Amserau Trenau | Train Times

11 Rhagfyr 2022 - 20 Mai 2023 | 11 December 2022 - 20 May 2023

Gorllewin Cymru - Abertawe - Caerdydd
West Wales - Swansea - Cardiff

Canllaw yn unig yw'r llyfrynnau amserlenni. Dyw newidiadau oherwydd gwaith peirianyddol neu darfu anisgwyliedig ar y diwrnod ddim wedi'u cynnwys. Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i **trc.cymru**

Timetable booklets are provided as a guide only. Changes due to engineering works or on-the-day unplanned disruption are not included. Services are subject to change, check before you travel, visit **tfw.wales**

TTB03b_DLB_V1_12/22

TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

fflecsi

Archebadwy, hyblyg I deithio

Mae fflecsi yn ffordd newydd o deithio ar fws.

Eich codi chi pan fydd ei angen arnoch a'ch gollwng lle rydych chi am fynd.

Mae fflecsi yn cysylltu â gorsafoedd Hwlffordd ac Abergwaun.

Bookable, flexible travel

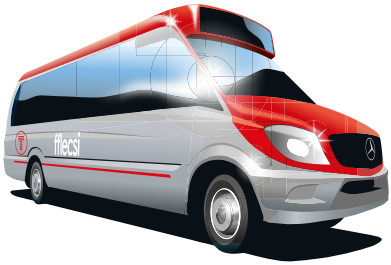
fflecsi is a new way to travel by bus.

Picking you up when you need it and dropping you off where you want to go.

fflecsi connects to Haverfordwest and Fishguard stations.

gwefan | ap | ffôn
web | app | phone

0300 234 0300



Paid â chael dy ddal!

Don't get caught red-handed!

Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trên - dyna'r gyfraith.*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at £1000 o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.*

If you don't, you risk prosecution and fines of up to £1000.

* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

*National Rail Conditions of Travel and Railway Byelaws 2005

trc.cymru/diogelu-refeniw

tfw.wales/revenue-protection

TEITHIO'N SAFFACH GYDA'N GWIRIWR CAPASITI

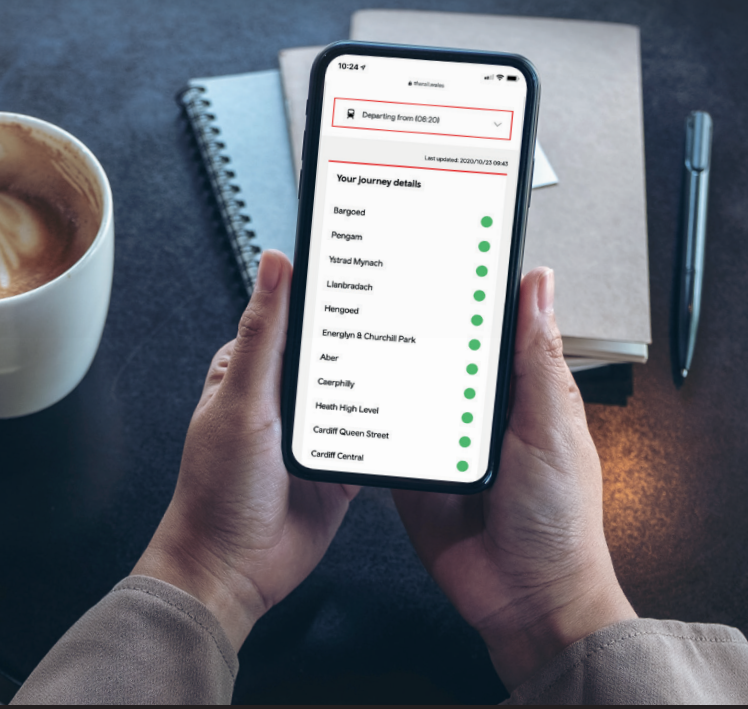
Gynllunio ymlaen llaw, gweld pa mor brysur yw ein trenau fel arfer a phenderfynu pryd i deithio.

Ewch i **trctrenau.cymru** neu fwrw golwg ar ap **TrC**.

TRAVEL SAFER WITH OUR CAPACITY CHECKER

Plan ahead, check how busy our trains usually are and decide when to travel.

Visit **tfwrail.wales** or check the **TfW** app.



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Gorllewin Cymru - Abertawe - Caerdydd | **Dydd Llun i ddydd Gwener**

West Wales - Swansea - Cardiff | Mondays to Fridays

		GW 1R	GW 1R	GW 1R	TfW ◇	TfW ◇ G	GW 1R	TfW 1R	GW 1R	GW 1R	TfW R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d										
Johnston	d										
Hwlffordd / Haverfordwest	d										
Clarbeston Road	d										
Clunderwen	d										
Doc Penfro / Pembroke Dock	d										
Penfro / Pembroke	d										
Llandyfail / Lamphey	d										
Maenorbyr / Manorbier	d										
Penalun / Penally	d										
Dinbych-y-Pysgod / Tenby	d										
Saundersfoot	d										
Cilgeti / Kilgetty	d										
Arberth / Narberth	d										
Hendy-gwyn / Whitland	a										
Hendy-gwyn / Whitland	d										
Caerfyrddin / Carmarthen	a										
Caerfyrddin / Carmarthen	d				0438	0447					0545
Glanyfferi / Ferryside	d										0555
Cydweli / Kidwelly	d										0601
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d					0506					0608
Llanelli	a				0501	0512					0614
Llanelli	d				0501	0513					0615
Tre-gwyr / Gowerton	d										0622
Abertawe / Swansea	a				0520						0635
Abertawe / Swansea	d	0341	0346	0459			0528	0536	0558	0628	0638
Llansamlet	d										0644
Sgiwen / Skewen	d										0649
Castell Nedd / Neath	d	0353	0358	0511			0540	0548	0610	0640	0653
Llansawel / Briton Ferry	d										0656
Baglan	d										0700
Parcffordd Port Talbot Parkway	d	0400	0405	0518			0547	0555	0617	0647	0705
Y Pil / Pyle	d										0712
Pen-y-Bont ar Ogwr / Bridgend	a	0413	0425	0530			0559	0611	0629	0659	0719
Pen-y-Bont ar Ogwr / Bridgend	d	0414	0427	0531			0600	0612	0630	0700	0719
Pencoed	d										0726
Llanharan	d										
Pontyclun	d										0733
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	0504	0504	0551			0620	0632	0650	0720	0747
Caerdydd Canolog / Cardiff Central 7	d	0507	0507	0554			0623	0635	0653	0723	0750
Casnewydd / Newport	a	0524	0524	0605			0635	0648	0704	0735	0803
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a							1015			1115
Filton Abbey Wood	a			0710			0735	0807			
Bryste Temple Meads / Bristol Temple Meads 16	a			0718			0750	0816			
Parcffordd Bryste / Bristol Parkway 7	a	0551	0551	0626			0656		0725	0758	
Reading 7	a	0649	0648	0718			0749		0818		
Llundain Paddington / London Paddington 15	a	0716	0716	0744			0816		0844	0914	

Nodiadau

G I Lanymddyfri

Notes

G To Llandovery

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.

Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri. Please check restrictions before travel.

Gorllewin Cymru - Abertawe - Caerdydd — **Dydd Llun i ddydd Gwener**

West Wales - Swansea - Cardiff — Mondays to Fridays

		GW 1R	TfW ◇	GW 1R	GW 1R	TfW ◇	TfW	TfW ◇	GW 1R	TfW R	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d						0650				
Abergwaun ac Wdig/ Fishguard & Goodwick	d						0653				
Aberdaugleddau / Milford Haven	d					0554				0701	
Johnston	d					0602x				0709x	
Hwlffordd / Haverfordwest	d					0609				0716	
Clarbeston Road	d					0617x	0714a			0724x	
Clunderwen	d					0625x				0731x	
Doc Penfro / Pembroke Dock	d										0659
Penfro / Pembroke	d										0707
Llandyfail / Lamphey	d										0710x
Maenorbyr / Manorbier	d										0718
Penalun / Penally	d										0724x
Dinbych-y-Pysgod / Tenby	d										0729
Saundersfoot	d										0736x
Cilgeti / Kilgetty	d										0738x
Arberth / Narberth	d										0748x
Hendy-gwyn / Whitland	a					0632				0737	0756
Hendy-gwyn / Whitland	d					0632				0737	0756
Caerfyrddin / Carmarthen	a					0647				0753	0813
Caerfyrddin / Carmarthen	d		0603			0652			0725	0756	0815
Glanyfferi / Ferryside	d		0613			0702			0737	0806	0826
Cydweli / Kidwelly	d		0619			0708			0744	0812	0832
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		0626			0715			0751	0819	0839
Llanelli	a		0632			0721		0729	0757	0825	0845
Llanelli	d		0633			0722		0743	0758	0826	0845
Tre-gwyr / Gowerton	d		0640			0729		0751		0833	
Abertawe / Swansea	a		0654			0741		0805	0814	0845	0903
Abertawe / Swansea	d	0657	0704	0720	0743	0749			0823	0848	
Llansamlet	d									0855	
Sgiwen / Skewen	d									0859	
Castell Nedd / Neath	d	0710	0715	0732	0755	0800			0835	0903	
Llansawel / Briton Ferry	d									0907	
Baglan	d									0911	
Parcffordd Port Talbot Parkway	d	0717	0722	0739	0802	0807			0842	0915	
Y Pil / Pyle	d		0729			0814				0922	
Pen-y-Bont ar Ogwr / Bridgend	a	0729	0736	0751	0814	0822			0854	0930	
Pen-y-Bont ar Ogwr / Bridgend	d	0730	0737	0752	0815	0822			0855	0930	
Pencoed	d		0743								
Llanharan	d		0747			0829					
Pontyclun	d		0752								
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	0750	0808	0812	0835	0847			0915	0951	
Caerdydd Canolog / Cardiff Central 7	d	0755		0817	0841				0918	0954	
Casnewydd / Newport	a	0807		0828	0853				0929	1007	
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a									1315	
Filton Abbey Wood	a		0944		1007					1106	
Bryste Temple Meads / Bristol Temple Meads 10	a		0953		1016					1117	
Parcffordd Bryste / Bristol Parkway 7	a	0827		0854	0915	1023			0954	1115	
Reading 7	a	0919		0945	1006	1118			1045	1214	
Llundain Paddington / London Paddington 15	a	0944		1011	1034	1144			1111	1240	

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd | **Dydd Llun i ddydd Gwener**

West Wales - Swansea - Cardiff | Mondays to Fridays

		GW 1 R	TfW ◇	TfW ◇	GW 1 R	TfW R	TfW ◇	TfW	GW 1 R	TfW ◇	GW 1 R R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d			0751				0954			
Abergwaun ac Wdig/ Fishguard & Goodwick	d			0754				0957			
Aberdaugleddau / Milford Haven	d					0901					
Johnston	d					0909x					
Hwlffordd / Haverfordwest	d					0916					
Clarbeston Road	d			0813x		0924x		1016			
Clunderwen	d			0821x		0932x					
Doc Penfro / Pembroke Dock	d						0909				
Penfro / Pembroke	d						0917				
Llandyfail / Lamphey	d						0920x				
Maenorbyr / Manorbier	d						0929				
Penalun / Penally	d						0934x				
Dinbych-y-Pysgod / Tenby	d						0940				
Saundersfoot	d						0948x				
Cilgeti / Kilgetty	d						0950x				
Arberth / Narberth	d						1000x				
Hendy-gwyn / Whitland	a			0827		0938	1009	1029			
Hendy-gwyn / Whitland	d			0828		0938	1009	1029			
Caerfyrddin / Carmarthen	a			0843		0954	1027	1046			
Caerfyrddin / Carmarthen	d			0853		1000	1030			1058	
Glanyfferi / Ferryside	d			0903						1108	
Cydweli / Kidwelly	d			0909						1114	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			0916		1018	1049			1121	
Llanelli	a		0905	0923		1024	1056			1128	
Llanelli	d		0910	0923		1025	1056			1128	
Tre-gwyr / Gowerton	d		0918	0931			1104			1136	
Abertawe / Swansea	a		0933	0945		1042	1117			1148	
Abertawe / Swansea	d	0923		0951	1023	1045			1123	1152	1223
Llansamlet	d					1052					
Sgiwen / Skewen	d					1056					
Castell Nedd / Neath	d	0935		1002	1035	1101			1135	1203	1235
Llansawel / Briton Ferry	d					1105					
Baglan	d					1109					
Parcffordd Port Talbot Parkway	d	0942		1011	1042	1113			1142	1212	1242
Y Pil / Pyle	d					1120					
Pen-y-Bont ar Ogwr / Bridgend	a	0954		1025	1054	1128			1154	1226	1254
Pen-y-Bont ar Ogwr / Bridgend	d	0955		1025	1055	1128			1155	1226	1255
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1015		1047	1115	1150			1215	1248	1315
Caerdydd Canolog / Cardiff Central 7	d	1018			1118	1154			1218		1318
Casnewydd / Newport	a	1032			1129	1207			1229		1329
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a					1515					
Filton Abbey Wood	a			1207		1306				1409	
Bryste Temple Meads / Bristol Temple Meads 10	a			1216		1319				1417	
Parcffordd Bryste / Bristol Parkway 7	a	1055		1223	1152	1326			1254	1426	1353
Reading 7	a	1146		1314	1245	1416			1345	1515	1445
Llundain Paddington / London Paddington 15	a	1211		1341	1312	1444			1414	1541	1512

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd
West Wales - Swansea - Cardiff

