

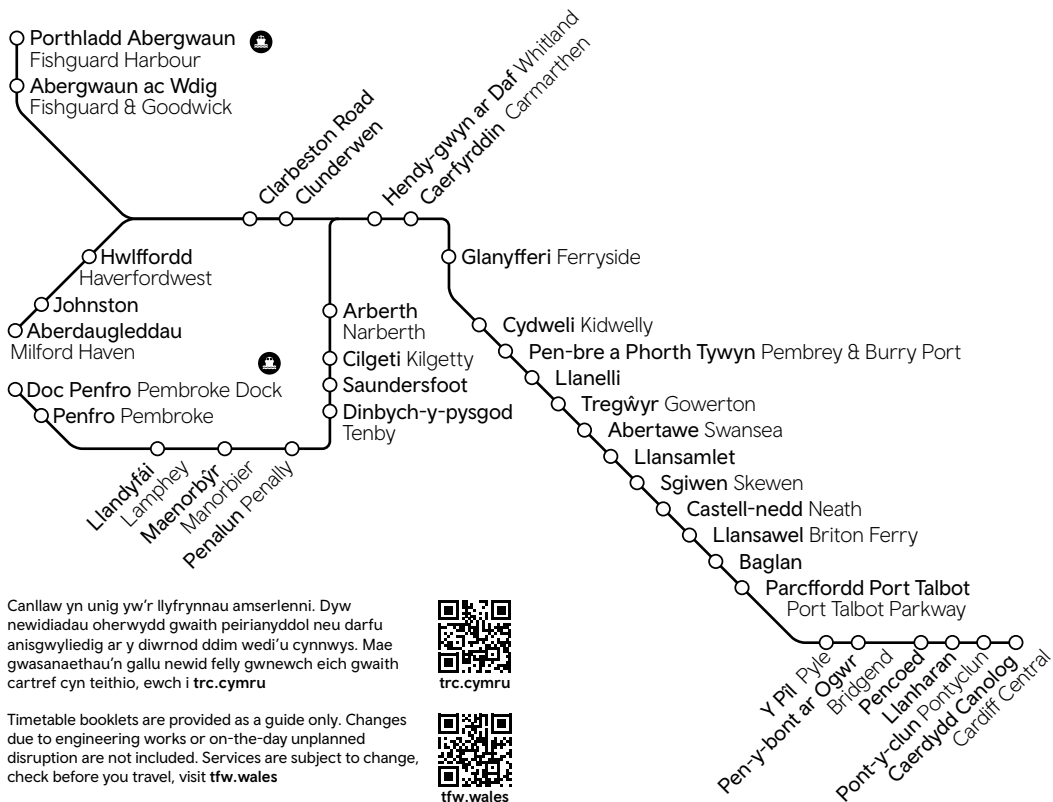


# Amserau trenau

Gorllewin Cymru i  
Abertawe a Chaerdydd  
O 02 Mehefin 2024

## Train times

West Wales to  
Swansea and Cardiff  
From 02 June 2024



	GW	GW	GW	TfW	TfW	GW	TfW	GW	GW	
Porthladd Abergwaun Fishguard Harbour	d	-	-	-	-	-	-	-	-	
Abergwaun ac Wdige Fishguard & Goodwick	d	-	-	-	-	-	-	-	-	
Aberdaugleddau Milford Haven	d	-	-	-	-	-	-	-	-	
Johnston	x	d	-	-	-	-	-	-	-	
Hwlfordd Haverfordwest	d	-	-	-	-	-	-	-	-	
Clarbeston Road	x	d	-	-	-	-	-	-	-	
Clunderwen	x	d	-	-	-	-	-	-	-	
Doc Penfro Pembroke Dock	d	-	-	-	-	-	-	-	-	
Penfro Pembroke	d	-	-	-	-	-	-	-	-	
Llandyfái Lamphey	x	d	-	-	-	-	-	-	-	
Maenorbŷr Manorbier	d	-	-	-	-	-	-	-	-	
Penalun Penally	x	d	-	-	-	-	-	-	-	
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	-	-	
Saundersfoot	x	d	-	-	-	-	-	-	-	
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	-	
Arberth Narberth	x	d	-	-	-	-	-	-	-	
Hendy-gwyn ar Daf Whitland	d	-	-	-	-	-	-	-	-	
Caerfyrddin Carmarthen	a	-	-	-	-	-	-	-	-	
Caerfyrddin Carmarthen Traws		d	-	-	-	-	-	-	-	
Aberystwyth Traws		a	-	-	-	-	-	-	-	
Caerfyrddin Carmarthen	d	-	-	0438	0447	-	-	-	-	
Glanyfferi Ferryside	d	-	-	-	-	-	-	-	-	
Cydweli Kidwelly	d	-	-	-	-	-	-	-	-	
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	-	-	0506	-	-	-	-	
Llanelli	d	-	-	0501	0513	-	-	-	-	
Tregŵyr Gowerton	d	-	-	-	-	-	-	-	-	
Abertawe Swansea	a	-	-	0520	-	-	-	-	-	
Abertawe Swansea	d	0338	0346	0459	-	0525	0532	0558	0628	
Llansamlet	d	-	-	-	-	-	-	-	-	
Sgiwen Skewen	d	-	-	-	-	-	-	-	-	
Castell-nedd Neath	d	0350	0358	0511	-	0537	0544	0610	0640	
Llansawel Briton Ferry	d	-	-	-	-	-	-	-	-	
Baglan	d	-	-	-	-	-	-	-	-	
Parcffordd Port Talbot Port Talbot Parkway	d	0357	0405	0518	-	0544	0551	0617	0647	
Y Pîl Pyle	d	-	-	-	-	-	0559	-	-	
Pen-y-bont ar Ogwr Bridgend	d	0411	0425	0531	-	0600	0608	0630	0700	
Pencoed	d	-	-	-	-	-	-	-	-	
Llanharan	d	-	-	-	-	-	-	-	-	
Pontyclun	d	-	-	-	-	-	-	-	-	
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	
Caerdydd Canolog Cardiff Central		a	0455	0503	0551	-	0620	0628	0650	0720
Caerdydd Canolog Cardiff Central		d	0507	0507	0554	-	0623	0635	0653	0723
Casnewydd Newport	a	0524	0524	0605	-	0635	0648	0704	0735	
Manceinion Piccadilly Manchester Piccadilly		a	-	-	-	-	1015	-	-	
Bristol Parkway		a	0551	0551	0626	-	0657	-	0725	0758
Reading		a	0649	0648	0718	-	0748	-	0818	-
London Paddington		a	0716	0716	0744	-	0816	-	0846	0913

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

	TfW	GW	TfW	GW	GW	TfW	TfW	GW	TfW		
Porthladd Abergwaun Fishguard Harbour	d	-	-	-	-	-	-	-	-		
Abergwaun ac Wdige Fishguard & Goodwick	d	-	-	-	-	-	-	-	-		
Aberdaugleddau Milford Haven	d	-	-	-	-	0554	-	-	0703		
Johnston	x	d	-	-	-	0602	-	-	0711		
Hwlfordd Haverfordwest	d	-	-	-	-	0609	-	-	0719		
Clarbeston Road	x	d	-	-	-	0617	-	-	0726		
Clunderwen	x	d	-	-	-	0625	-	-	0733		
Doc Penfro Pembroke Dock	d	-	-	-	-	-	-	-	-		
Penfro Pembroke	d	-	-	-	-	-	-	-	-		
Llandyfái Lamphey	x	d	-	-	-	-	-	-	-		
Maenorbŷr Manorbier	d	-	-	-	-	-	-	-	-		
Penalun Penally	x	d	-	-	-	-	-	-	-		
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	-	-		
Saundersfoot	x	d	-	-	-	-	-	-	-		
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	-		
Arberth Narberth	x	d	-	-	-	-	-	-	-		
Hendy-gwyn ar Daf Whitland	d	-	-	-	-	0632	-	-	0740		
Caerfyrddin Carmarthen	a	-	-	-	-	0647	-	-	0757		
Caerfyrddin Carmarthen Traws		d	0534	0554	-	-	-	0704	0804		
Aberystwyth Traws		a	0722	0822	-	-	-	0922	1022		
Caerfyrddin Carmarthen	d	0545	-	0603	-	-	0652	-	0723	0800	
Glanyfferi Ferryside	d	0555	-	0613	-	-	0702	-	0735	0811	
Cydweli Kidwelly	d	0601	-	0619	-	-	0708	-	0741	0817	
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	0608	-	0626	-	-	0715	-	0749	0823	
Llanelli	d	0615	-	0633	-	-	0722	0744	0756	0830	
Tregŵyr Gowerton	d	0622	-	0640	-	-	0729	0752	-	0837	
Abertawe Swansea	a	0635	-	0652	-	-	0741	0808	0812	0850	
Abertawe Swansea	d	0639	0657	0704	0720	0743	0749	-	0823	0854	
Llansamlet	d	0645	-	-	-	-	-	-	-	-	
Sgiwen Skewen	d	0650	-	-	-	-	-	-	-	-	
Castell-nedd Neath	d	0654	0710	0715	0732	0755	0800	-	0835	0905	
Llansawel Briton Ferry	d	0657	-	-	-	-	-	-	-	-	
Baglan	d	0701	-	-	-	-	-	-	-	-	
Parcffordd Port Talbot Port Talbot Parkway	d	0706	0717	0722	0739	0802	0807	-	0842	0913	
Y Pîl Pyle	d	0713	-	0729	-	-	0814	-	-	0920	
Pen-y-bont ar Ogwr Bridgend	d	0720	0730	0737	0752	0815	0822	-	0855	0928	
Pencoed	d	0727	-	0743	-	-	-	-	-	-	
Llanharan	d	-	-	0747	-	-	0829	-	-	-	
Pontyclun	d	0734	-	0752	-	-	-	-	-	-	
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-	
Caerdydd Canolog Cardiff Central		a	0748	0751	0806	0812	0835	0847	-	0915	0949
Caerdydd Canolog Cardiff Central		d	0750	0755	-	0817	0837	-	-	0918	0953
Casnewydd Newport	a	0803	0807	-	0828	0849	-	-	0929	1006	
Manceinion Piccadilly Manchester Piccadilly		a	1115	-	-	-	-	-	-	-	1315
Bristol Parkway		a	-	0827	-	0854	0914	1023	-	0954	1116
Reading		a	-	0919	-	0945	1006	1118	-	1047	1216
London Paddington		a	-	0944	-	1014	1034	1145	-	1112	1244

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes









**Gorllewin Cymru - Caerdydd**  
West Wales - Cardiff **Dydd Sadwrn**  
Saturdays

		◇	◇	◇	IR	R	◇	◇	◇	IR
		TfW	TfW	TfW	GW	TfW	TfW	TfW	TfW	GW
Porthladd Abergwaun Fishguard Harbour	🚤	d	-	0751	-	-	-	-	0954	-
Abergwaun ac Wdíg Fishguard & Goodwick		d	-	0754	-	-	-	-	0957	-
Aberdaugleddau Milford Haven		d	-	-	-	0910	-	-	-	-
Johnston	x	d	-	-	-	0918	-	-	-	-
Hwlfordd Haverfordwest		d	-	-	-	0925	-	-	-	-
Clarbeston Road	x	d	-	0813	-	0933	-	-	1016	-
Clunderwen	x	d	-	0821	-	0941	-	-	-	-
Doc Penfro Pembroke Dock		d	-	-	0835	-	-	-	-	-
Penfro Pembroke		d	-	-	0843	-	-	-	-	-
Llandyfái Lamphey	x	d	-	-	0846	-	-	-	-	-
Maenorbŷr Manorbier		d	-	-	0855	-	-	-	-	-
Penalun Penally	x	d	-	-	0900	-	-	-	-	-
Dinbych-y-pysgod Tenby		d	-	-	0910	-	-	-	-	-
Saundersfoot	x	d	-	-	0918	-	-	-	-	-
Cilgeti Kilgetty	x	d	-	-	0920	-	-	-	-	-
Arberth Narberth	x	d	-	-	0930	-	-	-	-	-
Hendy-gwyn ar Daf Whitland		d	-	0828	0939 <sub>a</sub>	-	0948	-	1007	1029
Caerfyrddin Carmarthen		a	-	0843	-	-	1004	-	1024	1046
Caerfyrddin Carmarthen Traws	🚆	d	-	0904	-	1004	-	-	-	1104
Aberystwyth Traws	🚆	a	-	1122	-	1222	-	-	-	1322
Caerfyrddin Carmarthen		d	-	0854	-	0932	1008	-	1029	-
Glanyfferri Ferryside		d	-	0904	-	-	-	-	-	-
Cydweli Kidwelly		d	-	0910	-	-	-	-	-	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	0917	-	0952	1026	-	1047	-
Llanelli		d	0911	0924	-	0959	1033	-	1054	-
Tregŵyr Gowerton		d	0919	0931	-	-	-	-	1102	-
Abertawe Swansea	a	0934	0946	-	1015	1050	-	1114	-	-
Abertawe Swansea		d	-	0951	-	1023	1053	1108	-	1121
Llansamlet		d	-	-	-	-	-	1115	-	-
Sgiwen Skewen		d	-	-	-	-	-	1119	-	-
Castell-nedd Neath		d	-	1002	-	1035	1104	1124	-	1136
Llansawel Briton Ferry		d	-	-	-	-	-	1127	-	-
Baglan		d	-	-	-	-	-	1131	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	-	1011	-	1042	1112	1136	-	1144
Y Pîl Pyle		d	-	1018	-	-	1119	1143	-	-
Pen-y-bont ar Ogwr Bridgend		d	-	1027	-	1055	1128	1152	-	1157
Pencoed		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7	a	-	1049	-	1116	1150	1215	-	1218
Caerdydd Canolog Cardiff Central	7	d	-	-	-	1118	1154	-	-	1221
Casnewydd Newport	a	-	-	-	-	1130	1207	-	-	1232
Manceinion Piccadilly Manchester Piccadilly	10	a	-	-	-	-	1515	-	-	-
Bristol Parkway	7	a	-	-	-	1154	-	-	-	1254
Reading	7	a	-	-	-	1246	-	-	-	1346
London Paddington	15 A	a	-	-	-	1314	-	-	-	1413

