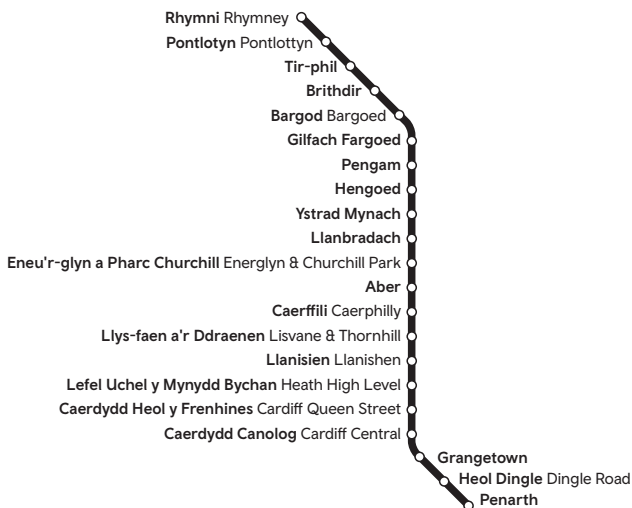


# Amserau Trenau | Train Times

15 Mai 2022 - 31 Gorffennaf 2022 | 15 May 2022 - 31 July 2022

## Cwm Rhymni - Caerffili - Caerdydd Canolog - Penarth

Rhymney Valley - Caerphilly -  
Cardiff Central - Penarth



Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i [trc.cymru](http://trc.cymru)

Services are subject to change, check before you travel, visit [tfw.wales](http://tfw.wales)



### Teithio'n saffach

Ystyriwch bobl eraill - rydym yn argymhell eich bod yn gwisgo gorchudd wyneb

### Travel safer

Consider others - we recommend you wear a face covering



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, lawrlwythwch ap TrC neu ewch i [trc.cymru/gwiriwr-capasiti](http://trc.cymru/gwiriwr-capasiti)

Find trains with space: use our Capacity Checker and Travel Safer, download the TFW app or visit [tfw.wales/capacity-checker](http://tfw.wales/capacity-checker)

TTB05a\_DLB\_V1\_04/22



TRAFNIDIAETH CYMRU  
TRANSPORT FOR WALES

# Paid â chael dy ddal!

# Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.\*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.






You must buy a valid ticket for your journey before getting on the train - it's the law.\*






If you don't, you risk prosecution and fines of up to **£1000**.

\* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

\*National Rail Conditions of Travel and Railway Byelaws 2005



Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW SX	TfW	TfW H	TfW MSO	TfW MX	TfW	TfW	TfW	TfW	
Rhymni / Rhyrny	d						06 12	06 32		07 00	
Pontlotyn / Pontlottyn	d						06 15	06 35		07 03	
Tir-phil	d						06 19	06 40		07 08	
Brithdir	d						06 22	06 42		07 10	
Bargoed	d						06 27	06 46		07 15	
Gilfach Fargoed	d						06 29			07 18	
Pengam	d						06 32	06 5 1		07 20	
Hengoed	d						06 36	06 54		07 24	
Ystrad Mynach	 a						06 39	06 57		07 26	
Ystrad Mynach	 d						06 39	06 57		07 27	
Llanbradach	d						06 44	07 0 1		07 31	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d						06 48	07 05		07 35	
Aber	d						06 50	07 07		07 38	
Caerffili / Caerphilly	d			06 11			06 54	07 10		07 40	
Llysfaen / Lisvane & Thornhill	d			06 15			06 58	07 14		07 45	
Llanishen	d			06 17			07 00	07 16		07 47	
Lefel Uchel / Heath High Level	d			06 20			07 03	07 19		07 50	
Heol y Frenhines / Cardiff Queen St	 a			06 26	06 50d		07 09	07 25		07 56	
Caerdydd Canolog / Cardiff Central	 a			06 31	06 56		07 14	07 31		08 0 1	
Caerdydd Canolog / Cardiff Central	 d	05 46	06 16	06 35	06 40	07 0 1	07 0 1	07 16	07 32	07 46	08 0 1
Grangetown	d	05 50	06 20	06 39	06 44	07 05	07 05	07 20	07 36	07 50	08 06
Rhws a Maes Awyr / Rhoose & Airport	a			07 11	08 12					09 11	
Heol Dingle / Dingle Road	d	05 54	06 24	06 43		07 11	07 11	07 25	07 42	07 56	08 11
Penarth	a	05 59	06 29	06 48		07 16	07 16	07 30	07 46	08 0 1	08 15

