecsam Cyffredinol / Wrexham General	a				0803			0930		
Yorton	d	0540x					0845x			
Wem	d	0545		0658		0757	0850			
Prees	d	0550x					0855x			
Yr Eglwys Wen / Whitchurch	d	0557		0707		0806	0902			1108
Wrenbury	d	0603x					0908x			
Yr Heledd Wen / Nantwich	d	0609		0716		0815	0914			1117
Crewe	a	0617	0627d	0724		0824	0924		1025	1127
Caer / Chester	a	0719			0821		1010	0948	1111	1208
Cyffordd Llandudno / Llandudno Junction	a	0821			0918		1103	1032	1158	
Bangor	a	0844			0940		1122	1049	1219	
Caerdybi / Holyhead	a	0926			1009		1153	1120	1249	
Runcorn	a	0723				0922	1024		1101	1224
Lerpwl Lime Street / Liverpool Lime Street	a	0742				0940	1043		1119	1243
Wilmslow	a		0644	0747		0847	0950		1049	1149
Stockport	a		0655	0759		0859	0959		1059	1159
Manceinion Piccadilly / Manchester Piccadilly	a		0709	0809		0913	1011		1111	1213

Nodiadau

MX Dydd Mawrth i ddydd Gwener

Notes

MX Tuesday to Friday

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d		0702			0908				
Aberystwyth Traws	d			0640				0840		
Caerfyrddin / Carmarthen Traws	a			0857				1057		
Caerfyrddin / Carmarthen	d	0725	0758	0900		1005		1100		
Llanelli	d	0758	0828	0930		1030		1130		
Abertawe / Swansea	d	0822	0851	0955	1022	1051		1153	1223	
Castell Nedd / Neath	d	0834	0906	1006	1034	1106		1204	1234	
Parcfordd Port Talbot Parkway	d	0841	0917	1014	1041	1117		1212	1241	
Pen-y-Bont ar Ogwr / Bridgend	d	0855	0932	1027	1055	1132		1224	1240	
Caerdydd Canolog / Cardiff Central	d	0922	0956	1052	1122	1156		1249	1322	
Llundain Paddington / London Paddington	d		0818	0918		1018				
Reading	d	1048	0843	0943	1247	1043		1348	1448	
Bryste Temple Meads / Bristol Temple Meads	d		0927	0959	1058	1127		1158	1257	
Casnewydd / Newport	d	0936	1009	1105	1136	1209		1303	1337	
Cwmbrân	d	0947	1020	1116	1147	1220		1313	1347	
Pontypwl a New Inn / Pontypool & New Inn	d	0952			1154				1353	
Y Fenni / Abergavenny	d	1002	1033	1129	1205	1233		1326	1402	
Henffordd / Hereford	a	1027	1058	1153	1230	1258		1351	1427	
Henffordd / Hereford	d	1029	1058	1154	1230	1300		1352	1429	
Llanllieni / Leominster	d		1111	1207		1313		1405		
Llwydlo / Ludlow	d	1050	1122	1218	1251	1324		1416	1450	
Craven Arms	d	1058	1131	1227		1333		1424	1459	
Church Stretton	d	1107	1140	1236		1342		1433	1508	
Amwythig / Shrewsbury	a	1122	1155	1251	1325	1357		1448	1524	
Amwythig / Shrewsbury	d	1130	1224	1157	1251	1329	1357	1424	1451	1529
Aberystwyth	a			1521				1721		
Wrecsam Cyffredinol / Wrexham General	a	1206			1409				1605	
Yorton	d		1234x				1434x			1634x
Wem	d		1240				1440			1640
Prees	d		1245x				1445x			1645x
Yr Eglwys Wen / Whitchurch	d		1252	1308			1452	1508		1652
Wrenbury	d		1259x				1459x			1659x
Yr Heledd Wen / Nantwich	d		1305	1318			1505	1517		1705
Crewe	a		1315	1227	1328		1427	1515	1527	1715
Caer / Chester	a	1226		1308		1426	1508		1625	1807
Cyffordd Llandudno / Llandudno Junction	a	1321				1527			1717	1858
Bangor	a	1340				1550			1741	1918
Caerdybi / Holyhead	a	1419				1620			1821	
Runcorn	a		1402	1300	1424		1500	1600	1625	1800
Lerpwl Lime Street / Liverpool Lime Street	a		1419	1320	1443		1519	1620	1643	1820
Wilmslow	a		1250	1349		1449		1550		
Stockport	a		1259	1359		1459		1559		
Manceinion Piccadilly / Manchester Piccadilly	a		1313	1413		1513		1613		

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Caerdydd - Henffordd - Amwythig - Crewe - Manceinion							Dydd Llun i ddydd Gwener				
Cardiff - Hereford - Shrewsbury - Crewe - Manchester							Mondays to Fridays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Aberdaugleddau / Milford Haven	d	1105			1300					1507	
Aberystwyth Traws	d	0940	1040			1140				1340	
Caerfyrddin / Carmarthen Traws	a	1157	1257			1357				1557	
Caerfyrddin / Carmarthen	d	1204	1300		1357			1501		1605	
Llanelli	d	1229	1330		1422			1531		1630	1645
Abertawe / Swansea	d	1252	1354	1422	1446			1554		1654	1706
Castell Nedd / Neath	d	1306	1405	1433	1500			1605		1705	1720
Parcfordd Port Talbot Parkway	d	1317	1413	1440	1511			1613		1712	1731
Pen-y-Bont ar Ogwr / Bridgend	d	1332	1425	1453	1525			1625		1724	1747
Caerdydd Canolog / Cardiff Central	d	1357	1449	1523	1550			1650	1716	1749	1823
Llundain Paddington / London Paddington	d	1218			1418			1518			
Reading	d	1243	1545	1647	1443			1543		1849	1949
Bryste Temple Meads / Bristol Temple Meads	d	1327	1356		1458			1558		1724	
Casnewydd / Newport	d	1411	1503	1537	1603			1703	1731	1803	1836
Cwmbrân	d	1422	1513	1547	1614			1714	1742	1813	1847
Pontypwl a New Inn / Pontypool & New Inn	d			1553	1619			1719	1749	1818	
Y Fenni / Abergavenny	d	1435	1526	1602	1628			1729	1800	1828	1900
Henffordd / Hereford	a	1502	1550	1627	1653			1753	1825	1853	1925
Henffordd / Hereford	d	1502	1552	1628	1654			1757	1825	1853	1925
Llanllieni / Leominster	d	1515	1605	1641	1707			1810		1906	
Llwydlo / Ludlow	d	1526	1616	1652	1718			1822		1917	1946
Craven Arms	d		1624	1701	1726			1831		1926	
Church Stretton	d		1633	1710	1735			1840		1935	
Amwythig / Shrewsbury	a	1553	1648	1724	1750			1854	1909	1950	2013
Amwythig / Shrewsbury	d	1556	1649	1728	1751		1832	1858	1909	1950	2014
Aberystwyth	a		1921					2122			
Wrecsam Cyffredinol / Wrexham General	a			1805					1938		
Yorton	d						1842x				
Wem	d		1700				1847				
Prees	d						1852x				
Yr Eglwys Wen / Whitchurch	d		1708		1808		1859	1915			
Wrenbury	d						1906x				
Yr Heledd Wen / Nantwich	d		1717		1817		1912	1924			
Crewe	a	1627	1727		1827		1923	1934		2021	2043
Caer / Chester	a	1708		1822	1914		2013	2013	1958		2112
Cyffordd Llandudno / Llandudno Junction	a			1918	2012				2051		
Bangor	a			1937	2029				2111		
Caerdybi / Holyhead	a			2020	2100				2142		
Runcorn	a	1700	1824		1902		1959			2058	2158
Lerpwl Lime Street / Liverpool Lime Street	a	1720	1842		1921		2020			2118	2216
Wilmslow	a	1649	1749		1850			1957		2042	2138
Stockport	a	1659	1759		1859			2007		2053	
Manceinion Piccadilly / Manchester Piccadilly	a	1713	1813		1914			2019		2107	2154