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

**Gorllewin Cymru - Caerdydd**  
West Wales - Cardiff **Dydd Sadwrn**  
Saturdays

		R	IR	R	◇	◇	◇	IR	◇	IR
		TfW	GW	TfW	TfW	TfW	TfW	GW	TfW	GW
Porthladd Abergwaun Fishguard Harbour	🚤	d	-	-	-	-	-	-	-	-
Abergwaun ac Wdíg Fishguard & Goodwick		d	-	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven		d	-	-	1101	-	-	-	-	-
Johnston	x	d	-	-	1109	-	-	-	-	-
Hwlfordd Haverfordwest		d	-	-	1116	-	-	-	-	-
Clarbeston Road	x	d	-	-	1124	-	-	-	-	-
Clunderwen	x	d	-	-	1132	-	-	-	-	-
Doc Penfro Pembroke Dock		d	-	1000	-	-	-	-	-	-
Penfro Pembroke		d	-	1008	-	-	-	-	-	-
Llandyfái Lamphey	x	d	-	-	-	-	-	-	-	-
Maenorbŷr Manorbier		d	-	1022	-	-	-	-	-	-
Penalun Penally	x	d	-	-	-	-	-	-	-	-
Dinbych-y-pysgod Tenby		d	-	1034	-	-	-	1142	-	-
Saundersfoot	x	d	-	1042	-	-	-	1150	-	-
Cilgeti Kilgetty	x	d	-	-	-	-	-	1152	-	-
Arberth Narberth	x	d	-	-	-	-	-	1202	-	-
Hendy-gwyn ar Daf Whitland		d	-	1103	1139	-	-	1212	-	-
Caerfyrddin Carmarthen		a	-	1119	1155	-	-	1228	-	-
Caerfyrddin Carmarthen Traws	🚆	d	-	-	1204	-	-	1304	-	-
Aberystwyth Traws	🚆	a	-	-	1422	-	-	1522	-	-
Caerfyrddin Carmarthen		d	1104	1132	1201	-	-	1233	-	1300
Glanyfferri Ferryside		d	1114	-	-	-	-	-	-	1310
Cydweli Kidwelly		d	1120	-	-	-	-	-	-	1316
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	1127	1152	1219	-	-	1251	-	1323
Llanelli		d	1134	1159	1226	1238	-	1258	-	1330
Tregŵyr Gowerton		d	1141	-	1233	1246	-	-	-	1337
Abertawe Swansea	a	1153	1215	1245	1301	-	1314	-	1350	1411
Abertawe Swansea		d	1159	1223	1253	-	1305	-	1324	1400
Llansamlet		d	-	-	-	-	1312	-	-	-
Sgiwen Skewen		d	-	-	-	-	1316	-	-	-
Castell-nedd Neath		d	1210	1235	1305	-	1321	-	1336	1411
Llansawel Briton Ferry		d	-	-	-	-	1325	-	-	-
Baglan		d	-	-	-	-	1329	-	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	1218	1242	1312	-	1333	-	1344	1419
Y Pîl Pyle		d	-	-	1319	-	1341	-	-	-
Pen-y-bont ar Ogwr Bridgend		d	1231	1255	1329	-	1349	-	1356	1433
Pencoed		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7	a	1252	1316	1351	-	1412	-	1417	1458
Caerdydd Canolog Cardiff Central	7	d	-	1320	1355	-	1414	-	1421	-
Casnewydd Newport	a	-	1331	1408	-	1432	-	1432	-	1529
Manceinion Piccadilly Manchester Piccadilly	10	a	-	-	1715	-	-	-	-	-
Bristol Parkway	7	a	-	1354	1516	-	-	-	1454	-
Reading	7	a	-	1446	1619	-	-	-	1548	-
London Paddington	15 A	a	-	1512	1644	-	-	-	1614	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

Gorllewin Cymru - Caerdydd  
West Wales - Cardiff

Dydd Sadwrn  
Saturdays

	R	R	◇	◇	I R	◇	R	I R	R
	TfW	TfW	TfW	A,TfW	GW	TfW	TfW	GW	TfW
Porthladd Abergwaun Fishguard Harbour	d	1241	-	-	-	-	-	-	-
Abergwaun ac Wdig Fishguard & Goodwick	d	1244	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven	d	-	1305	-	-	-	-	-	1509
Johnston	x	d	-	1313	-	-	-	-	1517
Hwlfordd Haverfordwest	d	-	-	1320	-	-	-	-	1524
Clarbeston Road	x	d	-	1303	1328	-	-	-	1532
Clunderwen	x	d	-	1336	-	-	-	-	1540
Doc Penfro Pembroke Dock	d	-	-	1247	-	-	-	-	-
Penfro Pembroke	d	-	-	1255	-	-	-	-	-
Llandyfái Lamphey	x	d	-	1258	-	-	-	-	-
Maenorbŷr Manorbier	d	-	-	1307	-	-	-	-	-
Penalun Penally	x	d	-	1312	-	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	1318	-	-	-	-	-
Saundersfoot	x	d	-	1326	-	-	-	-	-
Cilgeti Kilgetty	x	d	-	1329	-	-	-	-	-
Arberth Narberth	x	d	-	1339	-	-	-	-	-
Hendy-gwyn ar Daf Whitland	d	1316	1342	1350	-	-	-	-	1546
Caerfyrddin Carmarthen	a	1332	1358	1409	-	-	-	-	1602
Caerfyrddin Carmarthen Traws	d	-	1404	1504	-	-	-	1604	-
Aberystwyth Traws	a	-	1622	1722	-	-	-	1822	-
Caerfyrddin Carmarthen	d	1336	1401	1411	-	-	1501	1528	1606
Glanfferri Ferryside	d	1346	-	-	-	-	1511	-	-
Cydweli Kidwelly	d	1352	-	-	-	-	1517	-	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	1359	1419	1431	-	-	1524	1548	1624
Llanelli	d	1406	1426	1438	-	-	1512	1531	1556
Tregŵyr Gowerton	d	-	1433	-	-	-	1520	1538	1638
Abertawe Swansea	a	-	1446	1456	-	-	1537	1550	1612
Abertawe Swansea	d	-	1449	-	1509	1526	-	1555	1622
Llansamlet	d	-	-	-	1516	-	-	-	-
Sgiwen Skewen	d	-	-	-	1520	-	-	-	-
Castell-nedd Neath	d	-	1500	-	1524	1538	-	1606	1634
Llansawel Briton Ferry	d	-	-	-	1527	-	-	-	-
Baglan	d	-	-	-	1531	-	-	-	-
Parcffordd Port Talbot Port Talbot Parkway	d	1434	1508	-	1535	1546	-	1614	1642
Y Pîl Pyle	d	-	1515	-	1542	-	-	1621	1721
Pen-y-bont ar Ogwr Bridgend	d	1449	1523	-	1551	1558	-	1629	1655
Pencoed	d	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7 a	1519	1544	-	1613	1619	-	1650	1716
Caerdydd Canolog Cardiff Central	7 d	-	1549	-	1615	1623	-	1718	1756
Casnewydd Newport	a	-	1602	-	1630	1634	-	1730	1809
Manceinion Piccadilly Manchester Piccadilly	10 a	-	1915	-	-	-	-	-	2115
Bristol Parkway	7 a	-	-	-	1655	-	-	1753	-
Reading	7 a	-	-	-	1748	-	-	1846	-
London Paddington	15 A a	-	-	-	1813	-	-	1912	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

Gorllewin Cymru - Caerdydd  
West Wales - Cardiff

Dydd Sadwrn  
Saturdays

	◇	I R	◇	I R	◇	◇	◇	I R	◇
	TfW	GW	TfW	GW	TfW	TfW	TfW	GW	TfW
Porthladd Abergwaun Fishguard Harbour	d	-	-	-	-	-	-	-	-
Abergwaun ac Wdig Fishguard & Goodwick	d	-	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven	d	-	-	-	-	-	1706	-	-
Johnston	x	d	-	-	-	-	1714	-	-
Hwlfordd Haverfordwest	d	-	-	-	-	-	1721	-	-
Clarbeston Road	x	d	-	-	-	-	1729	-	-
Clunderwen	x	d	-	-	-	-	1737	-	-
Doc Penfro Pembroke Dock	d	-	1458	-	-	1630	-	-	-
Penfro Pembroke	d	-	1506	-	-	1638	-	-	-
Llandyfái Lamphey	x	d	-	1510	-	-	1641	-	-
Maenorbŷr Manorbier	d	-	-	1519	-	-	1650	-	-
Penalun Penally	x	d	-	1525	-	-	1655	-	-
Dinbych-y-pysgod Tenby	d	-	-	1531	-	-	1703	-	-
Saundersfoot	x	d	-	1539	-	-	1711	-	-
Cilgeti Kilgetty	x	d	-	1542	-	-	1713	-	-
Arberth Narberth	x	d	-	1551	-	-	1723	-	-
Hendy-gwyn ar Daf Whitland	d	-	1605	-	-	1731	-	1744	-
Caerfyrddin Carmarthen	a	-	1621	-	-	1749	-	1800	-
Caerfyrddin Carmarthen Traws	d	-	1704	-	-	1804	-	1909	1934
Aberystwyth Traws	a	-	1922	-	-	2022	-	2122	2122
Caerfyrddin Carmarthen	d	-	1628	1701	1720	1836	-	1807	-
Glanfferri Ferryside	d	-	1640	1711	-	-	-	1817	-
Cydweli Kidwelly	d	-	1647	1717	-	-	-	1823	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	1655	1724	1740	1855	-	1829	-
Llanelli	d	-	1702	1731	1754	1902	-	1836	1909
Tregŵyr Gowerton	d	-	-	1738	-	1910	-	1843	1917
Abertawe Swansea	a	-	1719	1750	1810	1923	-	1855	1932
Abertawe Swansea	d	1712	1728	1754	1822	-	1910	1900	1926
Llansamlet	d	1719	-	-	-	-	1917	-	-
Sgiwen Skewen	d	1723	-	-	-	-	1921	-	-
Castell-nedd Neath	d	1727	1740	1805	1834	-	1925	1911	1938
Llansawel Briton Ferry	d	1731	-	-	-	-	1929	-	-
Baglan	d	1734	-	-	-	-	1932	-	-
Parcffordd Port Talbot Port Talbot Parkway	d	1739	1747	1812	1842	-	1937	1919	1946
Y Pîl Pyle	d	1746	-	1819	-	-	1944	-	-
Pen-y-bont ar Ogwr Bridgend	d	1755	1800	1827	1855	-	1953	1933	1959
Pencoed	d	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7 a	1816	1821	1848	1917	-	2017	1956	2020
Caerdydd Canolog Cardiff Central	7 d	-	1822	-	1919	-	-	-	2022
Casnewydd Newport	a	-	1834	-	1930	-	-	-	2033
Manceinion Piccadilly Manchester Piccadilly	10 a	-	-	-	-	-	-	-	-
Bristol Parkway	7 a	-	1854	-	1952	-	-	-	2054
Reading	7 a	-	1948	-	2046	-	-	-	2149
London Paddington	15 A a	-	2013	-	2112	-	-	-	2214

