

# Amserau Trenau | Train Times

15 Mai 2022 - 10 Rhagfyr 2022 | 15 May 2022 - 10 December 2022

## Caergybi - Caerdydd Canolog (crynodeb)

Holyhead - Cardiff Central (summary)



Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i [trc.cymru](http://trc.cymru)

Services are subject to change, check before you travel, visit [tfw.wales](http://tfw.wales)



### Teithio'n saffach

Ystyriwch bobl eraill - rydym yn argymhell eich bod yn gwisgo gorchudd wyneb

### Travel safer

Consider others - we recommend you wear a face covering



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, lawrlwythwch ap TrC neu ewch i [trc.cymru/gwiriwr-capasiti](http://trc.cymru/gwiriwr-capasiti)

Find trains with space: use our Capacity Checker and Travel Safer, download the TFW app or visit [tfw.wales/capacity-checker](http://tfw.wales/capacity-checker)



TRAFNIDIAETH CYMRU  
TRANSPORT FOR WALES

TTB04d\_DLB\_V1\_04/22

# Paid â chael dy ddal!

# Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.\*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.\*

If you don't, you risk prosecution and fines of up to **£1000**.

\* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

\*National Rail Conditions of Travel and Railway Byelaws 2005



	TfW	TfW ■	TfW E	TfW F	TfW ■	TfW E	TfW E	TfW ■	TfW FX	TfW FO	
Caerdydd Canolog / Cardiff Central	d	05 12	0645	0922	0922	1122	1322	1523	17 16	1941	1941
Casnewydd / Newport	d	0531	0659	0936	0936	1136	1337	1537	1731	1955	1955
Cwmbrân	d	0542	07 10	0947	0947	1147	1347	1547	1742	2005	2005
Pontypwl / Pontypool & New Inn	d	0548	07 18	0952	0952	1154	1353	1553	1749	20 10	20 10
Y Fenni / Abergavenny	d	0557	0729	1002	1002	1205	1402	1602	1800	2020	2020
Henffordd / Hereford	d	0625	0754	1029	1029	1230	1429	1628	1825	2046	2046
Llanllieni / Leominster	d	0638						164 1		2059	2059
Llwydlo / Ludlow	d	0649	08 16	1050	1050	125 1	1450	1652		2 110	2 110
Craven Arms	d	0657		1058	1058		1459	170 1		2 118	2 118
Church Stretton	d	0708		1107	1107		1508	17 10		2 127	2 127
Shrewsbury	a	0725	0846	1122	1122	1325	1524	1724	1909	2 142	2 142
Amwythig / Shrewsbury	d	0728	0850	1130	1130	1329	1529	1728	1909	2 146	2 146
Gobowen	d	0745	0908	1147	1147	1347	1546	1746		2204	2204
Y Waun / Chirk	d	0751	09 14	1153	1153	1353	1552	175 1		2209	2209
Rhiwabon / Ruabon	d	0757	092 1	1159	1159	1400	1558	1758		22 16	22 16
Wrecsam Cyffredinol / Wrexham General	d	0804	0930	1209	1209	1409	1608	1805	1938	2222	2222
Crewe	a										
Crewe	d										
Caer / Chester	a	082 1	0947	1226	1226	1426	1625	1822	1958	2243	2243
Caer / Chester	d	0825	0952	123 1	123 1	1430	1629	1826	2002	2257	2257
Shotton	d	0833						1834		2306	2306
Y Fflint / Flint	d	0839		1244	1244	1443	164 1	1840	20 14	23 12	23 12
Prestatyn	d	0852		1257	1257	1457	1654	1853		2325	2325
Rhyl	d	0858		1303	1303	1503	1700	1859	203 1	2331	2331
Abergele & Pensarn	d	0904				15 10		1905		2337	2337
Bae Colwyn / Colwyn Bay	d	0912		13 14	13 14	15 19	17 10	19 13	2044	2345	2345
Cyffordd Llandudno / Llandudno Junction	a	09 18	1032	132 1	132 1	1527	17 17	19 18	205 1	2352	2352
Cyffordd Llandudno / Llandudno Junction	d	09 18	1032	1324	1324	1533	17 18	19 19	2054	2353	2353
Conwy	d	092 1x					172 1x			2356x	2356x
Penmaenmawr	d	0927x					1727x			0002x	0002x
Llanfairfechan	d	093 1x					1732x			0006x	0006x
Bangor (Gwynedd)	d	0941	1050	134 1	134 1	155 1	174 1	1937	2111	00 16	00 15
Llanfairpwll	d			1348x	1348x		1748x	1944x			
Bodorgan	d			1358x	1358x		1758x	1954x			
Ty Croes	d			1402x	1402x		1803x	1959x			
Rhosneigr	d			1405x	1405x		1806x	2002x			
Y Fali / Valley	d			14 11x	14 11x		18 12x	2008x			
Caerdybi / Holyhead	a	1009	1120	14 19	14 19	1620	182 1	2020	2 142	0043	0043

