Served until 12.00

Choose from egg (egg), sausage (gluten, SO2), bacon, black pudding (gluten), cheese (dairy) and wilted spinach and cherry tomatoes (vegan) for an extra £1.25 each.	
Fancy some extra fillings?  Choose from egg (ogg), sausage (alutan SOO), bacon, black pudding (alutan), cheese (dain).	
Contains: dairy, gluten, SO2. May contain: soya, sesame, egg.	
A sourdough roll filled with your choice of Welsh pork sausage, bacon or vegan sausages.	
TfW bap	£6.45
Contains: dairy, egg, gluten. May contain: soya.	
Gem lettuce topped with chicken breast, croutons and Caesar dressing.	_0.00
Chicken Caesar salad	£8.95
Choose from: cheese, bacon or egg for an extra £1.25 each.	
Fancy some extra toppings?	
Contains: gluten, SO2. May contain dairy, egg, sesame, soya.	
The Full Welsh burger Served in a toasted bun with salad.	EU.YJ
The Full Welsh burger	£6.95
premium puff pastry and topped with turmeric and poppy seeds. Suitable for vegans.  Contains: gluten, SO2.	
Mushrooms, leeks, spinach, tomatoes, chickpeas and butter beans wrapped in	20.10
Gourmet vegan roll	£5.45
Contains: dairy, gluten, soya, SO2. May contain: celery, egg, mustard.	
Pork sausage rolled in crisp pastry.	<del>-</del>
Gourmet hog roast sausage roll	£5.45
Contains: dairy, gluten. May contain: soya.	
wholemeal bloomer.	
Grilled cheese sandwich  Dragon Mature Welsh Cheddar melted between your choice of soft white or	£6.45
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Contains: dairy, gluten.	
Hot tomato soup served with warm toasted bread and traditional Welsh Shirgar butter.	E0.40
Hamamada tamata saun	£6.45
Contains: dairy, gluten. May contain: soya.	
Dragon Mature Welsh Cheddar melted between your choice of soft white or wholemeal bread, grilled to perfection and served with delicious tomato soup.	
Grilled cheese sandwich and tomato soup	£8.95
Contains: dairy, gluten.	
Oats soaked in fat free yoghurt, topped with berries and honey.	
Overnight oats	£4.95
Contains, grateri, ividy Contains, 30yd.	
bloomer bread and wilted spinach and cherry tomatoes.  Contains: gluten. May contain: soya.	
Grilled vegan sausages, hash browns, baked beans, button mushrooms, toasted	£12.00
The Full Welsh vegan breakfast	£12.50
fried or scrambled egg.  Contains: dairy, egg, gluten, mustard. May contain: soya.	
Bacon, black pudding, baked beans, button mushrooms, hash browns, grilled tomato and toasted bread. Also comes with either a Welsh pork or Glamorgan sausage and	
The Full Welsh breakfast box	£12.50
Croissant Contains: dairy, egg, gluten. May contain: nuts, soya.  Pain Au Chocolate Contains: dairy, egg, gluten, soya. May contain: nuts, sesame.	
Pastries Contract to the second secon	£2.95
No. 4 de la companya	60.65



Please speak to your host to find out what baguettes are available.