Dydd Llun i ddydd Gwener
Mondays to Fridays

		TfW R	TfW ◇	TfW ◇	GW 1R	TfW R	GW 1R	TfW R	TfW R	TfW R L	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d							1250			
Abergwaun ac Wdig/ Fishguard & Goodwick	d							1253			
Aberdaugleddau / Milford Haven	d	1103							1300		
Johnston	d	1111x							1308x		
Hwlffordd / Haverfordwest	d	1118							1315		
Clarbeston Road	d	1126x						1312	1323x		
Clunderwen	d	1134x							1331x		
Doc Penfro / Pembroke Dock	d			1109							1309
Penfro / Pembroke	d			1117							1317
Llandyfail / Lamphey	d			1120x							1320x
Maenorbyr / Manorbier	d			1129							1329
Penalun / Penally	d			1134x							1334x
Dinbych-y-Pysgod / Tenby	d			1142							1342
Saundersfoot	d			1150x							1350x
Cilgeti / Kilgetty	d			1152x							1352x
Arberth / Narberth	d			1202x							1402x
Hendy-gwyn / Whitland	a	1141		1210				1325	1337		1411
Hendy-gwyn / Whitland	d	1141		1210				1326	1337		1411
Caerfyrddin / Carmarthen	a	1157		1228				1342	1353		1429
Caerfyrddin / Carmarthen	d	1201		1231		1301		1347	1357		1432
Glanyfferi / Ferryside	d					1311					
Cydweli / Kidwelly	d					1317					
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	1219		1251		1324			1415		1451
Llanelli	a	1225	1237	1258		1330		1410	1421		1458
Llanelli	d	1226	1240	1259		1331		1411	1422		1459
Tre-gwyr / Gowerton	d	1233	1248			1338			1429		
Abertawe / Swansea	a	1245	1301	1318		1350			1443		1516
Abertawe / Swansea	d	1249			1323	1400	1423		1448	1505	
Llansamlet	d	1256								1512	
Sgiwen	d	1300								1516	
Castell Nedd / Neath	d	1305			1335	1411	1435		1500	1521	
Llansawel / Briton Ferry	d	1309								1525	
Baglan	d	1313								1529	
Parcffordd Port Talbot Parkway	d	1317			1342	1419	1442	1447	1508	1533	
Y Pil / Pyle	d	1324						1455	1515	1540	
Pen-y-Bont ar Ogwr / Bridgend	a	1332			1354	1431	1454	1503	1522	1550	
Pen-y-Bont ar Ogwr / Bridgend	d	1332			1355	1434	1455	1504	1523	1550	
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1354			1415	1458	1515	1527	1545	1612	
Caerdydd Canolog / Cardiff Central 7	d	1357			1418		1518		1549	1622	
Casnewydd / Newport	a	1410			1429		1529		1602	1635	
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a	1715							1915		
Filton Abbey Wood	a	1506				1608		1706			
Bryste Temple Meads / Bristol Temple Meads 10	a	1517				1617		1715			
Parcffordd Bryste / Bristol Parkway 7	a	1526			1450	1626	1554				
Reading 7	a	1616			1544	1717	1645				
Llundain Paddington / London Paddington 15	a	1641			1609	1744	1714				

Nodiadau

L I Gaer

Notes

L To Chester

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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Gorllewin Cymru - Abertawe - Caerdydd West Wales - Swansea - Cardiff		Dydd Llun i ddydd Gwener Mondays to Fridays									
		GW 1R	TfW ◇	TfW R	GW 1R	TfW R	TfW R L	TfW ◇	GW 1R	TfW ◇	GW 1R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d					1507					
Johnston	d					15 15x					
Hwlffordd / Haverfordwest	d					1522					
Clarbeston Road	d					1530x					
Clunderwen	d					1538x					
Doc Penfro / Pembroke Dock	d							1506			
Penfro / Pembroke	d							15 14			
Llandyfail / Lamphey	d							15 17x			
Maenorbyr / Manorbier	d							1526			
Penalun / Penally	d							153 1x			
Dinbych-y-Pysgod / Tenby	d							1538			
Saundersfoot	d							1546x			
Cilgeti / Kilgetty	d							1548x			
Arberth / Narberth	d							1558x			
Hendy-gwyn / Whitland	a					1545		1607			
Hendy-gwyn / Whitland	d					1545		1607			
Caerfyrddin / Carmarthen	a					160 1		1624			
Caerfyrddin / Carmarthen	d			150 1		1606		1627		1655	
Glanyfferi / Ferryside	d			15 11						1705	
Cydweli / Kidwelly	d			15 17						17 11	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			1524		1624		1646		17 18	
Llanelli	a		1506	1530		163 1		1653		1724	
Llanelli	d		15 10	153 1		163 1	1645	1653		1725	
Tre-gwyr / Gowerton	d		15 18	1538		1638		170 1		1732	
Abertawe / Swansea	a		1534	1553		165 1	1703	17 18		1744	
Abertawe / Swansea	d	1523		160 1	1623	1655	1705		1723	1747	1823
Llansamlet	d						17 11			1754	
Sgiwen / Skewen	d						17 16			1758	
Castell Nedd / Neath	d	1535		16 12	1635	1706	1720		1735	1803	1835
Llansawel / Briton Ferry	d						1723			1807	
Baglan	d						1727			18 11	
Parcffordd Port Talbot Parkway	d	1542		1620	1642	17 13	173 1		1742	18 15	1842
Y Pil / Pyle	d						1738			1822	
Pen-y-Bont ar Ogwr / Bridgend	a	1554		1632	1654	1725	1746		1755	1830	1854
Pen-y-Bont ar Ogwr / Bridgend	d	1555		1634	1655	1725	1746		1756	1830	1855
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	16 15		1658	17 15	1746	1808		18 16	185 1	19 15
Caerdydd Canolog / Cardiff Central 7	d	16 18			1720	1749	1825		18 18		19 18
Casnewydd / Newport	a	1629			1732	1802	1838		1830		1930
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a					2 1 15					
Filton Abbey Wood	a			1806		19 11				2006	
Bryste Temple Meads / Bristol Temple Meads 10	a			18 15		19 19				20 16	
Parcffordd Bryste / Bristol Parkway 7	a	1650		1826	1755				185 1		1953
Reading 7	a	1747		19 16	1847				1946		2044
Llundain Paddington / London Paddington 15	a	18 14		1944	19 14				20 15		2 1 10

Nodiadau

L I Gaer

Notes

L To Chester

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd
West Wales - Swansea - Cardiff

Dydd Llun i ddydd Gwener
Mondays to Fridays

		TfW ◇	TfW ◇	GW 1R	TfW ◇	TfW ◇	GW 1R	TfW ◇	TfW ◇	TfW ◇	GW 1R FO
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d								1905		
Abergwaun ac Wdig/ Fishguard & Goodwick	d								1908		
Aberdaugleddau / Milford Haven	d	17 10								19 15	
Johnston	d	17 18x								1923x	
Hwlffordd / Haverfordwest	d	1725								1930	
Clarbeston Road	d	1733x							1927	1938x	
Clunderwen	d	174 1x								1946x	
Doc Penfro / Pembroke Dock	d		1709					19 19			
Penfro / Pembroke	d		17 17					1927			
Llandyfail / Lamphey	d		1720x					193 1x			
Maenorbyr / Manorbier	d		1729					1939			
Penalun / Penally	d		1734x					1944x			
Dinbych-y-Pysgod / Tenby	d		1740					1948a			
Saundersfoot	d		1748x								
Cilgeti / Kilgetty	d		1750x								
Arberth / Narberth	d		1800x								
Hendy-gwyn / Whitland	a	1747	1809						1940	1952	
Hendy-gwyn / Whitland	d	1748	1809						1940	1952	
Caerfyrddin / Carmarthen	a	1804	1827						1957	2008	
Caerfyrddin / Carmarthen	d	1808	1830			1850			2000	20 12	
Glanyfferi / Ferryside	d	18 18				190 1					
Cydweli / Kidwelly	d	1824				1907					
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	183 1	1849			19 15			20 18	2030	
Llanelli	a	1838	1856		1904	1922			2025	2036	
Llanelli	d	1838	1857		1907	1922			2025	2037	
Tre-gwyr / Gowerton	d	1846	1905		19 15	1930				2044	
Abertawe / Swansea	a	190 1	19 18		1937	1945			2042	2057	
Abertawe / Swansea	d	1904		1923		1949	2023			2 10 1	2 123
Llansamlet	d	19 11									
Sgiwen / Skewen	d	19 16									
Castell Nedd / Neath	d	1920		1935		2000	2035			2 112	2 135
Llansawel / Briton Ferry	d	1924									
Baglan	d	1928									
Parcffordd Port Talbot Parkway	d	1933		1942		2007	2042			2 119	2 142
Y Pil / Pyle	d	1940									
Pen-y-Bont ar Ogwr / Bridgend	a	1949		1954		202 1	2054			2 13 1	2 154
Pen-y-Bont ar Ogwr / Bridgend	d	1949		1955		202 1	2055			2 13 1	2 155
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d									2203	
Caerdydd Canolog / Cardiff Central 7	a	20 16		20 17		2046	2 115			22 11	22 15
Caerdydd Canolog / Cardiff Central 7	d			202 1			2 120				22 18
Casnewydd / Newport	a			2032			2 132				223 1
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a	2 113					2248			23 11	
Bryste Temple Meads / Bristol Temple Meads 10	a	2 12 1								2320	
Parcffordd Bryste / Bristol Parkway 7	a			2054			2 153				2255
Reading 7	a			2 144			2243				
Llundain Paddington / London Paddington 15	a			2209			2309				

Nodiadau

FO Dyd Gwener yn unig

Notes

FO Friday only

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri. Please check restrictions before travel.

		GW 1 B FX	TfW ◇	TfW	TfW ◇	TfW ◇	TfW ◇	TfW	TfW ◇	TfW ◇	TfW
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d							22 15			
Abergwaun ac Wdig/ Fishguard & Goodwick	d							22 18			
Aberdaugleddau / Milford Haven	d			204 1							2325
Johnston	d			2049x							2333x
Hwlffordd / Haverfordwest	d			2056							2340
Clarbeston Road	d			2 104x				2237			2348x
Clunderwen	d			2 11 1x				2245x			2356x
Doc Penfro / Pembroke Dock	d				2 109					2227	
Penfro / Pembroke	d				2 117					2235	
Llandyfail / Lamphey	d				2 120x					2238x	
Maenorbyr / Manorbier	d				2 129					2246	
Penalun / Penally	d				2 134x					2252x	
Dinbych-y-Pysgod / Tenby	d		20 10		2 155					2257	
Saundersfoot	d		20 17x		2203x					2305x	
Cilgeti / Kilgetty	d		20 19x		2205x					2307x	
Arberth / Narberth	d		2029x		22 15x					23 16x	
Hendy-gwyn / Whitland	a		2037	2 118	2224			225 1		2325	0003
Hendy-gwyn / Whitland	d		2037	2 118	2224			225 1		2325	0003
Caerfyrddin / Carmarthen	a		2053	2 135	2243			2308		2343	002 1
Caerfyrddin / Carmarthen	d		2 100					23 11			
Glanyfferi / Ferryside	d		2 110					232 1			
Cydweli / Kidwelly	d		2 116					2327			
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		2 123					2334			
Llanelli	a		2 129			2 14 1		234 1	2342		
Llanelli	d		2 130			2 145		234 1	2348		
Tre-gwyr / Gowerton	d		2 137			2 153		2349	2356		
Abertawe / Swansea	a		2 150			2208		0002	00 16		
Abertawe / Swansea	d	2 123	2 153				2230				
Llansamlet	d		2200				2237				
Sgiwen / Skewen	d		2204				224 1				
Castell Nedd / Neath	d	2 135	2208				2245				
Llansawel / Briton Ferry	d		22 12				2249				
Baglan	d		22 16				2252				
Parcffordd Port Talbot Parkway	d	2 142	2220				2257				
Y Pil / Pyle	d		2227				2304				
Pen-y-Bont ar Ogwr / Bridgend	a	2 154	2234				23 12				
Pen-y-Bont ar Ogwr / Bridgend	d	2 155	2235				23 14				
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d		2255								
Caerdydd Canolog / Cardiff Central 7	a	22 15	2302				2339				
Caerdydd Canolog / Cardiff Central 7	d	22 18									
Casnewydd / Newport	a	223 1									
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a		00 11								
Bryste Temple Meads / Bristol Temple Meads 10	a		0025								
Parcffordd Bryste / Bristol Parkway 7	a	2302									
Reading 7	a										
Llundain Paddington / London Paddington 15	a										

Nodiadau

FX Dydd Llun i ddydd Iau

Notes

FX Monday to Thursday

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd | **Dydd Sadwrn**

West Wales - Swansea - Cardiff | Saturdays

		TfW	GW 1R	TfW ◇	GW 1R	TfW 1R	GW 1R	GW 1R	GW 1R	TfW R	TfW
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d	0021									
Johnston	d	0029x									
Hwlffordd / Haverfordwest	d	0036									
Clarbeston Road	d	0044x									
Clunderwen	d	0051x									
Doc Penfro / Pembroke Dock	d										
Penfro / Pembroke	d										
Llandyfail / Lamphey	d										
Maenorbyr / Manorbier	d										
Penalun / Penally	d										
Dinbych-y-Pysgod / Tenby	d										
Saundersfoot	d										
Cilgeti / Kilgetty	d										
Arberth / Narberth	d										
Hendy-gwyn / Whitland	a	0057									
Hendy-gwyn / Whitland	d	0057									
Caerfyrddin / Carmarthen	a	0116									
Caerfyrddin / Carmarthen	d			0434						0554	0615
Glanyfferi / Ferryside	d									0604	0625
Cydweli / Kidwelly	d									0610	0631
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			0452						0617	0638
Llanelli	a			0458						0623	0645
Llanelli	d			0459						0624	0645
Tre-gwyr / Gowerton	d									0631	0653
Abertawe / Swansea	a			0517						0644	0705
Abertawe / Swansea	d		0356		0525	0530	0552	0623	0644	0649	0710
Llansamlet	d										0717
Sgiwen / Skewen	d										0721
Castell Nedd / Neath	d		0408		0537	0542	0604	0635	0655	0700	0726
Llansawel / Briton Ferry	d										0729
Baglan	d										0733
Parcffordd Port Talbot Parkway	d		0415		0544	0549	0611	0642	0703	0708	0737
Y Pil / Pyle	d					0558				0715	0744
Pen-y-Bont ar Ogwr / Bridgend	a		0427		0556	0605	0623	0654	0714	0722	0753
Pen-y-Bont ar Ogwr / Bridgend	d		0428		0557	0606	0624	0655	0716	0722	0753
Pencoed	d										0813
Llanharan	d									0730	0817
Pontyclun	d										0821
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a		0449		0618	0630	0645	0716	0737	0746	0835
Caerdydd Canolog / Cardiff Central 7	d		0514		0619	0635	0647	0718	0741	0752	
Casnewydd / Newport	a		0525		0631	0648	0658	0729	0753	0805	
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a					1015				1115	
Filton Abbey Wood	a				0709	0809					0939
Bryste Temple Meads / Bristol Temple Meads 10	a				0719	0817					0950
Parcffordd Bryste / Bristol Parkway 7	a		0553		0653		0719	0754	0819		
Reading 7	a		0648		0745		0816	0846	0916		
Llundain Paddington / London Paddington 15	a		0714		0812		0844	0912	0942		

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
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Gorllewin Cymru - Abertawe - Caerdydd **Dydd Sadwrn**