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	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d								
Aberystwyth Traws	d		1540				1640	1740	1840
Caerfyrddin / Carmarthen Traws	a		1757				1857	1953	2040
Caerfyrddin / Carmarthen	d	1655				1850			
Llanelli	d	1725				1922			
Abertawe / Swansea	d	1749				1949			2022
Castell Nedd / Neath	d	1804				2000			2034
Parcfordd Port Talbot Parkway	d	18 15				2007			2041
Pen-y-Bont ar Ogwr / Bridgend	d	1830				202 1			2055
Caerdydd Canolog / Cardiff Central	d	1855		194 1	20 15	2 115			2 155
Llundain Paddington / London Paddington	d								
Reading	d								2246
Bryste Temple Meads / Bristol Temple Meads	d	1757		1824	1923				2 13 1
Casnewydd / Newport	d	1909		1955	2029	2 129			22 13
Cwmbrân	d	19 19		2005	2039	2 140			2224
Pontypwl a New Inn / Pontypool & New Inn	d	1924		20 10	2045				2230
Y Fenni / Abergavenny	d	1934		2020	2054	2 153			2240
Henffordd / Hereford	a	1959		2045	2 119	2220			2308
Henffordd / Hereford	d	1959		2046	2 122	2220			2308
Llanllieni / Leominster	d	20 12		2059	2 135	2233			232 1
Llwydlo / Ludlow	d	2023		2 110	2 146	2244			2332
Craven Arms	d	2032		2 118	2 154	2253			2342
Church Stretton	d	2041		2 127	2204	2302			235 1
Amwythig / Shrewsbury	a	2056		2 142	22 19	23 17			0008
Amwythig / Shrewsbury	d	2032	2056	2 146	2220	23 17			00 13
Aberystwyth	a			2336					
Wrecsam Cyffredinol / Wrexham General	a			2222					
Yorton	d	204 1x			2229x	2326x			0022x
Wem	d	2046			2233	233 1			0027
Prees	d	205 1x			2238x	2336x			0032x
Yr Eglwys Wen / Whitchurch	d	2058	2 113		2245	2343			0039
Wrenbury	d	2 104x			2250x	2349x			0045x
Yr Heledd Wen / Nantwich	d	2 110	2 122		2257	2355			0052
Crewe	a	2 119	2 131		2307	0005			0 104
Caer / Chester	a			224 1	2353	0027			
Cyffordd Llandudno / Llandudno Junction	a			2352		0 130			
Bangor	a			00 15		0 147			
Caer gybi / Holyhead	a			0043		02 15			
Runcorn	a								
Lerpwl Lime Street / Liverpool Lime Street	a								
Wilmslow	a	2 15 1							
Stockport	a	220 1							
Manceinion Piccadilly / Manchester Piccadilly	a	22 15							

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Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sadwrn
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Saturdays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d									
Aberystwyth Traws	d									
Caerfyrddin / Carmarthen Traws	a									
Caerfyrddin / Carmarthen	d						050 1			0554
Llanelli	d						0526			0624
Abertawe / Swansea	d				0356		0552	0622		0649
Castell Nedd / Neath	d				0408		0604	0634		0700
Parcfordd Port Talbot Parkway	d				04 15		0559	064 1		0708
Pen-y-Bont ar Ogwr / Bridgend	d				0429		06 14	0655		0722
Caerdydd Canolog / Cardiff Central	d	0030		0435	0520	0537	0652	0722		0752
Llundain Paddington / London Paddington	d									
Reading	d				0650		08 18	0848		09 18
Bryste Temple Meads / Bristol Temple Meads	d						0628	0654		0723
Casnewydd / Newport	d	0046		0452	0534	0552	0706	0737		0806
Cwmbrân	d	0056		0503	0545	0602	07 16	0747		08 16
Pontypwl a New Inn / Pontypool & New Inn	d	0 102		0509	0550	0608		0753		
Y Fenni / Abergavenny	d	0 113		05 18	0600	06 17	0729	0802		0829
Henffordd / Hereford	a	0 143		0543	0625	0642	0754	0829		0853
Henffordd / Hereford	d			0546	0626	0647	0755	0830		0855
Llanllieni / Leominster	d			0559	0639	0700	0808			0908
Llwydlo / Ludlow	d			06 10	0650	07 11	08 19	085 1		09 19
Craven Arms	d			06 18	0659	07 19	0827	0859		0927
Church Stretton	d			0627	0708	0728	0836	0908		0936
Amwythig / Shrewsbury	a			0641	0723	0743	0852	0924		0950
Amwythig / Shrewsbury	d		0548	0645	0726	0745	0852	0927	10 18	0954
Aberystwyth	a				092 1		1 12 1			
Wrecsam Cyffredinol / Wrexham General	a				0802			1003		
Yorton	d		0558x						1028x	
Wem	d		0604	0656		0756			1034	
Prees	d		0609x						1039x	
Yr Eglwys Wen / Whitchurch	d		06 16	0705		0805	0909		1047	10 10
Wrenbury	d		0623x						1053x	
Yr Heledd Wen / Nantwich	d		0629	07 14		08 14	09 18		1100	10 19
Crewe	a	0627d	0639	0723		0824	0928		1110	1028
Caer / Chester	a		0723		0820			1020	1149	1112
Cyffordd Llandudno / Llandudno Junction	a		08 14		09 19			11 19		1159
Bangor	a		0840		0945			1145		12 15
Caerdybi / Holyhead	a		092 1		10 19			12 17		1246
Runcorn	a		0724	0824		0900	1000		1200	1101
Lerpwl Lime Street / Liverpool Lime Street	a		0742	0842		0920	10 19		12 19	1120
Wilmslow	a	0644		0746		0846	0948			1047
Stockport	a	0655		0758		0858	1000			1059
Manceinion Piccadilly / Manchester Piccadilly	a	0708		08 11		09 13	10 14			11 13

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sadwrn
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Saturdays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d	0554		0700					0900	
Aberystwyth Traws	d						0640			0840
Caerfyrddin / Carmarthen Traws	a						0857			1057
Caerfyrddin / Carmarthen	d	0651	0724	0756		0859			0959	1101
Llanelli	d	0721	0757	0826		0929			1024	1131
Abertawe / Swansea	d	0747	0822	0849		0954		1022	1045	1159
Castell Nedd / Neath	d	0759	0834	0903		1006		1034	1100	1210
Parcfordd Port Talbot Parkway	d	0806	0841	0914		1014		1041	1111	1218
Pen-y-Bont ar Ogwr / Bridgend	d	0821	0855	0929		1028		1041	1126	1231
Caerdydd Canolog / Cardiff Central	d	0851	0923	0955		1053		1123	1156	1255
Llundain Paddington / London Paddington	d									
Reading	d	1018	1048			1148		1248		1348
Bryste Temple Meads / Bristol Temple Meads	d	0823	0857			0957		1057		1157
Casnewydd / Newport	d	0905	0938	1009		1107		1137	1209	1308
Cwmbrân	d	0915	0948	1019		1117		1147	1220	1319
Pontypwl a New Inn / Pontypool & New Inn	d		0954			1123		1153		
Y Fenni / Abergavenny	d	0928	1004	1032		1132		1202	1233	1332
Henffordd / Hereford	a	0953	1029	1057		1157		1227	1258	1356
Henffordd / Hereford	d	0954	1030	1058		1158		1228	1258	1358
Llanllieni / Leominster	d	1007		1111		1211			1311	1411
Llwydlo / Ludlow	d	1018	1051	1122		1222		1249	1322	1422
Craven Arms	d	1026	1100	1130		1230		1257		1431
Church Stretton	d	1035	1109			1239		1307	1337	1441
Amwythig / Shrewsbury	a	1050	1124	1152		1254		1322	1352	1455
Amwythig / Shrewsbury	d	1051	1127	1152	1224	1255		1327	1353	1424
Aberystwyth	a	1322				1522				1721
Wrecsam Cyffredinol / Wrexham General	a		1203					1404		
Yorton	d				1234x					1434x
Wem	d				1240					1440
Prees	d				1245x					1445x
Yr Eglwys Wen / Whitchurch	d	1108		1209	1252				1410	1452
Wrenbury	d				1259x					1459x
Yr Heledd Wen / Nantwich	d	1117		1218	1305				1419	1505
Crewe	a	1127		1227	1315	1327			1428	1515
Caer / Chester	a		1221		1358			1424		1608
Cyffordd Llandudno / Llandudno Junction	a		1322					1523		1659
Bangor	a		1339					1542		1715
Caerdybi / Holyhead	a		1418					1622		1746
Runcorn	a	1224		1300	1400	1424			1500	1601
Lerpwl Lime Street / Liverpool Lime Street	a	1243		1319	1419	1443			1519	1619
Wilmslow	a	1149		1249		1348			1449	1547
Stockport	a	1159		1259		1359			1459	1559
Manceinion Piccadilly / Manchester Piccadilly	a	1212		1313		1413			1513	1613

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sadwrn
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Saturdays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d				1101					1300
Aberystwyth Traws	d		0940		1040	1140				
Caerfyrddin / Carmarthen Traws	a		1157		1257	1357				
Caerfyrddin / Carmarthen	d			1159	1300				1358	1501
Llanelli	d			1224	1330				1423	1531
Abertawe / Swansea	d	1222		1247	1400		1423		1447	1555
Castell Nedd / Neath	d	1234		1302	1411		1435		1502	1606
Parcfordd Port Talbot Parkway	d	1241		1313	1419		1442		1514	1614
Pen-y-Bont ar Ogwr / Bridgend	d	1241		1328	1431		1438		1529	1629
Caerdydd Canolog / Cardiff Central	d	1322		1355	1456		1523		1555	1654
Llundain Paddington / London Paddington	d			1213						
Reading	d	1448		1240	1548		1648			1748
Bryste Temple Meads / Bristol Temple Meads	d	1257		1323	1357		1457			1622
Casnewydd / Newport	d	1336		1409	1509		1538		1609	1708
Cwmbrân	d	1346		1419	1520		1548		1619	1718
Pontypwl a New Inn / Pontypool & New Inn	d	1352					1554		1624	
Y Fenni / Abergavenny	d	1401		1432	1533		1603		1634	1731
Henffordd / Hereford	a	1426		1457	1557		1628		1659	1756
Henffordd / Hereford	d	1427		1458	1559		1629		1700	1757
Llanllieni / Leominster	d			1511	1612		1642		1713	1810
Llwydlo / Ludlow	d	1448		1522	1623		1654		1724	1821
Craven Arms	d	1456			1631					1829
Church Stretton	d	1505			1640		1708			1838
Amwythig / Shrewsbury	a	1525		1550	1654		1722		1751	1852
Amwythig / Shrewsbury	d	1530	1624	1551	1656		1726	1825	1752	1856
Aberystwyth	a				1921					2125
Wrecsam Cyffredinol / Wrexham General	a	1605					1802			
Yorton	d		1634x					1835x		
Wem	d		1640					1841		
Prees	d		1645x					1846x		
Yr Eglwys Wen / Whitchurch	d		1652		1608			1853	1808	
Wrenbury	d		1659x					1900x		
Yr Heledd Wen / Nantwich	d		1705		1617			1906	1817	
Crewe	a		1715		1627	1727		1916	1827	1927
Caer / Chester	a	1626					1820		1909	
Cyffordd Llandudno / Llandudno Junction	a	1718					1923		2005	
Bangor	a	1742					1942		2021	
Caerdybi / Holyhead	a	1821					2025		2052	
Runcorn	a		1800		1700	1824		2000	1904	
Lerpwl Lime Street / Liverpool Lime Street	a		1820		1720	1843		2019	1922	
Wilmslow	a			1648	1748				1848	1948
Stockport	a			1700	1800				1900	1959
Manceinion Piccadilly / Manchester Piccadilly	a			1714	1814				1915	2012