## Nodiadau

E O 12 Medi  
 F Tan 9 Medi  
 FX Dydd Llun i ddydd Iau  
 FO Dydd Gwener yn unig




## Notes

E From 12 September  
 F Until 9 September  
 FX Monday to Thursday  
 FO Friday only

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
 Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.  
 Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 48 49 50.

	TfW	TfW ■	TfW D	TfW II	TfW II G	TfW ■	TfW II	TfW ■		
Caerdydd / Holyhead 	d	0425	0533	0625	0805	1041	1133	1434	1636	
Y Fali / Valley	d	0432x		0632x	0812x	1047x				
Rhosneigr	d			0637x	0817x					
Ty Croes	d			0641x	0821x					
Bodorgan	d			0646x	0826x					
Llanfairpwll	d	0449x		0656x	0836x					
<b>Bangor</b>	d	0457	0600	0704	0855	1110	1200	1501	1703	
Llanfairfechan	d				0903x			1509x		
Penmaenmawr	d				0907x			1513x		
Conwy	d				0914x			1520x		
Cyffordd Llandudno / Llandudno Junction	a	0514	0618	0721	0918	1127	1218	1524	1721	
Cyffordd Llandudno / Llandudno Junction	d	0515	0621	0726	0925	1128	1218	1527	1721	
Bae Colwyn / Colwyn Bay	d	0521	0628	0732	0931	1134	1226	1533	1729	
Abergele & Pensarn	d								1737	
Rhyl	d	0530	0640	0741	0940	1143	1237	1542	1744	
Prestatyn	d	0536		0747	0946	1149	1243	1548	1750	
Y Fflint / Flint	d	0549	0657	0800	0959	1202	1257	1601	1803	
Shotton	d									
Caer / Chester	a	0608	0712	0816	1016	1217	1312	1619	1818	
Caer / Chester	d	0620	0716	0820	1021	1221	1316	1623	1822	
Crewe	a									
Crewe	d	0558	0709	0809		1209	1310		1812	
Wrexham Cyffredinol / Wrexham General	d	0635	0735	0835	1035	1239	1330	1637	1837	
Rhiwabon / Ruabon	d	0642		0842	1042	1246	1338	1644	1845	
Y Waun / Chirk	d	0648		0849	1049	1252	1345	1651	1852	
Gobowen	d	0654		0854	1054	1258	1351	1656	1857	
Shrewsbury	a	0714	0806	0913	1113	1317	1416	1715	1921	
Amwythig / Shrewsbury	d	0717	0807	0915	1116	1317	1418	1716	1925	
Church Stretton	d			0930				1731	1940	
Craven Arms	d			0938	1136	1340		1739	1949	
Llwydlo / Ludlow	d	0743	0836	0945	1143	1348		1746	1959	
Llanllieni / Leominster	d	0753						1757		
Henffordd / Hereford 	d	0810	0901	1010	1209	1413	1510	1816	2024	
Y Fenni / Abergavenny	d	0833		1033	1232	1436	1532	1840	2047	
Pontypwl / Pontypool & New Inn	d	0843		1043	1242					
Cwmbrân	d	0848		1048	1247		1546	1853	2101	
Casnewydd / Newport	d	0902	0944	1101	1300	1458	1601	1906	2115	
Caerdydd Canolog / Cardiff Central 	a	0917	0958	1116	1314	1511	1615	1925	2128	