West Wales - Swansea - Cardiff Saturdays

		GW 1 R	GW 1 R	TfW R	TfW	GW 1 R	TfW ◇	TfW ◇	GW 1 R	TfW ◇	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d				0650						0751
Abergwaun ac Wdig/ Fishguard & Goodwick	d				0653						0754
Aberdaugleddau / Milford Haven	d			0554			0700				
Johnston	d			0602x			0708x				
Hwlffordd / Haverfordwest	d			0609			0716				
Clarbeston Road	d			0617x	0714a		0723x				0813x
Clunderwen	d			0625x			0730x				0821x
Doc Penfro / Pembroke Dock	d							0659			
Penfro / Pembroke	d							0707			
Llandyfail / Lamphey	d							0710x			
Maenorbyr / Manorbier	d							0718			
Penalun / Penally	d							0724x			
Dinbych-y-Pysgod / Tenby	d							0729			
Saundersfoot	d							0736x			
Cilgeti / Kilgetty	d							0738x			
Arberth / Narberth	d							0748x			
Hendy-gwyn / Whitland	a			0631			0736	0756			0827
Hendy-gwyn / Whitland	d			0631			0737	0756			0827
Caerfyrddin / Carmarthen	a			0647			0753	0813			0842
Caerfyrddin / Carmarthen	d			0651		0724	0755	0816			0855
Glanyfferi / Ferryside	d			0701		0736	0806	0826			0905
Cydweli / Kidwelly	d			0707		0743	0812	0831			0911
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			0714		0750	0818	0838			0918
Llanelli	a			0720		0756	0825	0844		0906	0924
Llanelli	d			0721		0757	0825	0844		0911	0925
Tre-gwyr / Gowerton	d			0728			0832			0919	0932
Abertawe / Swansea	a			0740		0814	0845	0900		0934	0946
Abertawe / Swansea	d	0723	0741	0747		0822	0848		0923		0953
Llansamlet	d						0855				
Sgiwen / Skewen	d						0859				
Castell Nedd / Neath	d	0735	0753	0759		0834	0903		0935		1006
Llansawel / Briton Ferry	d						0907				
Baglan	d						0911				
Parcffordd Port Talbot Parkway	d	0745	0801	0806		0841	0915		0943		1014
Y Pil / Pyle	d			0813			0922				1020
Pen-y-Bont ar Ogwr / Bridgend	a	0757	0812	0821		0853	0930		0955		1027
Pen-y-Bont ar Ogwr / Bridgend	d	0759	0815	0821		0854	0930		0956		1028
Pencoed	d			0827							
Llanharan	d										
Pontyclun	d			0834							
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	0820	0838	0849		0915	0951		1017		1049
Caerdydd Canolog / Cardiff Central 7	d	0822	0841			0918	0953		1018		
Casnewydd / Newport	a	0834	0853			0930	1006		1030		
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a						1315				
Filton Abbey Wood	a		1009				1109				1209
Bryste Temple Meads / Bristol Temple Meads 10	a		1018				1117				1216
Parcffordd Bryste / Bristol Parkway 7	a	0854	0914			0955			1054		
Reading 7	a	0946	1017			1046			1146		
Llundain Paddington / London Paddington 15	a	1012	1041			1112			1211		

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd **Dydd Sadwrn**

West Wales - Swansea - Cardiff Saturdays

		GW 1 R	TfW R	TfW ◇	TfW	GW 1 R	TfW R	GW 1 R	TfW R	TfW ◇	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d				0954						
Abergwaun ac Wdig/ Fishguard & Goodwick	d				0957						
Aberdaugleddau / Milford Haven	d		0857						1 10 1		
Johnston	d		0905x						1 109x		
Hwlffordd / Haverfordwest	d		09 12						1 1 16		
Clarbeston Road	d		0920x		10 16				1 124x		
Clunderwen	d		0928x						1 132x		
Doc Penfro / Pembroke Dock	d			0909							1 109
Penfro / Pembroke	d			09 17							1 1 17
Llandyfail / Lamphey	d			0920x							1 120x
Maenorbyr / Manorbier	d			0929							1 129
Penalun / Penally	d			0934x							1 134x
Dinbych-y-Pysgod / Tenby	d			0939							1 142
Saundersfoot	d			0947x							1 150x
Cilgeti / Kilgetty	d			0949x							1 152x
Arberth / Narberth	d			0959x							1202x
Hendy-gwyn / Whitland	a		0935	1007	1029				1 139		12 11
Hendy-gwyn / Whitland	d		0935	1007	1029				1 139		12 11
Caerfyrddin / Carmarthen	a		095 1	1025	1046				1 155		1228
Caerfyrddin / Carmarthen	d		0959	1029			1 10 1		1 159		1233
Glanyfferi / Ferryside	d						1 1 1 1				
Cydweli / Kidwelly	d						1 1 17				
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		10 17	1048			1 124		12 17		1252
Llanelli	a		1023	1055			1 130		1223	1233	1259
Llanelli	d		1024	1056			1 13 1		1224	1240	1300
Tre-gwyr / Gowerton	d			1 104			1 138		123 1	1248	
Abertawe / Swansea	a		104 1	1 1 17			1 150		1243	1303	13 17
Abertawe / Swansea	d	1022	1045			1 124	1 159	1222	1246		
Llansamlet	d		1052						1253		
Sgiwen / Skewen	d		1056						1257		
Castell Nedd / Neath	d	1034	1 10 1			1 136	12 10	1234	1302		
Llansawel / Briton Ferry	d		1 105						1306		
Baglan	d		1 109						13 10		
Parcffordd Port Talbot Parkway	d	1042	1 1 13			1 144	12 18	1242	13 14		
Y Pil / Pyle	d		1 120						132 1		
Pen-y-Bont ar Ogwr / Bridgend	a	1053	1 128			1 157	123 1	1253	1329		
Pen-y-Bont ar Ogwr / Bridgend	d	1055	1 128			1 158	123 1	1255	1329		
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1 1 16	1 150			12 19	1252	13 16	135 1		
Caerdydd Canolog / Cardiff Central 7	d	1 1 18	1 154			122 1		13 18	1355		
Casnewydd / Newport	a	1 130	1207			1232		1329	1408		
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a		15 15						17 15		
Filton Abbey Wood	a		1303				1409		1509		
Bryste Temple Meads / Bristol Temple Meads 10	a		13 13				14 17		15 17		
Parcffordd Bryste / Bristol Parkway 7	a	1 154				1254		1354	15 16		
Reading 7	a	1246				1346		1446	16 19		
Llundain Paddington / London Paddington 15	a	13 1 1				14 14		15 12	1644		

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
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Gorllewin Cymru - Abertawe - Caerdydd **Dydd Sadwrn**

West Wales - Swansea - Cardiff Saturdays

		GW 1R	TfW ◇	TfW R	GW 1R	TfW R	TfW ◇	GW 1R	TfW ◇	TfW R	GW 1R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d			1241							
Abergwaun ac Wdig/ Fishguard & Goodwick	d			1244							
Aberdaugleddau / Milford Haven	d					1300					
Johnston	d					1308x					
Hwlffordd / Haverfordwest	d					1315					
Clarbeston Road	d			1303		1323x					
Clunderwen	d					1331x					
Doc Penfro / Pembroke Dock	d						1309				
Penfro / Pembroke	d						1317				
Llandyfail / Lamphey	d						1320x				
Maenorbyr / Manorbier	d						1329				
Penalun / Penally	d						1334x				
Dinbych-y-Pysgod / Tenby	d						1344				
Saundersfoot	d						1352x				
Cilgeti / Kilgetty	d						1354x				
Arberth / Narberth	d						1404x				
Hendy-gwyn / Whitland	a			1315		1337	1413				
Hendy-gwyn / Whitland	d			1316		1337	1413				
Caerfyrddin / Carmarthen	a			1332		1353	1430				
Caerfyrddin / Carmarthen	d		1302	1336		1357	1434			1501	
Glanyfferi / Ferryside	d		1312	1346						1511	
Cydweli / Kidwelly	d		1318	1352						1517	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		1325	1359		1415	1453			1524	
Llanelli	a		1331	1406		1421	1500		1508	1530	
Llanelli	d		1332	1406		1422	1501		1512	1531	
Tre-gwyr / Gowerton	d		1339			1429			1520	1538	
Abertawe / Swansea	a		1352			1442	1518		1539	1550	
Abertawe / Swansea	d	1324	1357		1423	1445		1526		1555	1622
Llansamlet	d					1452					
Sgiwen / Skewen	d					1456					
Castell Nedd / Neath	d	1336	1408		1435	1501		1538		1606	1634
Llansawel / Briton Ferry	d					1505					
Baglan	d					1509					
Parcffordd Port Talbot Parkway	d	1344	1416	1434	1443	1513		1546		1614	1642
Y Pil / Pyle	d		1423							1621	
Pen-y-Bont ar Ogwr / Bridgend	a	1355	1431	1449	1454	1526		1557		1629	1653
Pen-y-Bont ar Ogwr / Bridgend	d	1356	1432	1449	1455	1526		1558		1629	1655
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1417	1458	1521	1517	1547		1619		1650	1716
Caerdydd Canolog / Cardiff Central 7	d	1421			1518	1549		1623			1718
Casnewydd / Newport	a	1432			1530	1602		1634			1730
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a					1915					
Filton Abbey Wood	a		1609	1709						1809	
Bryste Temple Meads / Bristol Temple Meads 10	a		1617	1717						1817	
Parcffordd Bryste / Bristol Parkway 7	a	1454			1554			1655			1753
Reading 7	a	1547			1646			1747			1846
Llundain Paddington / London Paddington 15	a	1613			1712			1811			1913

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd — **Dydd Sadwrn**

West Wales - Swansea - Cardiff — Saturdays

		TfW R	TfW ◇	TfW ◇	GW 1R	TfW ◇	GW 1R	TfW ◇	TfW ◇	TfW ◇	GW 1R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d	1509						1706			
Johnston	d	15 17x						17 14x			
Hwlffordd / Haverfordwest	d	1524						172 1			
Clarbeston Road	d	1532x						1729x			
Clunderwen	d	1540x						1737x			
Doc Penfro / Pembroke Dock	d			1509						17 12	
Penfro / Pembroke	d			15 17						1720	
Llandyfail / Lamphey	d			1520x						1723x	
Maenorbyr / Manorbier	d			1529						1732	
Penalun / Penally	d			1534x						1737x	
Dinbych-y-Pysgod / Tenby	d			1544						1746	
Saundersfoot	d			1552x						1754x	
Cilgeti / Kilgetty	d			1554x						1756x	
Arberth / Narberth	d			1604x						1806x	
Hendy-gwyn / Whitland	a	1546		16 12				1744		18 14	
Hendy-gwyn / Whitland	d	1546		16 12				1744		18 14	
Caerfyrddin / Carmarthen	a	1602		163 1				1800		1832	
Caerfyrddin / Carmarthen	d	1606		1634		170 1		1807		1836	
Glanyfferi / Ferryside	d					17 11		18 17			
Cydweli / Kidwelly	d					17 17		1823			
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	1624		1653		1724		1829		1855	
Llanelli	a	1630		1700		1730		1836		1902	
Llanelli	d	163 1		1700		173 1		1836		1902	
Tre-gwyr / Gowerton	d	1638		1708		1738		1843		19 10	
Abertawe / Swansea	a	165 1		172 1		1750		1855		1923	
Abertawe / Swansea	d	1658	17 12		1726	1754	1822	1900	19 10		1926
Llansamlet	d		17 19						19 17		
Sgiwen / Skewen	d		1723						192 1		
Castell Nedd / Neath	d	1709	1727		1738	1805	1834	19 11	1925		1938
Llansawel / Briton Ferry	d		173 1						1929		
Baglan	d		1734						1932		
Parcffordd Port Talbot Parkway	d	17 17	1739		1747	18 12	1842	19 19	1937		1946
Y Pil / Pyle	d	1724	1746			18 19			1944		
Pen-y-Bont ar Ogwr / Bridgend	a	1732	1755		1759	1827	1853	1932	1953		1957
Pen-y-Bont ar Ogwr / Bridgend	d	1732	1755		1800	1827	1855	1933	1953		1959
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1753	18 19		182 1	1848	19 17	1956	20 17		2020
Caerdydd Canolog / Cardiff Central 7	d	1756			1822		19 19				2022
Casnewydd / Newport	a	1809			1834		1930				2033
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a	2 1 15									
Filton Abbey Wood	a	1909				2006		2 106			
Bryste Temple Meads / Bristol Temple Meads 10	a	19 17				20 16		2 1 15			
Parcffordd Bryste / Bristol Parkway 7	a				1854		1954				2054
Reading 7	a				1946		2046				2 149
Llundain Paddington / London Paddington 15	a				20 11		2 111				22 16

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇	TfW ◇	TfW R	GW 1R F	TfW ◇ H	TfW ◇	TfW	TfW ◇	TfW ◇	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d			1900							
Abergwaun ac Wdig/ Fishguard & Goodwick	d			1903							
Aberdaugleddau / Milford Haven	d					19 12		2 1 16			
Johnston	d					1920x		2 124x			
Hwlffordd / Haverfordwest	d					1927		2 13 1			
Clarbeston Road	d			1922		1935x		2 139x			
Clunderwen	d					1943x		2 147x			
Doc Penfro / Pembroke Dock	d						19 13			2 109	
Penfro / Pembroke	d						192 1			2 117	
Llandyfail / Lamphey	d						1924x			2 120x	
Maenorbyr / Manorbier	d						1932			2 129	
Penalun / Penally	d						1938x			2 134x	
Dinbych-y-Pysgod / Tenby	d						1956			2 144	
Saundersfoot	d						2003x			2 152x	
Cilgeti / Kilgetty	d						2005x			2 154x	
Arberth / Narberth	d						20 15x			2204x	
Hendy-gwyn / Whitland	a			1935		1949	2023	2 154		22 13	
Hendy-gwyn / Whitland	d			1935		1949	2023	2 154		22 13	
Caerfyrddin / Carmarthen	a			1952		2005	2039	22 11		2232	
Caerfyrddin / Carmarthen	d		1853			2009	2049				
Glanyfferi / Ferryside	d		1904				2059				
Cydweli / Kidwelly	d		19 10				2 105				
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		19 18			2027	2 112				
Llanelli	a	1857	1925			2033	2 119		2 141		
Llanelli	d	1909	1925			2034	2 119		2 149		
Tre-gwyr / Gowerton	d	19 17	1933			2041	2 127		2 157		
Abertawe / Swansea	a	1939	1947			2053	2 141		22 12		
Abertawe / Swansea	d		1952		2022	2057	2 144				2237
Llansamlet	d						2 151				2244
Sgiwen / Skewen	d						2 155				2248
Castell Nedd / Neath	d		2003		2034	2 108	2 159				2252
Llansawel / Briton Ferry	d						2203				2256
Baglan	d						2206				2259
Parcffordd Port Talbot Parkway	d		20 11		2042	2 115	22 11				2304
Y Pil / Pyle	d						22 18				23 11
Pen-y-Bont ar Ogwr / Bridgend	a		2025		2053	2 127	2226				23 19
Pen-y-Bont ar Ogwr / Bridgend	d		2025		2055	2 127	2227				2320
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a		2048		2 116	2 149	2252				2342
Caerdydd Canolog / Cardiff Central 7	d				2 118	2 152					
Casnewydd / Newport	a				2 129	2205					
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a										
Bryste Temple Meads / Bristol Temple Meads 10	a					234 1					
Parcffordd Bryste / Bristol Parkway 7	a				2 150						
Reading 7	a										
Llundain Paddington / London Paddington 15	a										