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sadwrn
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Saturdays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d	1509								
Aberystwyth Traws	d	1340				1540			1640	1740
Caerfyrddin / Carmarthen Traws	a	1557				1757			1857	1953
Caerfyrddin / Carmarthen	d	1606		170 1				1853		
Llanelli	d	1631		173 1				1836	1925	
Abertawe / Swansea	d	1622	1658	1755	1822			1900	1952	
Castell Nedd / Neath	d	1634	1709	1806	1834			19 11	2003	
Parcfordd Port Talbot Parkway	d	1641	17 17	18 13	184 1			19 19	20 11	
Pen-y-Bont ar Ogwr / Bridgend	d	1655	1732	1827	1855			1933	2025	
Caerdydd Canolog / Cardiff Central	d	1723	1756	185 1	194 1			20 12	2055	
Llundain Paddington / London Paddington	d									
Reading	d	1850		1948	2048				2 15 1	
Bryste Temple Meads / Bristol Temple Meads	d		1657	1757	1857			1928	1957	
Casnewydd / Newport	d	1736	1809	1904	1955			2027	2 109	
Cwmbrân	d	1747	1820	19 15	2005			2038	2 12 1	
Pontypwl a New Inn / Pontypool & New Inn	d	1752	1825	1920	20 11			2043		
Y Fenni / Abergavenny	d	1802	1835	1930	2020			2053	2 134	
Henffordd / Hereford	a	1827	1900	1955	2045			2 118	2 159	
Henffordd / Hereford	d	1827	1900	1956	2046			2 120	2200	
Llanllieni / Leominster	d		19 13	2009	2059			2 133	22 14	
Llwydlo / Ludlow	d	1848	1924	2020	2 110			2 144	2225	
Craven Arms	d	1857		2029	2 118			2 153	2233	
Church Stretton	d	1906		2038	2 127			2203	2242	
Amwythig / Shrewsbury	a	192 1	195 1	2052	2 143			22 18	2257	
Amwythig / Shrewsbury	d	1928	1952	2032	2056	2 143		22 19	2306	
Aberystwyth	a									
Wrecsam Cyffredinol / Wrexham General	a	2004				22 19				
Yorton	d			204 1x					23 15x	
Wem	d			2046				2233	2320	
Prees	d			205 1x					2325x	
Yr Eglwys Wen / Whitchurch	d		2009	2058				2244	2332	
Wrenbury	d			2 104x				2249x	2338x	
Yr Heledd Wen / Nantwich	d		20 18	2 110				2255	2344	
Crewe	a		2028	2 119	2 127			2305	2354	
Caer / Chester	a	2024	2 122	220 1		2236		2343	0023	
Cyffordd Llandudno / Llandudno Junction	a	2 126	222 1			2334				
Bangor	a	2 146	2245							
Caerdybi / Holyhead	a	2226	23 17							
Runcorn	a		2 105	2 15 1	2225					
Lerpwl Lime Street / Liverpool Lime Street	a		2 127	22 10	2242					
Wilmslow	a		2048		2 148					
Stockport	a		2 100		2 158					
Manceinion Piccadilly / Manchester Piccadilly	a		2 115		22 13					

	TfW	TfW								
Aberdaugleddau / Milford Haven	d									
Aberystwyth Traws 	d	1840								
Caerfyrddin / Carmarthen Traws 	a	2040								
Caerfyrddin / Carmarthen	d									
Llanelli	d									
Abertawe / Swansea	d									
Castell Nedd / Neath	d									
Parcfordd Port Talbot Parkway	d									
Pen-y-Bont ar Ogwr / Bridgend	d									
Caerdydd Canolog / Cardiff Central 	d									
Llundain Paddington / London Paddington 	d									
Reading 	d									
Bryste Temple Meads / Bristol Temple Meads 	d									
Casnewydd / Newport	d									
Cwmbrân	d									
Pontypwl a New Inn / Pontypool & New Inn	d									
Y Fenni / Abergavenny	d									
Henffordd / Hereford 	a									
Henffordd / Hereford 	d									
Llanllieni / Leominster	d									
Llwydlo / Ludlow	d									
Craven Arms	d									
Church Stretton	d									
Amwythig / Shrewsbury	a	2332								
Amwythig / Shrewsbury	d	2335								
Aberystwyth	a									
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d	2343x								
Wem	d	2348								
Prees	d	2352x								
Yr Eglwys Wen / Whitchurch	d	2359								
Wrenbury	d	0004x								
Yr Heledd Wen / Nantwich	d	00 10								
Crewe 	a	0020								
Caer / Chester	a									
Cyffordd Llandudno / Llandudno Junction	a									
Bangor	a									
Caerdybi / Holyhead 	a									
Runcorn	a									
Lerpwl Lime Street / Liverpool Lime Street 	a									
Wilmslow	a									
Stockport	a									
Manceinion Piccadilly / Manchester Piccadilly 	a									

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Aberdaugleddau / Milford Haven	d										
Aberystwyth Traws	d										
Caerfyrddin / Carmarthen Traws	a										
Caerfyrddin / Carmarthen	d										
Llanelli	d										
Abertawe / Swansea	d						0825		0935		
Castell Nedd / Neath	d						0836		0946		
Parcfordd Port Talbot Parkway	d						0845		0954		
Pen-y-Bont ar Ogwr / Bridgend	d						0902		1009		
Caerdydd Canolog / Cardiff Central	d					0830	0928		1034		
Llundain Paddington / London Paddington	d										
Reading	d						1027				
Bryste Temple Meads / Bristol Temple Meads	d								10 10		
Casnewydd / Newport	d					0852	0947		1049		
Cwmbrân	d					0903	0959		1103		
Pontypwl a New Inn / Pontypool & New Inn	d					0909	1005		1109		
Y Fenni / Abergavenny	d					0918	1015		1119		
Henffordd / Hereford	a					0945	1043		1146		
Henffordd / Hereford	d					0947	1045		1149		
Llanllieni / Leominster	d					1001	1058		1202		
Llwydlo / Ludlow	d					1012	1110		1213		
Craven Arms	d					1020			1223		
Church Stretton	d					1029			1232		
Amwythig / Shrewsbury	a					1046	1141		1249		
Amwythig / Shrewsbury	d	0825		0955	1022	1048	1147	1224	1250	1422	
Aberystwyth	a					1321			1521		
Wrecsam Cyffredinol / Wrexham General	a										
Yorton	d	0834x			1031x			1233x		1431x	
Wem	d	0839			1036			1238		1436	
Prees	d	0844x			1041x			1243x		1441x	
Yr Eglwys Wen / Whitchurch	d	0851			1048			1250		1448	
Wrenbury	d	0857x			1054x			1256x		1454x	
Yr Heledd Wen / Nantwich	d	0903			1100			1302		1500	
Crewe	a	0830d	0913	0929d	1026	1110	1121	1224	1312	1327	1512
Caer / Chester	a		0944		1102	1147	1218	1317	1347	1420	1548
Cyffordd Llandudno / Llandudno Junction	a		1046		1153	1253			1459		1657
Bangor	a		1113		1209	1312			1518		1716
Caerdybi / Holyhead	a		1159		1240	1340			1557		1758
Runcorn	a				1102	1154	1203	1251	1353	1403	1554
Lerpwl Lime Street / Liverpool Lime Street	a				1120	1211	1222	1308	1412	1420	1612
Wilmslow	a	0849		0950	1048		1143	1248		1349	
Stockport	a			1043	1100			1300		1400	
Manceinion Piccadilly / Manchester Piccadilly	a	0913		1011	1120		1207	1315		1417	