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymni / Rhyrny	d	07 24	07 43				08 33				09 27
Pontlotyn / Pontlottyn	d	07 27	07 46				08 36				09 30
Tir-phil	d	07 31	07 5 1				08 40				09 35
Brithdir	d	07 34	07 53				08 43				09 37
Bargoed	d	07 43	07 58	08 14	08 32	08 47	09 00			09 25	09 44
Gilfach Fargoed	d	07 46		08 17							
Pengam	d	07 49	08 03	08 19	08 37	08 52	09 04			09 30	09 49
Hengoed	d	07 53	08 06	08 23	08 40	08 55	09 08			09 34	09 53
Ystrad Mynach	 a	07 56	08 09	08 26	08 43	08 58	09 11			09 38	09 56
Ystrad Mynach	 d	07 56	08 10	08 26	08 43	08 58	09 11	09 28	09 39	09 56	
Llanbradach	d	08 0 1	08 14	08 30	08 48	09 03	09 15	09 33	09 44	10 00	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	08 05	08 18	08 34			09 19				10 04
Aber	d	08 08	08 2 1	08 36	08 52	09 07	09 2 1	09 37	09 49	10 06	
Caerffili / Caerphilly	d	08 10	08 24	08 40	08 55	09 10	09 25	09 40	09 54	10 10	
Llysfaen / Lisvane & Thornhill	d	08 15	08 29	08 44	08 59	09 14	09 29	09 44	09 59	10 14	
Llanishen	d	08 18	08 3 1	08 46	09 0 1	09 16	09 3 1	09 46	10 0 1	10 16	
Lefel Uchel / Heath High Level	d	08 2 1	08 34	08 49	09 04	09 19	09 34	09 49	10 04	10 19	
Heol y Frenhines / Cardiff Queen St	 a	08 27	08 40	08 55	09 10	09 25	09 40	09 55	10 10	10 25	
Caerdydd Canolog / Cardiff Central	 a	08 3 1	08 46	09 0 1	09 15	09 3 1	09 45	10 0 1	10 15	10 3 1	
Caerdydd Canolog / Cardiff Central	 d	08 18	08 32		09 02	09 16	09 32	09 48	10 02	10 16	10 32
Grangetown	d	08 22	08 36		09 06	09 22	09 37	09 52	10 07	10 22	10 37
Rhws a Maes Awyr / Rhoose & Airport	a			10 11			11 11				
Heol Dingle / Dingle Road	d	08 27	08 4 1		09 11	09 26	09 4 1	09 56	10 1 1	10 26	10 4 1
Penarth	a	08 30	08 46		09 16	09 3 1	09 46	10 0 1	10 16	10 3 1	10 46






#### Nodiadau






- SX Dydd Llun i ddydd Gwener
- H I Pen-y-bont ar Ogwr
- MSO Dydd Llun a dydd Sadwrn yn unig
- MX Dydd Mawrth i ddydd Gwener

#### Notes

- SX Monday to Friday
- H To Bridgend
- MSO Monday and Saturday only
- MX Tuesday to Friday

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d			1027				1127			
Pontlotyn / Pontlottyn	d			1030				1130			
Tir-phil	d			1035				1135			
Brithdir	d			1037				1137			
Bargoed	d	1000		1025	1044			1125	1144	1200	
Gilfach Fargoed	d										
Pengam	d	1004		1030	1049			1130	1149	1204	
Hengoed	d	1008		1034	1053			1134	1153	1208	
Ystrad Mynach	 a	10 11		1038	1056			1138	1156	12 11	
Ystrad Mynach	 d	10 11	1028	1039	1056		1128	1139	1156	12 11	1228
Llanbradach	d	10 15	1033	1044	1100		1133	1144	1200	12 15	1233
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	10 19			1104				1204	12 19	
Aber	d	1021	1037	1049	1106		1137	1149	1206	1221	1237
Caerffili / Caerphilly	d	1025	1040	1054	1110		1140	1154	12 10	1225	1240
Llysfaen / Lisvane & Thornhill	d	1029	1044	1059	1114		1144	1158	12 14	1229	1244
Llanishen	d	1031	1046	1101	1116		1146	1200	12 16	1231	1246
Lefel Uchel / Heath High Level	d	1034	1049	1104	1119		1149	1203	12 19	1234	1249
Heol y Frenhines / Cardiff Queen St	 a	1040	1055	1110	1125		1155	12 10	1225	1240	1255
Caerdydd Canolog / Cardiff Central	 a	1045	1101	1115	1131		1201	12 15	1231	1245	1301
Caerdydd Canolog / Cardiff Central	 d	1046	1102	1116	1132	1146	1202	12 16	1232	1246	1302
Grangetown	d	1050	1106	1122	1137	1150	1207	1222	1237	1252	1307
Rhws a Maes Awyr / Rhoose & Airport	a	12 11				13 11				14 11	
Heol Dingle / Dingle Road	d	1056	1111	1126	1141	1156	12 11	1226	1241	1256	13 11
Penarth	a	1101	1116	1131	1146	1201	12 16	1231	1246	1301	13 16

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d		1227				1327			1427	
Pontlotyn / Pontlottyn	d		1230				1330			1430	
Tir-phil	d		1235				1335			1435	
Brithdir	d		1237				1337			1437	
Bargoed	d	1225	1244	1300		1325	1344	1400		1425	1444
Gilfach Fargoed	d										
Pengam	d	1230	1249	1304		1330	1348	1404		1430	1449
Hengoed	d	1234	1253	1308		1334	1352	1408		1434	1453
Ystrad Mynach	 a	1238	1256	13 11		1338	1355	14 11		1438	1456
Ystrad Mynach	 d	1239	1256	13 11	1328	1339	1355	14 11	1428	1439	1456
Llanbradach	d	1244	1300	13 15	1333	1344	1400	14 15	1433	1444	1500
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1304	13 19			1404	14 19			1504
Aber	d	1249	1306	132 1	1337	1349	1406	142 1	1437	1449	1506
Caerffili / Caerphilly	d	1254	13 10	1325	1340	1354	14 10	1425	1440	1454	15 10
Llysfaen / Lisvane & Thornhill	d	1259	13 14	1329	1344	1359	14 14	1429	1444	1459	15 14
Llanishen	d	1301	13 16	1331	1346	140 1	14 16	1431	1446	150 1	15 16
Lefel Uchel / Heath High Level	d	1304	13 19	1334	1349	1404	14 19	1434	1449	1504	15 19
Heol y Frenhines / Cardiff Queen St	 a	13 10	1325	1343	1355	14 10	1425	1440	1455	15 10	1525
Caerdydd Canolog / Cardiff Central	 a	13 15	1331	1348	140 1	14 15	1432	1445	150 1	15 15	1531
Caerdydd Canolog / Cardiff Central	 d	13 16	1332	1349	1402	14 16	1432	1446	1502	15 16	1532
Grangetown	d	1322	1336	1353	1406	1420	1436	1450	1506	1520	1536
Rhws a Maes Awyr / Rhoose & Airport	a			15 11				16 11			
Heol Dingle / Dingle Road	d	1326	1341	1357	14 11	1426	144 1	1456	15 11	1526	154 1
Penarth	a	1331	1346	140 1	14 16	143 1	1446	150 1	15 16	153 1	1546

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 48 49 50.