Nodiadau

F I Swindon
H I Henffordd

Notes

F To Swindon
H To Hereford

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Gorllewin Cymru - Abertawe - Caerdydd **Dydd Sadwrn**

West Wales - Swansea - Cardiff Saturdays

		TfW	TfW ◇	TfW							
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d	22 15									
Abergwaun ac Wdig/ Fishguard & Goodwick	d	22 18									
Aberdaugleddau / Milford Haven	d			2308							
Johnston	d			23 16x							
Hwlffordd / Haverfordwest	d			2323							
Clarbeston Road	d	2237		233 1x							
Clunderwen	d	2244x		2339x							
Doc Penfro / Pembroke Dock	d		22 18								
Penfro / Pembroke	d		2226								
Llandyfail / Lamphey	d		2229x								
Maenorbyr / Manorbier	d		2237								
Penalun / Penally	d		2243x								
Dinbych-y-Pysgod / Tenby	d		2247								
Saundersfoot	d		2255x								
Cilgeti / Kilgetty	d		2257x								
Arberth / Narberth	d		2306x								
Hendy-gwyn / Whitland	a	225 1	23 15	2345							
Hendy-gwyn / Whitland	d	225 1	23 15	2346							
Caerfyrddin / Carmarthen	a	2307	2333	0004							
Caerfyrddin / Carmarthen	d	23 16									
Glanyfferi / Ferryside	d	2326									
Cydweli / Kidwelly	d	2332									
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	2339									
Llanelli	a	2346									
Llanelli	d	2346									
Tre-gwyr / Gowerton	d	2354									
Abertawe / Swansea	a	0008									
Abertawe / Swansea	d										
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d										
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d										
Y Pil / Pyle	d										
Pen-y-Bont ar Ogwr / Bridgend	a										
Pen-y-Bont ar Ogwr / Bridgend	d										
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a										
Caerdydd Canolog / Cardiff Central 7	d										
Casnewydd / Newport	a										
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a										
Bryste Temple Meads / Bristol Temple Meads 10	a										
Parcffordd Bryste / Bristol Parkway 7	a										
Reading 7	a										
Llundain Paddington / London Paddington 15	a										

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		GW 1R	TfW R	GW 1R	GW 1R	TfW R	TfW ◇	GW 1R	TfW ◇	TfW ◇	GW 1R
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d										
Johnston	d										
Hwlffordd / Haverfordwest	d										
Clarbeston Road	d										
Clunderwen	d										
Doc Penfro / Pembroke Dock	d										
Penfro / Pembroke	d										
Llandyfail / Lamphey	d										
Maenorbyr / Manorbier	d										
Penalun / Penally	d										
Dinbych-y-Pysgod / Tenby	d										
Saundersfoot	d										
Cilgeti / Kilgetty	d										
Arberth / Narberth	d										
Hendy-gwyn / Whitland	a										
Hendy-gwyn / Whitland	d										
Caerfyrddin / Carmarthen	a										
Caerfyrddin / Carmarthen	d						0934			0944	
Glanyfferi / Ferryside	d									0955	
Cydweli / Kidwelly	d									1001	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d						0952			1009	
Llanelli	a						0958			1016	
Llanelli	d						0959			1016	
Tre-gwyr / Gowerton	d									1024	
Abertawe / Swansea	a						1016			1038	
Abertawe / Swansea	d	0755	0825	0835	0923	0935		1022	1032		1123
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d	0807	0836	0847	0935	0946		1035	1043		1135
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d	0814	0845	0854	0942	0954		1042	1051		1142
Y Pil / Pyle	d		0852			1001			1058		
Pen-y-Bont ar Ogwr / Bridgend	a	0826	0901	0906	0954	1009		1054	1107		1154
Pen-y-Bont ar Ogwr / Bridgend	d	0827	0902	0907	0955	1009		1055	1107		1155
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	0848	0924	0928	1016	1031		1116	1130		1216
Caerdydd Canolog / Cardiff Central 7	d	0850	0935	0930	1020	1034		1120	1140		1220
Casnewydd / Newport	a	0906	0952	0946	1031	1049		1130	1153		1231
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a		1312			1416			1515		
Filton Abbey Wood	a	1005	1040	1102	1134	1201		1241	1301		
Bryste Temple Meads / Bristol Temple Meads 10	a	1015	1052	1112	1143	1210		1249	1310		
Parcffordd Bryste / Bristol Parkway 7	a	0934		1014	1053			1152			1253
Reading 7	a	1025		1115	1144			1244			1344
Llundain Paddington / London Paddington 15	a	1052		1139	1209			1309			1409

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Gorllewin Cymru - Abertawe - Caerdydd **Dydd Sul**

West Wales - Swansea - Cardiff Sundays

		TfW ◇🅿	TfW ◇	GW 1R🅿	TfW R🅿	GW 1B🅿	TfW R🅿	TfW ◇	TfW ◇	GW 1B🅿	TfW R🅿
Porthladd Rosslare Harbour⛴	d										
Porthladd Abergwaun / Fishguard Harbour 30⛴	d								1240		
Abergwaun ac Wdig/ Fishguard & Goodwick	d								1243		
Aberdaugleddau / Milford Haven	d						1124				
Johnston	d						1132x				
Hwlffordd / Haverfordwest	d						1139				
Clarbeston Road	d						1147x		1302		
Clunderwen	d						1154x				
Doc Penfro / Pembroke Dock	d							1158			
Penfro / Pembroke	d							1206			
Llandyfail / Lamphey	d							1209x			
Maenorbyr / Manorbier	d							1218			
Penalun / Penally	d							1223x			
Dinbych-y-Pysgod / Tenby	d							1228			
Saundersfoot	d							1236x			
Cilgeti / Kilgetty	d							1238x			
Arberth / Narberth	d							1248x			
Hendy-gwyn / Whitland	a						1201	1257	1315		
Hendy-gwyn / Whitland	d						1202	1258	1315		
Caerfyrddin / Carmarthen	a						1217	1315	1332		
Caerfyrddin / Carmarthen	d	1030	1053	1127			1229	1320	1338		
Glanyfferi / Ferryside	d		1104					1331			
Cydweli / Kidwelly	d		1110					1337			
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	1048	1118	1147			1247	1345	1356		
Llanelli	a	1054	1125	1153			1254	1351	1402		
Llanelli	d	1055	1125	1154			1254	1352	1403		
Tre-gwyr / Gowerton	d	1102	1133				1301	1400	1410		
Abertawe / Swansea	a	1117	1148	1210			1313	1413			
Abertawe / Swansea	d	1130		1223	1251	1323	1343			1422	1457
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d	1141		1235	1303	1335	1354		1427	1434	1508
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d	1149		1243	1310	1342	1402		1434	1441	1515
Y Pil / Pyle	d	1156			1317		1409				1522
Pen-y-Bont ar Ogwr / Bridgend	a	1204		1254	1326	1354	1417		1447	1453	1530
Pen-y-Bont ar Ogwr / Bridgend	d	1204		1255	1326	1357	1417		1447	1454	1530
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1227		1316	1347	1418	1440		1510	1515	1552
Caerdydd Canolog / Cardiff Central 7	d	1236		1320	1351	1420	1454			1516	1600
Casnewydd / Newport	a	1249		1331	1404	1431	1509			1529	1613
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a	1614			1717		1816				1915
Filton Abbey Wood	a	1401			1501		1602		1636		1701
Bryste Temple Meads / Bristol Temple Meads 10🚌	a	1410			1510		1611		1644		1710
Parcffordd Bryste / Bristol Parkway 7	a			1353		1453				1552	1726
Reading 7🚌	a			1444		1545				1645	1823
Llundain Paddington / London Paddington 15⊖	a			1509		1610				1709	1850

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
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		GW 1 R 🛏	TfW R 🛏	TfW ◇	TfW ◇	GW 1 R 🛏	TfW R 🛏	GW 1 R 🛏	TfW R 🛏	GW 1 R 🛏	TfW ◇ D
Porthladd Rosslare Harbour ⛴	d										
Porthladd Abergwaun / Fishguard Harbour 30 ⛴	d				1420						
Abergwaun ac Wdig/ Fishguard & Goodwick	d				1423						
Aberdaugleddau / Milford Haven	d		1330						1531		
Johnston	d		1338x						1539x		
Hwlffordd / Haverfordwest	d		1345						1546		
Clarbeston Road	d		1353x		1442				1554x		
Clunderwen	d		1401x						1602x		
Doc Penfro / Pembroke Dock	d										
Penfro / Pembroke	d										
Llandyfail / Lamphey	d										
Maenorbyr / Manorbier	d										
Penalun / Penally	d										
Dinbych-y-Pysgod / Tenby	d										
Saundersfoot	d										
Cilgeti / Kilgetty	d										
Arberth / Narberth	d										
Hendy-gwyn / Whitland	a		1408		1455				1609		
Hendy-gwyn / Whitland	d		1409		1455				1610		
Caerfyrddin / Carmarthen	a		1426		1512				1627		
Caerfyrddin / Carmarthen	d	1417	1434		1517			1623	1639		
Glanyfferi / Ferryside	d	1430			1528			1635	1649		
Cydweli / Kidwelly	d	1437			1534			1642	1655		
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	1444	1452		1542			1650	1702		
Llanelli	a	1450	1459	1536	1549			1656	1708		
Llanelli	d	1451	1459	1540	1549			1657	1709		
Tre-gwyr / Gowerton	d		1506	1549	1558				1716		
Abertawe / Swansea	a	1509	1518	1602	1614			1712	1733		
Abertawe / Swansea	d	1523	1531			1624	1652	1724	1737	1824	1834
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d	1535	1542			1636	1703	1736	1748	1836	1846
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d	1542	1549			1643	1711	1743	1755	1842	1854
Y Pil / Pyle	d		1556				1718		1802		1902
Pen-y-Bont ar Ogwr / Bridgend	a	1554	1604			1655	1726	1755	1810	1855	1911
Pen-y-Bont ar Ogwr / Bridgend	d	1555	1604			1656	1726	1756	1810	1856	1911
Pencoed	d		1610								
Llanharan	d		1614								
Pontyclun	d		1619								
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a	1616	1633			1717	1749	1817	1833	1917	1933
Caerdydd Canolog / Cardiff Central 7	d	1620	1640			1720	1755	1820	1840	1920	1940
Casnewydd / Newport	a	1631	1654			1731	1809	1831	1853	1930	1955
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a		2015				2115		2218		
Filton Abbey Wood	a		1801			1819	1840	1941	2002	2040	2111
Bryste Temple Meads / Bristol Temple Meads 10 🚌	a		1810			1831	1849	1950	2011	2049	2121
Parcffordd Bryste / Bristol Parkway 7	a	1653				1753		1855		1953	
Reading 7 🚌	a	1744				1844		1948		2049	
Llundain Paddington / London Paddington 15 🚇	a	1810				1909		2014		2113	

Nodiadau

D I Amwythig

Notes

D To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇	TfW ◇	GW 1R	GW 1R	TfW ◇	TfW ◇	TfW ◇	TfW ◇ H	TfW ◇	TfW ◇
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d										
Abergwaun ac Wdig/ Fishguard & Goodwick	d										
Aberdaugleddau / Milford Haven	d		1730					1940		2 135	
Johnston	d		1738x					1948x		2 143x	
Hwlffordd / Haverfordwest	d		1745					1955		2 151	
Clarbeston Road	d		1753x					2003x		2 159x	
Clunderwen	d		180 1x					20 1 1x		2207x	
Doc Penfro / Pembroke Dock	d	1624					1904				220 1
Penfro / Pembroke	d	1632					19 12				2209
Llandyfail / Lamphey	d	1635x					19 15x				22 12x
Maenorbyr / Manorbier	d	1644					1924				222 1
Penalun / Penally	d	1649x					1929x				2226x
Dinbych-y-Pysgod / Tenby	d	1654					1934				223 1
Saundersfoot	d	1702x					1942x				2239x
Cilgeti / Kilgetty	d	1704x					1944x				224 1x
Arberth / Narberth	d	17 15x					1954x				225 1x
Hendy-gwyn / Whitland	a	1724	1808				2003	20 18		22 13	2300
Hendy-gwyn / Whitland	d	1724	1808				2003	20 19		22 13	2300
Caerfyrddin / Carmarthen	a	1742	1825				2020	2035		2230	2320
Caerfyrddin / Carmarthen	d	175 1			1920		2032		2 116	2234	
Glanyfferi / Ferryside	d	1802			1932		2043			2244	
Cydweli / Kidwelly	d	1809			1939		2049			2250	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	18 16			1947		2057		2 135	2257	
Llanelli	a	1823			1953	2002	2 104		2 142	2304	
Llanelli	d	1824			1954	2005	2 104		2 143	2304	
Tre-gwyr / Gowerton	d	1832				20 13	2 112		2 151	23 12	
Abertawe / Swansea	a	1849			20 12	2026	2 131		2206	2324	
Abertawe / Swansea	d			1924	20 19	2040			22 10	2329	
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d			1936	203 1	205 1			222 1	234 1	
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d			1942	2037	2059			2229	2349	
Y Pil / Pyle	d								2237	2357	
Pen-y-Bont ar Ogwr / Bridgend	a			1955	2050	2 114			2245	0005	
Pen-y-Bont ar Ogwr / Bridgend	d			1956	205 1	2 114			2245	0005	
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a			20 17	2 112	2 137			2307	003 1	
Caerdydd Canolog / Cardiff Central 7	d			2020	2 120				23 19		
Casnewydd / Newport	a			2030	2 130				2333		
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a				22 11						
Bryste Temple Meads / Bristol Temple Meads 10	a				2220						
Parcffordd Bryste / Bristol Parkway 7	a			2053	2 153						
Reading 7	a			2 148	2249						
Llundain Paddington / London Paddington 15	a			22 14	2324						