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sul
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d								1124	
Aberystwyth Traws	d						1100			
Caerfyrddin / Carmarthen Traws	a						1308			
Caerfyrddin / Carmarthen	d		1030					1229	1338	
Llanelli	d	1133	1055					1254	1403	
Abertawe / Swansea	d	1032	1110	1130	1222	1251		1343		1457
Castell Nedd / Neath	d	1043		1141	1234	1303		1354	1427	1508
Parcfordd Port Talbot Parkway	d	1051		1149	1241	1310		1402	1434	1515
Pen-y-Bont ar Ogwr / Bridgend	d	1107		1204	1255	1326		1417	1447	1530
Caerdydd Canolog / Cardiff Central	d	1134		1236	1329	1350		1454	1517	1600
Llundain Paddington / London Paddington	d									1413
Reading	d	1246			1449					1440
Bryste Temple Meads / Bristol Temple Meads	d	1112		1214	1256	1320		1414		1515
Casnewydd / Newport	d	1150		1250	1343	1405		1509	1531	1614
Cwmbrân	d	1206		1306	1353	1415		1524	1545	1628
Pontypwl a New Inn / Pontypool & New Inn	d	1212		1311	1359				1551	
Y Fenni / Abergavenny	d	1222		1321	1408	1428		1537	1600	1641
Henffordd / Hereford	a	1250		1347	1435	1454		1604	1626	1706
Henffordd / Hereford	d	1252		1349	1435	1454		1604	1627	1707
Llanllieni / Leominster	d	1305		1403	1448	1507			1640	
Llwydlo / Ludlow	d	1317		1414	1459	1518		1626	1651	1729
Craven Arms	d		1444	1423	1508				1659	
Church Stretton	d		1457	1433					1708	
Amwythig / Shrewsbury	a	1347	1513	1449	1529	1553		1654	1722	1755
Amwythig / Shrewsbury	d	1349		1451	1533	1554		1624	1654	1731
Aberystwyth	a		1723						1920	
Wrecsam Cyffredinol / Wrexham General	a				1610					1808
Yorton	d						1633x			
Wem	d						1638			
Prees	d						1643x			
Yr Eglwys Wen / Whitchurch	d						1650			
Wrenbury	d						1656x			
Yr Heledd Wen / Nantwich	d						1702			
Crewe	a	1426		1526		1627		1712	1727	1829
Caer / Chester	a	1523		1623	1629			1755		1826
Cyffordd Llandudno / Llandudno Junction	a				1731			1857		1924
Bangor	a				1757			1916		1950
Caerdydd / Holyhead	a				1838			1955		2019
Runcorn	a	1502		1602		1702		1757	1802	1902
Lerpwl Lime Street / Liverpool Lime Street	a	1519		1623		1721		1815	1821	1921
Wilmslow	a	1450		1548		1649		1748		1849
Stockport	a	1502		1600		1700		1801		1900
Manceinion Piccadilly / Manchester Piccadilly	a	1515		1614		1717		1818		1916

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Caerdydd - Henffordd - Amwythig - Crewe - Manceinion										Dydd Sul
Cardiff - Hereford - Shrewsbury - Crewe - Manchester										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Aberdaugleddau / Milford Haven	d	1330					1531			
Aberystwyth Traws	d						1340		1640	
Caerfyrddin / Carmarthen Traws	a						1548		1848	
Caerfyrddin / Carmarthen	d	1434					1639			
Llanelli	d	1459	1558				1709			
Abertawe / Swansea	d	1531	1535	1652		1622	1737	1829		
Castell Nedd / Neath	d	1542		1703		1634	1748	1841		
Parcfordd Port Talbot Parkway	d	1549		1711		1641	1755	1849		
Pen-y-Bont ar Ogwr / Bridgend	d	1604		1726			1734	1810	1906	
Caerdydd Canolog / Cardiff Central	d	1640		1755		1805	1840	1940		2107
Llundain Paddington / London Paddington	d									
Reading	d			1846				2050		
Bryste Temple Meads / Bristol Temple Meads	d	1618		1720			1818	1855		2045
Casnewydd / Newport	d	1655		1810		1819a	1855	1956		2124
Cwmbrân	d	1709		1824			1909	2010		2134
Pontypwl a New Inn / Pontypool & New Inn	d	1715		1830				2016		2140
Y Fenni / Abergavenny	d	1725		1839			1922	2026		2149
Henffordd / Hereford	a	1750		1904			1948	2053		2215
Henffordd / Hereford	d	1753		1906			1950	2054		2219
Llanllieni / Leominster	d	1806		1919			2004	2108		2232
Llwydlo / Ludlow	d	1817		1931			2015	2119		2243
Craven Arms	d	1826	1900				2023	2129		2252
Church Stretton	d	1835	1913				2032	2138		2301
Amwythig / Shrewsbury	a	1850	1935	1959			2047	2156		2317
Amwythig / Shrewsbury	d	1824	1854	1959	2021		2050			2319
Aberystwyth	a		2122				2315			
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d	1833x			2030x					2328x
Wem	d	1838			2035					2333
Prees	d	1843x			2040x					2338x
Yr Eglwys Wen / Whitchurch	d	1850			2047					2345
Wrenbury	d	1856x			2053x					2351x
Yr Heledd Wen / Nantwich	d	1902			2059					2357
Crewe	a	1912	1925	2031	2109		2123			0007
Caer / Chester	a	1949	2012	2112	2148		2227			0034
Cyffordd Llandudno / Llandudno Junction	a	2107		2204	2256					
Bangor	a	2123		2220	2313					
Caerdybi / Holyhead	a	2154		2251	2354					
Runcorn	a	1954	2006	2106	2211					
Lerpwl Lime Street / Liverpool Lime Street	a	2012	2023	2123	2228					
Wilmslow	a		1949	2050			2152			
Stockport	a		2000	2101			2204			
Manceinion Piccadilly / Manchester Piccadilly	a		2015	2115			2219			













Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwyr ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

	TfW	TfW								
Aberdaugleddau / Milford Haven	d									
Aberystwyth Traws	d	1900								
Caerfyrddin / Carmarthen Traws	a	2 108								
Caerfyrddin / Carmarthen	d	2116								
Llanelli	d	2143								
Abertawe / Swansea	d	2210								
Castell Nedd / Neath	d	2221								
Parcfordd Port Talbot Parkway	d	2229								
Pen-y-Bont ar Ogwr / Bridgend	d	2245								
Caerdydd Canolog / Cardiff Central	d	2319								
Llundain Paddington / London Paddington	d									
Reading	d									
Bryste Temple Meads / Bristol Temple Meads	d	2247								
Casnewydd / Newport	d	2337								
Cwmbrân	d	2348								
Pontypwl a New Inn / Pontypool & New Inn	d	2354								
Y Fenni / Abergavenny	d	0004								
Henffordd / Hereford	a	0035								
Henffordd / Hereford	d									
Llanllieni / Leominster	d									
Llwydlo / Ludlow	d									
Craven Arms	d									
Church Stretton	d									
Amwythig / Shrewsbury	a	2232								
Amwythig / Shrewsbury	d	2235								
Aberystwyth	a									
Wrecsam Cyffredinol / Wrexham General	a									
Yorton	d									
Wem	d									
Prees	d									
Yr Eglwys Wen / Whitchurch	d									
Wrenbury	d									
Yr Heledd Wen / Nantwich	d									
Crewe	a	2306								
Caer / Chester	a	2333								
Cyffordd Llandudno / Llandudno Junction	a									
Bangor	a									
Caerdybi / Holyhead	a									
Runcorn	a	0006								
Lerpwl Lime Street / Liverpool Lime Street	a	0029								
Wilmslow	a									
Stockport	a									
Manceinion Piccadilly / Manchester Piccadilly	a									

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyro ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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	TfW	TfW	TfW	TfW	TfW MX	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d								0505	0555
Stockport	d									0603
Wilmslow	d									0611
Lerpwl Lime Street / Liverpool Lime Street 	d									0526
Runcorn	d									0543
Caerdybi / Holyhead 	d								0425	
Bangor	d								0457	
Cyffordd Llandudno / Llandudno Junction	d								0515	0438
Caer / Chester	d							0459	0620	0551
Crewe 	d					0450		0558		0640
Yr Heledd Wen / Nantwich	d					0458		0606		0647
Wrenbury	d								0612x	
Yr Eglwys Wen / Whitchurch	d					0509		0619		0659
Prees	d							0625x		
Wem	d					0518		0630		0709
Yorton	d							0635x		
Wrecsam Cyffredinol / Wrexham General	d								0635	
Aberystwyth	d									
Amwythig / Shrewsbury	a					0530		0646	0714	0725
Amwythig / Shrewsbury	d					0531	0610	0648	0717	
Church Stretton	d					0546	0626	0703		
Craven Arms	d					0554	0634	0711		
Llwydlo / Ludlow	d					0602	0643	0718	0743	
Llanllieni / Leominster	d					0612	0654	0730	0753	
Henffordd / Hereford 	a					0631	0710	0746	0810	
Henffordd / Hereford 	d					0432	0638	0710	0748	0810
Y Fenni / Abergavenny	d					0456	0701	0734	0812	0833
Pontypwl a New Inn / Pontypool & New Inn	d					0509	0712	0745	0822	0843
Cwmbrân	d					0516	0717	0750	0828	0848
Casnewydd / Newport	a					0535	0731	0801	0840	0900
Bryste Temple Meads / Bristol Temple Meads 	a						0657	0853		1016
Reading 	a						0547	0711		
Llundain Paddington / London Paddington 	a									
Caerdydd Canolog / Cardiff Central 	a					0604	0747	0818	0856	0917
Pen-y-Bont ar Ogwr / Bridgend	a					0658	0810	0900	0920	1000
Parcfordd Port Talbot Parkway	a					0715	0825	0914	0935	
Castell Nedd / Neath	a					0728	0836	0921	0945	
Abertawe / Swansea	a					0747	0853	0933	1002	
Llanelli	a					0812	0927		1024	
Caerfyrddin / Carmarthen	a					0844	0958		1054	
Caerfyrddin / Carmarthen Traws 	d	0615	0705	0805	0905				1105	
Aberystwyth Traws 	a	0824	0924	1024	1124				1324	
Aberdaugleddau / Milford Haven	a						1103			

