

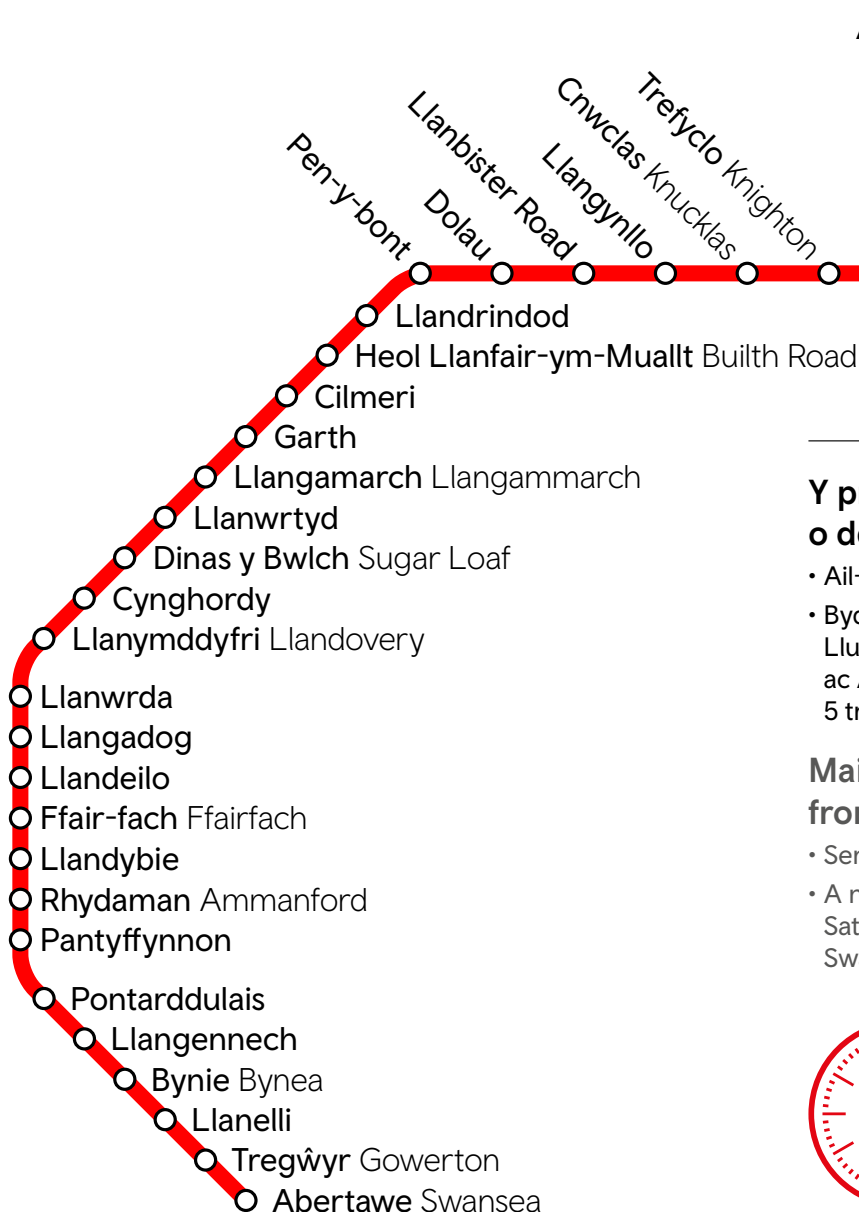


Amserau trên

Train times

Abertawe - Amwythig
'Lein Calon Cymru'
14 Rhagfyr 2025 -
16 Mai 2026

Swansea - Shrewsbury
'The Heart of Wales Line'
14 December 2025 -
16 May 2026



Y prif newidiadau ar y llinell hon o ddydd Sul 14 Rhagfyr.

- Ail-amserwyd gwasanaethau i'r ddau gyfeiriad.
- Bydd gwasanaeth newydd yng nghanol y dydd (dydd Llun - dydd Sadwrn) i bob cyfeiriad rhwng Amwythig ac Abertawe, gan gynyddu'r nifer o wasanaethau i 5 trên y dydd.

Main changes on this line from Sunday 14 December.