Nodiadau

H I Henffordd

Notes

H To Hereford

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇	TfW ◇								
Porthladd Rosslare Harbour	d										
Porthladd Abergwaun / Fishguard Harbour 30	d	2303									
Abergwaun ac Wdig/ Fishguard & Goodwick	d	2306									
Aberdaugleddau / Milford Haven	d		2323								
Johnston	d		2331x								
Hwlffordd / Haverfordwest	d		2338								
Clarbeston Road	d	2325	2347x								
Clunderwen	d		2355x								
Doc Penfro / Pembroke Dock	d										
Penfro / Pembroke	d										
Llandyfail / Lamphey	d										
Maenorbyr / Manorbier	d										
Penalun / Penally	d										
Dinbych-y-Pysgod / Tenby	d										
Saundersfoot	d										
Cilgeti / Kilgetty	d										
Arberth / Narberth	d										
Hendy-gwyn / Whitland	a	2338	0003								
Hendy-gwyn / Whitland	d	2338	0003								
Caerfyrddin / Carmarthen	a	2355	0023								
Caerfyrddin / Carmarthen	d										
Glanyfferi / Ferryside	d										
Cydweli / Kidwelly	d										
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d										
Llanelli	a										
Llanelli	d										
Tre-gwyr / Gowerton	d										
Abertawe / Swansea	a										
Abertawe / Swansea	d										
Llansamlet	d										
Sgiwen / Skewen	d										
Castell Nedd / Neath	d										
Llansawel / Briton Ferry	d										
Baglan	d										
Parcffordd Port Talbot Parkway	d										
Y Pil / Pyle	d										
Pen-y-Bont ar Ogwr / Bridgend	a										
Pen-y-Bont ar Ogwr / Bridgend	d										
Pencoed	d										
Llanharan	d										
Pontyclun	d										
Parc Ninian / Ninian Park	d										
Caerdydd Canolog / Cardiff Central 7	a										
Caerdydd Canolog / Cardiff Central 7	d										
Casnewydd / Newport	a										
Caerloyw / Gloucester 7	a										
Manceinion Piccadilly / Manchester Piccadilly 10	a										
Filton Abbey Wood	a										
Bryste Temple Meads / Bristol Temple Meads 10	a										
Parcffordd Bryste / Bristol Parkway 7	a										
Reading 7	a										
Llundain Paddington / London Paddington 15	a										

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
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		TfW ◇ MX	TfW	TfW ◇	TfW	TfW	TfW ◇	TfW ◇ G	TfW ◇	TfW ◇	TfW
Llundain Paddington / London Paddington 15	d										
Reading 7	d										
Parcffordd Bryste / Bristol Parkway 7	d									0538	
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d										
Caerdydd Canolog / Cardiff Central 7	a										
Caerdydd Canolog / Cardiff Central 7	d								0535	0631	
Parc Ninian / Ninian Park	d								0540	0635	
Pontyclun	d								0552		
Llanharan	d								0557		
Pencoed	d								0601		
Pen-y-Bont ar Ogwr / Bridgend	a								0606	0657	
Pen-y-Bont ar Ogwr / Bridgend	d								0606	0658	
Y Pil / Pyle	d								0614	0706	
Parcffordd Port Talbot Parkway	d								0622	0715	
Baglan	d								0625	0719	
Llansawel / Briton Ferry	d								0629	0723	
Castell Nedd / Neath	d								0633	0728	
Sgiwen / Skewen	d								0637	0732	
Llansamlet	d								0641	0736	
Abertawe / Swansea	a								0650	0749	
Abertawe / Swansea	d	0008					0541	0547	0654	0753	
Tre-gwyr / Gowerton	d	0021					0553	0558	0705	0805	
Llanelli	a	0028					0600	0605	0713	0812	
Llanelli	d	0029					0600	0608	0713	0812	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	0035					0607		0719	0818	
Cydweli / Kidwelly	d	0042					0614		0726	0825	
Glanyfferi / Ferryside	d	0048					0621		0732	0831	
Caerfyrddin / Carmarthen	a	0102					0637		0744	0844	
Caerfyrddin / Carmarthen	d		0450	0530	0550	0600	0641		0746	0848	
Hendy-gwyn / Whitland	a		0506	0547	0606	0615	0659		0801	0904	
Hendy-gwyn / Whitland	d		0506	0547	0606	0615	0659		0803	0904	
Arberth / Narberth	d			0556x			0708x			0913x	
Cilgeti / Kilgetty	d			0605x			0717x			0922x	
Saundersfoot	d			0607x			0719x			0924x	
Dinbych-y-Pysgod / Tenby	d			0624			0732			0943	
Penalun / Penally	d			0627x			0735x			0946x	
Maenorbyr / Manorbier	d			0633			0742			0952	
Llandyfail / Lamphey	d			0641x			0749x			1000x	
Penfro / Pembroke	d			0644			0752			1003	
Doc Penfro / Pembroke Dock	a			0656			0807			1013	
Clunderwen	d		0513x		0613x	0622x			0810x		
Clarbeston Road	d		0520x		0620	0630x			0818x		0720
Hwlffordd / Haverfordwest	d		0532			0638			0826		
Johnston	d		0540x			0646x			0834x		
Aberdaugleddau / Milford Haven	a		0552			0658			0843		
Abergwaun ac Wdig / Fishguard & Goodwick	a				0639						0738
Porthladd Abergwaun / Fishguard Harbour 30	a				0645						0744
Porthladd Rosslare Harbour	a										

Nodiadau

MX Dydd Mawrth i ddydd Gwener

G I Amwythig

Notes

MX Tuesday to Friday

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Dydd Llun i ddydd Gwener
Mondays to Fridays

		TfW ◇	TfW ◇🅿	GW 1R🅿	TfW ◇ G	GW 1R🅿	TfW ◇🅿	TfW ◇	GW 1R🅿	TfW ◇🅿	TfW ◇🅿
Llundain Paddington / London Paddington 15	d			0523		0648			0748		
Reading 7	d			0549		07 13			08 13		
Parcffordd Bryste / Bristol Parkway 7	d			0728		0804			0905		
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d			0752		0827	0842		0925		
Caerdydd Canolog / Cardiff Central 7	a			0803		0839	0858		0938		
Caerdydd Canolog / Cardiff Central 7	d		0745	0807		0842	0900		0942		1007
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a		0805	0826		090 1	0920		100 1		1027
Pen-y-Bont ar Ogwr / Bridgend	d		0805	0827		0902	0920		1002		1027
Y Pil / Pyle	d		08 12				0928				
Parcffordd Port Talbot Parkway	d		0820	0838		09 14	0935		10 14		1039
Baglan	d		0824				0939				
Llansawel / Briton Ferry	d		0828				0942				
Castell Nedd / Neath	d		0832	0845		092 1	0946		102 1		1046
Sgiwen / Skewen	d		0836				0950				
Llansamlet	d		084 1				0954				
Abertawe / Swansea	a		0850	0858		0933	1003		1034		1 100
Abertawe / Swansea	d	08 17	0903		0909		1004			1058	1 108
Tre-gwyr / Gowerton	d		09 14		0920		10 16				1 119
Llanelli	a	0834	0922		0927		1023			1 115	1 127
Llanelli	d	0834	0922		093 1		1023			1 115	1 127
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		0928				1029				1 133
Cydweli / Kidwelly	d		0935				1036				
Glanyfferi / Ferryside	d		094 1				1042				
Caerfyrddin / Carmarthen	a		0953				1055				1 154
Caerfyrddin / Carmarthen	d		1003					1055			1 158
Hendy-gwyn / Whitland	a	09 12	10 18					1 1 12		1 150	12 14
Hendy-gwyn / Whitland	d	09 12	10 18					1 1 12		1 150	12 15
Arberth / Narberth	d							1 12 1x			
Cilgeti / Kilgetty	d							1 13 1x			
Saundersfoot	d							1 133x			
Dinbych-y-Pysgod / Tenby	d							1 143			
Penalun / Penally	d							1 146x			
Maenorbyr / Manorbier	d							1 152			
Llandyfail / Lamphey	d							1200x			
Penfro / Pembroke	d							1203			
Doc Penfro / Pembroke Dock	a							12 15			
Clunderwen	d	09 19x	1025x								122 1x
Clarbeston Road	d	0927	1033x							1203	1229x
Hwlffordd / Haverfordwest	d		104 1								1238
Johnston	d		1049x								1245x
Aberdaugleddau / Milford Haven	a		1 103								1300
Abergwaun ac Wdig / Fishguard & Goodwick	a	0946								1222	
Porthladd Abergwaun / Fishguard Harbour 30	a	095 1								1226	
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri. Please check restrictions before travel.

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		GW 1R	TfW ◊ G	TfW ◊	TfW ◊	GW 1R	TfW ◊	GW 1R	TfW ◊	TfW ◊	TfW ◊
Llundain Paddington / London Paddington 15	d	0848		08 18		0948		1048		10 18	
Reading 7	d	09 13		0843		10 13		11 13		1043	
Parcffordd Bryste / Bristol Parkway 7	d	1005		0934		1105		1204		1134	
Manceinion Piccadilly / Manchester Piccadilly 10	d			0730						0930	
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1025		1034		1125		1227		1237	
Caerdydd Canolog / Cardiff Central 7	a	1037		1048		1137		1239		1252	
Caerdydd Canolog / Cardiff Central 7	d	1040		1049		1140	1147	1242		1256	13 12
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	1059		1108		1159	1207	1301		1315	1331
Pen-y-Bont ar Ogwr / Bridgend	d	1100		1109		1200	1207	1302		1316	1331
Y Pil / Pyle	d			1116						1323	1339
Parcffordd Port Talbot Parkway	d	1112		1125		1212	1219	1314		1331	1346
Baglan	d			1128							1349
Llansawel / Briton Ferry	d			1132							1353
Castell Nedd / Neath	d	1120		1137		1220	1226	1321		1338	1358
Sgiwen / Skewen	d			1141							1402
Llansamlet	d			1146							1406
Abertawe / Swansea	a	1131		1157		1231	1240	1333		1353	1416
Abertawe / Swansea	d		1140	1200	1149		1252		1341	1357	
Tre-gwyr / Gowerton	d		1152	1212	1201		1303			1408	
Llanelli	a		1159	1219	1208		1311		1357	1415	
Llanelli	d		1203	1220	1209		1311		1358	1416	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			1226	1216		1317		1405	1422	
Cydweli / Kidwelly	d			1232						1429	
Glanyfferi / Ferryside	d			1238						1435	
Caerfyrddin / Carmarthen	a			1249	1238		1337		1429	1446	
Caerfyrddin / Carmarthen	d				1255		1345		1452		
Hendy-gwyn / Whitland	a				1312		1400		1508		
Hendy-gwyn / Whitland	d				1312		1400		1508		
Arberth / Narberth	d				1321x				1517x		
Cilgeti / Kilgetty	d				1331x				1527x		
Saundersfoot	d				1333x				1529x		
Dinbych-y-Pysgod / Tenby	d				1345				1545		
Penalun / Penally	d				1348x				1548x		
Maenorbyr / Manorbier	d				1354				1554		
Llandyfail / Lamphey	d				1402x				1602x		
Penfro / Pembroke	d				1405				1605		
Doc Penfro / Pembroke Dock	a				1415				1618		
Clunderwen	d						1407x				
Clarbeston Road	d						1415x				
Hwlffordd / Haverfordwest	d						1423				
Johnston	d						1431x				
Aberdaugleddau / Milford Haven	a						1445				
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Caerdydd - Abertawe - Gorllewin Cymru
Cardiff - Swansea - West Wales

Dydd Llun i ddydd Gwener
Mondays to Fridays

		TfW ◇ G	GW 1R	TfW ◇	GW 1R	TfW ◇	TfW ◇	GW 1R	TfW R	TfW ◇	GW 1R
Llundain Paddington / London Paddington 15	d		1 148	11 18	1248			1348	13 18		1448
Reading 7	d		12 13	1143	13 13			14 13	1343		15 13
Parcffordd Bryste / Bristol Parkway 7	d		1303	1235	1405			1504	1435		1604
Manceinion Piccadilly / Manchester Piccadilly 10	d					1 130					
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d		1324		1425	1430		1524			1625
Caerdydd Canolog / Cardiff Central 7	a		1335		1437	1445		1536			1637
Caerdydd Canolog / Cardiff Central 7	d		1338	1346	1440	1445		1539	1544	1602	1639
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a		1357	1405	1459	1505		1558	1604	162 1	1658
Pen-y-Bont ar Ogwr / Bridgend	d		1358	1406	1500	1505		1559	1605	1622	1659
Y Pil / Pyle	d									1630	
Parcffordd Port Talbot Parkway	d		14 10	14 19	15 12	15 17		16 1 1	16 17	1638	17 1 1
Baglan	d									1642	
Llansawel / Briton Ferry	d									1646	
Castell Nedd / Neath	d		14 17	1427	1520	1525		16 18	1624	1650	17 19
Sgiwen / Skewen	d									1654	
Llansamlet	d									1658	
Abertawe / Swansea	a		1429	1440	153 1	1538		1630	1638	1707	1730
Abertawe / Swansea	d	14 18		1457		1545	1557		1644	17 10	
Tre-gwyr / Gowerton	d	1430		1508		1556	1609		1655	1722	
Llanelli	a	1437		15 16		1604	16 16		1703	1729	
Llanelli	d	1446		15 16		1604	1620		1703	1730	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			1522		16 10	1627		1709	1736	
Cydweli / Kidwelly	d					16 17			17 16	1743	
Glanyfferi / Ferryside	d					1623			1722	1749	
Caerfyrddin / Carmarthen	a			1542		1636	1648		1734	1802	
Caerfyrddin / Carmarthen	d			1546			1652		1738	1805	
Hendy-gwyn / Whitland	a			160 1			1709		1753	182 1	
Hendy-gwyn / Whitland	d			160 1			1709		1753	182 1	
Arberth / Narberth	d						17 18x				
Cilgeti / Kilgetty	d						1728x				
Saundersfoot	d						1730x				
Dinbych-y-Pysgod / Tenby	d						1746				
Penalun / Penally	d						1749x				
Maenorbyr / Manorbier	d						1755				
Llandyfail / Lamphey	d						1803x				
Penfro / Pembroke	d						1806				
Doc Penfro / Pembroke Dock	a						18 19				
Clunderwen	d			1608x					1800x	1828x	
Clarbeston Road	d			16 16x					1808x	1836	
Hwlffordd / Haverfordwest	d			1625					18 16		
Johnston	d			1633x					1824x		
Aberdaugleddau / Milford Haven	a			1643					1838		
Abergwaun ac Wdig / Fishguard & Goodwick	a									1854	
Porthladd Abergwaun / Fishguard Harbour 30	a									1900	
Porthladd Rosslare Harbour	a										

Nodiadau
G I Amwythig

Notes
G To Shrewsbury

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri. Please check restrictions before travel.