Nodiadau

MX Dydd Mawrth i ddydd Gwener

Notes

MX Tuesday to Friday

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
		I	J		D					
Manceinion Piccadilly / Manchester Piccadilly 10	d 0630		0643	0731		0831	0931		1031	
Stockport	d 0639		0652	0739		0839	0939		1039	
Wilmslow	d 0647		0659	0747		0847	0947		1047	
Lerpwl Lime Street / Liverpool Lime Street 10	d 0610			0705		0805	0908		1005	
Runcorn	d 0627			0723		0825	0927		1026	
Caerdybi / Holyhead 20	d	0533		0551	0625	0655		0805	0855	0855
Bangor	d	0600		0618	0704	0722		0855	0922	0922
Cyffordd Llandudno / Llandudno Junction	d	0621		0636	0726	0740		0925	0940	0940
Caer / Chester	d	0716	0645	0735	0820	0835	0853	1021	1035	1035
Crewe 10	d 0709		0734	0810		0909	1009		1109	1120
Yr Heledd Wen / Nantwich	d 0717		0742			0917				1128
Wrenbury	d		0748x							1135x
Yr Eglwys Wen / Whitchurch	d		0756			0928				1143
Prees	d		0802x							1149x
Wem	d		0808			0937				1155
Yorton	d		0813x							1201x
Wrecsam Cyffredinol / Wrexham General	d	0735			0835			1035		
Aberystwyth	d 0526		0629			0728			0929	
Amwythig / Shrewsbury	a 0743	0806	0824	0841	0913	0949	1039	1113	1139	1213
Amwythig / Shrewsbury	d 0744	0807	0833	0843	0915	0951	1040	1116	1140	
Church Stretton	d 0759			0858	0930		1055		1155	
Craven Arms	d 0807			0906	0938		1103	1136		
Llwydlo / Ludlow	d 0815	0836		0913	0945	1017	1110	1143	1209	
Llanllieni / Leominster	d 0826			0924		1028	1121		1219	
Henffordd / Hereford 7	a 0842	0859		0943	1010	1043	1137	1207	1236	
Henffordd / Hereford 7	d 0844	0901		0944	1010	1047	1145	1209	1239	
Y Fenni / Abergavenny	d 0907			1007	1033	1110	1209	1232	1302	
Pontypwl a New Inn / Pontypool & New Inn	d 0918			1016	1043			1242		
Cwmbrân	d 0924			1021	1048	1123	1222	1247	1315	
Casnewydd / Newport	a 0938	0943		1032	1100	1137	1237	1258	1328	
Bryste Temple Meads / Bristol Temple Meads 10	a 1050			1117	1150	1215	1316		1417	
Reading 7	a 1118			1215	1011	1314	1416		1515	
Llundain Paddington / London Paddington 15	a 1144			1240		1341	1444		1541	
Caerdydd Canolog / Cardiff Central 7	a 0959	0958		1047	1116	1150	1253	1314	1342	
Pen-y-Bont ar Ogwr / Bridgend	a 1026	1058		1108	1149	1214	1316		1404	
Parcfordd Port Talbot Parkway	a 1038			1123	1215	1226	1331		1416	
Castell Nedd / Neath	a 1045			1134	1222	1235	1341		1424	
Abertawe / Swansea	a 1059			1150	1235	1248	1357		1437	
Llanelli	a 1128			1215		1314	1419		1516	
Caerfyrddin / Carmarthen	a 1154			1245		1340	1449		1542	
Caerfyrddin / Carmarthen Traws	d			1305		1405	1505		1605	
Aberystwyth Traws	a			1524		1624	1724		1824	
Aberdaugleddau / Milford Haven	a 1300					1445			1643	

Nodiadau













J I Birmingham Rhyngwladol
 D I Maesteg

Notes

J To Birmingham International
 D To Maesteg

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
 Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.
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Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.
 Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd						Dydd Llun i ddydd Gwener				
Manchester - Crewe - Shrewsbury - Hereford - Cardiff						Mondays to Fridays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d	1131		1231			1331	1431		1531
Stockport	d	1139		1239			1339	1439		1539
Wilmslow	d	1147		1247			1347	1447		1547
Lerpwl Lime Street / Liverpool Lime Street 	d	1105		1205			1308	1407		1505
Runcorn	d	1124		1227			1326	1425		1524
Caerdybi / Holyhead 	d		1041			1133		1253		1357
Bangor	d		1110			1200		1322		1425
Cyffordd Llandudno / Llandudno Junction	d		1128			1218		1340		1443
Caer / Chester	d	1135	1221			1316	1335	1435		1535
Crewe 	d	1209		1310	1320		1409	1509	1522	1609
Yr Heledd Wen / Nantwich	d				1328		1418		1530	1618
Wrenbury	d				1335x				1537x	
Yr Eglwys Wen / Whitchurch	d				1343		1429		1545	1629
Prees	d				1349x				1551x	
Wem	d				1355				1557	1637
Yorton	d				1401x				1603x	
Wrecsam Cyffredinol / Wrexham General	d		1239			1330				1637
Aberystwyth	d			1128				1329		
Amwythig / Shrewsbury	a	1239	1317	1340	1413	1416	1449	1539	1614	1649
Amwythig / Shrewsbury	d	1240	1317	1340		1418	1451	1540		1651
Church Stretton	d	1255	1332	1355			1506	1555		1706
Craven Arms	d	1303	1340	1403			1514	1603		1714
Llwydlo / Ludlow	d	1310	1348	1411			1521	1610		1721
Llanllieni / Leominster	d	1321		1421			1532	1621		1732
Henffordd / Hereford 	a	1337	1412	1437		1507	1550	1637		1750
Henffordd / Hereford 	d	1339	1413	1438		1510	1551	1638		1751
Y Fenni / Abergavenny	d	1402	1436	1501		1532	1614	1701		1814
Pontypwl a New Inn / Pontypool & New Inn	d	1412					1624	1711		1824
Cwmbrân	d	1417		1514		1546	1629	1717		1829
Casnewydd / Newport	a	1429	1457	1529		1559	1640	1729		1840
Bryste Temple Meads / Bristol Temple Meads 	a	1515		1615		1714	1749	1815		1950
Reading 	a	1616		1717			1611	1641		1741
Llundain Paddington / London Paddington 	a	1641		1742			1844	1944		
Caerdydd Canolog / Cardiff Central 	a	1444	1510	1544		1615	1700	1743		1857
Pen-y-Bont ar Ogwr / Bridgend	a	1506	1532	1606		1657	1728	1806		1925
Parcffordd Port Talbot Parkway	a	1518	1548	1618			1743	1821		1941
Castell Nedd / Neath	a	1525		1626			1755	1828		1952
Abertawe / Swansea	a	1539		1639			1811	1842		2010
Llanelli	a	1602	1627	1701			1834	1905		2032
Caerfyrddin / Carmarthen	a	1634		1732			1905	1931		2058
Caerfyrddin / Carmarthen Traws 	d			1805						
Aberystwyth Traws 	a			2024						
Aberdaugleddau / Milford Haven	a			1836				2036		

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
				1	FO	FX	FO	FX			
Manceinion Piccadilly / Manchester Piccadilly 10	d	1631		1731		1831	1831	1931	1931	2031	2135
Stockport	d	1639		1739		1839	1839	1939	1939	2039	2145
Wilmslow	d	1647		1749		1847	1847	1947	1947	2048	2152
Lerpwl Lime Street / Liverpool Lime Street 10	d	1605		1705		1805	1747	1911	1847		2048
Runcorn	d	1623		1723		1827	1804	1929	1903		2104
Caergybi / Holyhead 20	d	1450			1636						
Bangor	d	1517			1703						2020
Cyffordd Llandudno / Llandudno Junction	d	1535			1721						2038
Caer / Chester	d	1635		1735	1822	1754					2135
Crewe 10	d	1710	1720	1812		1909	1909	2011	2011	2120	2213
Yr Heledd Wen / Nantwich	d		1728	1820		1918	1918	2019	2019	2128	2221
Wrenbury	d		1735x			1924x	1924x			2134x	2226x
Yr Eglwys Wen / Whitchurch	d		1743	1831		1930	1930	2030	2030	2141	2234
Prees	d		1750x			1936x	1936x			2147x	2239x
Wem	d		1756	1840		1941	1941	2038	2038	2152	2245
Yorton	d		1801x			1946x	1946x			2157x	2249x
Wrecsam Cyffredinol / Wrexham General	d				1837						
Aberystwyth	d	1529			1727			1831		1929	
Amwythig / Shrewsbury	a	1739	1814	1851	1921	1957	1957	2049	2049	2208	2302
Amwythig / Shrewsbury	d	1741		1853	1925	1957	1957	2052	2052	2209	
Church Stretton	d	1756		1908	1940	2012	2012	2107	2107	2224	
Craven Arms	d	1804		1916	1949	2020	2020	2115	2115	2232	
Llwydlo / Ludlow	d	1811		1923	1959	2028	2028	2122	2122	2239	
Llanllieni / Leominster	d	1822		1934		2038	2038	2133	2133	2250	
Henffordd / Hereford 7	a	1839		1949	2023	2055	2055	2149	2149	2310	
Henffordd / Hereford 7	d	1840		1951	2024	2055	2055	2154	2154	2311	
Y Fenni / Abergavenny	d	1903		2014	2047	2123	2123	2217	2217	2334	
Pontypwl a New Inn / Pontypool & New Inn	d	1913		2024		2133	2133			2344	
Cwmbrân	d	1918		2029	2101	2139	2139	2229	2229	2349	
Casnewydd / Newport	a	1931		2041	2114	2151	2151	2241	2244	0002	
Bryste Temple Meads / Bristol Temple Meads 10	a	2055		2150	2220	2303	2303				
Reading 7	a	1842		1941		2111	2111	2211		2317	
Llundain Paddington / London Paddington 15	a										
Caerdydd Canolog / Cardiff Central 7	a	1945		2101	2128	2208	2211	2255	2306	0022	
Pen-y-Bont ar Ogwr / Bridgend	a	2007		2128	2201	2241	2246	2347	0012	0121	
Parcfordd Port Talbot Parkway	a	2019		2145	2215	2253	2258	0003	0026	0144	
Castell Nedd / Neath	a	2026		2153	2222	2300	2330	0016	0033	0152	
Abertawe / Swansea	a	2041		2208	2235	2314	2343	0034	0046	0205	
Llanelli	a	2103		2244		2336	2329	0109			
Caerfyrddin / Carmarthen	a	2134		2318		0011	0004	0142			
Caerfyrddin / Carmarthen Traws 15	d										
Aberystwyth Traws 15	a										
Aberdaugleddau / Milford Haven	a	2246		0020							