- Services retimed in both directions.
- A new service in the middle of the day (Mondays - Saturdays) in each direction between Shrewsbury and Swansea, increasing the service to 5 trains a day



Newidiadau i'r amseroedd a gyhoeddwyd

Gall gwasanaethau newid. Yn ogystal â hyn, ni chynhwysir newidiadau a achosir gan waith peirianyddol na tharfu ar y diwrnod sydd heb ei gynllunio. Darperir amserlenni fel canllaw yn unig, gwiriwch cyn teithio bob tro:



trc.cymru



Lawrlwythwch **ap TrC** neu ewch i **trc.cymru**



Edrychwch ar y **sgriniau gwybodaeth** ar y platform



Gofynnwch i aelod o **dîm ein gorsaf**



Ewch i'r **man cymorth** yn yr orsaf (pan fydd ar gael)



Ffoniwch **0333 3211 202**

Nodiadau

- 1634 Gwasanaethau uniongyrchol
- 1634 Trenau cysylltu (o bosib yn cael eu rhedeg gan weithredwyr trên eraill). Newid ar y gwasanaeth uniongyrchol nesaf/blaenorol
- 5 Amser cysylltu argymelledig
- x1 Newid yma ar gyfer gwasanaethau tuag at Gorllewin Cymru
- x2 Newid yma ar gyfer gwasanaethau tuag at Caer, Crewe, Birmingham Rhyngwladol ac Aberystwyth
- x3 Newid yma ar gyfer gwasanaethau tuag at Pen-y-bont ar Ogwr ac Caerdydd
- x4 Newid yma ar gyfer gwasanaethau tuag at Henffordd ac Caerdydd
- D Tan 30 Mawrth
- a Amser cyrraedd
- d Amser ymadael
- x Gorsaf ar alw

Hysbysrwydd



Os oes cyfleusterau prynu tocynnu ar gael, rhaid ichi brynu tocyn cyn mynd ar y trên: Lawrlwythwch **ap TrC** neu ewch i **trc.cymru** ~ Yn y **swyddfa docynnau** neu o **beiriant gwerthu tocynnau**.

Yr oriau brig yw **0430 - 0930 a 1600 - 1829 dydd Llun i ddydd Gwener**. Mae'n bosib ni fydd tocynnau trên un diwrnod ar gyfer adegau tawel yn ddilys ar deithiau sy'n dechrau yn ystod adegau prysur. Gwiriwch y cyfyngiadau cyn teithio.



Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr:

Ffoniwch ein tîm Cymorth wrth Deithio, **033 300 50 501** ~ RelayUK, **18001 033 300 50 501** ~ Ewch i **trc.cymru/teithio-hygrych**

Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.



Os oes oedi o 15 munud neu fwy ar eich taith, mae gennych chi hawl i gael iawndal. Gallwch chi hawlio ar-lein, ewch i **trc.cymru/ad-daliad-am-oedi** neu mae ffurflenni ar gael o'ch swyddfa docynnau agosaf.

Cysylltu â ni Contact us



WhatsApp 07790 952507



@tfwrail



0333 3211 202

Changes to published times

Services are subject to change. Also, changes due to engineering works or on-the-day unplanned disruption are not included. Timetables are provided as a guide only, always check before you travel:



tfw.wales



Download the **TfW app** or visit **tfw.wales**



See **customer information screens** on platform



Ask a member of our **station team**



Use the **station help point** (where available)



Call **0333 3211 202**

Notes

- 1634 Direct services
- 1634 Connecting services, (may be run by other train operators). Change at the next / preceding direct service
- 5 Recommended connecting time
- x1 Change here for services towards West Wales
- x2 Change here for services towards Chester, Crewe, Birmingham International and Aberystwyth
- x3 Change here for services towards Bridgend and Cardiff
- x4 Change here for services towards Hereford and Cardiff
- D Until 30 March
- a Arrival time
- d Departure time
- x Request stop

Information



Where purchasing facilities are available, you must buy a ticket before you board: Download the **TfW app** or visit **tfw.wales** ~ From a **station ticket office** or **self-service ticket machine**.

Peak times are **0430 - 0930 and 1600 - 1829 Monday to Friday**. Off-Peak Day tickets may not be valid for journeys starting at peak times. Please check restrictions before travel



You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist:

Call our Assisted Travel team, **033 300 50 501** ~ RelayUK, **18001 033 300 50 501** ~ Visit **tfw.wales/accessible-travel**.

