

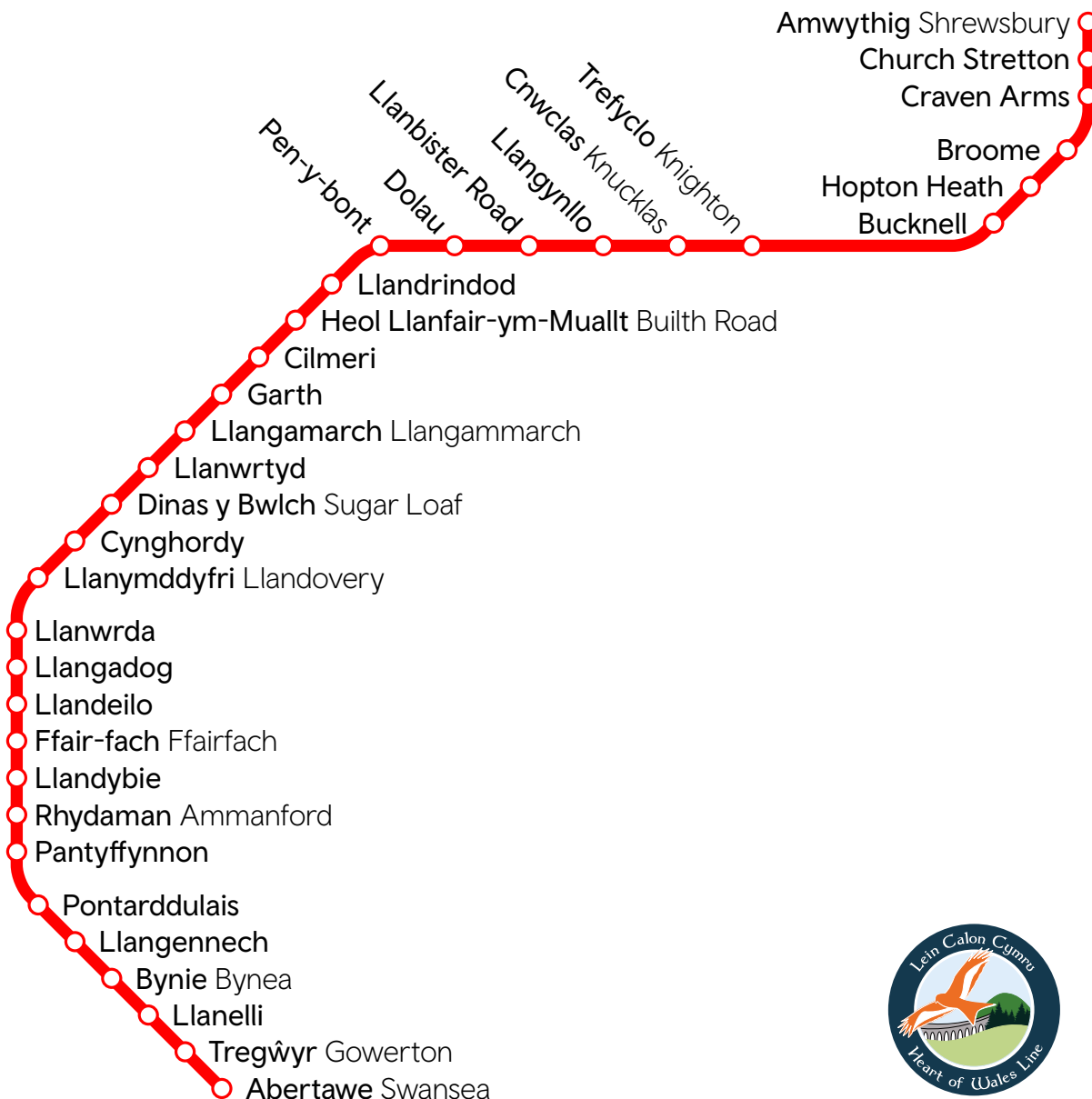


Amserau trên

Train times

Abertawe - Amwythig
'Lein Calon Cymru'
17 Mai – 13 Medi 2026

Swansea - Shrewsbury
'The Heart of Wales Line'
17 May – 13 September 2026



Newidiadau i'r amseroedd a gyhoeddwyd

Gall gwasanaethau newid. Yn ogystal â hyn, ni chynhwysir newidiadau a achosir gan waith peirianyddol na tharfau ar y diwrnod sydd heb ei gynllunio. Darperir amserlenni fel canllaw yn unig, gwiriwch cyn teithio bob tro:



trc.cymru



Lawrlwythwch ap TrC neu ewch i trc.cymru



Edrychwch ar y sgriniau gwybodaeth ar y platform



Ewch i'r man cymorth yn yr orsaf (pan fydd ar gael)