Cwm Rhymni - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymni / Rhymney	d			1527				1627		1727	
Pontlotyn / Pontlottyn	d			1530				1630		1730	
Tir-phil	d			1535				1635		1735	
Brithdir	d			1537				1637		1737	
Bargoed	d	1500		1532	1544	1600	1617	1632	1644	1717	
Gilfach Fargoed	d						1619			1719	
Pengam	d	1504		1537	1548	1604	1622	1637	1649	1722	
Hengoed	d	1508		1540	1552	1608	1625	1640	1653	1725	
Ystrad Mynach	a	1511		1543	1555	1611	1628	1643	1656	1728	
Ystrad Mynach	d	1511	1528	1543	1555	1611	1628	1643	1656	1728	
Llanbradach	d	1515	1533	1548	1600	1615	1633	1648	1700	1733	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1519			1604	1619			1704	1804	
Aber	d	1521	1537	1552	1606	1621	1637	1652	1706	1737	
Caerffili / Caerphilly	d	1525	1540	1555	1610	1625	1640	1655	1710	1740	
Llysfaen / Lisvane & Thornhill	d	1529	1544	1559	1614	1629	1644	1659	1714	1744	
Llanishen	d	1531	1546	1601	1616	1631	1646	1701	1716	1746	
Lefel Uchel / Heath High Level	d	1534	1549	1604	1619	1634	1649	1704	1719	1749	
Heol y Frenhines / Cardiff Queen St	a	1540	1555	1610	1625	1640	1655	1710	1725	1755	
Caerdydd Canolog / Cardiff Central	a	1545	1601	1615	1631	1645	1701	1715	1731	1801	
Caerdydd Canolog / Cardiff Central	d	1546	1602	1616	1632	1646	1702	1716	1732	1802	
Grangetown	d	1550	1606	1620	1636	1650	1706	1720	1736	1806	
Rhws a Maes Awyr / Rhoose & Airport	a	1711				1811				1911	
Heol Dingle / Dingle Road	d	1556	1611	1626	1641	1656	1711	1726	1741	1811	
Penarth	a	1601	1616	1631	1646	1701	1714	1731	1746	1816	

Cwm Rhymni - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymni / Rhymney	d										
Pontlotyn / Pontlottyn	d										
Tir-phil	d										
Brithdir	d										
Bargoed	d				1849						
Gilfach Fargoed	d				1851						
Pengam	d				1854						
Hengoed	d				1857						
Ystrad Mynach	a				1900						
Ystrad Mynach	d		1853		1900						
Llanbradach	d				1905						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d										
Aber	d				1909						
Caerffili / Caerphilly	d				1912			1940		2026	
Llysfaen / Lisvane & Thornhill	d				1916			1944		2030	
Llanishen	d				1918			1946		2032	
Lefel Uchel / Heath High Level	d				1921			1949		2035	
Heol y Frenhines / Cardiff Queen St	a	1851d		1916d	1927		1951d	1955	2015d	2025d	
Caerdydd Canolog / Cardiff Central	a	1856	1916	1920	1931		1956	2000	2020	2030	
Caerdydd Canolog / Cardiff Central	d	1901		1921		1931	2003		2031	2030	
Grangetown	d	1905		1925		1935	2007		2037	2036	
Rhws a Maes Awyr / Rhoose & Airport	a	2012					2113	2113		2211	
Heol Dingle / Dingle Road	d	1911		1929		1941	2011		2041	2040	
Penarth	a	1916		1934		1946	2016		2046	2045	

#### Nodiadau

FSO Dydd Gwener a dydd Sadwrn yn unig  
 FX Dydd Llun i ddydd Iau

#### Notes

FSO Friday and Saturday only  
 FX Monday to Thursday

Cwm Rhymni - Caerffili - Caerdydd - Penarth		Dydd Llun i ddydd Sadwrn									
Rhymney Valley - Caerphilly - Cardiff - Penarth		Mondays to Saturdays									
		TfW	TfW	TfW FX	TfW FSO	TfW	TfW FSO	TfW FX	TfW Y	TfW	TfW
Rhymni / Rhymney	d	2000				2046				2 136	
Pontlotyn / Pontlottyn	d	2003				2049				2 139	
Tir-phil	d	2008				2054				2 144	
Brithdir	d	20 10				2056				2 146	
Bargoed	d	20 15				2 10 1				2 150	
Gilfach Fargoed	d	20 18				2 104				2 153	
Pengam	d	202 1				2 107				2 155	
Hengoed	d	2024				2 110				2 159	
Ystrad Mynach	a	2027				2 113				2202	
Ystrad Mynach	d	2027				2 113			2 139	2202	
Llanbradach	d	2032				2 118			2 143	2206	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2036				2 122				22 10	
Aber	d	2038				2 124			2 148	22 12	
Caerffili / Caerphilly	d	2042				2 128			2 15 1	22 15	2229
Llysfaen / Llysfaen & Thornhill	d	2046				2 132			2 155	22 19	
Llanishen	d	2048				2 134			2 157	222 1	
Lefel Uchel / Heath High Level	d	205 1				2 137			2200	2224	
Heol y Frenhines / Cardiff Queen St	a	2057			2 12 1d	2 143	2 15 1d		2206	2230	2240
Caerdydd Canolog / Cardiff Central	a	2 104			2 126	2 148	2 155		22 10	2235	2246
Caerdydd Canolog / Cardiff Central	d		2 106	2 13 1	2 132		2 156	2203	22 10	2236	
Grangetown	d		2 110	2 135	2 136		2200	2207	22 14a	2240	
Rhws a Maes Awyr / Rhoose & Airport	a					23 13					
Heol Dingle / Dingle Road	d		2 114	2 14 1	2 14 1		2204	22 11		2244	
Penarth	a		2 119	2 146	2 144		2209	22 16		2249	

