Walking and wheeling attitudes

Data on how frequently an individual walks or wheels are available at a national and regional level. An individual is described as walking or wheeling frequently if they do so at least once a week (answering that they do so “Most days”, “Several times a week” or “Once a week”).

**Link to Excel Workbook**

**Summary:**

* Across Wales, XX% of people walk or wheel at least once per week. South East Wales is the region with the highest share (XX%), whereas Mid Wales has the lowest share of individuals making frequent walking or wheeling journeys (XX%).
* South East Wales has the highest journey satisfaction levels (XX%), X percentage points above the national average. Mid Wales has the lowest levels of satisfaction (XX%).
* More females (XX%) than males (XX%) walk or wheel per week. However, males report feeling more satisfied with their overall journey (XX% males, XX% females) and their feeling of safety (XX% males, XX% females).
* Older people walk or wheel less frequently, with XX% of individuals 85 or over walking or wheeling once per week. The 35-44 age group walked or wheeled most frequently (XX% at least weekly).
* Individuals without a driving license walked or wheeled more frequently (XX%) than those with a driving license (XX%).