## Nodiadau

D I Maesteg

G I Llanelli

## Notes

D To Maesteg

G To Llanelli

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
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	TfW	TfW I	TfW II	TfW III	TfW IV	TfW V	TfW VI	TfW VII	TfW VIII	TfW IX	
Caerdydd Canolog / Cardiff Central	d	0520	0722	0923	1123	1322	1523	1523	1723	1941	
Casnewydd / Newport	d	0534	0737	0938	1137	1336	1538	1538	1736	1955	
Cwmbrân	d	0545	0747	0948	1147	1346	1548	1548	1747	2005	
Pontypwl / Pontypool & New Inn	d	0550	0753	0954	1153	1352	1554	1554	1752	2011	
Y Fenni / Abergavenny	d	0600	0802	1004	1202	1401	1603	1603	1802	2020	
Henffordd / Hereford	d	0626	0830	1030	1228	1427	1629	1629	1827	2046	
Llanllieni / Leominster	d	0639					1642	1642		2059	
Llwydlo / Ludlow	d	0650	0851	1051	1249	1448	1654	1654	1848	2110	
Craven Arms	d	0659	0859	1100	1257	1456			1857	2118	
Church Stretton	d	0708	0908	1109	1307	1505	1708	1708	1906	2127	
Shrewsbury	a	0723	0924	1124	1322	1525	1722	1722	1921	2143	
Amwythig / Shrewsbury	d	0726	0927	1127	1327	1530	1726	1726	1928	2143	
Gobowen	d	0743	0944	1144	1345	1547	1743	1743	1945	2200	
Y Waun / Chirk	d	0749	0950	1150	1350	1553	1749	1749	1951	2206	
Rhiwabon / Ruabon	d	0755	0956	1156	1357	1559	1755	1755	1957	2212	
Wrecsam Cyffredinol / Wrexham General	d	0802	1003	1203	1406	1608	1802	1802	2004	2219	
Crewe	a										
Crewe	d										
Caer / Chester	a	0820	1020	1221	1424	1626	1820	1820	2024	2236	
Caer / Chester	d	0824	1024	1225	1428	1630	1829	1829	2029	2240	
Shotton	d						1837	1837	2037	2249	
Y Fflint / Flint	d	0837	1036	1237	1440	1642	1843	1843	2043	2255	
Prestatyn	d	0850	1049	1251	1453	1655	1856	1856	2056	2308	
Rhyl	d	0858	1057	1301	1502	1701	1902	1902	2102	2314	
Abergele & Pensarn	d	0904	1103	1307	1508		1908	1908	2108	2320	
Bae Colwyn / Colwyn Bay	d	0912	1112	1316	1516	1711	1916	1916	2116	2328	
Cyffordd Llandudno / Llandudno Junction	a	0919	1119	1323	1523	1718	1923	1923	2123	2334	
Cyffordd Llandudno / Llandudno Junction	d	0922	1122	1323	1526	1719	1926	1926	2130		
Conwy	d	0925x	1125x			1722x					
Penmaenmawr	d	0931x	1132x			1728x					
Llanfairfechan	d	0936x	1136x			1733x					
Bangor (Gwynedd)	d	0945	1146	1340	1543	1742	1943	1943	2147		
Llanfairpwll	d			1347x	1550x	1749x	1949x	1949x	2154x		
Bodorgan	d	1000x		1357x	1600x	1759x	1959x	1959x	2204x		
Ty Croes	d	1005x		1402x	1604x	1804x	2004x	2004x	2208x		
Rhosneigr	d	1008x		1405x	1607x	1807x	2007x	2007x	2211x		
Y Fali / Valley	d			1411x	1613x	1813x	2013x	2013x	2217x		
Caerdybi / Holyhead	a	1019	1217	1419	1622	1821	2025	2025	2226		