Cwm Rhymni - Caerffili - Caerdydd - Penarth		Dydd Llun i ddydd Sadwrn									
Rhymney Valley - Caerphilly - Cardiff - Penarth		Mondays to Saturdays									
		TfW FX	TfW FSO								
Rhymni / Rhymney	d										
Pontlotyn / Pontlottyn	d										
Tir-phil	d										
Brithdir	d										
Bargoed	d										
Gilfach Fargoed	d										
Pengam	d										
Hengoed	d										
Ystrad Mynach	a										
Ystrad Mynach	d										
Llanbradach	d										
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d										
Aber	d										
Caerffili / Caerphilly	d										
Llysfaen / Llysfaen & Thornhill	d										
Llanishen	d										
Lefel Uchel / Heath High Level	d										
Heol y Frenhines / Cardiff Queen St	a		2257d								
Caerdydd Canolog / Cardiff Central	a		2304								
Caerdydd Canolog / Cardiff Central	d	23 11	23 11								
Grangetown	d	23 15	23 15								
Rhws a Maes Awyr / Rhoose & Airport	a										
Heol Dingle / Dingle Road	d	23 19	23 19								
Penarth	a	2324	2324								

**Nodiadau**




FX Dydd Llun i ddydd lau  
 FSO Dydd Gwener a dydd Sadwrn yn unig  
 Y I Ynys y Barri

**Notes**

FX Monday to Thursday  
 FSO Friday and Saturday only  
 Y To Barry Island

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrny Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhymney	d	0900		10 13		11 12		12 13		13 12
Pontlotyn / Pontlottyn	d	0903		10 16		11 15		12 16		13 15
Tir-phil	d	0908		10 21		11 19		12 21		13 19
Brithdir	d	09 10		10 23		11 22		12 23		13 22
Bargoed	d	09 15		10 28		11 26		12 28		13 26
Gilfach Fargoed	d	09 17		10 30		11 29		12 30		13 29
Pengam	d	09 20		10 33		11 31		12 33		13 31
Hengoed	d	09 23		10 36		11 35		12 36		13 35
Ystrad Mynach	a	09 27		10 40		11 38		12 40		13 38
Ystrad Mynach	d	09 27		10 40		11 38		12 40		13 38
Llanbradach	d	09 31		10 44		11 43		12 44		13 43
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	09 35		10 48		11 46		12 48		13 46
Aber	d	09 37		10 50		11 49		12 50		13 49
Caerffili / Caerphilly	d	09 40	10 10	10 53	11 10	11 52	12 10	12 53	13 10	13 52
Llysfaen / Lisvane & Thornhill	d	09 44	10 14	10 58	11 14	11 56	12 14	12 58	13 14	13 56
Llanishen	d	09 46	10 16	11 00	11 16	11 58	12 16	13 00	13 16	13 58
Lefel Uchel / Heath High Level	d	09 49	10 19	11 03	11 19	12 01	12 19	13 03	13 19	14 01
Heol y Frenhines / Cardiff Queen St	a	09 55	10 26	11 09	11 26	12 07	12 26	13 09	13 26	14 07
Caerdydd Canolog / Cardiff Central	a	09 59	10 34	11 14	11 34	12 11	12 34	13 14	13 34	14 11
Caerdydd Canolog / Cardiff Central	d	09 16		11 16				13 16		
Grangetown	d	09 20		11 20				13 20		
Rhws a Maes Awyr / Rhoose & Airport	a		11 12			13 12				15 12
Heol Dingle / Dingle Road	d	09 26		11 24				13 24		
Penarth	a	09 31		11 29				13 29		

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrny Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhymney	d	14 13		15 13		16 13		17 12		18 13
Pontlotyn / Pontlottyn	d	14 16		15 16		16 16		17 15		18 16
Tir-phil	d	14 21		15 21		16 21		17 19		18 21
Brithdir	d	14 23		15 23		16 23		17 22		18 23
Bargoed	d	14 28		15 28		16 28		17 26		18 28
Gilfach Fargoed	d	14 30		15 30		16 30		17 29		18 30
Pengam	d	14 33		15 33		16 33		17 31		18 33
Hengoed	d	14 36		15 36		16 36		17 35		18 36
Ystrad Mynach	a	14 40		15 40		16 40		17 38		18 40
Ystrad Mynach	d	14 40		15 40		16 40		17 38		18 40
Llanbradach	d	14 44		15 44		16 44		17 43		18 44
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	14 48		15 48		16 48		17 46		18 48
Aber	d	14 50		15 50		16 50		17 49		18 50
Caerffili / Caerphilly	d	14 10	14 53	15 10	15 53	16 10	16 53	17 10	17 52	18 10
Llysfaen / Lisvane & Thornhill	d	14 14	14 58	15 14	15 58	16 14	16 58	17 14	17 56	18 14
Llanishen	d	14 16	15 00	15 16	16 00	16 16	17 00	17 16	17 58	18 16
Lefel Uchel / Heath High Level	d	14 19	15 03	15 19	16 03	16 19	17 03	17 19	18 01	18 19
Heol y Frenhines / Cardiff Queen St	a	14 26	15 09	15 26	16 09	16 26	17 09	17 26	18 07	18 26
Caerdydd Canolog / Cardiff Central	a	14 34	15 14	15 34	16 14	16 34	17 14	17 34	18 11	18 34
Caerdydd Canolog / Cardiff Central	d		15 16		16 16		17 16			19 16
Grangetown	d		15 20		16 20		17 20			19 20
Rhws a Maes Awyr / Rhoose & Airport	a				17 12		18 12		19 12	
Heol Dingle / Dingle Road	d		15 24		16 24		17 24			19 24
Penarth	a		15 29		16 29		17 29			19 30