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW	TfW R	TfW ◇ G	GW 1R	TfW ◇	TfW ◇	GW 1R	TfW	GW 1R	TfW R
Llundain Paddington / London Paddington 15	d				1548			16 18		1648	
Reading 7	d				16 13			1643		17 13	
Parcffordd Bryste / Bristol Parkway 7	d				1704			1740		1805	
Manceinion Piccadilly / Manchester Piccadilly 10	d		1330								1530
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d		1645		1724			1802		1825	184 1
Caerdydd Canolog / Cardiff Central 7	a		1703		1737			18 14		1837	1857
Caerdydd Canolog / Cardiff Central 7	d		1704		1742	1747	1808	1824		1840	1904
Parc Ninian / Ninian Park	d										
Pontyclun	d						1820				
Llanharan	d		17 19								
Pencoed	d						1827				
Pen-y-Bont ar Ogwr / Bridgend	a		1728		180 1	1806	1833	1849		1859	1923
Pen-y-Bont ar Ogwr / Bridgend	d		1728		1802	1807	1833	1850		1900	1924
Y Pil / Pyle	d		1736			18 14	184 1				1932
Parcffordd Port Talbot Parkway	d		1743		18 14	1822	1849	1902		19 13	1939
Baglan	d		1746				1853				1942
Llansawel / Briton Ferry	d		1750				1856				1946
Castell Nedd / Neath	d		1754		182 1	1829	190 1	1909		1920	195 1
Sgiwen / Skewen	d		1758				1904				1955
Llansamlet	d		1802				1908				1959
Abertawe / Swansea	a		18 11		1833	1842	19 17	192 1		1932	2009
Abertawe / Swansea	d	1752	18 14	18 19		1853			1928		20 13
Tre-gwyr / Gowerton	d	1804	1825	1832		1905			1940		2024
Llanelli	a	18 12	1832	1839		19 12			1948		2032
Llanelli	d	18 12	1832	1844		19 13			1948		2032
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	18 19	1838			19 19			1955		2038
Cydweli / Kidwelly	d	1826	1845						2002		
Glanyfferi / Ferryside	d	1833	185 1						2009		
Caerfyrddin / Carmarthen	a	1847	1903			1938			2023		2059
Caerfyrddin / Carmarthen	d		1909			194 1					
Hendy-gwyn / Whitland	a		1924			1955					
Hendy-gwyn / Whitland	d		1924			1956					
Arberth / Narberth	d		1933x								
Cilgeti / Kilgetty	d		1942x								
Saundersfoot	d		1944x								
Dinbych-y-Pysgod / Tenby	d		1953a								
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d					2003x					
Clarbeston Road	d					20 11x					
Hwlffordd / Haverfordwest	d					20 19					
Johnston	d					2027x					
Aberdaugleddau / Milford Haven	a					204 1					
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Caerdydd - Abertawe - Gorllewin Cymru
Cardiff - Swansea - West Wales

Dydd Llun i ddydd Gwener
Mondays to Fridays

		GW 1R🛏	TfW	GW 1RR	TfW ◇	TfW 1RX	TfW R🛏	TfW ◇	TfW ◇ Z	GW 1R🛏	GW 1R🛏
Llundain Paddington / London Paddington 15	d	17 18		1748						18 18	1848
Reading 7	d	1743		18 13						1843	19 13
Parcffordd Bryste / Bristol Parkway 7	d	1838		1904						1940	2004
Manceinion Piccadilly / Manchester Piccadilly 10	d					1630					
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	190 1		1924		193 1				200 1	2028
Caerdydd Canolog / Cardiff Central 7	a	19 15		1938		1945				20 13	2039
Caerdydd Canolog / Cardiff Central 7	d	19 18		194 1		1947				2020	2042
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	1946		2000		2006				2047	2 10 1
Pen-y-Bont ar Ogwr / Bridgend	d	1947		200 1		2007				2048	2 102
Y Pil / Pyle	d										
Parcffordd Port Talbot Parkway	d	2000		20 13		20 19				2 100	2 114
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	2007		2020		2027				2 107	2 12 1
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	20 19		2032		2042				2 119	2 133
Abertawe / Swansea	d			2 104			2048		2 115		
Tre-gwyr / Gowerton	d						2 100		2 127		
Llanelli	a			2 118			2 108		2 134		
Llanelli	d			2 119			2 108		2 136		
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			2 126			2 114				
Cydweli / Kidwelly	d			2 132			2 12 1				
Glanyfferi / Ferryside	d			2 139			2 127				
Caerfyrddin / Carmarthen	a			2 152			2 140				
Caerfyrddin / Carmarthen	d		2 103		2 110		2 142				
Hendy-gwyn / Whitland	a		2 119		2 126		2 158				
Hendy-gwyn / Whitland	d		2 119		2 126		2 158				
Arberth / Narberth	d				2 134x						
Cilgeti / Kilgetty	d				2 143x						
Saundersfoot	d				2 145x						
Dinbych-y-Pysgod / Tenby	d				2 154			2005			
Penalun / Penally	d				2 157x			2008x			
Maenorbyr / Manorbier	d				2203			20 14			
Llandyfail / Lamphey	d				22 10x			2022x			
Penfro / Pembroke	d				22 13			2025			
Doc Penfro / Pembroke Dock	a				2225			2036			
Clunderwen	d		2 126x				2205x				
Clarbeston Road	d		2 134				22 13x				
Hwlffordd / Haverfordwest	d						2224				
Johnston	d						2232x				
Aberdaugleddau / Milford Haven	a						2246				
Abergwaun ac Wdig / Fishguard & Goodwick	a		2 152								
Porthladd Abergwaun / Fishguard Harbour 30	a		2 159								
Porthladd Rosslare Harbour	a										

Nodiadau

Z I Lanymddyfri

Notes

Z To Llandovery

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇ FO	TfW ◇ FX	GW 1R	GW 1R	TfW ◇ FO	TfW ◇ FX	GW 1R	TfW ◇	GW 1R	GW 1R FO
Llundain Paddington / London Paddington 15	d			19 18	1948			2048		2 148	2248
Reading 7	d			1943	20 13			2 113		22 13	23 19
Parcffordd Bryste / Bristol Parkway 7	d			2038	2 105			2203		2304	00 15
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d			2 100	2 127			2234		233 1	0036
Caerdydd Canolog / Cardiff Central 7	a			2 115	2 140			2250		2347	0047
Caerdydd Canolog / Cardiff Central 7	d	2 108	2 108	2 124	2 143	22 18	22 18	2252	23 15	235 1	0050
Parc Ninian / Ninian Park	d										
Pontyclun	d					2230	223 1		2330		
Llanharan	d					2235	2236		2335		
Pencoed	d					2239	2240		2340		
Pen-y-Bont ar Ogwr / Bridgend	a	2 128	2 128	2 145	2202	2244	2246	23 11	2347	00 12	0 111
Pen-y-Bont ar Ogwr / Bridgend	d	2 128	2 128	2 146	2203	2244	2246	23 12	2347	00 13	0 112
Y Pil / Pyle	d	2 137	2 137						2355		
Parcffordd Port Talbot Parkway	d	2 145	2 145	2 158	22 15	2256	2259	2324	0003	0025	0 136
Baglan	d								0007		
Llansawel / Briton Ferry	d								00 11		
Castell Nedd / Neath	d	2 153	2 153	2205	2222	2303		233 1	00 16	0032	0 144
Sgiwen / Skewen	d								0020		
Llansamlet	d								0024		
Abertawe / Swansea	a	2208	2208	22 17	2234	23 16		2343	0034	0044	0 155
Abertawe / Swansea	d	2225	2225			23 19			005 1		
Tre-gwyr / Gowerton	d	2238	2238			2330			0 102s		
Llanelli	a	2245	2245			2337	2329		0 109s		
Llanelli	d	2246	2246			2338	2330		0 109s		
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	2252	2252			2344	2336		0 116s		
Cydweli / Kidwelly	d	2259	2259			2350	2342		0 123s		
Glanyfferi / Ferryside	d	2305	2305			2356	2348		0 129s		
Caerfyrddin / Carmarthen	a	23 19	23 18			00 12	000 1		0 142		
Caerfyrddin / Carmarthen	d	232 1									
Hendy-gwyn / Whitland	a	2336									
Hendy-gwyn / Whitland	d	2336									
Arberth / Narberth	d										
Cilgeti / Kilgetty	d										
Saundersfoot	d										
Dinbych-y-Pysgod / Tenby	d										
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d	2344x									
Clarbeston Road	d	2352x									
Hwlffordd / Haverfordwest	d	2359									
Johnston	d	0009x									
Aberdaugleddau / Milford Haven	a	002 1									
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau

FO Dydd Gwener yn unig

FX Dydd Llun i ddydd Iau

Notes

FO Friday only

FX Monday to Thursday

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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For an explanation of standard notes and symbols, please see end of timetable

		GW 1 B FX									
Llundain Paddington / London Paddington 15	d	2248									
Reading 7	d	23 19									
Parcffordd Bryste / Bristol Parkway 7	d	00 15									
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	0043									
Caerdydd Canolog / Cardiff Central 7	a	0058									
Caerdydd Canolog / Cardiff Central 7	d	0 103									
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	0 122									
Pen-y-Bont ar Ogwr / Bridgend	d	0 123									
Y Pil / Pyle	d										
Parcffordd Port Talbot Parkway	d	0 144									
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	0 152									
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	0203									
Abertawe / Swansea	d										
Tre-gwyr / Gowerton	d										
Llanelli	a										
Llanelli	d										
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d										
Cydweli / Kidwelly	d										
Glanyfferi / Ferryside	d										
Caerfyrddin / Carmarthen	a										
Caerfyrddin / Carmarthen	d										
Hendy-gwyn / Whitland	a										
Hendy-gwyn / Whitland	d										
Arberth / Narberth	d										
Cilgeti / Kilgetty	d										
Saundersfoot	d										
Dinbych-y-Pysgod / Tenby	d										
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d										
Clarbeston Road	d										
Hwlffordd / Haverfordwest	d										
Johnston	d										
Aberdaugleddau / Milford Haven	a										
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau
FX Dydd Llun i ddydd Iau

Notes
FX Monday to Thursday

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.
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		TfW ◇	TfW	TfW ◇	TfW	TfW	TfW ◇	TfW ◇	TfW ◇ G	TfW ◇	TfW
Llundain Paddington / London Paddington 15	d										
Reading 7	d										
Parcffordd Bryste / Bristol Parkway 7	d										
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d										
Caerdydd Canolog / Cardiff Central 7	a										
Caerdydd Canolog / Cardiff Central 7	d							0535		0643	
Parc Ninian / Ninian Park	d										
Pontyclun	d							0551			
Llanharan	d							0556			
Pencoed	d							0600			
Pen-y-Bont ar Ogwr / Bridgend	a							0608		0703	
Pen-y-Bont ar Ogwr / Bridgend	d							0608		0703	
Y Pil / Pyle	d							0615		0711	
Parcffordd Port Talbot Parkway	d							0623		0718	
Baglan	d							0627		0722	
Llansawel / Briton Ferry	d							0631		0725	
Castell Nedd / Neath	d							0635		0729	
Sgiwen / Skewen	d							0639		0733	
Llansamlet	d							0643		0738	
Abertawe / Swansea	a							0653		0747	
Abertawe / Swansea	d	0008					0543	0655	0549	0752	
Tre-gwyr / Gowerton	d	0021					0555	0706	0600	0804	
Llanelli	a	0028					0602	0714	0607	0811	
Llanelli	d	0029					0602	0714	0610	0812	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	0035					0609	0720		0818	
Cydweli / Kidwelly	d	0042					0616	0727		0825	
Glanyfferi / Ferryside	d	0048					0623	0733		0831	
Caerfyrddin / Carmarthen	a	0102					0636	0746		0844	
Caerfyrddin / Carmarthen	d		0449	0530	0550	0600	0641	0749		0848	
Hendy-gwyn / Whitland	a		0505	0547	0606	0615	0658	0803		0904	
Hendy-gwyn / Whitland	d		0505	0547	0606	0615	0700	0804		0907	
Arberth / Narberth	d			0556x			0709x			0916x	
Cilgeti / Kilgetty	d			0606x			0718x			0925x	
Saundersfoot	d			0608x			0720x			0927x	
Dinbych-y-Pysgod / Tenby	d			0624			0733			0942	
Penalun / Penally	d			0627x			0736x			0945x	
Maenorbyr / Manorbier	d			0633			0742			0951	
Llandyfail / Lamphey	d			0641x			0750x			0958x	
Penfro / Pembroke	d			0644			0753			1001	
Doc Penfro / Pembroke Dock	a			0656			0805			1013	
Clunderwen	d		0512x		0613x	0622x		0811x			
Clarbeston Road	d		0519x		0621	0630x		0819x			0720
Hwlffordd / Haverfordwest	d		0531			0638		0827			
Johnston	d		0540x			0646x		0835x			
Aberdaugleddau / Milford Haven	a		0552			0658		0846			
Abergwaun ac Wdig / Fishguard & Goodwick	a				0640						0738
Porthladd Abergwaun / Fishguard Harbour 30	a				0646						0744
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
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Caerdydd - Abertawe - Gorllewin Cymru **Dydd Sadwrn**

Cardiff - Swansea - West Wales Saturdays

		TfW ◇🅃	GW 1🅁🅃	TfW ◇ G	TfW ◇	GW 1🅁🅃	TfW ◇🅃	TfW ◇	GW 1🅁🅃	TfW ◇🅃	TfW ◇🅃
Llundain Paddington / London Paddington 15	d					0648			0748		
Reading 7	d					07 13			08 14		
Parcffordd Bryste / Bristol Parkway 7	d		0724			0804			0905		
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d		0746			0826	0840		0927		
Caerdydd Canolog / Cardiff Central 7	a		0759			0838	0858		0939		
Caerdydd Canolog / Cardiff Central 7	d	0756	0803			0842	0859		0942		1005
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	08 15	0822			090 1	09 19		100 1		1025
Pen-y-Bont ar Ogwr / Bridgend	d	08 16	0824			0903	09 19		1002		1025
Y Pil / Pyle	d	0823					0926				
Parcffordd Port Talbot Parkway	d	0830	0836			09 15	0934		10 14		1038
Baglan	d						0937				
Llansawel / Briton Ferry	d						094 1				
Castell Nedd / Neath	d	0838	0844			0923	0945		1022		1046
Sgiwen / Skewen	d						0949				
Llansamlet	d						0954				
Abertawe / Swansea	a	085 1	0855			0934	1003		1033		1 10 1
Abertawe / Swansea	d	0902		0908			1005			1058	1 105
Tre-gwyr / Gowerton	d	09 13		09 19			10 16				1 117
Llanelli	a	092 1		0926			1024			1 115	1 125
Llanelli	d	092 1		093 1			1024			1 115	1 125
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	0927					1030				1 13 1
Cydweli / Kidwelly	d	0934					1037				
Glanyfferi / Ferryside	d	0940					1043				
Caerfyrddin / Carmarthen	a	0952					1056				1 15 1
Caerfyrddin / Carmarthen	d	0956			1055						1 157
Hendy-gwyn / Whitland	a	10 14			1 111					1 150	12 16
Hendy-gwyn / Whitland	d	10 14			1 111			0908		1 150	12 16
Arberth / Narberth	d				1 120x						
Cilgeti / Kilgetty	d				1 130x						
Saundersfoot	d				1 132x						
Dinbych-y-Pysgod / Tenby	d				1 145						
Penalun / Penally	d				1 148x						
Maenorbyr / Manorbier	d				1 154						
Llandyfail / Lamphey	d				1202x						
Penfro / Pembroke	d				1205						
Doc Penfro / Pembroke Dock	a				12 19						
Clunderwen	d	102 1x						09 15x			1223x
Clarbeston Road	d	1029x						0923		1203	123 1x
Hwlffordd / Haverfordwest	d	1037									1239
Johnston	d	1045x									1247x
Aberdaugleddau / Milford Haven	a	1059									130 1
Abergwaun ac Wdig / Fishguard & Goodwick	a							0942		1222	
Porthladd Abergwaun / Fishguard Harbour 30	a							0947		1226	
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Caerdydd - Abertawe - Gorllewin Cymru **Dydd Sadwrn**