Nodiadau



FO Dydd Gwener yn unig
 FX Dydd Llun i ddydd Iau

Notes

FO Friday only
 FX Monday to Thursday

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.
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	TfW	TfW							
Manceinion Piccadilly / Manchester Piccadilly 	d	2234							
Stockport	d	2243							
Wilmslow	d	2250							
Lerpwl Lime Street / Liverpool Lime Street 	d								
Runcorn	d								
Caerdybi / Holyhead 	d	2032							
Bangor	d	2100							
Cyffordd Llandudno / Llandudno Junction	d	2129							
Caer / Chester	d	2230							
Crewe 	d	2314							
Yr Heledd Wen / Nantwich	d	2322							
Wrenbury	d	2327x							
Yr Eglwys Wen / Whitchurch	d	2335							
Prees	d	2340x							
Wem	d	2346							
Yorton	d	2350x							
Wrecsam Cyffredinol / Wrexham General	d								
Aberystwyth	d								
Amwythig / Shrewsbury	a	0001							
Amwythig / Shrewsbury	d	2309							
Church Stretton	d	2325							
Craven Arms	d	2333							
Llwydlo / Ludlow	d	2342							
Llanllieni / Leominster	d	2353							
Henffordd / Hereford 	a	0009							
Henffordd / Hereford 	d	0010							
Y Fenni / Abergavenny	d	0034							
Pontypwl a New Inn / Pontypool & New Inn	d	0044							
Cwmbrân	d	0049							
Casnewydd / Newport	a	0102							
Bryste Temple Meads / Bristol Temple Meads 	a								
Reading 	a								
Llundain Paddington / London Paddington 	a								
Caerdydd Canolog / Cardiff Central 	a	0123							
Pen-y-Bont ar Ogwr / Bridgend	a								
Parcfordd Port Talbot Parkway	a								
Castell Nedd / Neath	a								
Abertawe / Swansea	a								
Llanelli	a								
Caerfyrddin / Carmarthen	a								
Caerfyrddin / Carmarthen Traws 	d								
Aberystwyth Traws 	a								
Aberdaugleddau / Milford Haven	a								

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.
Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.













Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sadwrn		
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Saturdays		
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d							05 11			0630	
Stockport	d										0639	
Wilmslow	d										0647	
Lerpwl Lime Street / Liverpool Lime Street 	d										0609	
Runcorn	d										0626	
Caerdybi / Holyhead 	d									0425		
Bangor	d									0457		
Cyffordd Llandudno / Llandudno Junction	d									05 17		
Caer / Chester	d							0455	06 17			0639
Crewe 	d						0454	0555		0709	0720	
Yr Heledd Wen / Nantwich	d						0502	0603		07 18	0728	
Wrenbury	d							0609x				0736x
Yr Eglwys Wen / Whitchurch	d						05 13	06 16		0729	0743	
Prees	d							0622x				0749x
Wem	d						0522	0627		0737	0755	
Yorton	d							0632x				0800x
Wrecsam Cyffredinol / Wrexham General	d									0632		
Aberystwyth	d											0529
Amwythig / Shrewsbury	a						0535	0643	07 10	0750	0809	
Amwythig / Shrewsbury	d						0540	0645	07 18	0752		
Church Stretton	d						0555	0700		0807		
Craven Arms	d						0603	0708		08 15		
Llwydlo / Ludlow	d						0610	0715	0744	0822		
Llanllieni / Leominster	d						0621	0726	0755	0833		
Henffordd / Hereford 	a						0637	0743	08 11	0850		
Henffordd / Hereford 	d						05 19	0647	0744	08 14	085 1	
Y Fenni / Abergavenny	d						0543	0710	0807	0837	0914	
Pontypwl a New Inn / Pontypool & New Inn	d						0554	0720	08 17	0848	0924	
Cwmbrân	d						0559	0725	0823	0853	0929	
Casnewydd / Newport	a						06 10	0737	0836	0905	0940	
Bryste Temple Meads / Bristol Temple Meads 	a						07 19	0852	09 17	10 18	1050	
Reading 	a											0911
Llundain Paddington / London Paddington 	a											
Caerdydd Canolog / Cardiff Central 	a						0626	075 1	0856	0920	0959	
Pen-y-Bont ar Ogwr / Bridgend	a						0703	08 15	09 19	0949	1020	
Parcfordd Port Talbot Parkway	a						07 18	0830	0933		1032	
Castell Nedd / Neath	a						0729	0838	0945		1039	
Abertawe / Swansea	a						0747	085 1	1002		1054	
Llanelli	a						08 11	092 1	1023		1125	
Caerfyrddin / Carmarthen	a						0844	0952	1052		115 1	
Caerfyrddin / Carmarthen Traws 	d	06 15	0705	0805	0905					1105		
Aberystwyth Traws 	a	0824	0924	1024	1124					1324		
Aberdaugleddau / Milford Haven	a							1059			1256	

Nodiadau

D I Maesteg

Notes

D To Maesteg



Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sadwrn
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Saturdays
	TfW	TfW D	TfW	TfW	TfW D	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d	0731		0830	0931		1031		1131	1231
Stockport	d	0740		0839	0939		1039		1139	1239
Wilmslow	d	0747		0847	0947		1047		1147	1246
Lerpwl Lime Street / Liverpool Lime Street 	d	0716		0807	0906		1005		1105	1205
Runcorn	d	0733		0825	0927		1026		1126	1227
Caerdybi / Holyhead 	d		0631	0652	0755	0816	0855			1030
Bangor	d		0703	0720	0822	0855	0922			1102
Cyffordd Llandudno / Llandudno Junction	d		0722	0738	0840	0921	0940			1122
Caer / Chester	d		0820	0836	0935	1020	1035			1221 1154
Crewe 	d	0810		0910	1010		1110	1120	1210	1308
Yr Heledd Wen / Nantwich	d	0818						1131	1218	
Wrenbury	d							1138x		
Yr Eglwys Wen / Whitchurch	d	0829						1146	1229	
Prees	d							1153x		
Wem	d							1159		
Yorton	d							1204x		
Wrecsam Cyffredinol / Wrexham General	d		0835			1035				1235
Aberystwyth	d			0729			0929			1129
Amwythig / Shrewsbury	a	0848	0913	0939	1040	1113	1140	1215	1249	1313 1337
Amwythig / Shrewsbury	d	0852	0917	0941	1040	1116	1141	1215	1254	1316 1341
Church Stretton	d	0907		0956	1055		1156		1309	1331
Craven Arms	d	0916		1004	1103		1204		1317	1339
Llwydlo / Ludlow	d	0924	0945	1011	1111	1142	1211		1324	1346 1407
Llanllieni / Leominster	d	0935		1022	1121		1222		1335	1417
Henffordd / Hereford 	a	0950	1009	1038	1137	1208	1237		1352	1411 1433
Henffordd / Hereford 	d	0952	1011	1040	1139	1209	1239		1352	1414 1433
Y Fenni / Abergavenny	d	1015	1034	1103	1203	1232	1302		1416	1438 1456
Pontypwl a New Inn / Pontypool & New Inn	d		1044			1242				1448
Cwmbrân	d	1028	1049	1115	1215	1247	1315		1428	1454 1509
Casnewydd / Newport	a	1039	1100	1128	1229	1258	1329		1440	1505 1522
Bryste Temple Meads / Bristol Temple Meads 	a	1117	1149	1216	1312		1417		1550	1617
Reading 	a		1011						1618	
Llundain Paddington / London Paddington 	a								1644	
Caerdydd Canolog / Cardiff Central 	a	1054	1116	1154	1255	1316	1354		1455	1526 1538
Pen-y-Bont ar Ogwr / Bridgend	a	1117	1147	1224	1318	1345	1423		1525	1606 1600
Parcffordd Port Talbot Parkway	a	1133	1212	1235	1332		1436		1537	1615
Castell Nedd / Neath	a	1145	1219	1242	1344		1443		1544	1622
Abertawe / Swansea	a	1201	1232	1256	1401		1456		1558	1635
Llanelli	a	1223		1319	1423		1520		1621	1658
Caerfyrddin / Carmarthen	a	1253		1345	1452		1546		1655	1729
Caerfyrddin / Carmarthen Traws 	d	1305		1405	1505		1605			
Aberystwyth Traws 	a	1524		1624	1724		1824			
Aberdaugleddau / Milford Haven	a			1456			1650			1833