You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



If your journey has been delayed for 15 minutes or more, you are entitled to compensation. You can claim on-line at **tfw.wales/delay-repay-compensation** or pick up a form from your nearest ticket office.

Abertawe - Amwythig Swansea - Shrewsbury

Dydd Llun - Dydd Gwener Mondays - Fridays								Dydd Sadwrn Saturdays					Dydd Sul Sundays		
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Nodiadau Notes			D															
Caerdydd Canolog Cardiff Central	7	d	-	-	-	0535	0938	1337	1639		-	0542	0938	1339	1640		0953	1412
Abertawe Swansea	5	d	-	-	0513	0729	1048	1450	1747		0450	0730	1043	1450	1748		1110	1518
Tregŵyr Gowerton		d	-	-	0525	0741	1100	1502	1759		0502	0742	1055	1502	1800		1122	1531
Caerfyrddin Carmarthen		d	-	0446	-	0650	1030	1432	1656		0437	0653	1030	1429	1730		1054	1427
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	0505	-	0713	1048	1450	1719		0454	0716	1047	1446	1751		1117	1444
Llanelli	x1	d	-	0512	0535	0752	1110	1512	1809		0512	0752	1105	1512	1810		1133	1542
Bynie Bynea	x	d	-	0516	0540	0756	1115	1518	1815		0517	0757	1110	1518	1816		1137	1546
Llangennech	x	d	-	0520	0544	0800	1119	1522	1819		0521	0801	1114	1522	1820		1141	1550
Pontarddulais	x	d	-	0525	0548	0805	1123	1526	1823		0525	0805	1118	1526	1824		1145	1554
Pantyyffynnon		d	-	0533	0557	0813	1132	1534	1831		0534	0814	1127	1534	1832		1154	1602
Rhydaman Ammanford		d	-	0536	0600	0816	1135	1537	1834		0537	0817	1130	1537	1835		1157	1605
Llandybie		d	-	0540	0604	0821	1139	1541	1838		0541	0821	1134	1541	1839		1201	1610
Ffair-fach Ffairfach	x	d	-	0547	0611	0827	1146	1549	1846		0548	0828	1141	1549	1847		1208	1616
Llandeilo		a	-	0551	0616	0833	1151	1553	1850		0552	0833	1146	1553	1851		1212	1621
Llandeilo		d	-	0553	0617	0847	1152	1554	1851		0554	0847	1147	1554	1852		1214	1622
Llangadog		d	-	0602	0626	0856	1201	1603	1900		0603	0856	1156	1603	1901		1223	1632
Llanwrda		d	-	0606	0630	0900	1205	1607	1904		0607	0900	1200	1607	1905		1227	1635
Llanymddyfri Llandovery		a	-	0613	0637	0908	1213	1615	1912		0614	0908	1208	1615	1913		1234	1643
Llanymddyfri Llandovery		d	-	0615	-	0909	1214	1616	1913		0616	0909	1209	1616	1914		1236	1644