Ffoniwch 0333 3211 202



Messenger @TfWTrafnidiaethCymru



WhatsApp 07790 952507

Nodiadau

- 1634 Gwasanaethau uniongyrchol
- 1634 Trenau cysylltu (o bosib yn cael eu rhedeg gan weithredwyr trên eraill). Newid ar y gwasanaeth uniongyrchol nesaf/blaenorol
 - 5 Amser cysylltu argymelledig
 - x1 Newid yma ar gyfer gwasanaethau tuag at Gorllewin Cymru
 - x2 Newid yma ar gyfer gwasanaethau tuag at Caer, Crewe, Birmingham Rhyngwladol ac Aberystwyth
 - x3 Newid yma ar gyfer gwasanaethau tuag at Pen-y-bont ar Ogwr ac Caerdydd
 - x4 Newid yma ar gyfer gwasanaethau tuag at Henffordd ac Caerdydd
- A Tan 18 Gorffennaf
- B O 19 Gorffennaf
 - a Amser cyrraedd
 - d Amser ymadael
 - x Gorsaf ar alw

Hysbysrwydd



Os oes cyfleusterau prynu tocynnu ar gael, rhaid ichi brynu tocyn cyn mynd ar y trên:

Lawrlwythwch ap TrC neu ewch i trc.cymru ~ Yn y swyddfa docynnau neu o beiriant gwerthu tocynnau.

Yr oriau brig yw 0430 - 0930 a 1600 - 1829 dydd Llun i ddydd Gwener. Mae'n bosib ni fydd tocynnau trên un diwrnod ar gyfer adegau tawel yn ddilys ar deithiau sy'n dechrau yn ystod adegau prysur. Gwiriwch y cyfyngiadau cyn teithio.



Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr:

Ffoniwch ein tîm Cymorth wrth Deithio, 033 300 50 501 ~ RelayUK, 18001 033 300 50 501 ~

Ewch i trc.cymru/teithio-hygyrch

Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.



Os oes oedi o 15 munud neu fwy ar eich taith, mae gennych chi hawl i gael iawndal.

Gallwch chi hawlio ar-lein, ewch i trc.cymru/ad-daliad-am-oedi neu mae ffurflenni ar gael o'ch swyddfa docynnau agosaf.

Changes to published times

Services are subject to change. Also, changes due to engineering works or on-the-day unplanned disruption are not included. Timetables are provided as a guide only, always check before you travel:



tfw.wales



Download the TfW app or visit tfw.wales



See customer information screens on platform



Use the station help point (where available)



Call 0333 3211 202



Messenger @TfWTrafnidiaethCymru



WhatsApp 07790 952507

Notes

- 1634 Direct services
- 1634 Connecting services, (may be run by other train operators). Change at the next / preceding direct service
 - 5 Recommended connecting time
 - x1 Change here for services towards West Wales
 - x2 Change here for services towards Chester, Crewe, Birmingham International and Aberystwyth
 - x3 Change here for services towards Bridgend and Cardiff
 - x4 Change here for services towards Hereford and Cardiff
- A Until 18 July
- B From 19 July
 - a Arrival time
 - d Departure time
 - x Request stop

Information



Where purchasing facilities are available, you must buy a ticket before you board:

Download the TfW app or visit tfw.wales ~ From a station ticket office or self-service ticket machine.

Peak times are 0430 - 0930 and 1600 - 1829 Monday to Friday. Off-Peak Day tickets may not be valid for journeys starting at peak times. Please check restrictions before travel



You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist:

Call our Assisted Travel team, 033 300 50 501 ~ RelayUK, 18001 033 300 50 501 ~

Visit tfw.wales/accessible-travel.

You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



If your journey has been delayed for 15 minutes or more, you are entitled to compensation.

You can claim on-line at tfw.wales/delay-repay-compensation or pick up a form from your nearest ticket office.