	TfW	TfW	TfW	TfW	TfW					
Rhymni / Rhymney	d	1927		2012						
Pontlotyn / Pontlottyn	d	1930		2015						
Tir-phil	d	1935		2020						
Brithdir	d	1937		2022						
Bargoed	d	1942		2027						
Gilfach Fargoed	d	1945		2029						
Pengam	d	1947		2032						
Hengoed	d	1951		2035						
Ystrad Mynach 	a	1954		2039						
Ystrad Mynach 	d	1954		2039						
Llanbradach	d	1959		2043						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2002		2047						
Aber	d	2005		2049						
Caerffili / Caerphilly	d	1910	2008	2033	2052	2110				
Llysfaen / Lisvane & Thornhill	d	1914	2013	2037	2056	2114				
Llanishen	d	1916	2015	2039	2058	2116				
Lefel Uchel / Heath High Level	d	1919	2018	2042	2101	2119				
Heol y Frenhines / Cardiff Queen St 	a	1926	2025	2049	2107	2125				
Caerdydd Canolog / Cardiff Central 	a	1934	2030	2053	2111	2130				
Caerdydd Canolog / Cardiff Central 	d		2032	2054						
Grangetown	d		2036	2058a						
Rhws a Maes Awyr / Rhoose & Airport	a		2112							
Heol Dingle / Dingle Road	d		2041							
Penarth	a		2046							

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 484 950.



Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW D	TfW SX	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	0601	0632	0702	0718	0734	0747	0803	0818	0833	
Heol Dingle / Dingle Road	d	0603	0634	0704	0720	0736	0749	0805	0820	0835	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			0606		0706				0806	
Grangetown	d	0538	0607	0638	0708	0724	0740	0754	0809	0824	
Caerdydd Canolog / Cardiff Central	<b>3</b> a	0544	0613	0646	0714	0730	0746	0801	0815	0830	
Caerdydd Canolog / Cardiff Central	<b>3</b> d	0546	0621		0716	0731	0746	0801	0816	0831	
Heol y Frenhines / Cardiff Queen St	<b>3</b> d	0550	0625a		0720	0735	0750	0805	0820	0835	
Lefel Uchel / Heath High Level	d	0555			0725	0740	0755	0810	0825	0840	
Llanishen	d	0558			0728	0743	0758	0813	0828	0843	
Llysfaen / Lisvane & Thornhill	d	0600			0731	0745	0800	0816	0830	0846	
Caerffili / Caerphilly	d	0608a			0737	0751	0806	0822	0837	0853	
Aber	d				0739	0753	0808	0824	0839	0855	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				0742			0827	0841		
Llanbradach	d				0746	0757	0812	0831	0845	0900	
Ystrad Mynach	<b>3</b> a				0752	0802	0817	0837	0850	0906	
Ystrad Mynach	<b>3</b> d				0752	0802	0817	0837	0850	0906	
Hengoed	d				0755	0805	0820	0840	0853	0909	
Pengam	d				0758	0808	0823	0844	0856	0913	
Gilfach Fargoed	d							0847			
Bargoed	a				0806	0814	0831	0852	0902	0920	
Brithdir	d					0818			0905		
Tir-phil	d					0821			0908		
Pontlotyn / Pontlottyn	d					0825			0913		
Rhymni / Rhymney	a					0831			0918		

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	
Penarth	d	0848		0918	0933	0947	1003	1018	1033	1048	
Heol Dingle / Dingle Road	d	0850		0920	0935	0949	1005	1020	1035	1050	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				0906				1006	1006	
Grangetown	d	0854	0834	0924	0939	0953	1009	1024	1039	1055	
Caerdydd Canolog / Cardiff Central	<b>3</b> a	0901		0930	0945	0959	1015	1030	1045	1101	
Caerdydd Canolog / Cardiff Central	<b>3</b> d	0901	0916	0931	0946	1005	1016	1031	1046	1101	
Heol y Frenhines / Cardiff Queen St	<b>3</b> d	0906	0920	0935	0950	1009a	1020	1035	1050	1105	
Lefel Uchel / Heath High Level	d	0911	0925	0940	0955		1025	1040	1057	1110	
Llanishen	d	0914	0928	0943	0958		1028	1043	1100	1113	
Llysfaen / Lisvane & Thornhill	d	0916	0930	0946	1001		1030	1046	1103	1116	
Caerffili / Caerphilly	d	0922	0937	0953	1007		1037	1053	1109	1122	
Aber	d	0924	0939	0955	1009		1039	1055	1111	1124	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0927	0941				1041			1127	
Llanbradach	d	0931	0945	1000	1014		1045	1100	1116	1131	
Ystrad Mynach	<b>3</b> a	0937	0950	1006	1021		1050	1106	1123	1137	
Ystrad Mynach	<b>3</b> d	0937	0950	1006			1050	1106		1137	
Hengoed	d	0940	0953	1009			1053	1109		1140	
Pengam	d	0944	0956	1013			1056	1113		1144	
Gilfach Fargoed	d	0947								1147	
Bargoed	a	0952	1002	1020			1102	1120		1152	
Brithdir	d		1005				1105			1205	
Tir-phil	d		1008				1108			1208	
Pontlotyn / Pontlottyn	d		1013				1113			1213	
Rhymni / Rhymney	a		1018				1118			1218	