Cardiff - Swansea - West Wales Saturdays

		GW 1R	TfW ◊ G	TfW ◊	TfW ◊	GW 1R	TfW R	GW 1R	TfW ◊	TfW ◊	TfW ◊ G
Llundain Paddington / London Paddington 15	d	0848				0948		1048			
Reading 7	d	0913				1013		1113			
Parcffordd Bryste / Bristol Parkway 7	d	1005				1104		1204			
Manceinion Piccadilly / Manchester Piccadilly 10	d			0730						0930	
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1025		1039		1125		1225		1240	
Caerdydd Canolog / Cardiff Central 7	a	1038		1053		1137		1237		1255	
Caerdydd Canolog / Cardiff Central 7	d	1040		1059		1139	1207	1239		1258	
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	1059		1118		1158	1227	1258		1318	
Pen-y-Bont ar Ogwr / Bridgend	d	1100		1119		1159	1227	1259		1318	
Y Pil / Pyle	d			1126						1325	
Parcffordd Port Talbot Parkway	d	1112		1134		1211	1238	1311		1333	
Baglan	d			1137						1337	
Llansawel / Briton Ferry	d			1141						1341	
Castell Nedd / Neath	d	1119		1145		1219	1245	1319		1345	
Sgiwen / Skewen	d			1149						1349	
Llansamlet	d			1154						1354	
Abertawe / Swansea	a	1132		1203		1230	1259	1330		1403	
Abertawe / Swansea	d		1143	1207	1154		1308		1353	1405	1430
Tre-gwyr / Gowerton	d		1155	1218	1206		1319			1417	1442
Llanelli	a		1202	1226	1213		1327		1409	1424	1449
Llanelli	d		1208	1226	1214		1327		1410	1425	1454
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d			1232	1221		1333		1417	1431	
Cydweli / Kidwelly	d			1239						1437	
Glanyfferi / Ferryside	d			1245						1443	
Caerfyrddin / Carmarthen	a			1256	1242		1356		1441	1454	
Caerfyrddin / Carmarthen	d				1258		1401		1458		
Hendy-gwyn / Whitland	a				1314		1418		1514		
Hendy-gwyn / Whitland	d				1314		1418		1514		
Arberth / Narberth	d				1323x				1523x		
Cilgeti / Kilgetty	d				1333x				1533x		
Saundersfoot	d				1335x				1535x		
Dinbych-y-Pysgod / Tenby	d				1345				1545		
Penalun / Penally	d				1348x				1548x		
Maenorbyr / Manorbier	d				1354				1554		
Llandyfail / Lamphey	d				1402x				1602x		
Penfro / Pembroke	d				1405				1605		
Doc Penfro / Pembroke Dock	a				1418				1618		
Clunderwen	d						1425x				
Clarbeston Road	d						1433x				
Hwlffordd / Haverfordwest	d						1441				
Johnston	d						1449x				
Aberdaugleddau / Milford Haven	a						1503				
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Caerdydd - Abertawe - Gorllewin Cymru												Dydd Sadwrn
Cardiff - Swansea - West Wales												Saturdays
		GW 1 R	TfW R	GW 1 R	TfW ◇	TfW ◇	TfW ◇	TfW R	GW 1 R	TfW ◇	GW 1 R
Llundain Paddington / London Paddington 15	d	1148		1248		1213			1348		1448
Reading 7	d	1213		1313		1240			1413		1513
Parcffordd Bryste / Bristol Parkway 7	d	1304		1404		1343			1504		1604
Manceinion Piccadilly / Manchester Piccadilly 10	d					1130					
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1325		1425		1437			1528		1625
Caerdydd Canolog / Cardiff Central 7	a	1338		1437		1452			1541		1637
Caerdydd Canolog / Cardiff Central 7	d	1341	1400	1441		1505	1512	1535	1544	1604	1641
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	1400	1420	1500		1525	1532	1554	1603	1623	1700
Pen-y-Bont ar Ogwr / Bridgend	d	1401	1421	1501		1525	1532	1558	1607	1623	1701
Y Pil / Pyle	d						1540			1631	
Parcffordd Port Talbot Parkway	d	1413	1433	1513		1537	1548	1611	1619	1638	1713
Baglan	d						1552				
Llansawel / Briton Ferry	d						1555				
Castell Nedd / Neath	d	1420	1440	1521		1544	1600	1618	1627	1646	1720
Sgiwen / Skewen	d						1603				
Llansamlet	d						1607				
Abertawe / Swansea	a	1432	1453	1532		1558	1618	1632	1638	1659	1732
Abertawe / Swansea	d		1501		1552	1604		1639		1704	
Tre-gwyr / Gowerton	d		1512			1615		1650		1715	
Llanelli	a		1520		1608	1623		1658		1722	
Llanelli	d		1520		1609	1623		1658		1722	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		1526		1616	1629		1704		1728	
Cydweli / Kidwelly	d					1636		1711		1735	
Glanyfferi / Ferryside	d					1642		1717		1741	
Caerfyrddin / Carmarthen	a		1546		1641	1655		1729		1753	
Caerfyrddin / Carmarthen	d		1550		1700			1733		1802	
Hendy-gwyn / Whitland	a		1605		1716			1748		1817	
Hendy-gwyn / Whitland	d		1605		1716			1748		1817	
Arberth / Narberth	d				1725x						
Cilgeti / Kilgetty	d				1735x						
Saundersfoot	d				1737x						
Dinbych-y-Pysgod / Tenby	d				1747						
Penalun / Penally	d				1750x						
Maenorbyr / Manorbier	d				1756						
Llandyfail / Lamphey	d				1804x						
Penfro / Pembroke	d				1807						
Doc Penfro / Pembroke Dock	a				1820						
Clunderwen	d		1612x					1755x		1824x	
Clarbeston Road	d		1620x					1803x		1832	
Hwlffordd / Haverfordwest	d		1628					1811			
Johnston	d		1636x					1819x			
Aberdaugleddau / Milford Haven	a		1650					1833			
Abergwaun ac Wdig / Fishguard & Goodwick	a									1850	
Porthladd Abergwaun / Fishguard Harbour 30	a									1856	
Porthladd Rosslare Harbour	a										

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW	TfW R	TfW ◇ G	GW 1R	TfW ◇	TfW R	GW 1R	TfW	TfW R	GW 1R
Llundain Paddington / London Paddington 15	d				1548			1648			17 18
Reading 7	d				16 13			17 13			1743
Parcffordd Bryste / Bristol Parkway 7	d				1704			1804			1838
Manceinion Piccadilly / Manchester Piccadilly 10	d		1330							1530	
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d		1641		1725			1825		1842	1902
Caerdydd Canolog / Cardiff Central 7	a		1657		1738			1837		1858	19 14
Caerdydd Canolog / Cardiff Central 7	d		1702		1739	1744	1805	1840		1903	19 19
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a		1725		1758	1804	1825	1859		1923	1938
Pen-y-Bont ar Ogwr / Bridgend	d		1725		1759	1804	1825	1900		1924	1939
Y Pil / Pyle	d		1732			18 12	1833			193 1	
Parcffordd Port Talbot Parkway	d		1740		18 11	1820	1840	19 13		1939	1952
Baglan	d		1742			1824				1943	
Llansawel / Briton Ferry	d		1746			1827				1947	
Castell Nedd / Neath	d		175 1		18 19	1832	1848	1920		195 1	2000
Sgiwen / Skewen	d		1755			1835				1955	
Llansamlet	d		1759			1839				2000	
Abertawe / Swansea	a		1808		1830	1850	190 1	1932		20 10	20 12
Abertawe / Swansea	d	1752	18 11	18 18			1905		1940	20 13	2025
Tre-gwyr / Gowerton	d	1804	1822	1830			19 16		1952	2024	
Llanelli	a	18 12	1830	1837			1924		2000	2032	2040
Llanelli	d	18 12	1830	1842			1924		2000	2032	204 1
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	18 19	1836				1930		2007	2038	2048
Cydweli / Kidwelly	d	1826	1843						20 14		
Glanyfferi / Ferryside	d	1833	1849						2020		
Caerfyrddin / Carmarthen	a	1848	190 1				1950		2034	2058	2 109
Caerfyrddin / Carmarthen	d		1905				1957			2 100	
Hendy-gwyn / Whitland	a		192 1				20 12			2 115	
Hendy-gwyn / Whitland	d		192 1				20 13			2 115	
Arberth / Narberth	d		1929x							2 124x	
Cilgeti / Kilgetty	d		1939x							2 133x	
Saundersfoot	d		194 1x							2 135x	
Dinbych-y-Pysgod / Tenby	d		1953							2 143	
Penalun / Penally	d		1956x							2 146x	
Maenorbyr / Manorbier	d		2002							2 152	
Llandyfail / Lamphey	d		2009x							2200x	
Penfro / Pembroke	d		20 12							2203	
Doc Penfro / Pembroke Dock	a		2024							22 16	
Clunderwen	d						2020x				
Clarbeston Road	d						2028x				
Hwlffordd / Haverfordwest	d						2036				
Johnston	d						2044x				
Aberdaugleddau / Milford Haven	a						2059				
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

Caerdydd - Abertawe - Gorllewin Cymru **Dydd Sadwrn**

Cardiff - Swansea - West Wales Saturdays

		GW 1R	TfW 1R	TfW	TfW R	GW 1R	TfW ◇ Z	GW 1R	TfW ◇	GW 1R	GW 1R
Llundain Paddington / London Paddington 15	d	1748				18 18		1848		19 15	1948
Reading 7	d	18 13				1843		19 13		194 1	20 13
Parcffordd Bryste / Bristol Parkway 7	d	1904				1940		2004		2039	2 104
Manceinion Piccadilly / Manchester Piccadilly 10	d		1630								
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1927	1939			200 1		2025		2059	2 125
Caerdydd Canolog / Cardiff Central 7	a	1940	1957			20 13		2039		2 111	2 138
Caerdydd Canolog / Cardiff Central 7	d	1942	200 1			20 15		2040	2 104	2 113	2 140
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	200 1	202 1			2034		2059	2 124	2 132	2 159
Pen-y-Bont ar Ogwr / Bridgend	d	2002	202 1			2035		2 100	2 124	2 133	2200
Y Pil / Pyle	d								2 13 1		
Parcffordd Port Talbot Parkway	d	20 14	2033			2047		2 112	2 139	2 145	22 12
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	202 1	204 1			2054		2 120	2 147	2 153	2220
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	2033	2054			2 106		2 13 1	2 159	2204	223 1
Abertawe / Swansea	d				2 105		2 115		2226		
Tre-gwyr / Gowerton	d						2 127		2238		
Llanelli	a				2 122		2 134		2246		
Llanelli	d				2 122		2 136		2246		
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d				2 128				2252		
Cydweli / Kidwelly	d				2 135				2258		
Glanyfferi / Ferryside	d				2 142				2304		
Caerfyrddin / Carmarthen	a				2 155				23 18		
Caerfyrddin / Carmarthen	d			2 114	2203						
Hendy-gwyn / Whitland	a			2 129	22 18						
Hendy-gwyn / Whitland	d			2 129	22 18						
Arberth / Narberth	d										
Cilgeti / Kilgetty	d										
Saundersfoot	d										
Dinbych-y-Pysgod / Tenby	d										
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d				2226x						
Clarbeston Road	d			2 143	2237x						
Hwlffordd / Haverfordwest	d				2245						
Johnston	d				2253x						
Aberdaugleddau / Milford Haven	a				2307						
Abergwaun ac Wdig / Fishguard & Goodwick	a			220 1							
Porthladd Abergwaun / Fishguard Harbour 30	a			2208							
Porthladd Rosslare Harbour	a										

Nodiadau

Z I Lanymddyfri

Notes

Z To Llandovery

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇	TfW ◇	TfW ◇	GW 1 R						
Llundain Paddington / London Paddington 15	d				2048						
Reading 7	d				2113						
Parcffordd Bryste / Bristol Parkway 7	d				2205						
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d				2229						
Caerdydd Canolog / Cardiff Central 7	a				2247						
Caerdydd Canolog / Cardiff Central 7	d	2208		2227	2251						
Parc Ninian / Ninian Park	d										
Pontyclun	d	2221		2239							
Llanharan	d	2225		2244							
Pencoed	d	2229		2248							
Pen-y-Bont ar Ogwr / Bridgend	a	2235		2255	2310						
Pen-y-Bont ar Ogwr / Bridgend	d	2235		2255	2311						
Y Pil / Pyle	d			2303							
Parcffordd Port Talbot Parkway	d	2247		2311	2323						
Baglan	d			2314							
Llansawel / Briton Ferry	d			2318							
Castell Nedd / Neath	d	2254		2322	2331						
Sgiwen / Skewen	d			2326							
Llansamlet	d			2330							
Abertawe / Swansea	a	2307		2340	2343						
Abertawe / Swansea	d	2311		2343							
Tre-gwyr / Gowerton	d	2322		2356							
Llanelli	a	2329	2341	0003							
Llanelli	d	2330	2346	0003							
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	2336		0009							
Cydweli / Kidwelly	d	2342		0016							
Glanyfferi / Ferryside	d	2348		0022							
Caerfyrddin / Carmarthen	a	0004	0011	0036							
Caerfyrddin / Carmarthen	d										
Hendy-gwyn / Whitland	a										
Hendy-gwyn / Whitland	d										
Arberth / Narberth	d										
Cilgeti / Kilgetty	d										
Saundersfoot	d										
Dinbych-y-Pysgod / Tenby	d										
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d										
Clarbeston Road	d										
Hwlffordd / Haverfordwest	d										
Johnston	d										
Aberdaugleddau / Milford Haven	a										
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇	TfW ◇	TfW ◇	GW 1	TfW ◇	GW 1R	TfW ◇	TfW ◇	TfW ◇ G	GW 1R
Llundain Paddington / London Paddington 15	d										0833
Reading 7	d										0859
Parcffordd Bryste / Bristol Parkway 7	d						0858				0954
Manceinion Piccadilly / Manchester Piccadilly 10	d										
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d						0926		0930		10 17
Caerdydd Canolog / Cardiff Central 7	a						0943		0949		103 1
Caerdydd Canolog / Cardiff Central 7	d		0804				0945		0953		1035
Parc Ninian / Ninian Park	d										
Pontyclun	d								1005		
Llanharan	d								10 11		
Pencoed	d								10 16		
Pen-y-Bont ar Ogwr / Bridgend	a		0827				1004		1022		1056
Pen-y-Bont ar Ogwr / Bridgend	d		0827				1005		1023		1057
Y Pil / Pyle	d								103 1		
Parcffordd Port Talbot Parkway	d		0840				10 17		1039		1 109
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d		0848				1025		1047		1 116
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a		090 1				1036		1 100		1 129
Abertawe / Swansea	d	00 12			1027			1043	1 104	1 110	
Tre-gwyr / Gowerton	d	0023s							1 116	1 12 1	
Llanelli	a	003 1s			104 1			1059	1 124	1 129	
Llanelli	d	003 1s			104 1			1 100	1 124	1 133	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	0037s			1048			1 106	1 13 1		
Cydweli / Kidwelly	d	0044s							1 138		
Glanyfferi / Ferryside	d	0050s							1 145		
Caerfyrddin / Carmarthen	a	0 103			1 110			1 125	1 159		
Caerfyrddin / Carmarthen	d			0955		10 19		1 129	1202		
Hendy-gwyn / Whitland	a			10 12		1036		1 144	12 19		
Hendy-gwyn / Whitland	d			10 12		1036		1 144	12 19		
Arberth / Narberth	d					1045x					
Cilgeti / Kilgetty	d					1054x					
Saundersfoot	d					1056x					
Dinbych-y-Pysgod / Tenby	d					1 106					
Penalun / Penally	d					1 109x					
Maenorbyr / Manorbier	d					1 115					
Llandyfail / Lamphey	d					1 123x					
Penfro / Pembroke	d					1 126					
Doc Penfro / Pembroke Dock	a					1 137					
Clunderwen	d			10 19x					1227x		
Clarbeston Road	d			1028x				1 157	1236x		
Hwlffordd / Haverfordwest	d			1036					1244		
Johnston	d			1045x					1253x		
Aberdaugleddau / Milford Haven	a			1055					1303		
Abergwaun ac Wdig / Fishguard & Goodwick	a							12 15			
Porthladd Abergwaun / Fishguard Harbour 30	a							1223			
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