Abertawe - Amwythig Swansea - Shrewsbury

Dydd Llun - Dydd Gwener Mondays - Fridays

Dydd Sadwrn Saturdays

Dydd Sul Sundays

Nodiadau Notes																		B	B	A	
Caerdydd Canolog Cardiff Central	7	d	-	-	-	0535	0938	1338	1639		-	0542	0938	1342	1647		-	0950	0953	1413	
Abertawe Swansea	5	d	-	-	0513	0729	1039	1449	1747		0450	0730	1038	1450	1748		0853	1105	1110	1518	
Tregŵyr Gowerton		d	-	-	0525	0741	1051	1501	1759		0502	0742	1051	1502	1800		0905	1117	1122	1531	
Caerfyrddin Carmarthen		d	-	0446	-	-	1035	-	-		-	-	-	-	-		-	-	-	-	
Pen-bre a Phorth Tywyn Pembrey & Burry Port		d	-	0505	-	0719	1031	1430	1732		-	0719	1030	1428	1728		-	-	-	1500	
Llanelli	x1	d	-	0512	0535	0752	1102	1511	1809		0512	0752	1105	1512	1809		0915	1127	1132	1542	
Bynie Bynea	x	d	-	0516	0540	0756	1106	1516	1815		0517	0757	1110	1518	1815		0919	1131	1137	1546	
Llangennech	x	d	-	0520	0544	0800	1110	1520	1819		0521	0801	1114	1522	1819		0923	1135	1141	1550	
Pontarddulais	x	d	-	0525	0548	0805	1115	1525	1823		0525	0805	1118	1526	1823		0927	1140	1145	1555	
Pantyyffynnon		d	-	0533	0557	0813	1123	1532	1831		0534	0814	1127	1534	1831		0936	1148	1154	1603	
Rhydaman Ammanford		d	-	0537	0600	0817	1127	1536	1834		0537	0817	1130	1537	1834		0939	1152	1157	1606	
Llandybie		d	-	0542	0604	0822	1132	1541	1839		0542	0822	1135	1542	1839		0944	1157	1202	1611	
Ffair-fach Ffairfach	x	d	-	0549	0611	0829	1139	1549	1847		0549	0829	1142	1550	1847		0951	1204	1209	1618	
Llandeilo		a	-	0553	0616	0834	1144	1553	1852		0554	0835	1148	1555	1852		0956	1208	1214	1623	
Llandeilo		d	-	0555	0617	0847	1145	1554	1852		0555	0846	1148	1555	1852		0957	1210	1215	1624	
Llangadog		d	-	0605	0626	0857	1155	1604	1902		0605	0856	1158	1605	1902		1007	1220	1225	1634	
Llanwrda		d	-	0608	0630	0900	1158	1607	1906		0609	0900	1202	1609	1906		1011	1223	1229	1638	
Llanymddyfri Llandovery		a	-	0616	0637	0909	1207	1616	1914		0616	0908	1210	1617	1914		1018	1231	1236	1645	
Llanymddyfri Llandovery		d	-	0617	-	0909	1207	1616	1915		0618	0909	1211	1618	1915		1020	1235	1238	1647	
Cynghordy	x	d	-	0624	-	0917	1215	1625	1923		0625	0916	1218	1626	1923		1027	1242	1245	1654	
Dinas y Bwlch Sugar Loaf	x	d	-	0633	-	0926	1224	1633	1931		0634	0926	1227	1635	1931		1036	1252	1254	1703	