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes



	◇	◇	◇	◇	◇	◇	◇	◇	◇
	TFW	GW	R	T R	TFW	C, TFW	TFW	TFW	TFW
Porthladd Abergwaun Fishguard Harbour	d	-	1900	-	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick	d	-	1903	-	-	-	-	-	-
Aberdaugleddau Milford Haven	d	-	-	-	-	1912	-	-	2116
Johnston	x	d	-	-	-	1920	-	-	2124
Hwlfordd Haverfordwest	d	-	-	-	-	1927	-	-	2131
Clarbeston Road	x	d	-	1922	-	1935	-	-	2139
Clunderwen	x	d	-	-	-	1943	-	-	2147
Doc Penfro Pembroke Dock	d	-	-	-	1919	-	-	-	-
Penfro Pembroke	d	-	-	-	1927	-	-	-	-
Llandyfai Lamphey	x	d	-	-	1930	-	-	-	-
Maenorbŷr Manorbier	d	-	-	-	1938	-	-	-	-
Penalun Penally	x	d	-	-	1944	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	-	1948a	-	1956	-	-
Saundersfoot	x	d	-	-	-	-	2003	-	-
Cilgeti Kilgetty	x	d	-	-	-	-	2005	-	-
Arberth Narberth	x	d	-	-	-	-	2015	-	-
Hendy-gwyn ar Daf Whitland	d	-	-	1935	-	1949	2023	-	2154
Caerfyrddin Carmarthen	a	-	-	1952	-	2005	2040	-	2211
Caerfyrddin Carmarthen Traws	d	-	-	-	-	-	-	-	-
Aberystwyth Traws	a	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen	d	1853	1919	-	-	2009	2100	-	-
Glanyfferi Ferryside	d	1903	-	-	-	-	2110	-	-
Cydweli Kidwelly	d	1909	-	-	-	-	2116	-	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	1916	1939	-	-	2027	2123	-	-
Llanelli	d	1923	1947	-	-	2034	2130	2149	-
Tregŵyr Gowerton	d	1931	-	-	-	2041	2137	2157	-
Abertawe Swansea	a	1945	2002	-	-	2053	2150	2212	-
Abertawe Swansea	d	1950	-	-	2022	-	2057	2153	-
Llansamlet	d	-	-	-	-	-	2159	-	-
Sgiwen Skewen	d	-	-	-	-	-	2203	-	-
Castell-nedd Neath	d	2001	-	-	2034	-	2108	2208	-
Llansawel Briton Ferry	d	-	-	-	-	-	2211	-	-
Baglan	d	-	-	-	-	-	2215	-	-
Parcfordd Port Talbot Port Talbot Parkway	d	2010	-	-	2042	-	2115	2220	-
Y Pîl Pyle	d	-	-	-	-	-	2227	-	-
Pen-y-bont ar Ogwr Bridgend	d	2024	-	-	2055	-	2127	2235	-
Pencoed	d	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7 a	2046	-	-	2116	-	2149	2257	-
Caerdydd Canolog Cardiff Central	7 d	-	-	-	2118	-	2153	-	-
Casnewydd Newport	a	-	-	-	2129	-	2206	-	-
Manceinion Piccadilly Manchester Piccadilly	10 a	-	-	-	-	-	-	-	-
Bristol Parkway	7 a	-	-	-	2150	-	-	-	-
Reading	7 a	-	-	-	-	-	-	-	-
London Paddington	15 A a	-	-	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

	◇	◇	◇	◇	◇				
	TFW	TFW	TFW	TFW	TFW				
Porthladd Abergwaun Fishguard Harbour	d	-	-	2216	-	-			
Abergwaun ac Wdigi Fishguard & Goodwick	d	-	-	2219	-	-			
Aberdaugleddau Milford Haven	d	-	-	-	-	2308			
Johnston	x	d	-	-	-	2316			
Hwlfordd Haverfordwest	d	-	-	-	-	2323			
Clarbeston Road	x	d	-	-	2238	-	2331		
Clunderwen	x	d	-	-	2246	-	2339		
Doc Penfro Pembroke Dock	d	2110	-	-	2218	-			
Penfro Pembroke	d	2119	-	-	2226	-			
Llandyfai Lamphey	x	d	2122	-	-	2229	-		
Maenorbŷr Manorbier	d	2130	-	-	2237	-			
Penalun Penally	x	d	2136	-	-	2243	-		
Dinbych-y-pysgod Tenby	d	2144	-	-	2247	-			
Saundersfoot	x	d	2152	-	-	2255	-		
Cilgeti Kilgetty	x	d	2154	-	-	2257	-		
Arberth Narberth	x	d	2204	-	-	2306	-		
Hendy-gwyn ar Daf Whitland	d	2213	-	2252	2315	2346			
Caerfyrddin Carmarthen	a	2231	-	2308	2333	0004			
Caerfyrddin Carmarthen Traws	d	-	-	-	-	-			
Aberystwyth Traws	a	-	-	-	-	-			
Caerfyrddin Carmarthen	d	-	-	2315	-	-			
Glanyfferi Ferryside	d	-	-	2325	-	-			
Cydweli Kidwelly	d	-	-	2331	-	-			
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	-	2338	-	-			
Llanelli	d	-	-	2345	-	-			
Tregŵyr Gowerton	d	-	-	2352	-	-			
Abertawe Swansea	a	-	-	0006	-	-			
Abertawe Swansea	d	-	2237	-	-	-			
Llansamlet	d	-	2244	-	-	-			
Sgiwen Skewen	d	-	2248	-	-	-			
Castell-nedd Neath	d	-	2252	-	-	-			
Llansawel Briton Ferry	d	-	2256	-	-	-			
Baglan	d	-	2259	-	-	-			
Parcfordd Port Talbot Port Talbot Parkway	d	-	2304	-	-	-			
Y Pîl Pyle	d	-	2311	-	-	-			
Pen-y-bont ar Ogwr Bridgend	d	-	2320	-	-	-			
Pencoed	d	-	-	-	-	-			
Llanharan	d	-	-	-	-	-			
Pontyclun	d	-	-	-	-	-			
Parc Ninian Ninian Park	d	-	-	-	-	-			
Caerdydd Canolog Cardiff Central	7 a	-	2342	-	-	-			
Caerdydd Canolog Cardiff Central	7 d	-	-	-	-	-			
Casnewydd Newport	a	-	-	-	-	-			
Manceinion Piccadilly Manchester Piccadilly	10 a	-	-	-	-	-			
Bristol Parkway	7 a	-	-	-	-	-			
Reading	7 a	-	-	-	-	-			
London Paddington	15 A a	-	-	-	-	-			

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes







	◇	IR	◇	◇	IR	◇	IR	◇	◇
	TFW	GW	TFW	TFW	GW	D,TFW	GW	TFW	TFW
London Paddington	15 A	d	-	-	0523	-	0648	-	-
Reading	7	d	-	-	0549	-	0713	-	-
Bristol Parkway	7	d	-	0602	-	0728	-	0804	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-
Casnewydd Newport		d	-	0628	-	0752	-	0827	0841
Caerdydd Canolog Cardiff Central	7	a	-	0641	-	0804	-	0839	0854
Caerdydd Canolog Cardiff Central		d	-	0644	0716	0745	0808	-	0842
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-
Pen-coed		d	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	0705	0736	0805	0828	-	0902
Y Pîl Pyle	7	d	-	-	0743	0812	-	-	0927
Parcffordd Port Talbot Port Talbot Parkway		d	-	0718	0751	0820	0840	-	0914
Baglan		d	-	-	0755	0824	-	-	-
Llansawel Briton Ferry		d	-	-	0759	0828	-	-	-
Castell-nedd Neath		d	-	0726	0804	0833	0847	-	0921
Sgiwen Skewen		d	-	-	0808	0837	-	-	-
Llansamlet		d	-	-	0813	0841	-	-	-
Abertawe Swansea		a	-	0740	0821	0850	0859	-	0933
Abertawe Swansea		d	-	0759	0826	0903	-	0909	0948
Tregŵyr Gowerton		d	-	-	0915	-	0921	-	1011
Llanelli		d	-	0817	0843	0923	-	0931	1003
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	0823	-	0929	-	1009	1025
Cydweli Kidwelly		d	-	-	0936	-	-	-	1032
Glanyfferi Ferryside		d	-	-	0942	-	-	-	1038
Caerfyrddin Carmarthen		a	-	0849	-	0954	-	-	1038
Caerfyrddin Carmarthen Traws		d	-	0904	-	1004	-	-	1104
Aberystwyth Traws		a	-	1122	-	1222	-	-	1322
Caerfyrddin Carmarthen		d	-	-	0956	-	-	-	1055
Hendy-gwyn ar Daf Whitland		d	-	0917	1014	-	-	-	1111
Arberth Narberth	x	d	-	-	-	-	-	-	1120
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	1129
Saundersfoot	x	d	-	-	-	-	-	-	1132
Dinbych-y-pysgod Tenby		d	-	-	-	-	-	-	1141
Penalun Penally	x	d	-	-	-	-	-	-	1145
Maenorbŷr Manorbier		d	-	-	-	-	-	-	1151
Llandyfái Lamphey	x	d	-	-	-	-	-	-	1159
Penfro Pembroke		d	-	-	-	-	-	-	1203
Doc Penfro Pembroke Dock		a	-	-	-	-	-	-	1215
Clunderwen	x	d	-	0923	1021	-	-	-	-
Clarbeston Road	x	d	0720	0931	1029	-	-	-	-
Hwlfordd Haverfordwest		d	-	-	1037	-	-	-	-
Johnston	x	d	-	-	1045	-	-	-	-
Aberdaugleddau Milford Haven		a	-	-	1059	-	-	-	-
Abergwaun ac Wdŷg Fishguard & Goodwick		a	0738	0949	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	0743	0954	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

	◇	IR	◇	◇	IR	◇	IR	◇	◇
	TFW	GW	TFW	TFW	GW	D,TFW	GW	TFW	TFW
London Paddington	15 A	d	-	0748	-	0848	-	0818	-
Reading	7	d	-	0813	-	0913	-	0843	-
Bristol Parkway	7	d	-	0905	-	1005	-	0934	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	0730	-
Casnewydd Newport		d	-	0924	-	1024	-	1034	-
Caerdydd Canolog Cardiff Central	7	a	-	0936	-	1036	-	1048	-
Caerdydd Canolog Cardiff Central		d	0911	0940	-	1006	1039	-	1049
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-
Pen-coed		d	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	0931	1000	-	1026	1059	-	1109
Y Pîl Pyle	7	d	0939	-	-	-	-	-	1116
Parcffordd Port Talbot Port Talbot Parkway		d	0947	1013	-	1038	1111	-	1124
Baglan		d	0951	-	-	-	-	-	1153
Llansawel Briton Ferry		d	0955	-	-	-	-	-	1157
Castell-nedd Neath		d	1000	1020	-	1045	1118	-	1132
Sgiwen Skewen		d	1004	-	-	-	-	-	1206
Llansamlet		d	1008	-	-	-	-	-	1211
Abertawe Swansea		a	1016	1034	-	1059	1130	-	1146
Abertawe Swansea		d	-	-	1058	1104	-	1138	1149
Tregŵyr Gowerton		d	-	-	-	1115	-	1150	1201
Llanelli		d	-	-	1115	1123	-	1203	1209
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	-	-	1129	-	-	1215
Cydweli Kidwelly		d	-	-	-	-	-	-	1222
Glanyfferi Ferryside		d	-	-	-	-	-	-	1228
Caerfyrddin Carmarthen		a	-	-	-	1149	-	-	1239
Caerfyrddin Carmarthen Traws		d	-	-	-	1204	-	-	1304
Aberystwyth Traws		a	-	-	-	1422	-	-	1522
Caerfyrddin Carmarthen		d	-	-	-	1151	-	-	1254
Hendy-gwyn ar Daf Whitland		d	-	1150	1206	-	-	-	1311
Arberth Narberth	x	d	-	-	-	-	-	-	1320
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	1330
Saundersfoot	x	d	-	-	-	-	-	-	1332
Dinbych-y-pysgod Tenby		d	-	-	-	-	-	-	1345
Penalun Penally	x	d	-	-	-	-	-	-	1348
Maenorbŷr Manorbier		d	-	-	-	-	-	-	1354
Llandyfái Lamphey	x	d	-	-	-	-	-	-	1402
Penfro Pembroke		d	-	-	-	-	-	-	1405
Doc Penfro Pembroke Dock		a	-	-	-	-	-	-	1417
Clunderwen	x	d	-	-	-	1212	-	-	-
Clarbeston Road	x	d	-	1203	1220	-	-	-	-
Hwlfordd Haverfordwest		d	-	-	1230	-	-	-	-
Johnston	x	d	-	-	1237	-	-	-	-
Aberdaugleddau Milford Haven		a	-	-	1251	-	-	-	-
Abergwaun ac Wdŷg Fishguard & Goodwick		a	-	-	1222	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	1226	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes
