Nodiadau

D I Maesteg

Notes

D To Maesteg













Manceinion - Crewe - Amwythig - Henffordd - Caerdydd								Dydd Sadwrn		
Manchester - Crewe - Shrewsbury - Hereford - Cardiff								Saturdays		
	TfW	TfW	TfW	TfW D	TfW	TfW	TfW G	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d		133 1		143 1		153 1		163 1	
Stockport	d		1339		1439		1539		1639	
Wilmslow	d		1347		1447		1547		1647	
Lerpwl Lime Street / Liverpool Lime Street 	d		1305		1405		1506		1606	
Runcorn	d		1325		1425		1526		1625	
Caerdybi / Holyhead 	d				1237		1358	1427		
Bangor	d				1304		1425	1455		
Cyffordd Llandudno / Llandudno Junction	d				1322		1443	1520		
Caer / Chester	d				1420	1435	1535	16 19		
Crewe 	d	1320	14 10		15 10	1520	16 10		17 10	1720
Yr Heledd Wen / Nantwich	d	1328	14 18			1528	16 18		17 18	1728
Wrenbury	d	1335x				1535x				1735x
Yr Eglwys Wen / Whitchurch	d	1343	1429			1543	1629		1728	1743
Prees	d	1349x				1549x				1749x
Wem	d	1355				1555				1755
Yorton	d	140 1x				160 1x				180 1x
Wrecsam Cyffredinol / Wrexham General	d				1434			1634		
Aberystwyth	d					1329			1529	
Amwythig / Shrewsbury	a	14 13	1448	15 12	154 1	16 13	1648	17 12	1746	18 13
Amwythig / Shrewsbury	d		1452	15 15	1547		1652	17 16	1747	
Church Stretton	d		1507		1602		1707		1802	
Craven Arms	d		15 15		16 10		17 15		18 10	
Llwydlo / Ludlow	d		1523	154 1	16 17		1722	1742	18 17	
Llanllieni / Leominster	d		1533		1628		1733		1828	
Henffordd / Hereford 	a		1549	1605	1644		1750	1806	1846	
Henffordd / Hereford 	d		1549	1606	1647		1750	1807	1848	
Y Fenni / Abergavenny	d		16 12	1629	17 10		18 13	1830	19 11	
Pontypwl a New Inn / Pontypool & New Inn	d			1639	1720		1823	1840	192 1	
Cwmbrân	d		1625	1644	1726		1828	1845	1926	
Casnewydd / Newport	a	1537d	1637	1655	1739		184 1	1856	1938	
Bryste Temple Meads / Bristol Temple Meads 	a	1649	1750		1850				20 17	
Reading 	a			1611				18 11	184 1	
Llundain Paddington / London Paddington 	a									
Caerdydd Canolog / Cardiff Central 	a	1553	1657	17 10	1756		1858	19 11	1957	
Pen-y-Bont ar Ogwr / Bridgend	a	1623	1725	1742	1824		1923	1938	202 1	
Parcffordd Port Talbot Parkway	a	1638	1739	18 11	1839		1939	20 14	2033	
Castell Nedd / Neath	a	1646	175 1	18 19	1847		195 1	202 1	2054	
Abertawe / Swansea	a	1659	1807	1832	1900		2009	2034	2 107	
Llanelli	a	1722	1830		1924		2032		2 103	
Caerfyrddin / Carmarthen	a	1753	190 1		1950		2058		2 135	
Caerfyrddin / Carmarthen Traws 	d	1805								
Aberystwyth Traws 	a	2024								
Aberdaugleddau / Milford Haven	a				2059				2300	













Nodiadau

D I Maesteg
G I Doc Penfro

Notes

D To Maesteg
G To Pembroke Dock

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd								Dydd Sadwrn			
Manchester - Crewe - Shrewsbury - Hereford - Cardiff								Saturdays			
	TfW	TfW	TfW	TfW	TfW	TfW	TfW				
Manceinion Piccadilly / Manchester Piccadilly 	d	1731		1831	1931	2031	2133	2235			
Stockport	d	1739		1839	1940	2039	2143	2245			
Wilmslow	d	1747		1847	1947	2047	2153	2253			
Lerpwl Lime Street / Liverpool Lime Street 	d	1706		1806	1913	2004		2216			
Runcorn	d	1726		1823	1930	2022					
Caerdybi / Holyhead 	d		1648			1825		2035			
Bangor	d		1715			1904		2102			
Cyffordd Llandudno / Llandudno Junction	d		1735			1929		2133			
Caer / Chester	d		1833		1937	2035		2231			
Crewe 	d	1811		1911	2010	2110	2213	2314			
Yr Heledd Wen / Nantwich	d	1819		1919	2018	2118	2221	2322			
Wrenbury	d			1925x		2124x	2226x	2328x			
Yr Eglwys Wen / Whitchurch	d	1830		1932	2029	2131	2234	2335			
Prees	d			1938x		2137x	2239x	2341x			
Wem	d			1943	2038	2142	2245	2346			
Yorton	d			1948x		2147x	2249x	2351x			
Wrecsam Cyffredinol / Wrexham General	d		1848								
Aberystwyth	d		1728		1831	1929					
Amwythig / Shrewsbury	a	1850	1926	1958	2050	2159	2301	0005			
Amwythig / Shrewsbury	d	1854	1927	1959	2053	2203					
Church Stretton	d	1909	1942	2014	2108	2218					
Craven Arms	d	1917	1950	2022	2116	2226					
Llwydlo / Ludlow	d	1924	1957	2029	2123	2233					
Llanllieni / Leominster	d	1935		2040	2134	2244					
Henffordd / Hereford 	a	1951	2023	2056	2150	2259					
Henffordd / Hereford 	d	1952	2027	2057	2153	2301					
Y Fenni / Abergavenny	d	2015	2050	2120	2216	2324					
Pontypwl a New Inn / Pontypool & New Inn	d	2025		2130	2227	2334					
Cwmbrân	d	2030	2102	2135	2232	2339					
Casnewydd / Newport	a	2041	2114	2146	2247	2350					
Bryste Temple Meads / Bristol Temple Meads 	a	2151		2301	2341						
Reading 	a	1941									
Llundain Paddington / London Paddington 	a										
Caerdydd Canolog / Cardiff Central 	a	2100	2130	2205	2310	0014					
Pen-y-Bont ar Ogwr / Bridgend	a	2131		2235							
Parcfordd Port Talbot Parkway	a	2145		2247							
Castell Nedd / Neath	a	2152		2254							
Abertawe / Swansea	a	2205		2307							
Llanelli	a			2329							
Caerfyrddin / Carmarthen	a			0004							
Caerfyrddin / Carmarthen Traws 	d										
Aberystwyth Traws 	a										
Aberdaugleddau / Milford Haven	a										


	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d				0827	H		0930	1031	
Stockport	d				0835			0941	1040	
Wilmslow	d				0822			0948	1048	
Lerpwl Lime Street / Liverpool Lime Street 	d				0838				1012	
Runcorn	d				0854				1029	
Caerdybi / Holyhead 	d									
Bangor	d									
Cyffordd Llandudno / Llandudno Junction	d									
Caer / Chester	d				0838			0939	0957	
Crewe 	d				0921			1014	1111	
Yr Heledd Wen / Nantwich	d				0929			1022		
Wrenbury	d				0936x					
Yr Eglwys Wen / Whitchurch	d				0944			1033		
Prees	d				0950x					
Wem	d				0956			1042		
Yorton	d				1002x					
Wrecsam Cyffredinol / Wrexham General	d									
Aberystwyth	d								0929	
Amwythig / Shrewsbury	a				1014			1054	1142	
Amwythig / Shrewsbury	d		0750					1105	1146	1204
Church Stretton	d		0815					1121		1222
Craven Arms	d		0835					1129		1232
Llwydlo / Ludlow	d		0855					1138	1213	
Llanllieni / Leominster	d		0920					1149	1224	
Henffordd / Hereford 	a		0950					1205	1240	
Henffordd / Hereford 	d					1006		1214	1242	
Y Fenni / Abergavenny	d					1030		1237	1306	
Pontypwl a New Inn / Pontypool & New Inn	d					1040		1247	1316	
Cwmbrân	d					1045		1253	1322	
Casnewydd / Newport	a			0930d		1057		1304	1333	
Bryste Temple Meads / Bristol Temple Meads 	a						1210	1349	1452	
Reading 	a							1207		
Llundain Paddington / London Paddington 	a									
Caerdydd Canolog / Cardiff Central 	a				0949		1111	1318	1351	
Pen-y-Bont ar Ogwr / Bridgend	a				1022		1134	1340	1426	
Parcfordd Port Talbot Parkway	a				1038		1147	1356	1441	
Castell Nedd / Neath	a				1046		1155	1402	1448	
Abertawe / Swansea	a				1100		1208	1418	1503	1602
Llanelli	a				1124		1231	1454	1545	1536
Caerfyrddin / Carmarthen	a				1159		1304	1529	1611	1724
Caerfyrddin / Carmarthen Traws 	d	0810	1110					1410	1640	
Aberystwyth Traws 	a	1018	1318					1618	1848	
Aberdaugleddau / Milford Haven	a				1303				1713	