Llanwrtyd		a	-	0640	-	0934	1232	1641	1939		0641	0934	1235	1643	1939		1043	1259	1301	1710	
Llanwrtyd		d	-	0642	-	0935	1233	1642	1939		0642	0934	1235	1643	1939		1044	1300	1303	1711	
Llangamarch Llangammarch	x	d	-	0647	-	0940	1238	1648	1945		0647	0939	1240	1649	1945		1049	1305	1308	1716	
Garth	x	d	-	0650	-	0944	1242	1652	1949		0651	0943	1244	1653	1948		1053	1309	1312	1720	
Cilmeri	x	d	-	0655	-	0949	1247	1657	1954		0656	0949	1249	1659	1953		1058	1315	1317	1725	
Heol Llanfair-ym-Muallt Builth Road	x	d	-	0659	-	0953	1251	1701	1957		0659	0952	1252	1702	1956		1101	1318	1321	1728	
Llandrindod		a	-	0712	-	1007	1305	1714	2011		0713	1007	1307	1716	2010		1115	1332	1334	1742	
Llandrindod		d	0605	0732	-	1012	1312	1738	2025		0732	1012	1308	1738	2025		1128	1345	1345	1759	
Pen-y-bont	x	d	0612	0738	-	1018	1319	1745	2032		0738	1018	1314	1745	2033		1134	1351	1351	1806	
Dolau		d	0617	0744	-	1024	1325	1750	2037		0744	1024	1320	1750	2038		1140	1357	1357	1812	
Llanbister Road	x	d	0623	0749	-	1029	1330	1756	2043		0749	1029	1325	1756	2044		1145	1402	1402	1817	
Llangynllo	x	d	0629	0755	-	1035	1335	1802	2049		0755	1035	1331	1802	2049		1151	1408	1408	1822	
Cnwclas Knucklas	x	d	0635	0801	-	1041	1342	1808	2055		0801	1041	1337	1808	2056		1157	1414	1414	1829	
Trefyclo Knighton		a	0644	0809	-	1049	1349	1814	2101		0809	1049	1345	1814	2101		1205	1422	1422	1836	
Trefyclo Knighton		d	0646	0810	-	1050	1351	1816	2103		0810	1050	1346	1816	2104		1209	1423	1423	1838	
Bucknell		d	0652	0816	-	1056	1357	1822	2109		0816	1056	1352	1822	2110		1215	1429	1429	1844	
Hopton Heath	x	d	0656	0821	-	1101	1401	1827	2114		0821	1101	1357	1827	2114		1219	1434	1434	1848	
Broome	x	d	0701	0824	-	1104	1405	1831	2118		0824	1104	1400	1831	2119		1223	1437	1437	1851	
Craven Arms	x4	d	0710	0835	-	1114	1414	1841	2127		0834	1114	1410	1841	2127		1235	1447	1447	1901	
Church Stretton		d	0721	0847	-	1125	1425	1852	2138		0845	1125	1421	1852	2138		1247	1500	1500	1915	
Amwythig Shrewsbury	x2 5	a	0738	0903	-	1142	1442	1910	2155		0901	1142	1438	1909	2200		1303	1516	1516	1936	
Crewe	10	a	0829	1029	-	1228	1528	2029	2255		1029	1229	1528	2029	2305		1421	1627	1627	2003	
Birmingham New Street	12	a	0900	1032	-	1300	1600	2032	2321		1032	1300	1600	2032	2330		1432	1632	1632	2133	

