



FIRST CLASS BREAKFAST BRECWAST DOSBARTH CYNTAF

Y brechwast Cymreig llawn | £11.50

Selsig morgannwg, bacwn cefn, pwdin gwaed, ffa pob, madarch, hash tatws, wyau wedi'u ffrio, tomatos wedi'u grilio a thost.

Y brechwast llysieuol/figan | £11.50

Selsig figan wedi'u grilio, afocado wedi'i falu, hash tatws, ffa pob, madarch, tomatos wedi'u grilio a thost. Mae modd ei fwynhau gydag wyau neu hebddynt.

Y brechwast mawr | £12.50

Bacwn cefn, selsig porc cymreig, pwdin gwaed, wyau wedi'u ffrio, ffa pob, hash tatws, madarch, tomatos wedi'u grilio a thost.

Wy wedi'i botsio ar dost | £5.95

Wy wedi'i botsio'n ysgafn ar dost.

Uwd | £4.95

Ceirch wedi'u coginio mewn llaeth ceirch, gyda surop masarn melys ac aeron haf.

Darperir yr holl fwyd a diod gan Trafnidiaeth Cymru. Mae'r cynnyrch yn amodol ar faint sydd ar gael ac mae'r prisiau'n gywir ar 1 Ionawr 2025, ond mae'n bosibl y byddant yn newid.

Oes gennych chi alergeddau?

Os oes gennych chi alergedd neu anoddefiad bwyd, siaradwch ag aelod o'r tîm cyn archebu. Gallwn ddweud wrthydd chi beth yw'r holl alergenau/cynhwysion penodol yn ein bwyd. Gan fod ein cegin yn trin bwydydd sy'n cynnwys blawd, wyau, llaeth, cnau ac alergenau eraill, mae bob amser risg o groeshalogi, felly ni allwn warantu bod unrhyw gynnyrch yn gwbl rydd o unrhyw alergen.

All food and drink is supplied by Transport for Wales. Products are subject to availability. Prices are correct as of 1 January 2025 and are subject to change.

Food allergies or intolerances?

Before ordering, one of our team can help if you have food allergies or intolerances. They can confirm all specified allergens/ingredients in our food. We can't guarantee our food is entirely free of allergens as we handle foods containing flour, eggs, milk, nuts, and other allergens in our kitchens. So there's a cross-contamination risk.



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The full Welsh | £11.50

Glamorgan sausages, back bacon, black pudding, baked beans, button mushrooms, hash brown, fried eggs, grilled tomato and toasted bread.

The vegetarian/vegan breakfast | £11.50

Grilled vegan sausages, hash browns, baked beans, button mushrooms, grilled tomatoes and toasted bread. Served with or without eggs.

The big breakfast | £12.50

Back bacon, Welsh pork sausages, black pudding, fried eggs, baked beans, hash browns, button mushrooms, grilled tomatoes and toasted bread.

Poached egg on toast | £5.95

A soft poached egg on toasted bread.

Porridge | £4.95

Rolled oats cooked in oat milk, topped with a sweet maple syrup and summer berries.

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Oes gennych chi alergeddau?

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