		◇	IR	◇	IR	◇	IR	◇	R	IR
		D,TFW	GW	TFW	GW	TFW	GW	TFW	TFW	GW
London Paddington	15 A	d	-	1548	-	1618	-	1648	-	1718
Reading	7	d	-	1613	-	-	-	1713	-	1743
Bristol Parkway	7	d	-	1704	-	1728	-	1805	-	1837
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	1530	-
Casnewydd Newport		d	-	1724	-	1748	-	1825	-	1900
Caerdydd Canolog Cardiff Central	7	a	-	1737	-	1803	-	1837	-	1856 1911
Caerdydd Canolog Cardiff Central		d	-	1741	1747	1806	1810	1840	-	1858 1917
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	1822	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pencoed		d	-	-	-	-	1829	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	1802	1807	1826	1835	1900	-	1918 1947
Y Pîl Pyle	7	d	-	-	1815	-	1842	-	-	1926 -
Parcffordd Port Talbot Port Talbot Parkway		d	-	1814	1823	1838	1849	1912	-	1933 2000
Baglan		d	-	-	-	-	1852	-	-	1937 -
Llansawel Briton Ferry		d	-	-	-	-	1855	-	-	1941 -
Castell-nedd Neath		d	-	1822	1830	1845	1859	1919	-	1946 2008
Sgiwen Skewen		d	-	-	-	-	1903	-	-	1951 -
Llansamlet		d	-	-	-	-	1907	-	-	1956 -
Abertawe Swansea		a	-	1833	1844	1857	1916	1933	-	2005 2019
Abertawe Swansea		d	1820	-	1853	1905	-	-	1934	2009 -
Tregwyr Gowerton		d	1833	-	1905	-	-	-	1946	2021 -
Llanelli		d	1844	-	1913	1921	-	-	1954	2029 -
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	-	1919	1927	-	-	2000	2035 -
Cydwelli Kidwelly		d	-	-	-	-	-	-	2007	- -
Glanyfferi Ferryside		d	-	-	-	-	-	-	2013	- -
Caerfyrddin Carmarthen		a	-	-	1939	1949	-	-	2027	2059 -
Caerfyrddin Carmarthen Traws		d	-	-	-	-	-	-	-	-
Aberystwyth Traws		a	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen		d	-	-	1941	-	-	-	-	-
Hendy-gwyn ar Daf Whitland		d	-	-	1956	-	-	-	-	-
Arberth Narberth	x	d	-	-	-	-	-	-	-	-
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	-	-
Saundersfoot	x	d	-	-	-	-	-	-	-	-
Dinbych-y-pysgod Tenby		d	-	-	-	-	-	-	-	-
Penalun Penally	x	d	-	-	-	-	-	-	-	-
Maenorbŷr Manorbier		d	-	-	-	-	-	-	-	-
Llandyfái Lamphey	x	d	-	-	-	-	-	-	-	-
Penfro Pembroke		d	-	-	-	-	-	-	-	-
Doc Penfro Pembroke Dock		a	-	-	-	-	-	-	-	-
Clunderwen	x	d	-	-	2003	-	-	-	-	-
Clarbeston Road	x	d	-	-	2011	-	-	-	-	-
Hwlfordd Haverfordwest		d	-	-	2019	-	-	-	-	-
Johnston	x	d	-	-	2027	-	-	-	-	-
Aberdaugleddau Milford Haven		a	-	-	2041	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick		a	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	-	-	-	-	-









Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	IR	◇	IR	◇	IR	◇	R	IR
		TFW	GW	TFW	GW	TFW	GW	TFW	TFW	GW
London Paddington	15 A	d	-	1748	-	-	-	-	-	1818 1848
Reading	7	d	-	1813	-	-	-	-	-	1843 1913
Bristol Parkway	7	d	-	1904	-	-	-	-	-	1939 2004
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	1630	-	-	-	-
Casnewydd Newport		d	-	1926	-	1931	-	-	-	2001 2028
Caerdydd Canolog Cardiff Central	7	a	-	1938	-	1945	-	-	-	2013 2040
Caerdydd Canolog Cardiff Central		d	-	1941	-	1947	-	-	-	2020 2043
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pencoed		d	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	2001	-	2007	-	-	-	2048 2103
Y Pîl Pyle	7	d	-	-	-	-	-	-	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	-	2013	-	2019	-	-	-	2100 2118
Baglan		d	-	-	-	-	-	-	-	-
Llansawel Briton Ferry		d	-	-	-	-	-	-	-	-
Castell-nedd Neath		d	-	2020	-	2027	-	-	-	2108 2126
Sgiwen Skewen		d	-	-	-	-	-	-	-	-
Llansamlet		d	-	-	-	-	-	-	-	-
Abertawe Swansea		a	-	2032	-	2042	-	-	-	2121 2138
Abertawe Swansea		d	-	2104	-	-	2048	-	2115	- -
Tregwyr Gowerton		d	-	-	-	-	2100	-	2127	- -
Llanelli		d	-	2120	-	-	2108	-	2136	- -
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	2126	-	-	2114	-	-	- -
Cydwelli Kidwelly		d	-	2133	-	-	2121	-	-	- -
Glanyfferi Ferryside		d	-	2139	-	-	2127	-	-	- -
Caerfyrddin Carmarthen		a	-	2154	-	-	2140	-	-	- -
Caerfyrddin Carmarthen Traws		d	-	-	-	-	-	-	-	-
Aberystwyth Traws		a	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen		d	2103	-	2110	-	2142	-	-	- -
Hendy-gwyn ar Daf Whitland		d	2119	-	2126	-	2158	-	-	- -
Arberth Narberth	x	d	-	-	2134	-	-	-	-	- -
Cilgeti Kilgetty	x	d	-	-	2143	-	-	-	-	- -
Saundersfoot	x	d	-	-	2145	-	-	-	-	- -
Dinbych-y-pysgod Tenby		d	-	-	2154	-	-	2005	-	- -
Penalun Penally	x	d	-	-	2157	-	-	2008	-	- -
Maenorbŷr Manorbier		d	-	-	2203	-	-	2015	-	- -
Llandyfái Lamphey	x	d	-	-	2210	-	-	2023	-	- -
Penfro Pembroke		d	-	-	2213	-	-	2026	-	- -
Doc Penfro Pembroke Dock		a	-	-	2225	-	-	2038	-	- -
Clunderwen	x	d	2126	-	-	-	2205	-	-	- -
Clarbeston Road	x	d	2134	-	-	-	2212	-	-	- -
Hwlfordd Haverfordwest		d	-	-	-	-	2224	-	-	- -
Johnston	x	d	-	-	-	-	2232	-	-	- -
Aberdaugleddau Milford Haven		a	-	-	-	-	2246	-	-	- -
Abergwaun ac Wdigi Fishguard & Goodwick		a	2152	-	-	-	-	-	-	- -
Porthladd Abergwaun Fishguard Harbour		a	2159	-	-	-	-	-	-	- -

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

										
		GW	FO,TfW	FX,TfW	GW	FO,TfW	FX,TfW	FO,GW	FX,GW	TfW
London Paddington	<b>15</b> A d	1918	-	-	1948	-	-	2048	2048	-
Reading	<b>7</b>  d	-	-	-	2013	-	-	2113	2113	-
Bristol Parkway	<b>7</b> d	2028	-	-	2103	-	-	2203	2203	-
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	-	-	-	-	-	-	-	-	-
Casnewydd Newport	d	2049	-	-	2126	-	-	2225	2234	-
Caerdydd Canolog Cardiff Central	<b>7</b> a	2101	-	-	2140	-	-	2240	2250	-
Caerdydd Canolog Cardiff Central	d	2104	2107	2110	2142	2214	2218	2252	2252	2315
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-	2330
Llanharan	d	-	-	-	-	-	-	-	-	2335
Pencoed	d	-	-	-	-	-	-	-	-	2340
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	2124	2128	2130	2202	2234	2237	2312	2312	2347
Y Pîl Pyle	<b>7</b> d	-	2137	2139	-	-	-	-	-	2355
Parcffordd Port Talbot Port Talbot Parkway	d	2136	2145	2147	2215	2247	2259	2324	2324	0003
Baglan	d	-	-	-	-	-	-	-	-	0007
Llansawel Briton Ferry	d	-	-	-	-	-	-	-	-	0011
Castell-nedd Neath	d	2143	2153	2155	2222	2254	-	2332	2332	0017
Sgiwen Skewen	d	-	-	-	-	-	-	-	-	0021
Llansamlet	d	-	-	-	-	-	-	-	-	0025
Abertawe Swansea	a	2200	2208	2210	2234	2308	-	2343	2343	0035
Abertawe Swansea	d	-	2217	2225	-	2318	-	-	-	0051
Tregŵyr Gowerton	d	-	2229	2238	-	2329	-	-	-	0102 <sub>s</sub>
Llanelli	d	-	2237	2246	-	2337	2329	-	-	0109 <sub>s</sub>
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	2243	2252	-	2343	2335	-	-	0116 <sub>s</sub>
Cydweli Kidwelly	d	-	2250	2259	-	2350	2341	-	-	0123 <sub>s</sub>
Glanyfferi Ferryside	d	-	2256	2305	-	2356	2347	-	-	0129 <sub>s</sub>
Caerfyrddin Carmarthen	a	-	2309	2318	-	0012	0001	-	-	0142
Caerfyrddin Carmarthen Traws	 d	-	-	-	-	-	-	-	-	-
Aberystwyth Traws	 a	-	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen	d	-	2314	-	-	-	-	-	-	-
Hendy-gwyn ar Daf Whitland	d	-	2329	-	-	-	-	-	-	-
Arberth Narberth	x d	-	-	-	-	-	-	-	-	-
Cilgeti Kilgetty	x d	-	-	-	-	-	-	-	-	-
Saundersfoot	x d	-	-	-	-	-	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	-	-	-
Penalun Penally	x d	-	-	-	-	-	-	-	-	-
Maenorbŷr Manorbier	d	-	-	-	-	-	-	-	-	-
Llandyfái Lamphey	x d	-	-	-	-	-	-	-	-	-
Penfro Pembroke	d	-	-	-	-	-	-	-	-	-
Doc Penfro Pembroke Dock	a	-	-	-	-	-	-	-	-	-
Clunderwen	x d	-	2337	-	-	-	-	-	-	-
Clarbeston Road	x d	-	2349	-	-	-	-	-	-	-
Hwlfordd Haverfordwest	d	-	2358	-	-	-	-	-	-	-
Johnston	x d	-	0006	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven	a	-	0015	-	-	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour	 a	-	-	-	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