Amwythig - Abertawe Shrewsbury - Swansea

Dydd Llun - Dydd Gwener Mondays - Fridays

Dydd Sadwrn Saturdays

Dydd Sul Sundays

B																			
Birmingham New Street	12	d	-	-	-	0722	1022	1452	1721		-	0722	1022	1452	1722		0825	1022	1456
Crewe	10	d	-	-	0433	0733	1010	1510	1719		0512	0734	1010	1510	1719		-	1110	1520
Amwythig Shrewsbury	5	d	-	0430	0554	0835	1131	1600	1835		0554	0835	1131	1600	1835		0943	1208	1620
Church Stretton		d	-	0448	0612	0853	1149	1618	1853		0612	0853	1149	1618	1853		1001	1226	1640
Craven Arms	x4	d	-	0458	0622	0902	1158	1628	1902		0622	0902	1158	1627	1902		1011	1235	1649
Broome	x	d	-	-	0628	0907	1203	1634	1908		0628	0907	1203	1633	1908		1017	1241	1654
Hopton Heath	x	d	-	-	0632	0912	1208	1638	1912		0632	0912	1208	1637	1912		1021	1245	1659
Bucknell	x	d	-	-	0637	0916	1212	1643	1917		0637	0916	1212	1642	1917		1026	1250	1703
Trefyclo Knighton		a	-	0519	0645	0926	1222	1652	1926		0645	0926	1222	1651	1926		1034	1258	1711
Trefyclo Knighton		d	-	0520	0646	0926	1222	1652	1926		0646	0926	1222	1651	1926		1035	1259	1713
Cnwclas Knucklas	x	d	-	-	0651	0931	1227	1658	1932		0651	0931	1227	1657	1932		1041	1305	1717
Llangynllo	x	d	-	-	0659	0939	1235	1706	1940		0659	0939	1235	1705	1940		1049	1313	1725
Llanbister Road	x	d	-	-	0704	0944	1240	1711	1945		0704	0944	1240	1710	1945		1054	1318	1729
Dolau	x	d	-	-	0710	0950	1246	1717	1951		0710	0950	1246	1716	1951		1100	1324	1735
Pen-y-bont	x	d	-	-	0715	0954	1250	1721	1955		0715	0954	1250	1720	1955		1104	1328	1739
Llandrindod		a	-	0556	0727	1007	1303	1733	2007		0727	1007	1303	1732	2007		1114	1338	1750
Llandrindod		d	-	-	0729	1024	1324	1733	2027		0729	1022	1322	1732	2027		1131	1353	1803
Heol Llanfair-ym-Muallt Builth Road	x	d	-	-	0738	1032	1332	1742	2036		0738	1030	1330	1741	2036		1140	1402	1812
Cilmeri	x	d	-	-	0741	1035	1336	1746	2040		0741	1034	1334	1745	2039		1143	1406	1815
Garth	x	d	-	-	0746	1040	1341	1751	2045		0746	1039	1339	1750	2044		1148	1411	1821
Llangamarch Llangammarch	x	d	-	-	0750	1044	1345	1755	2049		0750	1043	1343	1754	2048		1152	1415	1825
Llanwrtyd		a	-	-	0758	1053	1354	1803	2057		0758	1052	1352	1802	2056		1159	1422	1833
Llanwrtyd		d	-	-	0759	1054	1358	1804	2058		0759	1053	1356	1803	2057		1201	1424	1834
Dinas y Bwlch Sugar Loaf	x	d	-	-	0805	1100	1404	1810	2104		0805	1059	1402	1809	2103		1207	1430	1841
Cynghordy	x	d	-	-	0811	1105	1410	1817	2111		0812	1105	1408	1816	2109		1213	1437	1847
Llanymddyfri Llandovery		a	-	-	0823	1118	1423	1829	2123		0824	1118	1421	1828	2121		1224	1448	1858
Llanymddyfri Llandovery		d	0641	-	0823	1118	1426	1829	2123		0824	1118	1424	1828	2121		1231	1449	1900
Llanwrda	x	d	0647	-	0829	1123	1431	1835	2129		0830	1123	1429	1834	2127		1237	1455	1905
Llangadog	x	d	0651	-	0834	1128	1436	1840	2134		0835	1128	1434	1839	2132		1242	1500	1909
Llandeilo		a	0702	-	0845	1140	1448	1851	2145		0846	1140	1446	1850	2143		1252	1510	1920
Llandeilo		d	0702	-	0845	1154	1448	1855	2145		0846	1150	1448	1853	2143		1253	1511	1922
Ffair-fach Ffairfach		d	0705	-	0848	1157	1451	1858	2148		0849	1153	1451	1856	2146		1256	1514	1925
Llandybie	x	d	0712	-	0856	1204	1458	1906	2156		0857	1200	1458	1904	2154		1304	1522	1932
Rhydaman Ammanford	x	d	0717	-	0901	1209	1503	1911	2201		0902	1205	1503	1909	2159		1309	1527	1937
Pantyffynnon		d	0720	-	0904	1213	1507	1914	2204		0905	1209	1507	1912	2202		1312	1530	1941
Pontarddulais	x	d	0727	-	0911	1219	1514	1921	2211		0912	1215	1513	1919	2209		1319	1537	1947
Llangennech	x	d	0731	-	0916	1224	1518	1926	2216		0917	1220	1517	1923	2214		1323	1541	1952
Bynie Bynea	x	d	0735	-	0919	1228	1522	1930	2220		0921	1224	1521	1927	2218		1327	1545	1956
Llanelli	x1	d	0744	-	0930	1242	1532	1944	2235		0940	1234	1531	1936	2232		1335	1554	2006
Tregŵyr Gowerton		d	0752	-	0938	1250	1542	1952	2243		0948	1242	1541	1944	2240		1343	1602	2014
Abertawe Swansea	x3 5	a	0811	-	0951	1303	1600	2005	2258		1002	1255	1600	1959	2255		1356	1615	2030
Caerdydd Canolog Cardiff Central	7	a	0916	-	1115	1414	1714	2116	0045		1117	1414	1715	2149	-		1515	1717	2140