#### Nodiadau






D I Coryton  
 SX Dydd Llun i ddydd Gwener  
 K I Treherbert

#### Notes

D To Coryton  
 SX Monday to Friday  
 K To Treherbert

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
 For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Sadwrn					
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Saturdays					
	TfW	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	1118	1133	1148	1203	1218	1233	1248	1303	1318	1333
Heol Dingle / Dingle Road	d	1120	1135	1150	1205	1220	1235	1250	1305	1320	1335
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1106				1206	1206			1306
Grangetown	d	1124	1139	1154	1209	1224	1239	1254	1309	1324	1339
Caerdydd Canolog / Cardiff Central	 a	1130	1146	1201	1215	1230	1245	1300	1316	1330	1345
Caerdydd Canolog / Cardiff Central	 d	1131	1146	1201	1216	1231	1246	1301	1316	1331	1346
Heol y Frenhines / Cardiff Queen St	 d	1135	1150	1205	1220	1235	1250	1305	1320	1335	1350
Lefel Uchel / Heath High Level	d	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355
Llanishen	d	1143	1158	1213	1228	1243	1258	1313	1328	1343	1358
Llysfaen / Lisvane & Thornhill	d	1146	1201	1216	1230	1246	1301	1316	1330	1346	1401
Caerffili / Caerphilly	d	1153	1207	1222	1237	1253	1307	1322	1337	1353	1407
Aber	d	1155	1209	1224	1239	1255	1309	1324	1339	1355	1409
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1227	1241			1327	1341		
Llanbradach	d	1200	1214	1231	1245	1300	1314	1331	1345	1400	1414
Ystrad Mynach	 a	1206	1221	1237	1250	1306	1321	1337	1350	1406	1421
Ystrad Mynach	 d	1206		1237	1250	1306		1337	1350	1406	
Hengoed	d	1209		1240	1253	1309		1340	1353	1409	
Pengam	d	1213		1244	1256	1313		1344	1356	1413	
Gilfach Fargoeid	d			1247				1347			
Bargoed	a	1220		1252	1302	1320		1352	1402	1420	
Brithdir	d				1305				1405		
Tir-phil	d				1308				1408		
Pontlotyn / Pontlottyn	d				1313				1413		
Rhymni / Rhymney	a				1318				1418		

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Sadwrn					
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Saturdays					
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW K	TfW	
Penarth	d	1348	1403	1418	1433	1448	1503	1518	1533	1548	1603
Heol Dingle / Dingle Road	d	1350	1405	1420	1435	1450	1505	1520	1535	1550	1605
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				1406				1506		
Grangetown	d	1354	1409	1424	1439	1455	1509	1524	1539	1554	1609
Caerdydd Canolog / Cardiff Central	 a	1400	1415	1430	1445	1501	1515	1530	1545	1601	1615
Caerdydd Canolog / Cardiff Central	 d	1401	1416	1431	1446	1501	1516	1531	1546	1605	1616
Heol y Frenhines / Cardiff Queen St	 d	1405	1420	1435	1450	1505	1520	1535	1550	1609a	1620
Lefel Uchel / Heath High Level	d	1410	1425	1440	1455	1510	1525	1540	1555		1625
Llanishen	d	1413	1428	1443	1458	1513	1528	1543	1558		1628
Llysfaen / Lisvane & Thornhill	d	1416	1430	1446	1501	1516	1530	1545	1600		1630
Caerffili / Caerphilly	d	1422	1437	1453	1507	1522	1537	1551	1606		1637
Aber	d	1424	1439	1455	1509	1524	1539	1553	1608		1639
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1427	1441			1527	1541				1641
Llanbradach	d	1431	1445	1500	1514	1531	1545	1557	1612		1645
Ystrad Mynach	 a	1437	1450	1506	1521	1537	1550	1602	1617		1650
Ystrad Mynach	 d	1437	1450	1506		1537	1550	1602	1617		1650
Hengoed	d	1440	1453	1509		1540	1553	1605	1620		1653
Pengam	d	1444	1456	1513		1544	1556	1608	1623		1656
Gilfach Fargoeid	d	1447				1547					
Bargoed	a	1452	1502	1520		1552	1602	1615	1630		1702
Brithdir	d		1505				1605				1705
Tir-phil	d		1508				1608				1708
Pontlotyn / Pontlottyn	d		1513				1613				1713
Rhymni / Rhymney	a		1518				1620				1718