		TfW ◇🛏	GW 1R🛏	TfW ◇	GW 1R🛏	TfW ◇	TfW R🛏	GW 1R🛏	TfW R🛏	GW 1R🛏	TfW ◇ G
Llundain Paddington / London Paddington 15	d		0933		1043			1143		1243	
Reading 7	d		0958		1109			1209		1309	
Parcffordd Bryste / Bristol Parkway 7	d		1055		1201			1300		1400	
Manceinion Piccadilly / Manchester Piccadilly 10	d						0930		1030		
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1057	1115		1222		1302	1323	1334	1420	
Caerdydd Canolog / Cardiff Central 7	a	1111	1128		1235		1315	1335	1351	1433	
Caerdydd Canolog / Cardiff Central 7	d	1114	1130	1204	1236		1320	1337	1410	1437	
Parc Ninian / Ninian Park	d										
Pontyclun	d			1218							
Llanharan	d			1223							
Pencoed	d			1227							
Pen-y-Bont ar Ogwr / Bridgend	a	1134	1150	1233	1255		1339	1356	1430	1456	
Pen-y-Bont ar Ogwr / Bridgend	d	1134	1151	1234	1256		1340	1357	1430	1457	
Y Pil / Pyle	d			1241			1347		1437		
Parcffordd Port Talbot Parkway	d	1147	1203	1248	1308		1355	1412	1445	1509	
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	1155	1210		1316		1402	1420	1452	1517	
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	1208	1222		1329		1421	1431	1507	1529	
Abertawe / Swansea	d	1212	1229			1401		1439	1525		1535
Tre-gwyr / Gowerton	d	1224				1412			1537		1546
Llanelli	a	1231	1244	1319		1420		1453	1545		1554
Llanelli	d	1232	1245	1320		1421		1454	1546		1558
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	1238	1251	1326		1427		1501	1552		
Cydweli / Kidwelly	d	1245	1258			1435		1508			
Glanyfferi / Ferryside	d	1251	1305			1441		1515			
Caerfyrddin / Carmarthen	a	1304	1318	1348		1454		1528	1611		
Caerfyrddin / Carmarthen	d	1308		1357		1459			1615		
Hendy-gwyn / Whitland	a	1323		1413		1516			1630		
Hendy-gwyn / Whitland	d	1323		1413		1516			1631		
Arberth / Narberth	d					1525x					
Cilgeti / Kilgetty	d					1535x					
Saundersfoot	d					1537x					
Dinbych-y-Pysgod / Tenby	d					1545					
Penalun / Penally	d					1548x					
Maenorbyr / Manorbier	d					1555					
Llandyfail / Lamphey	d					1603x					
Penfro / Pembroke	d					1606					
Doc Penfro / Pembroke Dock	a					1619					
Clunderwen	d			1420x					1638x		
Clarbeston Road	d	1337		1428x					1646x		
Hwlffordd / Haverfordwest	d			1436					1654		
Johnston	d			1444x					1702x		
Aberdaugleddau / Milford Haven	a			1459					1711		
Abergwaun ac Wdig / Fishguard & Goodwick	a	1355									
Porthladd Abergwaun / Fishguard Harbour 30	a	1401									
Porthladd Rosslare Harbour	a										

Nodiadau

G I Amwythig

Notes

G To Shrewsbury

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Caerdydd - Abertawe - Gorllewin Cymru

Cardiff - Swansea - West Wales

Dydd Sul

Sundays

		TfW R	GW 1R	TfW ◇	TfW R	GW 1R	TfW R	GW 1R	TfW ◇	TfW R	GW 1R
Llundain Paddington / London Paddington 15	d		1343			1443	14 13	1543			1643
Reading 7	d		1409			1509	1440	1609			1709
Parcffordd Bryste / Bristol Parkway 7	d		1500			1600	1539	1700			1800
Manceinion Piccadilly / Manchester Piccadilly 10	d	1 129			123 1		1330			1430	
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1433	1525		1539	1622	1642	1726		1740	1822
Caerdydd Canolog / Cardiff Central 7	a	1448	1540		1555	1634	1657	1739		1755	1834
Caerdydd Canolog / Cardiff Central 7	d	145 1	1540		1605	1637	1707	1740		18 10	1837
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	15 12	1600		1625	1659	1727	1759		1832	1857
Pen-y-Bont ar Ogwr / Bridgend	d	15 12	160 1		1625	170 1	1728	1800		1832	1858
Y Pil / Pyle	d	15 19			1633		1736			1840	
Parcffordd Port Talbot Parkway	d	1527	16 13		1640	17 15	1744	18 12		1848	19 10
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	1534	162 1		1648	1723	1753	1820		1857	19 17
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	1549	1632		170 1	1734	1807	183 1		19 11	1929
Abertawe / Swansea	d		1640	1647	1705				1837	19 16	
Tre-gwyr / Gowerton	d			1659	17 17				1849	1928	
Llanelli	a		1654	1707	1724				1857	1936	
Llanelli	d		1655	1707	1725				1857	1936	
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d		1702	17 13	173 1				1904	1943	
Cydweli / Kidwelly	d			172 1					19 11		
Glanyfferi / Ferryside	d			1727					19 18		
Caerfyrddin / Carmarthen	a		1723	174 1	1750				193 1	2006	
Caerfyrddin / Carmarthen	d			1744	1806				1935	20 12	
Hendy-gwyn / Whitland	a			1800	1822				1952	2029	
Hendy-gwyn / Whitland	d			1800	1822				1952	2032	
Arberth / Narberth	d			1809x							
Cilgeti / Kilgetty	d			18 19x							
Saundersfoot	d			182 1x							
Dinbych-y-Pysgod / Tenby	d			1829							
Penalun / Penally	d			1832x							
Maenorbyr / Manorbier	d			1839							
Llandyfail / Lamphey	d			1846x							
Penfro / Pembroke	d			1850							
Doc Penfro / Pembroke Dock	a			1902							
Clunderwen	d				1829x				2000x	2040x	
Clarbeston Road	d				1837x				2008x	2049x	
Hwlffordd / Haverfordwest	d				1847				20 17a	2057	
Johnston	d				1855x					2 106x	
Aberdaugleddau / Milford Haven	a				1907					2 120	
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyo ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

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Caerdydd - Abertawe - Gorllewin Cymru

Cardiff - Swansea - West Wales

Dydd Sul

Sundays

		TfW R	GW 1R	TfW R	TfW ◇	TfW ◇	GW 1R	TfW R	TfW ◇	GW 1R	TfW R
Llundain Paddington / London Paddington 15	d		1743				1843			1943	
Reading 7	d		1809				1909			2009	
Parcffordd Bryste / Bristol Parkway 7	d		1900				2000			2 103	
Manceinion Piccadilly / Manchester Piccadilly 10	d	1530		1630				1730			1830
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d	1837	1922	1936			2022	2029		2 123	2 129
Caerdydd Canolog / Cardiff Central 7	a	1853	1935	195 1			2035	2046		2 136	2 144
Caerdydd Canolog / Cardiff Central 7	d	1902	1936	1956		20 19	2036	2050		2 136	2 149
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	1923	1955	20 15		2039	2055	2 111		2 156	2209
Pen-y-Bont ar Ogwr / Bridgend	d	1923	1956	20 15		2040	2056	2 111		2 157	2209
Y Pil / Pyle	d	1930		2023		2048		2 118			22 16
Parcffordd Port Talbot Parkway	d	1938	2008	2030		2055	2 108	2 126		2209	2224
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	1945	20 16	2038		2 103	2 116	2 134		22 16	223 1
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	200 1	2027	2052		2 117	2 127	2 149		2228	2246
Abertawe / Swansea	d				2058	2 120					2250
Tre-gwyr / Gowerton	d				2 110	2 132					230 1
Llanelli	a				2 117	2 139					2309
Llanelli	d				2 118	2 140					2309
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d				2 124	2 146					23 15
Cydweli / Kidwelly	d				2 13 1						2322
Glanyfferi / Ferryside	d				2 137						2328
Caerfyrddin / Carmarthen	a				2 150	2207					2342
Caerfyrddin / Carmarthen	d				2 155	22 14					
Hendy-gwyn / Whitland	a				22 11	2229					
Hendy-gwyn / Whitland	d				22 11	2229			2037		
Arberth / Narberth	d								2046x		
Cilgeti / Kilgetty	d								2055x		
Saundersfoot	d								2057x		
Dinbych-y-Pysgod / Tenby	d								2 106		
Penalun / Penally	d								2 109x		
Maenorbyr / Manorbier	d								2 115		
Llandyfail / Lamphey	d								2 123x		
Penfro / Pembroke	d								2 126		
Doc Penfro / Pembroke Dock	a								2 137		
Clunderwen	d					2237x					
Clarbeston Road	d				2224	2245x					
Hwlffordd / Haverfordwest	d					2253					
Johnston	d					230 1x					
Aberdaugleddau / Milford Haven	a					23 10					
Abergwaun ac Wdig / Fishguard & Goodwick	a				2243						
Porthladd Abergwaun / Fishguard Harbour 30	a				2249						
Porthladd Rosslare Harbour	a										

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Caerdydd - Abertawe - Gorllewin Cymru — **Dydd Sul**

Cardiff - Swansea - West Wales — Sundays

		TfW ◇	GW 1R	TfW ◇	GW 1R						
Llundain Paddington / London Paddington 15	d		2043		2 143						
Reading 7	d		2 109		2209						
Parcffordd Bryste / Bristol Parkway 7	d		2203		2303						
Manceinion Piccadilly / Manchester Piccadilly 10	d			1930							
Caerloyw / Gloucester 7	d										
Casnewydd / Newport	d		2225	224 1	232 1						
Caerdydd Canolog / Cardiff Central 7	a		2238	2257	2336						
Caerdydd Canolog / Cardiff Central 7	d	2230	2239	2300	2339						
Parc Ninian / Ninian Park	d										
Pontyclun	d										
Llanharan	d										
Pencoed	d										
Pen-y-Bont ar Ogwr / Bridgend	a	2250	2258	2320	2359						
Pen-y-Bont ar Ogwr / Bridgend	d	2250	2259	2320	000 1						
Y Pil / Pyle	d			2328							
Parcffordd Port Talbot Parkway	d	2303	23 1 1	2336	00 12						
Baglan	d										
Llansawel / Briton Ferry	d										
Castell Nedd / Neath	d	23 12	23 19	2345	0020						
Sgiwen / Skewen	d										
Llansamlet	d										
Abertawe / Swansea	a	2325	2330	2359	0032						
Abertawe / Swansea	d	2336									
Tre-gwyr / Gowerton	d	2348									
Llanelli	a	2355									
Llanelli	d	2356									
Pen-bre a Phorth Tywyn / Pembrey & Burry Port	d	0003									
Cydweli / Kidwelly	d	00 10									
Glanyfferi / Ferryside	d	00 17									
Caerfyrddin / Carmarthen	a	0032									
Caerfyrddin / Carmarthen	d										
Hendy-gwyn / Whitland	a										
Hendy-gwyn / Whitland	d										
Arberth / Narberth	d										
Cilgeti / Kilgetty	d										
Saundersfoot	d										
Dinbych-y-Pysgod / Tenby	d										
Penalun / Penally	d										
Maenorbyr / Manorbier	d										
Llandyfail / Lamphey	d										
Penfro / Pembroke	d										
Doc Penfro / Pembroke Dock	a										
Clunderwen	d										
Clarbeston Road	d										
Hwlffordd / Haverfordwest	d										
Johnston	d										
Aberdaugleddau / Milford Haven	a										
Abergwaun ac Wdig / Fishguard & Goodwick	a										
Porthladd Abergwaun / Fishguard Harbour 30	a										
Porthladd Rosslare Harbour	a										

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Nodiadau safonol

Standard notes

Mae'r amseroedd mewn coch yn dynodi gwasanaethau sy'n cysylltu

Times in red type indicate connecting services.

Amser cyrraedd	**a**	Arrival time
Amser ymadael	**d**	Departure time
Yn aros i ollwng teithwyr yn unig	**s**	Stops to set down only
Yn aros i godi teithwyr yn unig	**u**	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	**x**	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	10	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	⟶	Continued in later column
Parhad o golofn gynharach	⟵	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	1	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer,brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd		An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty (i ddeiliaid tocynnau Dosbarth Cyntaf neu docynnau Dosbarth Busnes TfW) a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth		A restaurant (for 1st Class ticket holders, or TfW Business Class ticket holders) and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael		A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	**GW**	Great Western Railway
West Midlands Trains	**LM**	West Midlands Trains
Trafnidiaeth Cymru	**TfW**	Transport for Wales
Avanti West Coast	**VT**	Avanti West Coast
Northern	**NT**	Northern
Cross Country	**XC**	Cross Country

Roedd yr wybodaeth hon yn gywir adeg cyhoeddi.
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- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
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Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501** RelayUK: **18001 033 300 50 501** neu ewch i **trc.cymru/teithio-hygyrch**. Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.
You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501** RelayUK: **18001 033 300 50 501** or visit **tfw.wales/accessible-travel**. You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.

Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd. Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên.
Accessible toilets are available on all our services, but not every carriage. Please check with railway staff or door signs to ensure you access the right part of the train.

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