## Nodiadau

H O 17 Medi  
J Tan 10 Medi

## Notes

H From 17 September  
J Until 10 September

	TfW	TfW	TfW	TfW	TfW	TfW	TfW			
	D	D	⚡ D	⚡	⚡ D	⚡	⚡			
Caer gybi / Holyhead	80 d	0425	0631	0816	1030	1238	1427	1648		
Y Fali / Valley	d	0432x	0638x	0823x	1037x					
Rhosneigr	d			0828x						
Ty Croes	d			0832x						
Bodorgan	d			0837x						
Llanfairpwll	d	0449x	0655x	0847x	1054x					
<b>Bangor</b>	d	0457	0703	0855	1102	1305	1455	1715		
Llanfairfechan	d			0903x			1503x			
Penmaenmawr	d			0907x			1507x			
Conwy	d			0914x			1513x			
Cyffordd Llandudno / Llandudno Junction	a	0514	0720	0918	1119	1322	1518	1732		
Cyffordd Llandudno / Llandudno Junction	d	0517	0722	0921	1122	1323	1520	1735		
Bae Colwyn / Colwyn Bay	d	0523	0728	0927	1128	1329	1526	1741		
Abergele & Pensarn	d	0529	0734	0933	1134	1335	1532	1747		
Rhyl	d	0534	0740	0939	1140	1340	1537	1753		
Prestatyn	d	0540	0745	0944	1145	1346	1543	1758		
Y Fflint / Flint	d	0553	0758	0957	1158	1359	1556	1811		
Shotton	d									
Caer / Chester	a	0610	0816	1015	1217	1417	1615	1829		
Caer / Chester	d	0617	0820	1020	1221	1420	1619	1833		
Crewe	a									
Crewe	d	0555	0810	1010		1410	1610			
Wrexham Cyffredinol / Wrexham General	d	0632	0835	1035	1235	1434	1634	1848		
Rhiwabon / Ruabon	d	0639	0842	1042	1242	1441	1641	1855		
Y Waun / Chirk	d	0645	0849	1048	1249	1448	1648	1901		
Gobowen	d	0651	0854	1054	1254	1453	1653	1907		
Shrewsbury	a	0710	0913	1113	1313	1512	1712	1926		
Amwythig / Shrewsbury	d	0718	0917	1116	1316	1515	1716	1927		
Church Stretton	d				1331			1942		
Craven Arms	d				1339			1950		
Llwydlo / Ludlow	d	0744	0945	1142	1346	1541	1742	1957		
Llanllieni / Leominster	d	0755								
Henffordd / Hereford	7 d	0814	1011	1209	1414	1606	1807	2027		
Y Fenni / Abergavenny	d	0837	1034	1232	1438	1629	1830	2050		
Pontypwl / Pontypool & New Inn	d	0848	1044	1242	1448	1639	1840			
Cwmbrân	d	0853	1049	1247	1454	1644	1845	2102		
Casnewydd / Newport	d	0905	1102	1259	1506	1656	1857	2115		
Caerdydd Canolog / Cardiff Central	7 a	0920	1116	1316	1526	1710	1911	2130		

## Nodiadau

D I Maesteg

## Notes

D To Maesteg

		TfW TfW	TfW TfW										
Caerdydd Canolog / Cardiff Central	<b>7</b>	d	1329	1522									
Casnewydd / Newport		d	1343	1535									
Cwmbrân		d	1353	1546									
Pontypwl / Pontypool & New Inn		d	1359	1551									
Y Fenni / Abergavenny		d	1408	1601									
Henffordd / Hereford		d	1435	1627									
Llanllieni / Leominster		d	1448	1640									
Llwydlo / Ludlow		d	1459	1651									
Craven Arms		d	1508	1659									
Church Stretton		d		1708									
Shrewsbury		a	1529	1722									
Amwythig / Shrewsbury		d	1533	1732									
Gobowen		d	1551	1749									
Y Waun / Chirk		d	1556	1755									
Rhiwabon / Ruabon		d	1603	1801									
Wrecsam Cyffredinol / Wrexham General		d	16 10	1809									
Crewe		a											
Crewe		d											
Caer / Chester		a	1629	1826									
Caer / Chester		d	1636	1830									
Shotton		d	1645	1839									
Y Fflint / Flint		d	1651	1845									
Prestatyn		d	1704	1858									
Rhyl		d	17 10	1904									
Abergele & Pensarn		d	17 16	19 10									
Bae Colwyn / Colwyn Bay		d	1724	19 18									
Cyffordd Llandudno / Llandudno Junction		a	1731	1924									
Cyffordd Llandudno / Llandudno Junction		d	1734	1928									
Conwy		d	1737x	193 1x									
Penmaenmawr		d	1743x	1937x									
Llanfairfechan		d	1748x	1942x									
Bangor (Gwynedd)		d	1757	195 1									
Llanfairpwll		d	1804x										
Bodorgan		d	18 14x										
Ty Croes		d	18 19x										
Rhosneigr		d	1822x										
Y Fali / Valley		d	1828x										
Caerdybi / Holyhead	<b>80</b>	a	1838	20 19									