**Nodiadau**

K I Treherbert

**Notes**

K To Treherbert

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW K	TfW	TfW K	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	16 18	1633	1648	1703	17 18	1733	1748		18 18	1848
Heol Dingle / Dingle Road	d	1620	1635	1650	1705	1720	1735	1750		1820	1850
Rhws a Maes Awyr / Rhose Cardiff & Airport	d		1606				1706				1806
Grangetown	d	1624	1639	1654	1709	1724	1739	1754	1734	1824	1854
Caerdydd Canolog / Cardiff Central	<b>3</b> a	1630	1646	1700	17 16	1730	1745	1800		1830	1900
Caerdydd Canolog / Cardiff Central	<b>3</b> d	1631	1705	170 1	1735	173 1	1746	180 1	18 16	1831	190 1
Heol y Frenhines / Cardiff Queen St	<b>3</b> d	1635	1709a	1705	1739a	1735	1750	1805	1820	1835	1905
Lefel Uchel / Heath High Level	d	1640		17 10		1740	1755	18 10	1825	1840	19 10
Llanishen	d	1643		17 13		1743	1759	18 13	1828	1843	19 13
Llysfaen / Lisvane & Thornhill	d	1645		17 15		1745	1802	18 15	1830	1845	19 15
Caerffili / Caerphilly	d	165 1		1722		1752	1808	182 1	1836	1852	1923a
Aber	d	1653		1724		1754	18 11	1823	1838	1854	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1726		1756	18 14		184 1	1856	
Llanbradach	d	1657		1730		1800	18 18	1827	1844	1900	
Ystrad Mynach	<b>3</b> a	1702		1736		1805	1823	1832	1852	1905	
Ystrad Mynach	<b>3</b> d	1702		1736		1805	1823	1832		1905	
Hengoed	d	1705		1738		1808	1826	1835		1908	
Pengam	d	1708		1742		18 11	1830	1838		19 11	
Gilfach Fargoed	d			1745		18 14	1834	184 1		19 14	
Bargoed	a	17 15		1749		18 18	1838	1847		19 19	
Brithdir	d			1753		1822	184 1			1923	
Tir-phil	d			1756		1825	1844			1926	
Pontlotyn / Pontlottyn	d			1800		1829	1849			1930	
Rhymni / Rhymney	a			1806		1835	1855			1935	

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays							
	TfW	TfW	TfW FSO K	TfW FX U	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	19 18		1948	1948	20 18	2048		2 124	2 148	2220
Heol Dingle / Dingle Road	d	1920		1950	1950	2020	2050		2 126	2 150	2222
Rhws a Maes Awyr / Rhose Cardiff & Airport	d		1906	1906	1906		2006	2006		2 106	2 106
Grangetown	d	1924	1950	1954	1954	2024	2054	2034	2 130	2 154	2226
Caerdydd Canolog / Cardiff Central	<b>3</b> a	1930	1956	2000	2000	203 1	2 100		2 141	2200	2233
Caerdydd Canolog / Cardiff Central	<b>3</b> d	193 1	2002	2006	2006	203 1	2 10 1	2 132		220 1	
Heol y Frenhines / Cardiff Queen St	<b>3</b> d	1936	2006	20 10a	20 10a	2036	2 105	2 136		2205	
Lefel Uchel / Heath High Level	d	1940	20 11			204 1	2 111	2 14 1		22 10	
Llanishen	d	1943	20 14			2044	2 114	2 144		22 13	
Llysfaen / Lisvane & Thornhill	d	1946	20 17			2046	2 116	2 146		22 15	
Caerffili / Caerphilly	d	1952	2025a			2052	2 122	2 153		2223a	
Aber	d	1954				2054	2 124	2 155			
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1957				2056	2 126	2 157			
Llanbradach	d	2000				2 100	2 130	220 1			
Ystrad Mynach	<b>3</b> a	2005				2 105	2 138	2206			
Ystrad Mynach	<b>3</b> d	2006				2 105		2206			
Hengoed	d	2008				2 108		2209			
Pengam	d	20 12				2 111		22 12			
Gilfach Fargoed	d	20 15				2 114		22 15			
Bargoed	a	20 19				2 118		2220			
Brithdir	d	2023				2 122		2224			
Tir-phil	d	2026				2 125		2227			
Pontlotyn / Pontlottyn	d	2030				2 129		223 1			
Rhymni / Rhymney	a	2035				2 135		2236			

**Nodiadau**

- K I Treherbert
- FSO Dydd Gwener a dydd Sadwrn yn unig
- FX Dydd Llun i ddydd lau
- U I Radur

**Notes**

- K To Treherbert
- FSO Friday and Saturday only
- FX Monday to Thursday
- U To Radur

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni			Dydd Llun i ddydd Sadwrn							
Penarth - Cardiff - Caerphilly - Rhymney Valley			Mondays to Saturdays							
		TfW	TfW	TfW						
Penarth	d		2251	2326						
Heol Dingle / Dingle Road	d		2253	2328						
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		2206	2206						
Grangetown	d	2134	2257	2332						
Caerdydd Canolog / Cardiff Central	a		2303	2341						
Caerdydd Canolog / Cardiff Central	d	2235	2316							
Heol y Frenhines / Cardiff Queen St	d	2239	2320							
Lefel Uchel / Heath High Level	d	2244	2325							
Llanishen	d	2247	2328							
Llysfan / Lisvane & Thornhill	d	2249	2330							
Caerffili / Caerphilly	d	2256	2336							
Aber	d	2258	2338							
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2300	2340							
Llanbradach	d	2304	2344							
Ystrad Mynach	a	2309	2352							
Ystrad Mynach	d	2309								
Hengoed	d	2312								
Pengam	d	2315								
Gilfach Fargoed	d	2318								
Bargoed	a	2323								
Brithdir	d	2327								
Tir-phil	d	2330								
Pontlotyn / Pontlottyn	d	2334								
Rhymni / Rhymney	a	2339								

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 48 49 50.