Nodiadau







H I Porthladd Abergwaun

Notes

H To Fishguard Harbour













Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri  Information/Gwybodaeth yn y gorsafoedd i weld lle bydd y bysiau'n aros

Shaded routes indicate replacement bus services. Please see  Information/Gwybodaeth posters at stations for bus pick up point

Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sul
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d	1020	1130		1232		1330	1431		1530
Stockport	d	1029	1143		1243		1340	1441		1540
Wilmslow	d	1037	1151		1250		1348	1449		1548
Lerpwl Lime Street / Liverpool Lime Street 	d	1038								
Runcorn	d	1054								
Caerdybi / Holyhead 	d	0849	0938	1020			1150			1351
Bangor	d	0917	1005	1059			1217			1418
Cyffordd Llandudno / Llandudno Junction	d	0937	1023	1123			1235			1436
Caer / Chester	d	1039	1128	1229	1223		1330	1422		1533
Crewe 	d	1125	1213		1313	1321	1412	1512	1521	1613
Yr Heledd Wen / Nantwich	d	1133				1329			1529	
Wrenbury	d	1140x				1336x			1536x	
Yr Eglwys Wen / Whitchurch	d	1148				1344			1544	
Prees	d	1154x				1350x			1550x	
Wem	d	1200				1356			1556	
Yorton	d	1206x				1402x			1602x	
Wrecsam Cyffredinol / Wrexham General	d			1244						
Aberystwyth	d		1029	1129				1329		
Amwythig / Shrewsbury	a	1218	1243	1322	1346	1414	1447	1548	1614	1643
Amwythig / Shrewsbury	d		1245	1325	1350		1450	1550		1620 1645
Church Stretton	d			1340			1506			1639 1700
Craven Arms	d			1348			1514			1649 1708
Llwydlo / Ludlow	d		1312	1356	1418		1523	1620		1716
Llanllieni / Leominster	d		1324	1407	1429		1534	1631		1727
Henffordd / Hereford 	a		1339	1422	1445		1550	1648		1742
Henffordd / Hereford 	d		1342	1423	1447		1550	1648		1743
Y Fenni / Abergavenny	d		1405	1446	1510		1614	1713		1806
Pontypwl a New Inn / Pontypool & New Inn	d		1415	1456			1625			1816
Cwmbrân	d		1420	1501	1523		1630	1726		1821
Casnewydd / Newport	a		1432	1512	1537		1641	1739		1835
Bryste Temple Meads / Bristol Temple Meads 	a		1510		1644		1725	1831		1950
Reading 	a				1507		1607	1707		
Llundain Paddington / London Paddington 	a						1850			
Caerdydd Canolog / Cardiff Central 	a		1448	1528	1555		1657	1754	2137	1853
Pen-y-Bont ar Ogwr / Bridgend	a		1510		1622		1728	1827	2114	1923
Parcfordd Port Talbot Parkway	a		1525		1637		1744	1843	2059	1938
Castell Nedd / Neath	a		1533		1645		1751	1851	2051	1945
Abertawe / Swansea	a		1548		1659		1808	1906	2026	2001
Llanelli	a				1723			1936		2002
Caerfyrddin / Carmarthen	a				1750			2006		2207
Caerfyrddin / Carmarthen Traws 	d									
Aberystwyth Traws 	a									
Aberdaugleddau / Milford Haven	a				1907			2115		2310

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arllwyr ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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Manceinion - Crewe - Amwythig - Henffordd - Caerdydd										Dydd Sul
Manchester - Crewe - Shrewsbury - Hereford - Cardiff										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Manceinion Piccadilly / Manchester Piccadilly 	d	1630		1730		1830		1930	2031	2135
Stockport	d	1640		1740		1840		1940	2040	2147
Wilmslow	d	1648		1748		1848		1948	2048	2157
Lerpwl Lime Street / Liverpool Lime Street 	d								1947	2047
Runcorn	d								2004	2103
Caerdybi / Holyhead 	d			1530	1625			1729	1826	
Bangor	d			1557	1704			1756	1906	
Cyffordd Llandudno / Llandudno Junction	d			1625	1725			1822	1924	
Caer / Chester	d	1622		1723	1826			1927	2037	2053
Crewe 	d	1713	1726	1813		1913	1918	2012	2111	2145 2217a
Yr Heledd Wen / Nantwich	d		1734				1926		2118	2153
Wrenbury	d		1741x				1933x		2123x	2200x
Yr Eglwys Wen / Whitchurch	d		1749				1941		2131	2208
Prees	d		1755x				1947x		2137x	2214x
Wem	d		1801				1953		2142	2220
Yorton	d		1807x				1959x		2147x	2226x
Wrecsam Cyffredinol / Wrexham General	d				1841					
Aberystwyth	d	1527				1727				
Amwythig / Shrewsbury	a	1743	1819	1842	1920	1946	2011	2047	2156	2238
Amwythig / Shrewsbury	d	1746		1845	1922	1946		2049	2204	
Church Stretton	d			1900	1938			2105	2220	
Craven Arms	d			1908	1946			2113	2228	
Llwydlo / Ludlow	d	1814		1916	1954	2014		2122	2236	
Llanllieni / Leominster	d	1824			2004	2024		2133	2246	
Henffordd / Hereford 	a	1842		1940	2019	2040		2148	2302	
Henffordd / Hereford 	d	1843		1940	2022	2041		2149	2305	
Y Fenni / Abergavenny	d	1906		2004	2045	2104		2213	2328	
Pontypwl a New Inn / Pontypool & New Inn	d	1916			2056			2224	2338	
Cwmbrân	d	1922		2016	2101	2117		2229	2343	
Casnewydd / Newport	a	1934		2028	2113	2127		2240	2356	
Bryste Temple Meads / Bristol Temple Meads 	a	2010			2219					
Reading 	a				2007			2206		
Llundain Paddington / London Paddington 	a									
Caerdydd Canolog / Cardiff Central 	a	1951		2046	2130	2144		2257	0017	
Pen-y-Bont ar Ogwr / Bridgend	a	2015		2111	2154	2209		2320		
Parcfordd Port Talbot Parkway	a	2030		2126	2208	2224		2336		
Castell Nedd / Neath	a	2037		2134	2216	2231		2345		
Abertawe / Swansea	a	2052		2149	2229	2246		2359		
Llanelli	a					2309				
Caerfyrddin / Carmarthen	a					2342				
Caerfyrddin / Carmarthen Traws 	d									
Aberystwyth Traws 	a									
Aberdaugleddau / Milford Haven	a									

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	TfW	TfW												
Manceinion Piccadilly / Manchester Piccadilly 	d	2235												
Stockport	d													
Wilmslow	d	2250												
Lerpwl Lime Street / Liverpool Lime Street 	d													
Runcorn	d													
Caerdybi / Holyhead 	d	2033												
Bangor	d	2112												
Cyffordd Llandudno / Llandudno Junction	d	2139												
Caer / Chester	d	2302												
Crewe 	d	2313a	2330											
Yr Heledd Wen / Nantwich	d		2338											
Wrenbury	d		2344x											
Yr Eglwys Wen / Whitchurch	d		2351											
Prees	d		2357x											
Wem	d		0002											
Yorton	d		0007x											
Wrecsam Cyffredinol / Wrexham General	d													
Aberystwyth	d													
Amwythig / Shrewsbury	a		0017											
Amwythig / Shrewsbury	d													
Church Stretton	d													
Craven Arms	d													
Llwydlo / Ludlow	d													
Llanllieni / Leominster	d													
Henffordd / Hereford 	a													
Henffordd / Hereford 	d													
Y Fenni / Abergavenny	d													
Pontypwl a New Inn / Pontypool & New Inn	d													
Cwmbrân	d													
Casnewydd / Newport	a													
Bryste Temple Meads / Bristol Temple Meads 	a													
Reading 	a													
Llundain Paddington / London Paddington 	a													
Caerdydd Canolog / Cardiff Central 	a													
Pen-y-Bont ar Ogwr / Bridgend	a													
Parcfordd Port Talbot Parkway	a													
Castell Nedd / Neath	a													
Abertawe / Swansea	a													
Llanelli	a													
Caerfyrddin / Carmarthen	a													
Caerfyrddin / Carmarthen Traws 	d													
Aberystwyth Traws 	a													
Aberdaugleddau / Milford Haven	a													

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Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.

This information was correct at the time of publication.

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Nodiadau safonol

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Amser cyrraedd

Amser ymadael

Yn aros i ollwng teithwyr yn unig

Yn aros i godi teithwyr yn unig

Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocyntwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr

Amser cysylltu a argymhellir

Yn parhau mewn colofn ddiweddarach

Parhad o golofn gynharach

Great Western Railway

West Midlands Trains

Trafnidiaeth Cymru

Avanti West Coast

Northern

Cross Country

Standard notes

Times in **red type** indicate connecting services.

a Arrival time

d Departure time

s Stops to set down only

u Stops to pick up only

x Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver

10 Recommended connecting time

↳ Continued in later column

← Continued from earlier column

GW Great Western Railway

LM West Midlands Trains

TfW Transport for Wales

VT Avanti West Coast

NT Northern

XC Cross Country