	TfW T	TfW K										
Caerdydd / Holyhead	d	1020	1625									
Y Fali / Valley	d	1026x	1631x									
Rhosneigr	d	1032x	1637x									
Ty Croes	d	1036x	1641x									
Bodorgan	d	1040x	1645x									
Llanfairpwll	d	1051x	1656x									
<b>Bangor</b>	d	1059	1704									
Llanfairfechan	d	1108x										
Penmaenmawr	d	1112x										
Conwy	d	1118x										
Cyffordd Llandudno / Llandudno Junction	a	1123	1722									
Cyffordd Llandudno / Llandudno Junction	d	1123	1725									
Bae Colwyn / Colwyn Bay	d	1129	1731									
Abergele & Pensarn	d	1136	1738									
Rhyl	d	1142	1744									
Prestatyn	d	1147	1749									
Y Fflint / Flint	d	1201	1803									
Shotton	d	1206	1810									
<b>Caer / Chester</b>	a	1221	1822									
<b>Caer / Chester</b>	d	1229	1826									
Crewe	a											
<b>Crewe</b>	d											
Wrexham Cyffredinol / Wrexham General	d	1244	1841									
Rhiwabon / Ruabon	d	1251	1848									
Y Waun / Chirk	d	1257	1855									
Gobowen	d	1303	1900									
Shrewsbury	a	1322	1920									
<b>Amwythig / Shrewsbury</b>	d	1325	1922									
Church Stretton	d	1340	1938									
Craven Arms	d	1348	1946									
Llwydlo / Ludlow	d	1356	1954									
Llanllieni / Leominster	d	1407	2004									
<b>Henffordd / Hereford</b>	d	1423	2022									
Y Fenni / Abergavenny	d	1446	2045									
Pontypwl / Pontypool & New Inn	d	1456	2056									
Cwmbrân	d	1501	2101									
Casnewydd / Newport	d	1513	2114									
<b>Caerdydd Canolog / Cardiff Central</b>	a	1528	2130									

## Nodiadau

K Tan 11 Medi

## Notes

K Until 11 September

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 484 950.



## Nodiadau safonol

## Standard notes

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Times in **red type** indicate connecting services.

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Amser cyrraedd	<b>a</b>	Arrival time
Amser ymadael	<b>d</b>	Departure time
Yn aros i ollwng teithwyr yn unig	<b>s</b>	Stops to set down only
Yn aros i godi teithwyr yn unig	<b>u</b>	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	<b>x</b>	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	<b>10</b>	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	→	Continued in later column
Parhad o golofn gynharach	←	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	<b>1</b>	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd	<b>☺</b>	An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty (i ddeiliaid tocynnau Dosbarth Cyntaf neu docynnau Dosbarth Busnes Tfw) a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth	<b>🍴</b>	A restaurant (for 1st Class ticket holders, or Tfw Business Class ticket holders) and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael	<b>🍽</b>	A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	<b>GW</b>	Great Western Railway
West Midlands Trains	<b>LM</b>	West Midlands Trains
Trafnidiaeth Cymru	<b>TfW</b>	Transport for Wales
Avanti West Coast	<b>VT</b>	Avanti West Coast
Northern	<b>NT</b>	Northern
Cross Country	<b>XC</b>	Cross Country

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.  
This information was correct at the time of publication.

#### Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddifrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

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Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr  
ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501 RelayUK: 18001 033 300 50 501** neu ewch i **trc.cymru/teithio-hygyrch**.  
Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.  
You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501 RelayUK: 18001 033 300 50 501** or visit **tfw.wales/accessible-travel**.  
You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd. Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên.  
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