Cynghordy	x	d	-	0622	-	0916	1221	1624	1921		0623	0916	1216	1624	1922		1243	1652
Dinas y Bwch Sugar Loaf	x	d	-	0632	-	0926	1231	1633	1930		0633	0926	1226	1633	1931		1252	1701
Llanwrtyd		a	-	0639	-	0934	1239	1641	1938		0640	0934	1234	1641	1939		1259	1708
Llanwrtyd		d	-	0640	-	0934	1239	1641	1938		0641	0934	1234	1641	1939		1301	1709
Llangamarch Llangammarch	x	d	-	0645	-	0939	1244	1647	1944		0646	0939	1239	1647	1945		1306	1714
Garth	x	d	-	0649	-	0943	1248	1651	1948		0650	0943	1243	1651	1949		1310	1718
Cilmeri	x	d	-	0655	-	0949	1254	1657	1954		0656	0949	1249	1657	1955		1315	1724
Heol Llanfair-ym-Muallt Builth Road	x	d	-	0658	-	0952	1257	1700	1957		0659	0952	1252	1700	1958		1319	1727
Llandrindod		a	-	0712	-	1007	1312	1714	2011		0713	1007	1307	1714	2012		1332	1741
Llandrindod		d	0605	0732	-	1012	1312	1738	2025		0732	1012	1308	1738	2025		1345	1759
Pen-y-bont	x	d	0612	0738	-	1018	1319	1745	2033		0738	1018	1314	1745	2033		1351	1806
Dolau		d	0617	0744	-	1024	1325	1750	2038		0744	1024	1320	1750	2038		1357	1812
Llanbister Road	x	d	0623	0749	-	1029	1330	1756	2044		0749	1029	1325	1756	2044		1402	1817
Llangynllo	x	d	0629	0755	-	1035	1335	1802	2049		0755	1035	1331	1802	2049		1408	1822
Cnwclas Knucklas	x	d	0635	0801	-	1041	1342	1808	2056		0801	1041	1337	1808	2056		1414	1829
Trefyclo Knighton		a	0644	0809	-	1049	1349	1814	2101		0809	1049	1345	1814	2101		1422	1836
Trefyclo Knighton		d	0646	0810	-	1050	1351	1816	2104		0810	1050	1346	1816	2104		1423	1838
Bucknell		d	0652	0816	-	1056	1357	1822	2110		0816	1056	1352	1822	2110		1429	1844
Hopton Heath	x	d	0656	0821	-	1101	1401	1827	2114		0821	1101	1357	1827	2114		1433	1848
Broome	x	d	0701	0824	-	1104	1405	1831	2119		0824	1104	1400	1831	2119		1437	1851
Craven Arms	x4	d	0710	0835	-	1114	1414	1841	2127		0834	1114	1410	1841	2127		1446	1901
Church Stretton		d	0721	0847	-	1125	1425	1853	2138		0845	1125	1421	1852	2138		1459	1915
Amwythig Shrewsbury	x2 5	a	0738	0903	-	1142	1442	1910	2155		0901	1142	1438	1909	2159		1515	1936
Crewe	10	a	0829	1029	-	1230	1528	2029	2255		1029	1229	1528	2029	2305		1627	2035
Wolverhampton	7	a	0838	1010	-	1238	1538	2009	2249		1010	1238	1538	2009	2302		1610	2113
Birmingham New Street	12	a	0900	1032	-	1300	1600	2032	2321		1032	1300	1600	2032	2335		1632	2133