									
		FO,GW	FX,GW	FO,GW	FX,GW				
London Paddington	<b>15</b> A d	2148	2148	2249	2249				
Reading	<b>7</b>  d	2213	2213	2327	2327				
Bristol Parkway	<b>7</b> d	2304	2304	0024	0024				
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	-	-	-	-				
Casnewydd Newport	d	2324	2331	0045	0052				
Caerdydd Canolog Cardiff Central	<b>7</b> a	2336	2347	0056	0107				
Caerdydd Canolog Cardiff Central	d	2351	2351	0100	0111				
Parc Ninian Ninian Park	d	-	-	-	-				
Pontyclun	d	-	-	-	-				
Llanharan	d	-	-	-	-				
Pencoed	d	-	-	-	-				
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	0013	0013	0120	0131				
Y Pîl Pyle	<b>7</b> d	-	-	-	-				
Parcffordd Port Talbot Port Talbot Parkway	d	0025	0025	0141	0150				
Baglan	d	-	-	-	-				
Llansawel Briton Ferry	d	-	-	-	-				
Castell-nedd Neath	d	0032	0032	0148	0157				
Sgiwen Skewen	d	-	-	-	-				
Llansamlet	d	-	-	-	-				
Abertawe Swansea	a	0044	0044	0200	0209				
Abertawe Swansea	d	-	-	-	-				
Tregŵyr Gowerton	d	-	-	-	-				
Llanelli	d	-	-	-	-				
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	-	-	-				
Cydweli Kidwelly	d	-	-	-	-				
Glanyfferi Ferryside	d	-	-	-	-				
Caerfyrddin Carmarthen	a	-	-	-	-				
Caerfyrddin Carmarthen Traws	 d	-	-	-	-				
Aberystwyth Traws	 a	-	-	-	-				
Caerfyrddin Carmarthen	d	-	-	-	-				
Hendy-gwyn ar Daf Whitland	d	-	-	-	-				
Arberth Narberth	x d	-	-	-	-				
Cilgeti Kilgetty	x d	-	-	-	-				
Saundersfoot	x d	-	-	-	-				
Dinbych-y-pysgod Tenby	d	-	-	-	-				
Penalun Penally	x d	-	-	-	-				
Maenorbŷr Manorbier	d	-	-	-	-				
Llandyfái Lamphey	x d	-	-	-	-				
Penfro Pembroke	d	-	-	-	-				
Doc Penfro Pembroke Dock	a	-	-	-	-				
Clunderwen	x d	-	-	-	-				
Clarbeston Road	x d	-	-	-	-				
Hwlfordd Haverfordwest	d	-	-	-	-				
Johnston	x d	-	-	-	-				
Aberdaugleddau Milford Haven	a	-	-	-	-				
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-				
Porthladd Abergwaun Fishguard Harbour	 a	-	-	-	-				

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes



		◇	◇	◇	◇	◇	◇	◇	◇	◇
		TfW	TfW	TfW	TfW	TfW	D,TfW	TfW	TfW	TfW
London Paddington	15 A	d	-	-	-	-	-	-	-	-
Reading	7	d	-	-	-	-	-	-	-	-
Bristol Parkway	7	d	-	-	-	-	-	-	-	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-	-
Casnewydd Newport		d	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central	7	a	-	-	-	-	-	-	-	-
Caerdydd Canolog Cardiff Central		d	-	-	-	-	-	0535	-	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	0549	-	-
Llanharan		d	-	-	-	-	-	0554	-	-
Pencoed		d	-	-	-	-	-	0559	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	-	-	-	-	0606	-	-
Y Pîl Pyle	7	d	-	-	-	-	-	0614	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	-	-	-	-	-	0622	-	-
Baglan		d	-	-	-	-	-	0626	-	-
Llansawel Briton Ferry		d	-	-	-	-	-	0630	-	-
Castell-nedd Neath		d	-	-	-	-	-	0634	-	-
Sgiwen Skewen		d	-	-	-	-	-	0638	-	-
Llansamlet		d	-	-	-	-	-	0642	-	-
Abertawe Swansea		a	-	-	-	-	-	0652	-	-
Abertawe Swansea		d	0008	-	-	-	0542	0547	0655	-
Tregŵyr Gowerton		d	0021	-	-	-	0554	0600	0706	-
Llanelli		d	0029	-	-	-	0602	0610	0714	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	0035	-	-	-	0609	-	0720	-
Cydweli Kidwelly		d	0042	-	-	-	0616	-	0727	-
Glanyfferi Ferryside		d	0048	-	-	-	0623	-	0733	-
Caerfyrddin Carmarthen		a	0102	-	-	-	0636	-	0746	-
Caerfyrddin Carmarthen Traws		d	-	-	0534	0604	-	0704	-	0804
Aberystwyth Traws		a	-	-	0722	0822	-	0922	-	0922
Caerfyrddin Carmarthen		d	-	0451	0530	0548	0600	0640	-	0749
Hendy-gwyn ar Daf Whitland		d	-	0507	0546	0604	0615	0657	-	0804
Arberth Narberth	x	d	-	-	0555	-	-	0706	-	-
Cilgeti Kilgetty	x	d	-	-	0604	-	-	0716	-	-
Saundersfoot	x	d	-	-	0607	-	-	0719	-	-
Dinbych-y-pysgod Tenby		d	-	-	0617	-	-	0730	-	-
Penalun Penally	x	d	-	-	0620	-	-	0733	-	-
Maenorbŷr Manorbier		d	-	-	0627	-	-	0739	-	-
Llandyfái Lamphey	x	d	-	-	0635	-	-	0747	-	-
Penfro Pembroke		d	-	-	0638	-	-	0750	-	-
Doc Penfro Pembroke Dock		a	-	-	0650	-	-	0802	-	-
Clunderwen	x	d	-	0514	-	0611	0622	-	-	0811
Clarbeston Road	x	d	-	0521	-	0619	0630	-	-	0819
Hwlfordd Haverfordwest		d	-	0533	-	-	0638	-	-	0827
Johnston	x	d	-	0541	-	-	0646	-	-	0835
Aberdaugleddau Milford Haven		a	-	0552	-	-	0658	-	-	0846
Abergwaun ac Wdŷg Fishguard & Goodwick		a	-	-	-	0638	-	-	-	0738
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	0644	-	-	-	0744

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		1 R	◇	1	◇	◇	◇	1 R	◇	1 R
		GW	TfW	GW	TfW	TfW	TfW	GW	D,TfW	GW
London Paddington	15 A	d	-	-	-	-	-	-	-	0648
Reading	7	d	-	-	-	-	-	-	-	0713
Bristol Parkway	7	d	-	-	-	-	-	0725	-	0804
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-	-
Casnewydd Newport		d	-	-	-	-	-	0746	-	0824
Caerdydd Canolog Cardiff Central	7	a	-	-	-	-	-	0801	-	0836
Caerdydd Canolog Cardiff Central		d	-	0643	-	0716	-	0756	0803	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pencoed		d	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	0703	-	0738	-	0816	0824	0902
Y Pîl Pyle	7	d	-	0711	-	0746	-	0823	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	-	0719	-	0754	-	0831	0836	0915
Baglan		d	-	0722	-	0758	-	-	-	-
Llansawel Briton Ferry		d	-	0726	-	0801	-	-	-	-
Castell-nedd Neath		d	-	0731	-	0807	-	0838	0844	0923
Sgiwen Skewen		d	-	0735	-	0810	-	-	-	-
Llansamlet		d	-	0739	-	0814	-	-	-	-
Abertawe Swansea		a	-	0749	-	0823	-	0852	0856	0934
Abertawe Swansea		d	0720	0753	0815	-	-	0902	-	0908
Tregŵyr Gowerton		d	-	0806	-	-	-	0913	-	0919
Llanelli		d	0736	0814	0831	-	-	0921	-	0931
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	0742	0820	0838	-	-	0927	-	1007
Cydweli Kidwelly		d	0749	0827	-	-	-	0934	-	-
Glanyfferi Ferryside		d	0756	0834	-	-	-	0940	-	-
Caerfyrddin Carmarthen		a	0809	0847	0903	-	-	0952	-	1028
Caerfyrddin Carmarthen Traws		d	-	0904	-	-	-	1004	-	-
Aberystwyth Traws		a	-	1122	-	-	-	1222	-	-
Caerfyrddin Carmarthen		d	0819	0850	-	-	0940	0957	-	-
Hendy-gwyn ar Daf Whitland		d	0837	0908	-	-	0955	1014	-	-
Arberth Narberth	x	d	0846	-	-	-	1004	-	-	-
Cilgeti Kilgetty	x	d	0855	-	-	-	1013	-	-	-
Saundersfoot	x	d	0859	-	-	-	1015	-	-	-
Dinbych-y-pysgod Tenby		d	0909	-	-	-	1023a	-	-	-
Penalun Penally	x	d	0913	-	-	-	-	-	-	-
Maenorbŷr Manorbier		d	0919	-	-	-	-	-	-	-
Llandyfái Lamphey	x	d	0928	-	-	-	-	-	-	-
Penfro Pembroke		d	0932	-	-	-	-	-	-	-
Doc Penfro Pembroke Dock		a	0940	-	-	-	-	-	-	-
Clunderwen	x	d	-	0915	-	-	-	1021	-	-
Clarbeston Road	x	d	-	0922	-	-	-	1029	-	-
Hwlfordd Haverfordwest		d	-	-	-	-	-	1037	-	-
Johnston	x	d	-	-	-	-	-	1045	-	-
Aberdaugleddau Milford Haven		a	-	-	-	-	-	1059	-	-
Abergwaun ac Wdŷg Fishguard & Goodwick		a	-	0941	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	0946	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	◇	◇	1 R	◇	◇	1 R	◇	◇
		TfW	TfW	TfW	GW	TfW	TfW	GW	D,TfW	TfW
London Paddington	15 A	d	-	-	0748	-	-	0848	-	-
Reading	7	d	-	-	0813	-	-	0913	-	-
Bristol Parkway	7	d	-	-	0904	-	-	1004	-	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-	-
Casnewydd Newport		d	0840	-	0925	-	-	1025	-	-
Caerdydd Canolog Cardiff Central	7	a	0857	-	0937	-	-	1037	-	-
Caerdydd Canolog Cardiff Central		d	0900	-	0914	0942	-	1005	1040	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pen-coed		d	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	0920	-	0934	1002	-	1025	1100	-
Y Pîl Pyle	7	d	-	-	0942	-	-	1032	-	-
Parcfordd Port Talbot Port Talbot Parkway		d	0932	-	0950	1014	-	1040	1112	-
Baglan		d	-	-	0954	-	-	-	-	-
Llansawel Briton Ferry		d	-	-	0958	-	-	-	-	-
Castell-nedd Neath		d	0941	-	1004	1022	-	1047	1119	-
Sgiwen Skewen		d	-	-	1008	-	-	-	-	-
Llansamlet		d	-	-	1012	-	-	-	-	-
Abertawe Swansea		a	0956	-	1022	1033	-	1102	1132	-
Abertawe Swansea		d	1000	-	-	-	1056	1105	1140	1145
Tregŵyr Gowerton		d	1011	-	-	-	-	1117	-	1158
Llanelli		d	1019	-	-	-	1114	1125	1156	1208
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	1025	-	-	-	-	1131	1202	-
Cydweli Kidwelly		d	1032	-	-	-	-	-	-	-
Glanyfferi Ferryside		d	1038	-	-	-	-	-	-	-
Caerfyrddin Carmarthen		a	1050	-	-	-	-	1151	1224	-
Caerfyrddin Carmarthen Traws		d	1104	-	-	-	-	1204	-	-
Aberystwyth Traws		a	1322	-	-	-	-	1422	-	-
Caerfyrddin Carmarthen		d	-	1055	-	-	-	1157	1231	-
Hendy-gwyn ar Daf Whitland		d	-	1110	-	-	1149	1215	1249	-
Arberth Narberth	x	d	-	1119	-	-	-	-	-	-
Cilgeti Kilgetty	x	d	-	1129	-	-	-	-	-	-
Saundersfoot	x	d	-	1131	-	-	-	-	1308	-
Dinbych-y-pysgod Tenby		d	-	1141	-	-	-	-	1318	-
Penalun Penally	x	d	-	1144	-	-	-	-	-	-
Maenorbŷr Manorbier		d	-	1151	-	-	-	-	1327	-
Llandyfái Lamphey	x	d	-	1159	-	-	-	-	-	-
Penfro Pembroke		d	-	1202	-	-	-	-	1340	-
Doc Penfro Pembroke Dock		a	-	1215	-	-	-	-	1348	-
Clunderwen	x	d	-	-	-	-	-	1222	-	-
Clarbeston Road	x	d	-	-	-	-	1202	1230	-	-
Hwlfordd Haverfordwest		d	-	-	-	-	-	1239	-	-
Johnston	x	d	-	-	-	-	-	1247	-	-
Aberdaugleddau Milford Haven		a	-	-	-	-	-	1257	-	-
Abergwaun ac Wdigi Fishguard & Goodwick		a	-	-	-	-	1221	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	-	1225	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	◇	1	1 R	R	◇	1 R	◇	◇
		TfW	TfW	GW	GW	TfW	TfW	GW	TfW	TfW
London Paddington	15 A	d	-	-	-	0948	-	-	1048	-
Reading	7	d	-	-	-	1013	-	-	1113	-
Bristol Parkway	7	d	-	-	-	1104	-	-	1204	-
Manceinion Piccadilly Manchester Piccadilly	10	d	0730	-	-	-	-	-	-	0930
Casnewydd Newport		d	1039	1050	-	1125	-	-	1225	1240
Caerdydd Canolog Cardiff Central	7	a	1053	1106	-	1137	-	-	1237	1255
Caerdydd Canolog Cardiff Central		d	1103	1113	-	1139	1204	-	1239	1258
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pen-coed		d	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	1124	1133	-	1159	1224	-	1259	1319
Y Pîl Pyle	7	d	1131	1141	-	-	-	-	-	1327
Parcfordd Port Talbot Port Talbot Parkway		d	1139	1149	-	1211	1236	-	1312	1335
Baglan		d	-	1153	-	-	-	-	-	1351
Llansawel Briton Ferry		d	-	1157	-	-	-	-	-	1355
Castell-nedd Neath		d	1147	1202	-	1219	1243	-	1319	1344
Sgiwen Skewen		d	-	1206	-	-	-	-	-	1403
Llansamlet		d	-	1211	-	-	-	-	-	1407
Abertawe Swansea		a	1202	1219	-	1230	1257	-	1331	1358
Abertawe Swansea		d	1204	-	1228	-	1308	1332	1340	1403
Tregŵyr Gowerton		d	1216	-	-	-	1320	-	-	1415
Llanelli		d	1224	-	1244	-	1328	1349	1356	1423
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	1230	-	1250	-	1334	1356	1403	1429
Cydweli Kidwelly		d	1236	-	-	-	-	-	-	1435
Glanyfferi Ferryside		d	1242	-	-	-	-	-	-	1441
Caerfyrddin Carmarthen		a	1254	-	1312	-	1353	1419	1428	1453
Caerfyrddin Carmarthen Traws		d	1304	-	-	-	1404	-	-	1504
Aberystwyth Traws		a	1522	-	-	-	1622	-	-	1722
Caerfyrddin Carmarthen		d	-	-	-	-	1401	1427	-	-
Hendy-gwyn ar Daf Whitland		d	-	-	-	-	1416	1443	-	-
Arberth Narberth	x	d	-	-	-	-	-	1452	-	-
Cilgeti Kilgetty	x	d	-	-	-	-	-	1502	-	-
Saundersfoot	x	d	-	-	-	-	-	1504	-	-
Dinbych-y-pysgod Tenby		d	-	-	-	-	-	1530	-	-
Penalun Penally	x	d	-	-	-	-	-	1533	-	-
Maenorbŷr Manorbier		d	-	-	-	-	-	1539	-	-
Llandyfái Lamphey	x	d	-	-	-	-	-	1547	-	-
Penfro Pembroke		d	-	-	-	-	-	1550	-	-
Doc Penfro Pembroke Dock		a	-	-	-	-	-	1603	-	-
Clunderwen	x	d	-	-	-	-	1423	-	-	-
Clarbeston Road	x	d	-	-	-	-	1431	-	-	-
Hwlfordd Haverfordwest		d	-	-	-	-	1439	-	-	-
Johnston	x	d	-	-	-	-	1447	-	-	-
Aberdaugleddau Milford Haven		a	-	-	-	-	1501	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick		a	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes



		<b>1R</b>	◇	<b>R</b>	<b>1R</b>	<b>1R</b>	<b>1R</b>	◇	<b>R</b>	<b>1R</b>
		GW	TFW	TFW	GW	GW	TFW	TFW	TFW	GW
London Paddington	<b>15</b> A d	1648	-	-	1718	1748	-	-	-	1818
Reading	<b>7</b> d	1713	-	-	1743	1813	-	-	-	1843
Bristol Parkway	<b>7</b> d	1804	-	-	1838	1904	-	-	-	1940
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	-	-	1530	-	-	1630	-	-	-
Casnewydd Newport	d	1824	-	1842	1902	1924	1939	-	-	2000
Caerdydd Canolog Cardiff Central	<b>7</b> a	1836	-	1858	1915	1936	1958	-	-	2013
Caerdydd Canolog Cardiff Central	d	1840	-	1903	1918	1939	2001	-	-	2015
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-	-
Pencoed	d	-	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	1900	-	1924	1939	1959	2021	-	-	2035
Y Pîl Pyle	<b>7</b> d	-	-	1931	-	-	-	-	-	-
Parcffordd Port Talbot Port Talbot Parkway	d	1913	-	1939	1952	2011	2033	-	-	2047
Baglan	d	-	-	1943	-	-	-	-	-	-
Llansawel Briton Ferry	d	-	-	1947	-	-	-	-	-	-
Castell-nedd Neath	d	1920	-	1951	2000	2018	2041	-	-	2054
Sgiwen Skewen	d	-	-	1955	-	-	-	-	-	-
Llansamlet	d	-	-	2000	-	-	-	-	-	-
Abertawe Swansea	a	1932	-	2010	2013	2031	2054	-	-	2106
Abertawe Swansea	d	-	1938	2011	2025	-	-	-	2105	-
Tregŵyr Gowerton	d	-	1950	2023	-	-	-	-	-	-
Llanelli	d	-	1958	2031	2041	-	-	-	2122	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	2004	2037	2048	-	-	-	2128	-
Cydweli Kidwelly	d	-	2011	-	-	-	-	-	2135	-
Glanyfferi Ferryside	d	-	2017	-	-	-	-	-	2142	-
Caerfyrddin Carmarthen	a	-	2031	2056	2109	-	-	-	2155	-
Caerfyrddin Carmarthen Traws	d	-	-	-	-	-	-	-	-	-
Aberystwyth Traws	a	-	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen	d	-	-	2101	-	-	-	2114	2203	-
Hendy-gwyn ar Daf Whitland	d	-	-	2116	-	-	-	2129	2218	-
Arberth Narberth	x d	-	-	2125	-	-	-	-	-	-
Cilgeti Kilgetty	x d	-	-	2134	-	-	-	-	-	-
Saundersfoot	x d	-	-	2136	-	-	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	2144	-	-	-	-	-	-
Penalun Penally	x d	-	-	2147	-	-	-	-	-	-
Maenorbŷr Manorbier	d	-	-	2153	-	-	-	-	-	-
Llandyfái Lamphey	x d	-	-	2201	-	-	-	-	-	-
Penfro Pembroke	d	-	-	2204	-	-	-	-	-	-
Doc Penfro Pembroke Dock	a	-	-	2217	-	-	-	-	-	-
Clunderwen	x d	-	-	-	-	-	-	-	2226	-
Clarbeston Road	x d	-	-	-	-	-	-	2143	2234	-
Hwlfordd Haverfordwest	d	-	-	-	-	-	-	-	2242	-
Johnston	x d	-	-	-	-	-	-	-	2250	-
Aberdaugleddau Milford Haven	a	-	-	-	-	-	-	-	2304	-
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-	-	-	2201	-	-
Porthladd Abergwaun Fishguard Harbour	a	-	-	-	-	-	-	2208	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	<b>1R</b>	◇	<b>1R</b>	<b>1R</b>	◇	◇	◇	<b>1R</b>
		TFW	GW	TFW	GW	GW	TFW	TFW	TFW	GW
London Paddington	<b>15</b> A d	-	1848	-	1918	1948	-	-	-	2048
Reading	<b>7</b> d	-	1913	-	1943	2013	-	-	-	2113
Bristol Parkway	<b>7</b> d	-	2004	-	2039	2104	-	-	-	2205
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	-	-	-	-	-	-	-	-	-
Casnewydd Newport	d	-	2025	-	2058	2124	-	-	-	2229
Caerdydd Canolog Cardiff Central	<b>7</b> a	-	2038	-	2111	2137	-	-	-	2246
Caerdydd Canolog Cardiff Central	d	-	2040	2104	2113	2139	2214	-	2227	2251
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	2227	-	2239	-
Llanharan	d	-	-	-	-	-	2231	-	2244	-
Pencoed	d	-	-	-	-	-	2236	-	2248	-
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	-	2100	2124	2133	2159	2241	-	2255	2311
Y Pîl Pyle	<b>7</b> d	-	-	2131	-	-	-	-	2303	-
Parcffordd Port Talbot Port Talbot Parkway	d	-	2112	2139	2145	2212	2253	-	2311	2323
Baglan	d	-	-	-	-	-	-	-	2315	-
Llansawel Briton Ferry	d	-	-	-	-	-	-	-	2318	-
Castell-nedd Neath	d	-	2120	2147	2153	2219	2300	-	2324	2332
Sgiwen Skewen	d	-	-	-	-	-	-	-	2327	-
Llansamlet	d	-	-	-	-	-	-	-	2331	-
Abertawe Swansea	a	-	2131	2200	2204	2231	2313	-	2342	2345
Abertawe Swansea	d	2115	-	2223	-	-	2316	-	2344	-
Tregŵyr Gowerton	d	2127	-	2235	-	-	2328	-	2357	-
Llanelli	d	2136	-	2243	-	-	2336	2346	0004	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	-	2249	-	-	2342	-	0010	-
Cydweli Kidwelly	d	-	-	2255	-	-	2348	-	0017	-
Glanyfferi Ferryside	d	-	-	2301	-	-	2354	-	0024	-
Caerfyrddin Carmarthen	a	-	-	2315	-	-	0006	0018	0037	-
Caerfyrddin Carmarthen Traws	d	-	-	-	-	-	-	-	-	-
Aberystwyth Traws	a	-	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen	d	-	-	-	-	-	-	-	-	-
Hendy-gwyn ar Daf Whitland	d	-	-	-	-	-	-	-	-	-
Arberth Narberth	x d	-	-	-	-	-	-	-	-	-
Cilgeti Kilgetty	x d	-	-	-	-	-	-	-	-	-
Saundersfoot	x d	-	-	-	-	-	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	-	-	-
Penalun Penally	x d	-	-	-	-	-	-	-	-	-
Maenorbŷr Manorbier	d	-	-	-	-	-	-	-	-	-
Llandyfái Lamphey	x d	-	-	-	-	-	-	-	-	-
Penfro Pembroke	d	-	-	-	-	-	-	-	-	-
Doc Penfro Pembroke Dock	a	-	-	-	-	-	-	-	-	-
Clunderwen	x d	-	-	-	-	-	-	-	-	-
Clarbeston Road	x d	-	-	-	-	-	-	-	-	-
Hwlfordd Haverfordwest	d	-	-	-	-	-	-	-	-	-
Johnston	x d	-	-	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven	a	-	-	-	-	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour	a	-	-	-	-	-	-	-	-	-





Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	◇	◇	◇	◇	1	◇	1	◇
		TFW	TFW	TFW	TFW	TFW	GW	TFW	GW	TFW
London Paddington	15	d	-	-	-	-	-	-	-	-
Reading	7	d	-	-	-	-	-	-	-	-
Bristol Parkway	7	d	-	-	-	-	-	-	0858	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-	-
Casnewydd Newport		d	-	-	-	-	-	-	0925	-
Caerdydd Canolog Cardiff Central	7	a	-	-	-	-	-	-	0942	-
Caerdydd Canolog Cardiff Central		d	-	-	-	0804	-	-	-	0944
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-
Pencoed		d	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	-	-	-	0827	-	-	-	1004
Y Pîl Pyle	7	d	-	-	-	-	-	-	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	-	-	-	0840	-	-	-	1016
Baglan		d	-	-	-	-	-	-	-	-
Llansawel Briton Ferry		d	-	-	-	-	-	-	-	-
Castell-nedd Neath		d	-	-	-	0848	-	-	-	1024
Sgiwen Skewen		d	-	-	-	-	-	-	-	-
Llansamlet		d	-	-	-	-	-	-	-	-
Abertawe Swansea		a	-	-	-	0901	-	-	-	1035
Abertawe Swansea		d	0012	-	0814	-	-	1027	-	1043
Tregŵyr Gowerton		d	0023s	-	0825	-	-	-	-	-
Llanelli		d	0031s	-	0833	-	-	1041	-	1100
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	0037s	-	0839	-	-	1048	-	1106
Cydweli Kidwelly		d	0044s	-	0846	-	-	-	-	-
Glanyfferi Ferryside		d	0050s	-	0852	-	-	-	-	-
Caerfyrddin Carmarthen		a	0104	-	0904	-	-	1110	-	1125
Caerfyrddin Carmarthen Traws		d	-	0904	-	1104	-	-	-	-
Aberystwyth Traws		a	-	1122	-	1322	-	-	-	-
Caerfyrddin Carmarthen		d	-	0820	0907	-	0955	-	1013	-
Hendy-gwyn ar Daf Whitland		d	-	0836	0923	-	1011	-	1029	-
Arberth Narberth	x	d	-	-	0931	-	-	-	1038	-
Cilgeti Kilgetty	x	d	-	-	0941	-	-	-	1047	-
Saundersfoot	x	d	-	-	0943	-	-	-	1050	-
Dinbych-y-pysgod Tenby		d	-	-	0951	-	-	-	1058	-
Penalun Penally	x	d	-	-	0954	-	-	-	1102	-
Maenorbŷr Manorbier		d	-	-	1001	-	-	-	1108	-
Llandyfái Lamphey	x	d	-	-	1008	-	-	-	1116	-
Penfro Pembroke		d	-	-	1012	-	-	-	1120	-
Doc Penfro Pembroke Dock		a	-	-	1025	-	-	-	1131	-
Clunderwen	x	d	-	0843	-	-	1019	-	-	-
Clarbeston Road	x	d	-	0851	-	-	1027	-	-	1157
Hwlfordd Haverfordwest		d	-	0900	-	-	1035	-	-	-
Johnston	x	d	-	0908	-	-	1044	-	-	-
Aberdaugleddau Milford Haven		a	-	0918	-	-	1054	-	-	-
Abergwaun ac Wdŷg Fishguard & Goodwick		a	-	-	-	-	-	-	-	1215
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	-	-	-	-	1223





Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	◇	1	◇	1	◇	1	◇	1
		TFW	D,TFW	GW	TFW	GW	TFW	GW	TFW	TFW
London Paddington	15 A	d	-	-	0833	-	0931	-	1045	-
Reading	7	d	-	-	0859	-	0956	-	1110	-
Bristol Parkway	7	d	-	-	0956	-	1055	-	1201	-
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	-	-	-	-	-	0930
Casnewydd Newport		d	0930	-	1015	1056	1115	-	1221	-
Caerdydd Canolog Cardiff Central	7	a	0949	-	1029	1110	1127	-	1233	-
Caerdydd Canolog Cardiff Central		d	0953	-	1031	1112	1130	1206	1235	-
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-
Pontyclun		d	1005	-	-	-	-	1219	-	-
Llanharan		d	1011	-	-	-	-	1224	-	-
Pencoed		d	1016	-	-	-	-	1228	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	1022	-	1051	1132	1150	1236	1256	-
Y Pîl Pyle	7	d	1031	-	-	-	-	1243	-	-
Parcffordd Port Talbot Port Talbot Parkway		d	1039	-	1103	1145	1202	1251	1308	-
Baglan		d	-	-	-	-	-	-	-	-
Llansawel Briton Ferry		d	-	-	-	-	-	-	-	-
Castell-nedd Neath		d	1047	-	1110	1154	1210	-	1316	-
Sgiwen Skewen		d	-	-	-	-	-	-	-	-
Llansamlet		d	-	-	-	-	-	-	-	-
Abertawe Swansea		a	1100	-	1122	1207	1221	-	1329	-
Abertawe Swansea		d	1103	1110	-	1216	1234	-	-	1403
Tregŵyr Gowerton		d	1116	1122	-	1228	-	-	-	1414
Llanelli		d	1124	1133	-	1236	1249	1321	-	1422
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	1130	-	-	1242	1256	1327	-	1428
Cydweli Kidwelly		d	1137	-	-	1249	-	-	-	1435
Glanyfferi Ferryside		d	1144	-	-	1255	-	-	-	1441
Caerfyrddin Carmarthen		a	1157	-	-	1308	1317	1348	-	1453
Caerfyrddin Carmarthen Traws		d	-	1304	-	-	-	-	-	1504
Aberystwyth Traws		a	-	1522	-	-	-	-	-	1722
Caerfyrddin Carmarthen		d	1202	-	-	1311	-	1357	-	1456
Hendy-gwyn ar Daf Whitland		d	1218	-	-	1326	-	1413	-	1512
Arberth Narberth	x	d	-	-	-	-	-	-	-	1521
Cilgeti Kilgetty	x	d	-	-	-	-	-	-	-	1531
Saundersfoot	x	d	-	-	-	-	-	-	-	1533
Dinbych-y-pysgod Tenby		d	-	-	-	-	-	-	-	1542
Penalun Penally	x	d	-	-	-	-	-	-	-	1545
Maenorbŷr Manorbier		d	-	-	-	-	-	-	-	1552
Llandyfái Lamphey	x	d	-	-	-	-	-	-	-	1600
Penfro Pembroke		d	-	-	-	-	-	-	-	1603
Doc Penfro Pembroke Dock		a	-	-	-	-	-	-	-	1616
Clunderwen	x	d	1226	-	-	-	-	1420	-	-
Clarbeston Road	x	d	1234	-	-	1340	-	1428	-	-
Hwlfordd Haverfordwest		d	1242	-	-	-	-	1436	-	-
Johnston	x	d	1251	-	-	-	-	1444	-	-
Aberdaugleddau Milford Haven		a	1301	-	-	-	-	1459	-	-
Abergwaun ac Wdŷg Fishguard & Goodwick		a	-	-	-	1358	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	1404	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		<b>IR</b>	<b>R</b>	<b>IR</b>	◇	<b>R</b>	<b>IR</b>	◇	<b>R</b>	<b>IR</b>
		GW	TfW	GW	D,TfW	TfW	GW	TfW	TfW	GW
London Paddington	<b>15</b> d	1145	-	1245	-	-	1345	-	-	1445
Reading	<b>7</b>  d	1210	-	1310	-	-	1410	-	-	1510
Bristol Parkway	<b>7</b> d	1301	-	1401	-	-	1501	-	-	1601
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	-	1030	-	-	1129	-	-	1231	-
Casnewydd Newport	d	1321	1334	1421	-	1434	1525	-	1539	1621
Caerdydd Canolog Cardiff Central	<b>7</b> a	1334	1351	1434	-	1449	1539	-	1555	1635
Caerdydd Canolog Cardiff Central	d	1335	1411	1435	-	1452	1540	-	1605	1635
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-	-
Pencoed	d	-	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	1355	1431	1455	-	1512	1601	-	1625	1659
Y Pîl Pyle	<b>7</b> d	-	1440	-	-	1519	-	-	1633	-
Parcffordd Port Talbot Port Talbot Parkway	d	1412	1448	1507	-	1527	1613	-	1640	1713
Baglan	d	-	-	-	-	-	-	-	-	-
Llansawel Briton Ferry	d	-	-	-	-	-	-	-	-	-
Castell-nedd Neath	d	1419	1456	1515	-	1534	1621	-	1648	1721
Sgiwen Skewen	d	-	-	-	-	-	-	-	-	-
Llansamlet	d	-	-	-	-	-	-	-	-	-
Abertawe Swansea	a	1431	1512	1529	-	1549	1632	-	1701	1734
Abertawe Swansea	d	1440	1518	-	1537	-	1640	1647	1705	-
Tregŵyr Gowerton	d	-	1530	-	1549	-	-	1658	1717	-
Llanelli	d	1456	1538	-	1600	-	1655	1706	1725	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	1502	1544	-	-	-	1702	1712	1731	-
Cydweli Kidwelly	d	-	-	-	-	-	-	1718	-	-
Glanyfferi Ferryside	d	-	-	-	-	-	-	1724	-	-
Caerfyrddin Carmarthen	a	1525	1603	-	-	-	1723	1737	1750	-
Caerfyrddin Carmarthen Traws	 d	-	-	1704	-	-	-	-	-	1934
Aberystwyth Traws	 a	-	-	1922	-	-	-	-	-	2122
Caerfyrddin Carmarthen	d	-	1615	-	-	-	-	1744	1809	-
Hendy-gwyn ar Daf Whitland	d	-	1631	-	-	-	-	1759	1825	-
Arberth Narberth	x d	-	-	-	-	-	-	1808	-	-
Cilgeti Kilgetty	x d	-	-	-	-	-	-	1818	-	-
Saundersfoot	x d	-	-	-	-	-	-	1820	-	-
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	1829	-	-
Penalun Penally	x d	-	-	-	-	-	-	1832	-	-
Maenorbŷr Manorbier	d	-	-	-	-	-	-	1839	-	-
Llandyfái Lamphey	x d	-	-	-	-	-	-	1847	-	-
Penfro Pembroke	d	-	-	-	-	-	-	1850	-	-
Doc Penfro Pembroke Dock	a	-	-	-	-	-	-	1903	-	-
Clunderwen	x d	-	1638	-	-	-	-	-	1832	-
Clarbeston Road	x d	-	1646	-	-	-	-	-	1840	-
Hwlfordd Haverfordwest	d	-	1654	-	-	-	-	-	1850	-
Johnston	x d	-	1702	-	-	-	-	-	1858	-
Aberdaugleddau Milford Haven	a	-	1711	-	-	-	-	-	1910	-
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour	 a	-	-	-	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		<b>R</b>	<b>IR</b>	◇	<b>R</b>	<b>IR</b>	<b>IR</b>	<b>R</b>	◇	
		TfW	GW	TfW	TfW	GW	TfW	GW	TfW	
London Paddington	<b>15</b> A d	1413	1545	-	-	1645	-	1745	-	-
Reading	<b>7</b>  d	1442	1610	-	-	1710	-	1810	-	-
Bristol Parkway	<b>7</b> d	1541	1701	-	-	1801	-	1901	-	-
Manceinion Piccadilly Manchester Piccadilly	<b>10</b> d	1330	-	-	1430	-	1530	-	1630	-
Casnewydd Newport	d	1642	1722	-	1740	1821	1838	1921	1934	-
Caerdydd Canolog Cardiff Central	<b>7</b> a	1657	1736	-	1755	1835	1853	1935	1948	-
Caerdydd Canolog Cardiff Central	d	1710	1736	-	1811	1835	1855	1935	1954	-
Parc Ninian Ninian Park	d	-	-	-	-	-	-	-	-	-
Pontyclun	d	-	-	-	-	-	-	-	-	-
Llanharan	d	-	-	-	-	-	-	-	-	-
Pencoed	d	-	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	<b>7</b> d	1730	1756	-	1831	1855	1916	1955	2015	-
Y Pîl Pyle	<b>7</b> d	1738	-	-	1840	-	1923	-	2022	-
Parcffordd Port Talbot Port Talbot Parkway	d	1746	1808	-	1848	1907	1931	2007	2030	-
Baglan	d	-	-	-	-	-	-	-	-	-
Llansawel Briton Ferry	d	-	-	-	-	-	-	-	-	-
Castell-nedd Neath	d	1753	1816	-	1856	1915	1939	2015	2037	-
Sgiwen Skewen	d	-	-	-	-	-	-	-	-	-
Llansamlet	d	-	-	-	-	-	-	-	-	-
Abertawe Swansea	a	1806	1831	-	1911	1929	1954	2028	2052	-
Abertawe Swansea	d	-	-	1843	1913	-	-	-	-	2058
Tregŵyr Gowerton	d	-	-	1854	1925	-	-	-	-	2111
Llanelli	d	-	-	1901	1933	-	-	-	-	2119
Pen-bre a Phorth Tywyn Pembrey & Burry Port	d	-	-	1907	1939	-	-	-	-	2125
Cydweli Kidwelly	d	-	-	1914	-	-	-	-	-	2132
Glanyfferi Ferryside	d	-	-	1920	-	-	-	-	-	2138
Caerfyrddin Carmarthen	a	-	-	1933	2001	-	-	-	-	2151
Caerfyrddin Carmarthen Traws	 d	-	-	-	-	-	-	-	-	-
Aberystwyth Traws	 a	-	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen	d	-	-	1936	2004	-	-	-	-	2155
Hendy-gwyn ar Daf Whitland	d	-	-	1952	2029	-	-	-	-	2211
Arberth Narberth	x d	-	-	-	-	-	-	-	-	-
Cilgeti Kilgetty	x d	-	-	-	-	-	-	-	-	-
Saundersfoot	x d	-	-	-	-	-	-	-	-	-
Dinbych-y-pysgod Tenby	d	-	-	-	-	-	-	-	-	-
Penalun Penally	x d	-	-	-	-	-	-	-	-	-
Maenorbŷr Manorbier	d	-	-	-	-	-	-	-	-	-
Llandyfái Lamphey	x d	-	-	-	-	-	-	-	-	-
Penfro Pembroke	d	-	-	-	-	-	-	-	-	-
Doc Penfro Pembroke Dock	a	-	-	-	-	-	-	-	-	-
Clunderwen	x d	-	-	1959	2036	-	-	-	-	-
Clarbeston Road	x d	-	-	2007	2044	-	-	-	-	2224
Hwlfordd Haverfordwest	d	-	-	2016a	2053	-	-	-	-	-
Johnston	x d	-	-	-	2101	-	-	-	-	-
Aberdaugleddau Milford Haven	a	-	-	-	2115	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick	a	-	-	-	-	-	-	-	-	2243
Porthladd Abergwaun Fishguard Harbour	 a	-	-	-	-	-	-	-	-	2249