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d			0947				1147		
Heol Dingle / Dingle Road	d			0949				1149		
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d					1006				1206
Grangetown	d			0953		1034		1153		1234
Caerdydd Canolog / Cardiff Central	<b>3</b> a			1001				1201		
Caerdydd Canolog / Cardiff Central	<b>3</b> d	0905	0941	1006	1041	1106	1141	1206	1241	1306 1341
Heol y Frenhines / Queen St	<b>3</b> d	0909	0946	1010	1046	1110	1146	1210	1246	1310 1346
Lefel Uchel / Heath High Level	d	0914	0951	1015	1051	1115	1151	1215	1251	1315 1351
Llanishen	d	0917	0954	1018	1054	1118	1154	1218	1254	1318 1354
Llysfaen / Lisvane & Thornhill	d	0919	0957	1020	1057	1120	1157	1220	1257	1320 1357
Caerffili / Caerphilly	d	0925	1004a	1026	1104a	1126	1204a	1226	1304a	1326 1404a
Aber	d	0927		1028		1128		1228		1328
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0930		1031		1131		1231		1331
Llanbradach	d	0933		1034		1134		1234		1334
Ystrad Mynach	<b>3</b> a	0939		1039		1140		1239		1340
Ystrad Mynach	<b>3</b> d	0939		1040		1140		1240		1340
Hengoed	d	0942		1042		1143		1243		1343
Pengam	d	0945		1046		1146		1246		1346
Gilfach Fargoed	d	0948		1049		1149		1249		1349
Bargoed	a	0953		1053		1154		1254		1354
Brithdir	d	0956		1057		1157		1257		1357
Tir-phil	d	0959		1100		1200		1300		1400
Pontlotyn / Pontlottyn	d	1004		1104		1205		1305		1405
Rhymni / Rhymney	a	1009		1109		1209		1309		1410

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d	1347				1547		1647		1747
Heol Dingle / Dingle Road	d	1349				1549		1649		1749
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1406				1606		
Grangetown	d	1353		1434		1553		1653	1634	1753
Caerdydd Canolog / Cardiff Central	<b>3</b> a	1401				1601		1701		1801
Caerdydd Canolog / Cardiff Central	<b>3</b> d	1405	1441	1506	1541	1605	1641	1705	1741	1805 1841
Heol y Frenhines / Cardiff Queen St	<b>3</b> d	1410	1446	1510	1546	1609	1646	1709	1746	1809 1846
Lefel Uchel / Heath High Level	d	1415	1451	1515	1551	1614	1651	1714	1751	1814 1851
Llanishen	d	1418	1454	1518	1554	1617	1654	1717	1754	1817 1854
Llysfaen / Lisvane & Thornhill	d	1420	1457	1520	1557	1619	1657	1719	1757	1819 1857
Caerffili / Caerphilly	d	1426	1504a	1526	1604a	1625	1704a	1725	1804a	1825 1904a
Aber	d	1428		1528		1627		1727		1827
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1431		1531		1630		1730		1830
Llanbradach	d	1434		1534		1633		1733		1833
Ystrad Mynach	<b>3</b> a	1440		1540		1639		1739		1839
Ystrad Mynach	<b>3</b> d	1440		1540		1639		1739		1839
Hengoed	d	1443		1543		1642		1742		1842
Pengam	d	1446		1546		1645		1745		1845
Gilfach Fargoed	d	1449		1549		1648		1748		1848
Bargoed	a	1454		1554		1653		1753		1853
Brithdir	d	1457		1557		1656		1756		1856
Tir-phil	d	1500		1600		1659		1759		1859
Pontlotyn / Pontlottyn	d	1505		1605		1704		1804		1904
Rhymni / Rhymney	a	1509		1609		1709		1808		1908

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Sul				
Penarth - Cardiff - Caerphilly - Rhymney Valley						Sundays				
	TfW	TfW	TfW	TfW	TfW					
Penarth	d			1947		2052				
Heol Dingle / Dingle Road	d			1949		2054				
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1806		1906	2006					
Grangetown	d	1834		1953	2033	2058				
Caerdydd Canolog / Cardiff Central	a			2001		2106				
Caerdydd Canolog / Cardiff Central	d	1906	1941	2005	2045	2111				
Heol y Frenhines / Cardiff Queen St	d	1910	1946	2009	2049	2115				
Lefel Uchel / Heath High Level	d	1915	1951	2014	2054	2120				
Llanishen	d	1918	1954	2017	2057	2123				
Llysfan / Lisvane & Thornhill	d	1920	1957	2019	2100	2126				
Caerffili / Caerphilly	d	1926	2005a	2025	2108a	2132				
Aber	d	1928		2027		2134				
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1931		2030		2137				
Llanbradach	d	1934		2033		2140				
Ystrad Mynach	a	1940		2039		2146				
Ystrad Mynach	d	1940		2039		2146				
Hengoed	d	1942		2042		2149				
Pengam	d	1946		2045		2152				
Gilfach Fargoed	d	1949		2048		2155				
Bargoed	a	1953		2053		2200				
Brithdir	d	1957		2056		2204				
Tir-phil	d	2000		2059		2207				
Pontlotyn / Pontlottyn	d	2004		2104		2212				
Rhymni / Rhymney	a	2009		2108		2216				

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Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr

Amser cysylltu a argymhellir

Yn parhau mewn colofn ddiweddarach

Parhad o golofn gynharach

Great Western Railway

West Midlands Trains

Trafnidiaeth Cymru

Avanti West Coast

Northern

Cross Country

Standard notes

Times in **red type** indicate connecting services.

**a** Arrival time

**d** Departure time

**s** Stops to set down only

**u** Stops to pick up only

**x** Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver

**10** Recommended connecting time

→ Continued in later column

← Continued from earlier column

**GW** Great Western Railway

**LM** West Midlands Trains

**TfW** Transport for Wales

**VT** Avanti West Coast

**NT** Northern

**XC** Cross Country