Amwythig - Abertawe Shrewsbury - Swansea

Dydd Llun - Dydd Gwener Mondays - Fridays										Dydd Sadwrn Saturdays					Dydd Sul Sundays		
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Birmingham New Street	12	a	-	-	-	0722	1022	1452	1721		-	0722	1022	1452	1722		1022	1456
Wolverhampton	7	a	-	-	-	0741	1041	1512	1741		-	0741	1041	1512	1741		1041	1514
Crewe	10	a	-	-	0507	0733	1010	1510	1719		0512	0734	1010	1510	1719		1110	1520
Amwythig Shrewsbury	5	d	-	0430	0554	0835	1131	1600	1835		0554	0835	1131	1600	1835		1208	1620
Church Stretton		d	-	0448	0612	0853	1149	1618	1853		0612	0853	1149	1618	1853		1226	1640
Craven Arms	x4	d	-	0458	0622	0902	1158	1628	1902		0622	0902	1158	1627	1902		1235	1649
Broome	x	d	-	-	0628	0907	1203	1634	1908		0628	0907	1203	1633	1908		1241	1654
Hopton Heath	x	d	-	-	0632	0912	1208	1638	1912		0632	0912	1208	1637	1912		1245	1659
Bucknell	x	d	-	-	0637	0916	1212	1643	1917		0637	0916	1212	1642	1917		1250	1703
Trefyclo Knighton		a	-	0519	0645	0926	1222	1652	1926		0645	0926	1222	1651	1926		1258	1711
Trefyclo Knighton		d	-	0520	0646	0926	1222	1652	1926		0646	0926	1222	1651	1926		1259	1713
Cnwclas Knucklas	x	d	-	-	0651	0931	1227	1658	1932		0651	0931	1227	1657	1932		1305	1717
Llangynllo	x	d	-	-	0659	0939	1235	1706	1940		0659	0939	1235	1705	1940		1313	1725
Llanbister Road	x	d	-	-	0704	0944	1240	1711	1945		0704	0944	1240	1710	1945		1318	1729
Dolau	x	d	-	-	0710	0950	1246	1717	1951		0710	0950	1246	1716	1951		1324	1735
Pen-y-bont	x	d	-	-	0715	0954	1250	1721	1955		0715	0954	1250	1720	1955		1328	1739
Llandrindod		a	-	0556	0727	1007	1303	1733	2007		0727	1007	1303	1732	2007		1338	1750
Llandrindod		d	-	-	0729	1022	1328	1733	2027		0729	1022	1322	1732	2027		1355	1805
Heol Llanfair-ym-Muallt Builth Road	x	d	-	-	0738	1030	1336	1742	2036		0738	1030	1330	1741	2036		1404	1814
Cilmeri	x	d	-	-	0742	1034	1340	1746	2040		0742	1034	1334	1745	2040		1408	1817
Garth	x	d	-	-	0747	1039	1345	1751	2045		0747	1039	1339	1750	2045		1413	1823
Llangamarch Llangamarch	x	d	-	-	0751	1043	1349	1755	2049		0751	1043	1343	1754	2049		1417	1827
Llanwrtyd		a	-	-	0759	1052	1358	1803	2057		0759	1052	1352	1802	2057		1424	1835
Llanwrtyd		d	-	-	0800	1053	1400	1804	2058		0800	1053	1356	1803	2058		1426	1836
Dinas y Bwlch Sugar Loaf	x	d	-	-	0806	1059	1406	1810	2104		0806	1059	1402	1809	2104		1432	1843
Cynghordy	x	d	-	-	0813	1105	1412	1817	2111		0813	1105	1408	1816	2111		1439	1849
Llanymddyfri Llandovery		a	-	-	0825	1118	1425	1829	2123		0825	1118	1421	1828	2123		1450	1900
Llanymddyfri Llandovery		d	0641	-	0825	1118	1426	1829	2123		0825	1118	1424	1828	2123		1451	1902
Llanwrda	x	d	0647	-	0831	1123	1431	1835	2129		0831	1123	1429	1834	2129		1457	1907
Llangadog	x	d	0651	-	0835	1127	1435	1839	2133		0835	1127	1433	1838	2133		1501	1911
Llandeilo		a	0702	-	0846	1139	1447	1850	2144		0846	1139	1445	1849	2144		1511	1922
Llandeilo		d	0702	-	0847	1151	1450	1858	2145		0848	1150	1449	1852	2145		1513	1923
Ffair-fach Ffairfach		d	0705	-	0849	1153	1453	1900	2147		0850	1152	1452	1854	2147		1515	1926
Llandybie	x	d	0712	-	0857	1200	1459	1908	2155		0858	1159	1458	1902	2155		1523	1932
Rhydaman Ammanford	x	d	0717	-	0901	1204	1504	1912	2159		0902	1203	1503	1906	2159		1527	1937
Pantyffynnon		d	0720	-	0904	1208	1508	1915	2202		0905	1207	1507	1909	2202		1530	1941
Pontarddulais	x	d	0727	-	0911	1214	1514	1922	2209		0912	1213	1513	1916	2209		1537	1947
Llangennech	x	d	0731	-	0916	1220	1518	1927	2214		0917	1218	1517	1921	2214		1541	1951
Bynie Bynea	x	d	0735	-	0919	1223	1522	1930	2217		0920	1221	1521	1924	2217		1545	1955
Llanelli	x1	d	0744	-	0930	1235	1533	1939	2235		0940	1234	1531	1933	2232		1553	2006
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	0803	-	1006	1308	1606	2007	2307		1003	1330	1605	2009	2306		1703	2123
Caerfyrddin Carmarthen		a	0825	-	1032	1330	1632	2029	2336		1025	1350	1627	2031	2333		1725	2152
Tregŵyr Gowerton		d	0752	-	0938	1243	1542	1947	2243		0948	1242	1541	1941	2240		1601	2014
Abertawe Swansea	x3 5	a	0811	-	0951	1300	1600	2002	2258		1002	1255	1600	1957	2255		1615	2029
Caerdydd Canolog Cardiff Central	7	d	0915	-	1115	1414	1714	2116	0038		1117	1414	1715	2115	-		1717	2140