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		◇	IR	R	IR	◇	R	◇	IR	◇	
		TfW	GW	TfW	GW	TfW	TfW	TfW	GW	TfW	
London Paddington	15	d	-	1845	-	1945	-	-	2045	-	
Reading	7	d	-	1910	-	2010	-	-	2110	-	
Bristol Parkway	7	d	-	2001	-	2059	-	-	2204	-	
Manceinion Piccadilly Manchester Piccadilly	10	d	-	-	1730	-	-	1830	-	1930	
Casnewydd Newport		d	-	2020	2029	2121	-	2131	-	2223	2241
Caerdydd Canolog Cardiff Central	7	a	-	2034	2045	2134	-	2146	-	2236	2257
Caerdydd Canolog Cardiff Central		d	2017	2034	2049	2134	-	2150	2229	2237	2300
Parc Ninian Ninian Park		d	-	-	-	-	-	-	-	-	-
Pontyclun		d	-	-	-	-	-	-	-	-	-
Llanharan		d	-	-	-	-	-	-	-	-	-
Pencoed		d	-	-	-	-	-	-	-	-	-
Pen-y-bont ar Ogwr Bridgend	7	d	2036	2054	2110	2155	-	2210	2250	2258	2320
Y Pŷl Pyle	7	d	2044	-	2117	-	-	2217	-	-	2328
Parcfordd Port Talbot Port Talbot Parkway		d	2051	2106	2125	2207	-	2225	2303	2310	2336
Baglan		d	-	-	-	-	-	-	-	-	-
Llansawel Briton Ferry		d	-	-	-	-	-	-	-	-	-
Castell-nedd Neath		d	2058	2114	2133	2214	-	2232	2312	2318	2345
Sgiwen Skewen		d	-	-	-	-	-	-	-	-	-
Llansamlet		d	-	-	-	-	-	-	-	-	-
Abertawe Swansea		a	2111	2125	2148	2226	-	2247	2325	2329	2359
Abertawe Swansea		d	2119	-	-	-	-	2252	2334	-	-
Tregŵyr Gowerton		d	2132	-	-	-	-	2304	2346	-	-
Llanelli		d	2140	-	-	-	-	2312	2354	-	-
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	2146	-	-	-	-	2318	2359	-	-
Cydveli Kidwelly		d	-	-	-	-	-	2324	0007	-	-
Glanyfferi Ferryside		d	-	-	-	-	-	2330	0013	-	-
Caerfyrddin Carmarthen		a	2207	-	-	-	-	2344	0028	-	-
Caerfyrddin Carmarthen Traws		d	-	-	-	-	-	-	-	-	-
Aberystwyth Traws		a	-	-	-	-	-	-	-	-	-
Caerfyrddin Carmarthen		d	2210	-	-	-	-	-	-	-	-
Hendy-gwyn ar Daf Whitland		d	2225	-	-	-	2025	-	-	-	-
Arberth Narberth		x	d	-	-	-	2034	-	-	-	-
Cilgeti Kilgetty		x	d	-	-	-	2043	-	-	-	-
Saundersfoot		x	d	-	-	-	2046	-	-	-	-
Dinbych-y-pysgod Tenby		d	-	-	-	-	2054	-	-	-	-
Penalun Penally		x	d	-	-	-	2058	-	-	-	-
Maenorbŷr Manorbier		d	-	-	-	-	2104	-	-	-	-
Llandyfái Lamphey		x	d	-	-	-	2112	-	-	-	-
Penfro Pembroke		d	-	-	-	-	2116	-	-	-	-
Doc Penfro Pembroke Dock		a	-	-	-	-	2127	-	-	-	-
Clunderwen		x	d	2233	-	-	-	-	-	-	-
Clarbeston Road		x	d	2241	-	-	-	-	-	-	-
Hwlfordd Haverfordwest		d	2249	-	-	-	-	-	-	-	-
Johnston		x	d	2257	-	-	-	-	-	-	-
Aberdaugleddau Milford Haven		a	2306	-	-	-	-	-	-	-	-
Abergwaun ac Wdigi Fishguard & Goodwick		a	-	-	-	-	-	-	-	-	-
Porthladd Abergwaun Fishguard Harbour		a	-	-	-	-	-	-	-	-	-

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

		IR									
		GW									
London Paddington	15	A	d	2145							
Reading	7	d	2209								
Bristol Parkway	7	d	2304								
Manceinion Piccadilly Manchester Piccadilly	10	d	-								
Casnewydd Newport		d	2323								
Caerdydd Canolog Cardiff Central	7	a	2336								
Caerdydd Canolog Cardiff Central		d	2336								
Parc Ninian Ninian Park		d	-								
Pontyclun		d	-								
Llanharan		d	-								
Pencoed		d	-								
Pen-y-bont ar Ogwr Bridgend	7	d	2356								
Y Pŷl Pyle	7	d	-								
Parcfordd Port Talbot Port Talbot Parkway		d	0009								
Baglan		d	-								
Llansawel Briton Ferry		d	-								
Castell-nedd Neath		d	0018								
Sgiwen Skewen		d	-								
Llansamlet		d	-								
Abertawe Swansea		a	0030								
Abertawe Swansea		d	-								
Tregŵyr Gowerton		d	-								
Llanelli		d	-								
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-								
Cydveli Kidwelly		d	-								
Glanyfferi Ferryside		d	-								
Caerfyrddin Carmarthen		a	-								
Caerfyrddin Carmarthen Traws		d	-								
Aberystwyth Traws		a	-								
Caerfyrddin Carmarthen		d	-								
Hendy-gwyn ar Daf Whitland		d	-								
Arberth Narberth		x	d	-							
Cilgeti Kilgetty		x	d	-							
Saundersfoot		x	d	-							
Dinbych-y-pysgod Tenby		d	-								
Penalun Penally		x	d	-							
Maenorbŷr Manorbier		d	-								
Llandyfái Lamphey		x	d	-							
Penfro Pembroke		d	-								
Doc Penfro Pembroke Dock		a	-								
Clunderwen		x	d	-							
Clarbeston Road		x	d	-							
Hwlfordd Haverfordwest		d	-								
Johnston		x	d	-							
Aberdaugleddau Milford Haven		a	-								
Abergwaun ac Wdigi Fishguard & Goodwick		a	-								
Porthladd Abergwaun Fishguard Harbour		a	-								

Darllenwch y dudalen gefn am eglurhad i'r nodiadau  
Please refer to the back page for explanation of notes

## Nodiadau

1634 Gwasanaethau uniongyrchol

**1634** Trenau cysylltu (o bosib yn cael eu rhedeg gan weithredwyr trên eraill). Newid ar y gwasanaeth uniongyrchol nesaf/blaenorol

**1634** Yr oriau brig yw 0430 - 0930 a 1600 - 1829 dydd Llun i ddydd Gwener. Mae'n bosib ni fydd tocynnau trên un diwrnod ar gyfer adegau tawel yn ddilys ar deithiau sy'n dechrau yn ystod adegau prysur. Gwiriwch y cyfyngiadau cyn teithio

**7** Amser cysylltu argymelledig

**🚏** Cyfnewidfa Bws

**🚢** Cysylltiad gwasanaeth llong

**1** Dosbarth cyntaf

**R** Dim ond os oes seddi ar gael y gallwch chi eu cadw ac argymhellir hyn

◇ Dim ond os oes seddi ar gael y gallwch chi eu cadw

☞ Mae gwasanaeth troli gyda byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd

FO Dydd Gwener yn unig

FX Dydd Llun - ddydd lau yn unig

MX Dydd Mawrth - ddydd Gwener yn unig

a Amser cyrraedd

d Amser ymadael

s Yn aros i ollwng teithwyr yn unig

x Gorsaf ar alw

TFW Trafnidiaeth Cymru – Cymru a'r Gororau

GW Great Western Railway

A I Y Fenni

B I Caer

C I Henffordd

D I Amwythig

## Nodiadau Notes

1634 Direct services

**1634** Connecting services, (may be run by other train operators). Change at the next / preceding direct service

**1634** Peak times are 0430 - 0930 and 1600 - 1829 Monday to Friday. Off-Peak Day tickets may not be valid for journeys starting at peak times. Please check restrictions before travel

**7** Recommended connecting time

**🚏** Bus Interchange

**🚢** Ferry service Interchange

**1** 1st Class

**R** Seat reservations recommended subject to availability

◇ Seat reservations subject to availability

☞ An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey

FO Fridays only

FX Mondays - Thursdays only

MX Tuesdays - Fridays only

a Arrival time

d Departure time

s Stops to set down only

x Request stop

TFW Transport for Wales - Wales and Borders

GW Great Western Railway

A To Abergavenny

B To Chester

C To Hereford

D To Shrewsbury

## Mae'n bosibl i bethau newid.

### Gwiriwch cyn teithio:



Lawrlwythwch **ap TrC** neu ewch i **trc.cymru**



Edrychwch ar y **sgriniau gwybodaeth** ar y platform



Cofrestrwch i gael ein gwasanaeth rhybuddio am darfu **journeycheck.com/tfwrail**



Gofynnwch i aelod o **dim ein gorsaf**



Ewch i'r **man cymorth** yn yr orsaf



Ffoniwch **0333 3211 202**

## Hysbysrwydd



Os oes cyfleusterau prynu tocynnu ar gael, rhaid ichi brynu tocyn cyn mynd ar y trên: Lawrlwythwch **ap TrC** neu ewch i **trc.cymru** - Yn y **swyddfa docynnau** neu o **beiriant gwerthu tocynnau**



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach, lawrlwythwch **ap TrC** neu ewch i **trc.cymru/gwiriwr-capasiti**



Os oes oedi o 15 munud neu fwy ar eich taith, mae gennych chi hawl i gael iawndal. Gallwch chi hawlio ar-lein, ewch i **trc.cymru/cy/delay-compensation** neu mae ffurflenni ar gael o'ch swyddfa docynnau agosaf.



Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr: Ffoniwch ein tîm Cymorth wrth Deithio, **033 300 50 501** - RelayUK, **18001 033 300 50 501** - Ewch i **trc.cymru/teithio-hygyrch** Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.

## Cysylltu â ni Contact us



WhatsApp  
07790 952507



@tfwrail



0333 3211 202

Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddfiodd i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

## Subject to change.

### Check your journey before you travel:



Download the **TFW app** or visit **tfw.wales**



See customer information screens on platform



Sign up for our disruption alert service at **journeycheck.com/tfwrail**



Ask a member of our station team



Use the station help point



Call **0333 3211 202**

## Information



Where purchasing facilities are available, you must buy a ticket before you board: Download the **TFW app** or visit **tfw.wales** - From a station ticket office or self-service ticket machine



Find trains with space: use our Capacity Checker and Travel Safer, download the **TFW app** or visit **tfw.wales/capacity-checker**



If your journey has been delayed for 15 minutes or more, you are entitled to compensation. You can claim on-line at **tfw.wales/delay-repay-compensation** or pick up a form from your nearest ticket office.



You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist: Call our Assisted Travel team, **033 300 50 501** - RelayUK, **18001 033 300 50 501** - Visit **tfw.wales/accessible-travel** You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



I weld ein cynigion a'n bargeinion, For offers and deals, register at **cofrestrwch yn trc.cymru/cofrestru** **tfw.wales/signup**

Get in touch to:

- request other timetable formats, including large print
- report faults or damage to our trains and stations
- comment on our train services
- request other customer information including the passenger charter
- claim any compensation for delays of 15 minutes or more.